

# The SAGE

The Newsletter of SAGE of South Florida

April 2026

## NEW BOARD OF DIRECTORS ELECTED AT 32<sup>ND</sup> ANNUAL MEETING

The SAGE of South Florida's 32<sup>nd</sup> Annual Meeting was held at **Tropical Acres Steakhouse** on March 21, 2026. At the meeting, the Board of Directors selected for the 2026-2027 term will be: **Michael Gagne, Ken Goodman, Jorge Herrera, Marilyn Lamkay, Lee Lawson, Kathy Macchio, Paul McNamara, Brent Pagnotta, Lisa Peters, Scott Riedel, Patrick S Vida, and Shawn White.**

After many years, **Jefy Gaines** and **Michael Vita** decided to step down from the Board. We thank them for their dedication to SAGE and their service to the community. **Allen Churchman**, who served as Treasurer for 12 years, has also retired from the Board. We are grateful for his many years of service and acknowledge his contribution to the success of SAGE.

At the meeting, the Board chose the following officers: **Lisa Peters, President; Michael Gagne, Vice President, Paul McNamara, Treasurer, and Shawn White, Secretary.**

At the first Annual Meeting, held on March 5, 1995, then President Ken Fontaine said that when asked what SAGE of South Florida was all about, he would reply "SAGE is a social and support organization for mature gays and lesbians who are making a difference." Now, as we embark upon our thirty-third year,

we can be proud of the difference SAGE has made, and continues to make, in our community. The vitality and dedication of our SAGE members over the years have allowed our organization to thrive for thirty-two years and, with their help, to continue for many more years to come.



*Pictured from left to right:* Ken Goodman, Patrick S. Vida, Scott Riedel, Brent Pagnotta, Jorge Herrera, Marilyn Lamkay, Michael Gagne, Lisa Peters, Lee Lawson, Paul McNamara. (Not Pictured: Kathy Macchio and Shawn White)

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.  
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

| First Name | Last Name | Birthday | First Name | Last Name | Birthday |
|------------|-----------|----------|------------|-----------|----------|
| DOUG       | BLACKLOW  | APRIL-06 | FRANK      | CAVANAUGH | APRIL-20 |
| JEAN       | JOHNSON   | APRIL-09 | GABBY      | SULLIVAN  | APRIL-27 |
| STEVEN     | BRASKA    | APRIL-10 | SUSAN      | HOUSTON   | APRIL-29 |
| JACK       | SANDERS   | APRIL-12 | GARY       | PETERS    | APRIL-29 |
| JOHN       | GAMBINO   | APRIL-13 | RANDI      | SANDS     | APRIL-29 |
| BOB        | BRAGG     | APRIL-16 | BOB        | VOGEL     | APRIL-30 |
| MD         | HUSSAIN   | APRIL-17 |            |           |          |

### 10 Year Anniversaries

PAUL ROCK

### 15 Year Anniversaries

LEE LAWSON

### 20 Year Anniversaries

BOB ADAMS

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Lisa Peters  
**Vice President:** Michael Gagne  
**Secretary:** Shawn White  
**Treasurer:** Paul McNamara

**President Emeritus:** Patrick S Vida

### BOARD MEMBERS AT LARGE

Ken Goodman  
 Jorge C. Herrera  
 Marilyn Lamkay  
 Lee Lawson  
 Kathy Macchio  
 Brent Pagnotta  
 Scott Riedel  
 Patrick S Vida

### VOLUNTEERS

Jean Arthurton  
 Richard Calvin  
 Frank Cavanaugh  
 Betty Gambino  
 Sonny Miller  
 Frank Piasecki  
 Ed Sloughi

### Lifetime Members

BOB ADAMS – JIM AMON – CHRISTOPHER BATES – BILL BASIST – ROBERT J BOZEK – RICHARD CALVIN – PHILIP COLLIER  
 DONALD CURIALE MATT FARBER – JODI A FISCHER – MARC FLANAGAN – JOHN FOX – MICHAEL GAGNE – JEFY GAINES  
 JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN  
 MD HUSSAIN – JEAN JOHNSON – TIM KUEHNE - MARILYN LAMKAY - TOMMASO LEPORE - PATTI LYNN - KATHY MACCHIO  
 HOWARD MARREN – J MICHAEL MARTIN – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS  
 BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE  
 RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND – JOEL TENDLER – HOWARD TERRY – STEVE THAYER  
 TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

**SAGE MISSION STATEMENT:** SAGE of South Florida (Senior Action in a Gay Environment) ) is a non-profit organization which seeks to enrich the lives of the GLBTQ+ senior community through membership inclusive of age, gender, race, nationality, religion sexual orientation, and gender identity.

We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE of South Florida was founded in 1994 as a Florida “not for profit” corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

**SAGE EDITORIAL POLICY:** SAGE welcomes contributors to the newsletter. An author may request their entry be “anonymous”. However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)

Attn: Editor

**Mailing Address:** SAGE of South Florida  
 PO Box 70516  
 Oakland Park, FL 33307

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)

**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](http://www.facebook.com/SageOfSouthFloridaInc)

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## SAGE NIGHT OUT

Ed Slough

Join us **Wednesday, April 22nd**, when SAGE is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from **5:00pm to 5:30pm**, with "Happy Hour" prices at the bar, and dinner at 5:30pm. Tropics has offered SAGE all dinners at half-price on Wednesday for **SAGE and our guests only** to make the evening less crowded and to provide better service than is possible on their normal half-price Mondays.



You need not be a SAGE member to attend. All are welcome, including our friends from Prime Gentlemen. You can check out their menu at: <https://tropicsgrillefl.com/menu/>.

