

The SAGE

The Newsletter of SAGE of South Florida

May 2026

Living with HIV has been part of my journey for many years. In just a few months, I will reach a milestone - having lived with HIV for half of my life. Fortunately, today my HIV status is the least of my worries. Advances in treatment and care mean people living with HIV can live long, healthy lives. Still, I know that many older adults in South Florida continue to face stigma, misinformation, and late diagnoses.



That is why SAGE of South Florida is proud to partner with CAN Community Health to launch *The Silver Connection*, a new initiative focused on sexual health and wellness for adults age 55 and older. As the HIV epidemic has evolved, so has the population most affected by it—today nearly half of people living with HIV in the United States are age 55 or older. Yet, sexual health conversations often overlook our community.

Silver Connection aims to change that by promoting a message that sexual health later in life can be **Safe – Fun - Informed**. The program will appear across several SAGE activities and community spaces. At the annual Senior Pride celebration at Hagan Park, CAN Community Health will provide resources and safer-sex materials. Educational discussions will also be part of SAGE's monthly Lunch & Learn gatherings at the Herb Skolnick Center.

We will be holding a "Pleasure & Prevention" discussion on **Friday, May 29, at 11am at The Pride Center, Room 204**. There will be a light lunch provided with a lively discussion with Ashley Richardson with CAN Community Health. Our discussion will provide practical information about safer sex, testing, and prevention options like Pre-Exposure Prophylaxis (PrEP) in a comfortable and age-appropriate setting. You don't need to be positive, or even sexually active to learn something new about sexual wellness. We all know someone who is positive and we can learn how to support them. Everyone has something new to learn, so please come out and participate in what is sure to be a lively discussion.

When I was first diagnosed, I spent months planning my funeral; that's how scared I was. I lived in shame. I felt broken and dirty. It took my friends to lift me up and support me. My friends saved my life. A cornerstone of this new program is the **Peer-to-Peer "Silver Ambassadors" initiative**. Older adults living with newly diagnosed or affected by HIV will be able to receive informed assistance and care; others will lead conversations and share their lived experiences. Peer educators help create a safe, relatable environment where participants can ask questions, reduce stigma, and learn from people who truly understand their journey. This program is an extension of CAN's current programs. All participants will work directly with CAN and it will be completely confidential.

Growing older should never mean growing invisible - especially when it comes to sexual health. *Silver Connection* is about ensuring that older adults remain informed, empowered, and connected.

– *Michael A. Gagne*
Vice President
SAGE of South Florida

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
HOWARD	MARREN	MAY-02	FRANK	PIASECKI	MAY-16
CARLOS	MOLINA	MAY-05	DERIC	BOWNS	MAY-16
EVELYN	LOPEZ	MAY-06	KARL	GUSTAFSON	MAY-17
JESSE G	MONTEAGUDO	MAY-06	PAUL	McNAMARA	MAY-20
TED	LEVINE	MAY-07	ISMAEL	CINTRON	MAY-23
DAVID	EIDELKIND	MAY-09	SAALIK	CUEVAS	MAY-24
ROSS	GORE	MAY-09	ANGELA	GIELLA	MAY-26
HECTOR	VANEGAS	MAY-09	ILDEFONSO	GONZALEZ	MAY-26
ALLEN	SPIESS	MAY-12	SHAWN	WHITE	MAY-30
MAXINE	LEMARR	MAY-13	BEVERLY	FEINGOLD	MAY-31
MICHAEL	LOSCALZO	MAY-13			

5 Year Anniversaries

JIM AMON

New Members

JOSEPH TRIDENTI

15 Year Anniversaries

BRETT PEELER

20 Year Anniversaries

ANTHONY CIANCE

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS

President: Lisa Peters
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Secretary: Shawn White
Treasurer: Paul McNamara

President Emeritus: Patrick S Vida

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 Marilyn Lamkay
 Lee Lawson
 Kathy Macchio
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 Richard Calvin
 Frank Cavanaugh
 Jefy Gaines
 Betty Gambino

 Sonny Miller
 Frank Piasecki
 Ed Slough

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 JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN
 MD HUSSAIN – JEAN JOHNSON – TIM KUEHNE - MARILYN LAMKAY - TOMMASO LEPORE - PATTI LYNN - KATHY MACCHIO
 HOWARD MARREN – J MICHAEL MARTIN – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS
 BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE
 RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND – JOEL TENDLER – HOWARD TERRY – STEVE THAYER
 TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBTQ+ senior community through membership inclusive of age, gender, race, nationality, religion sexual orientation, and gender identity.
 We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE of South Florida was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY: SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

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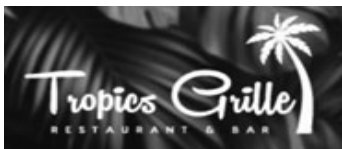
Facebook: www.facebook.com/SageOfSouthFloridaInc

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SAGE NIGHT OUT

Ed Slough

Join us **Wednesday, May 27th**, when SAGE is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from **5:00pm to 5:30pm**, with "Happy Hour" prices at the bar, and dinner at 5:30pm. Tropics has offered SAGE all dinners at half-price on Wednesday for **SAGE and our guests only** to make the evening less crowded and to provide better service than is possible on their normal half-price Mondays. You need not be a SAGE member to attend. All are welcome, including our friends from Prime Gentlemen. You can check out their menu at: <https://tropicsgrillefl.com/menu/>.



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This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up.

My email is: wildhybrid@aol.com. Thanks!

Join your SAGE and Prime Gentlemen friends for this month's *Early Bird Dinner*. The event for May will be at **Tequila Sunrise, 4711 North Dixie Highway, Fort Lauderdale, FL 33334 on Wednesday, May 13th, at 5:00pm**. On Wednesdays, Tequila Sunrise offers 25% off all entrees on their menus. And, they have great 'Happy Hour' prices – draft beer, sangria, and wine are \$4.99 and house margaritas are \$5.99. Please notify me if you would like to attend this dinner so I can give the restaurant a heads-up – wildhybrid.aol.com.

I hope you can join us on Wednesday.

Join your SAGE and Prime Gentlemen friends for this month's *Early Bird Dinner*. The event for May will be at **Tequila Sunrise, 4711 North Dixie Highway, Fort Lauderdale, FL 33334 on Wednesday, May 13th, at 5:00pm**. On Wednesdays, Tequila Sunrise offers 25% off all entrees on their menus. And, they have great 'Happy Hour' prices – draft beer, sangria, and wine are \$4.99 and house margaritas are \$5.99. Please notify me if you would like to attend this dinner so I can give the restaurant a heads-up – wildhybrid.aol.com.

I hope you can join us on Wednesday.



SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Jean Arthurton & Frank Piasecki



This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton. At SOBA meetings, participants are asked their responses to questions or topics posed by the group leaders. Crosstalk and discussion follows. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



EVERY THURSDAY at 3:00PM on Zoom!

Looking for good company and connections? Join Kathy and Michael every Thursday for the SAGE Co-Ed Drop-In. It's casual, it's friendly, and it's all about **you**. Bring your stories, your questions, your thoughts – whatever is on your mind.

Catch up with old friends, meet new ones, and enjoy the mix of socializing, witty banter, and conversation. All are welcome!

See you Thursday!

Meeting ID: **275 139 4844** Passcode: **076609**

NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



Okay. Hello, May, initially and predominately a Taurus Sun. Yay, some stability, and getting things done, and there will be loyalty, and healthy friendships. I'm feeling testosterone in the air. Taurus is the second sign of the Zodiac, an Earth sign, 1 of the 4 fixed signs, and symbolized by the Ram. Do the math, A RAM! Ruled by Venus, which means love, beauty, pleasure, and sensual enjoyment. Yes, take advantage of the strength, the calm. Relax, a peaceful period. It's Spring and "The lusty month of May" as sung in the musical Camelot. Later in the month we will cusp into Gemini, which is called "on the brink" (becoming a Gemini). We'll go into 4th gear, a higher pitch of socialization, fun, creativity, and intelligent and quick-witted FUN! Yes, Fun! A bit speedier, bouncier, and more energetic than laid-back. Enjoy it all.

SAGE of S Florida & Prime Gentlemen offer many, many activities and events for our community. Join us every Wednesday at the 'Drop-In' – 1:00 PM East Coast time. People trickle in earlier and we schmooze and cross-talk until 1PM, then we have announcements of upcoming events, and then some sharing about what's going on in our lives: movies, dinners, family, feelings.... We close with a little kibitzing and jokes. Sometimes comical, sometimes not so much, moaning is permitted, and always in good-spirited fun. All are always welcome.

In person at the Pride Center, Room 204, and on Zoom.

Zoom Meeting ID: 275 139 4844

Passcode: 076609

Be a volunteer, mingle, and make new friends. It couldn't hurt.

SAGE Night Out *at* Tropics Grille



Early Bird Dinner *at* Hong Kong BBQ



SAGE/Prime Gentlemen Monthly Movie



SAGE Men's Drop-In at the Pride Center



SAGE Annual Picnic at Royal Palm Park



For up-to-date information on SAGE, follow us on Facebook: SAGE of South Florida, Inc.
View more photos by visiting the Photo Gallery on our Website: www.sagewebsite.org

Access the SAGE website by QR Code:



LEADERS OF TOMORROW – SAGE OF SOUTH FLORIDA, INC., CARL M. GALLI SCHOLARSHIP

**Applications are being accepted now through May 31, 2026. Two \$1,500 scholarships will be awarded.
More information and the application form can be found under the Program tab on the SAGE website:
www.sagewebsite.org**

SOCIAL SQUAD

Michael Gagne



As we move into May and June, our calendar continues to fill with opportunities to connect, share a meal, and enjoy each other's company. These gatherings remain the heart of what we do—simple, welcoming, and always open to everyone.

Join us on **May 5th at 12:30 PM** for our monthly lunch at Cucina Moderna. This inviting spot offers a fresh take on Italian favorites, with a \$10 lunch menu that blends traditional flavors and modern touches. Parking is easy, with a garage located behind the restaurant on 5th Terrace—just remember to bring your parking stub for free validation.

On **Monday, May 18 at 5:00 PM**, we'll gather for a dinner meet-up at **Bangkok Bistro**. Known for its flavorful Thai cuisine and welcoming environment, it's a great setting for an evening out with friends—so as always, everyone is welcome, and we encourage you to bring a guest.

Looking ahead to June, we'll meet again on **June 2nd** for lunch at the ever-popular **Tequila Sunrise on Dixie Boulevard**. A longtime favorite, Tequila Sunrise is known for its lively atmosphere, generous portions, and a menu full of crowd-pleasing classics. It's always a fun time, and **like all of our lunches and meet-ups, it's open to everyone**—so bring a friend along.

One of the most important events this month is our partnership program with CAN Community Health. On **Friday, May 29, at 11:00 AM**, we will host a **Safe – Fun – Informed discussion at The Pride Center, Room 204**. This engaging and informative session is designed to keep our community aware, supported, and connected in a comfortable and open setting. It's an opportunity to learn, ask questions, and stay informed in a way that feels approachable and relevant.

As always, our message remains simple: **Come bring a friend. Come make a friend. Or come and be a friend.** SAGE of South Florida continues to be a place where connections are made, friendships grow, and everyone is welcome. It's a community filled with some of the most wonderful people I've had the pleasure of knowing, and I look forward to seeing you at our upcoming events.

SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP

Paul McNamara



The selection for the May discussion is ***One Love*** by Matt Cain.

Two men. Twenty years of friendship. One love.

Twenty years after they first met, Danny and Guy are returning to the confetti-strewn streets of the Gay Village for Manchester Pride. This weekend is a celebration of two decades of friendship, laughter, and adventures. It's also where Danny hopes to finally reveal his secret. No matter how many other men he's known, the only bond that has ever really mattered is the one that began the moment he met Guy during their first week at Manchester University.

For Guy, glimpsing Danny across the room that day was a revelation and a lifeline. Popular and outgoing, Danny arrived from his small hometown determined not to hide away any longer. He inspired Guy to come out, take risks, and pursue the kind of lasting relationships that Danny seems to have little interest in. Yet Guy knows that there is more to their shared history than he's ever been brave enough to acknowledge. There are unspoken regrets, white lies, and convenient omissions—because Guy has his secrets too. Over the course of one tumultuous weekend full of bittersweet memories and overdue revelations, both Danny and Guy will find the courage to confront who they were all those years ago—and who they might yet be to each other and to themselves.

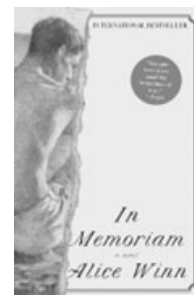
Heart-felt and emotionally rich, as romantic as it is surprising, this is a story of love and friendship and all the complexities that lie between them.

One Love will be discussed at the next meeting of the Book Discussion Group, to be held on **Saturday, May 23 from 11:00 AM to Noon**, at the **Stonewall Library, 1300 East Sunrise Boulevard, Fort Lauderdale**, and simultaneously on Zoom (Meeting ID: 275 139 4844 and Passcode: 076609)

JUNE MEETING:

The selection for the June 27, discussion is:

In Memoriam by Alice Winn



Friendly Visitor Program



SAGE USA has established a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact Yvonne Rohrbacher, Program Coordinator, at (786) 885-0101, yrohrbacher@sageusa.org, or Sofia Restrepo, srestrepo@sageusa.org.

SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.



FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita – 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

Website: adrcbroward.org

In Palm Beach County – 561.684.5885

Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.

SAGE Health Tips

Richard Calvin, BSN, Certified Rehabilitation RN (retired)



Know Stroke Signs and Save Lives

Every year, approximately 800,000 people in the U.S. have a stroke. A stroke can happen to anyone, even young people. As many as 80% may be preventable with healthy lifestyle changes, knowledge of risk factors, and stroke signs. Stroke is largely preventable, treatable, and beatable.

Take steps to prevent stroke by: Lowering your blood pressure, eating well, staying active, quitting smoking, and managing stress. If you have atrial fibrillation, diabetes, and high cholesterol, work with your health care provider to monitor and manage them. Testing to identify the cause of a stroke and additional risk factors will help in developing a plan to prevent another one.

A **stroke happens** when normal blood flow in the brain is interrupted, reducing the flow of oxygen-rich blood causing brain cells to die. Quick identification and treatment improve the chances for survival and recovery. A stroke is an emergency and requires immediate medical attention. There are two types of strokes—**ischemic** and **hemorrhagic**—and prompt testing and diagnosis is essential to providing the appropriate treatments for each.

Learn the warning signs and spot a stroke F.A.S.T.: **F**ace drooping, or **A**rm weakness, or **S**peech difficulty, it is **T**ime to call 911. Does one side of the face droop or is it numb causing uneven smile? Is one arm weak or numb causing a downward drift when arms are raised? Is speech slurred or hard to understand when asked to repeat a short sentence? If you notice any of these symptoms, even if they go away, call 911 and go to a hospital immediately. Do not delay. Quick action can save a life.

Many people who suffer a first-time stroke had a prior warning from a **transient ischemic attack (TIA)**, also known as a ministroke. The symptoms are mild and brief, missed or ignored. Symptoms may last from 30 seconds to 20 minutes. A TIA is your body warning that you are at high risk for having a full stroke, and you should listen. See your primary health provider and ask to see a stroke specialist, neurologist, to find the underlying cause. Most TIAs are related to a temporary clot forming in a narrowed brain artery which can be treated with antiplatelet aggregating medications to prevent additional blood clots from forming.

Know the warning signs of a TIA which may include: balance problems that make it difficult to stand up, and you may fall to one side; or vision problems which may cause you to be unable to see from one or both eyes, or seeing a dark shade that blocks part or all of your vision, or blurred or double vision; facial droop causing inability to smile normally; arm weakness or numbness or tingling which usually occurs on one side; or **speech difficulty** which may include slurring, word-finding difficulty, or difficulty understanding what is said to you, or writing or texting difficulty. The risk of a stroke is highest during the 48 hours following an initial TIA. It is time to call 911 or go straight to an emergency room even if the TIA symptoms are brief or mild.

Stroke recovery often requires a journey with medical, nursing, physical, speech and language, emotional, and cognitive interventions/therapies to regain functional abilities.

At age 52, with one risk factor, **I became a Stroke Survivor because:** I recognized that numbness of my right upper lip and finger tips of my right fingers MIGHT be a stroke, I let an aspirin dissolve under my tongue and immediately went to an emergency room, where I was cared for by a Stroke Team, had a CT Scan of the brain showing a left thalamic stroke, was anticoagulated, given antiplatelet medication, had further testing to find the cause, had expert monitoring and care by nurses and physicians, had physical, occupational, speech, and neuropsychological therapists' evaluation and treatment. I walked out of the hospital five days after the stroke. After five weeks of recovery at home and therapy, my neurologist—stroke specialist—determined that I could return to work full time as Nurse Manager of a Brain Injury and Stroke Rehabilitation, In-Patient Unit, at the University of Miami, Jackson Memorial Hospital, where I continued to work for six years until my retirement, where I saw many similar stroke survivals. Stroke is treatable and beatable.

References & Resources: American Stroke Association: *Know the Stroke Signs and Save Lives This American Stroke Month; Stroke Awareness* ; Harvard Medical School Healthbeat: *Stroke, a Special Health Report; Cut Your Stroke Risk—Starting Today!* NPR: *How to Thrive as You Age.*

SAGE cares because YOU care about your health.

Please always seek advice from your physician/nurse practitioner/physician assistant.



SAGE of South Florida

Lunch & Learn

May 2, 2026, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS – \$10.00 • GUESTS – \$17.00 • NEW PRICE!!

Reservations MUST be made by 12:30pm on Friday May 1, 2026
BY SENDING AN EMAIL To: SAGEsoft@gmail.com OR BY CALLING: (954) 634-7219

MENU

Salad
Sweet & Sour Chicken
Mongolian Beef
Fried Rice
Lo Mein
Grilled Veggies

Fruit
Brownies

Let's talk Unlocking the Power of ARTIFICIAL INTELLIGENCE



Join us as we discuss Artificial Intelligence & Understanding the Role of Chat GPT Plays in Our Everyday Lives

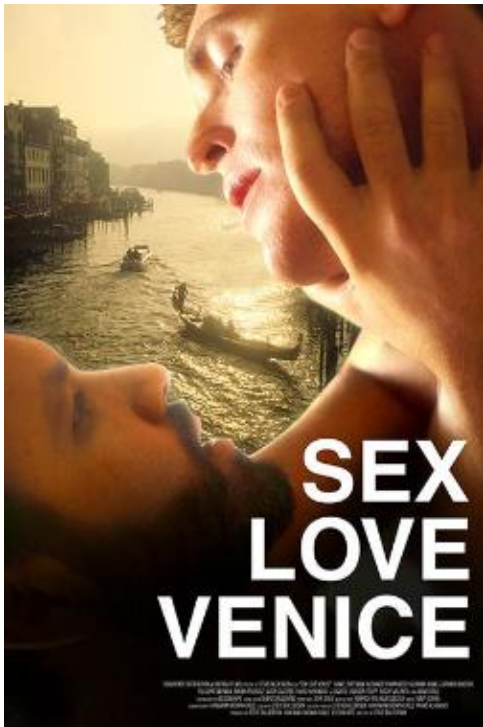
Sponsored by:



Catered by:



THE SAGE/PRIME GENTLEMEN MOVIE



Set against the gorgeous landscape of Venice, **SEX LOVE VENICE** is a very sexy, romantic drama exploring love, intimacy, and self-discovery. The film follows Michael, who visits the Italian city of Venice to heal from a bad breakup and finds himself awash in the gay hookup culture. But soon he meets Marco. What follows is a refreshingly positive view of gay romance. The chemistry between lead actors is palpable, delivering an onscreen love that shimmers with authenticity. The film's richly layered score gives further emotional gravity to the story's romanticism. **SEX LOVE VENICE** also leans into observations about the current hookup culture in the gay male community, and whether these connections are good for our emotional health. The film has an erotic tension that few films ever had, and the two leads have enormous onscreen

chemistry, both as individuals and as a couple. The film offers a charming blend of romance, self-discovery, and Italian allure, with an LGBT story at its heart. One of its standout features is the breathtaking backdrop, from winding Venetian canals to sunlit piazzas, the film makes full use of its stunning locations. The storytelling keeps viewers engaged with thoughtful, often profound monologues and interesting conversations that give the narrative depth.

A Friend of Dorothy is a British shorty comedy drama film The film starring **Miriam Margolyes** as a lonely widow and **Alistair Nwachukwu** as a teenage neighbor, depicts the unlikely, poignant bond over shared loneliness. When 17-year-old JJ (**Alistair Nwachukwu**) accidentally kicks his football into her garden, he pends Dorothy's daily routine of pills, prunes, and crosswords, and an unlikely friendship unfolds. The film I one of the Oscar-nominated shorts for 2025.



FRIDAY, MAY 15th, 2026

1:30PM at the PRIDE CENTER

FREE POPCORN and SODA

SAGE of South Florida

MEET UP



**Bangkok
Bistro**

Plaza Del Mar Shopping Center

1527 N Federal Hwy, Fort Lauderdale, FL 33304

Monday, May 18, 2026

5:00pm

Bangkok Bistro Thai & Sushi is a popular Thai-Asian fusion restaurant that offers a diverse menu including Thai curries, noodle stir fries, sushi, poke bowls, and soups, with many diners raving about dishes like Authentic Pad Thai and Red Curry Chicken. The restaurant has a 4.5 out of 5 star average from several hundred reviews, praised for generous portion sizes and friendly service.

Spring Roll (VEG)

Crispy roll with carrots, cabbage, celery and onion, transparent noodles 1.99

SOUPS

Tom Yum

Thai's favorite soup with mushrooms, green onions, lime juice, lemon grass and Thai chili paste. *Chicken 4.99 | Shrimp 5.99*

Tom Kha Gai

Chicken in coconut milk, galangal, green onions and lime juice. *Chicken 4.99 | Shrimp 5.99*

Hot and Sour Soup

Chicken, bamboo shoots, water chestnuts and eggs. *Chicken 3.99*

FRIED RICE

Lunch | Dinner

Chicken, Pork or Tofu 11.99 | 13.99

Beef or Shrimp 12.99 | 14.99

THAI NOODLES

Lunch | Dinner

Chicken, Pork or Tofu 11.99 | 13.99

Beef or Shrimp 12.99 | 14.99

SIDES

Additional Item (each) 2.00

(Broccoli, eggplant, onions, green onions, baby corn, mushrooms, carrots, pea pods, bamboo, baby corn, cashew nuts)

Side of Fried Rice 5.00 | Steam Noodles 3.00

Plum Sauce 1.00 | Curry Sauce 2.00

Peanut Sauce 1.00 | Extra Meat 2.00

ORDER FROM THE MENU AND PAY FOR WHAT YOU ORDER

Please RSVP by Calling the SAGE Office (954) 634-7219

EVERYONE IS WELCOME!!

“Pleasure & Prevention” Discussion

Friday, May 29 at 11am

The Pride Center - Room 204

Ashley Richardson with CAN Community Health

SAFE – FUN - INFORMED

Our discussion will provide practical information about safer sex, testing, and prevention options like Pre-Exposure Prophylaxis (*PrEP*) in a comfortable and age-appropriate setting. You don't need to be positive, or even sexually active to learn something new about sexual wellness. We all know someone who is positive and we can learn how to support them.

Everyone has something new to learn and share, so please come out and participate in what is sure to be a lively discussion.

There will be a light lunch provided

RSVP: SAGEsofl@gmail.com



SAGE of South Florida & CAN Community Health

SAGEwebsite.org



cancommunityhealth.org

SAGE of South Florida

LUNCHEON MEETUP

Everyone is Welcome!!

Tuesday, June 2, 2026 @ 12:30pm



4711 N Dixie Hwy, Fort Lauderdale, FL 33334

(954) 938-4473

Tequila Sunrise Mexican Grill in Fort Lauderdale is a casual, family-owned eatery serving authentic Mexican cuisine and fresh seafood. The menu features traditional favorites like fajitas, enchiladas, tacos, and sizzling seafood platters made with fresh ingredients and vibrant flavors. The warm, colorful décor and friendly staff create a lively, welcoming atmosphere that keeps locals and visitors coming back.

Thereafter every first Tuesday of the month

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



Save The Date: July 7, 2026 @ 12:30pm



**147 S Cypress Rd,
Pompano Beach, FL 33060**