This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up. My email is: [wildhybrid@aol.com](mailto:wildhybrid@aol.com). Thanks!

Join your SAGE and Prime Gentlemen friends for this month's *Early Bird Dinner*. The event for March will be at **Hong Kong BBQ, 5301 North State Road 7, Tamarac, FL 33319, on Wednesday, April 8th, at 5:00pm**. Hong Kong BBQ has an appealing "early bird menu" with combos featuring soup, appetizer, pork fried rice, and one of four entrée choices. The quality of the food is excellent, the portions are generous, and the discounted prices are really good, which makes this a good choice for the "Early Birds." This event was inspired by Chicago Patrick. Please notify me if you would like to attend this dinner so I can notify Zukerello's: [wildhybrid.aol.com](http://wildhybrid.aol.com).

I hope you can join us on Wednesday.



## SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Jean Arthurton & Frank Piasecki



This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton. At SOBA meetings, participants are asked their responses to questions or topics posed by the group leaders. Crosstalk and discussion follows. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

## SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



### EVERY THURSDAY at 3:00PM on Zoom!

Looking for good company and connections? Join Kathy and Michael every Thursday for the SAGE Co-Ed Drop-In. It's casual, it's friendly, and it's all about **you**. Bring your stories, your questions, your thoughts – whatever is on your mind.

Catch up with old friends, meet new ones, and enjoy the mix of socializing, witty banter, and conversation. All are welcome!

### See you Thursday!

Meeting ID: **275 139 4844** Passcode: **076609**

## NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



It's April, early spring. April showers bring May flowers. The month is predominantly and initially in Aries Sun. To me, Aries is the hottest of the three fire signs. It's loud and in your face, exciting, smart, fun, and an inventive intense vibe, considered the 1st sign of the Zodiac. Symbolized by the Ram, ruled by Mars, the month will be exciting, trust me. Mars represents drive, action, assertion, desire, and energy. Known as the planet of war, and that seems to be our current reality right now. A good time to pursue goals, handle conflicts, responsibly express anger, experience our sexual libidos, IT'S SPRING!! A Dynamic Cardinal sign that means action, initiatives with great force and strength. Wow! So, enjoy the excitement and whirlwind. Let your heart go dancing. The latter part of the month will cusp into Taurus, a time of loyalty, dependability, strong healthy friendships, companionship and some impulsive leadership. I am looking forward to Taurus's grounded, persistent stability.

SAGE of South Florida and Prime Gentlemen offer many, many activities and events for our community. Join us every Wednesday at the 'Drop In'. 1:00 PM East Coast time. People trickle in earlier and we schmooze and cross-talk until 1pm, then we have announcements of upcoming events, and then some sharing about what's going on in our lives: Movies, dinners, family, feelings.... We close with a little kibitzing and jokes. Sometimes comical, sometimes not so much, moaning is permitted, and always good spirited fun. All are always welcome.

In person at the Pride Center, Room 204, and on Zoom.

Zoom Meeting ID: 275 139 4844

Passcode: 076609

PS. There is great potential for outreach to our Community through Zoom and in-person and hybrid meetings. We are looking for Volunteers interested in learning the hybrid set up, with Zoom.

# SAGE 32<sup>nd</sup> ANNUAL MEETING at Tropical Acres Steakhouse



*Retiring Board Members Allen Churchman and Michael Vita receive recognition*



*Ed Slough receives Volunteer of the Year Award*



*Founding Members  
Top row: Marc Flanagan, Jerry Zygmunt, Joel Tendler, Maxine Lemarr  
Bottom row: Norma Wingo, Jean Johnson*



## SAGE Night Out at Tropical Acres



## SAGE Lunch Meet-Up at the Egg 'N You Diner



## SAGE/Prime Gentlemen Monthly Movie



### **LEADERS OF TOMORROW – SAFE OF SOUTH FLORIDA, INC., CARL M. GALLI SCHOLARSHIP**

**Applications are being accepted now through May 31, 2026. Two \$1,500 scholarships will be awarded. More information and the application form can be found under the "Program" tab on the SAGE website: ([www.sagewebsite.org](http://www.sagewebsite.org)).**

**For up-to-date information on SAGE, follow us on Facebook: SAGE of South Florida, Inc. View more photos by visiting the Photo Gallery on our Website: [www.sagewebsite.org](http://www.sagewebsite.org)**

**Access the SAGE website by QR Code:**



## SOCIAL SQUAD

Michael Gagne



One of the highlights of our calendar each year is SAGE's Annual Membership Meeting, which was held on **Saturday, March 21**, beginning with cocktails at **12:30 PM** and lunch at **1:00 PM** at the always popular **Tropical Acres**. It was a wonderful opportunity for members to come together, enjoy a great meal, and participate in the important business of the organization. During the meeting, members voted on your **Board of Directors**, and the newly elected **Executive Board Members** were announced. We also had the pleasure of recognizing **Ed Slough as our Volunteer of the Year**. Ed's hard work and dedication have helped make SAGE of South Florida the welcoming and vibrant organization it is today. His commitment to strengthening our community and supporting our members is truly remarkable. On a personal note, my admiration for Ed knows no bounds, and I know many of you feel the same.

Don't forget that the **first Tuesday of every month** is our widely popular **Lunch Meet-Up**, and these gatherings continue to be a great way to connect in a relaxed setting. Join us on **April 3rd at Lester's Diner in Margate**. Lester's is a classic South Florida diner known for its generous portions, friendly service, and a menu that seems to have something for everyone—from hearty breakfasts to satisfying lunch favorites. It's the kind of place where conversation flows easily, and nobody leaves hungry. Look for the flyer with all the details. Last month's lunch at **Egg 'N You** was a lot of fun, with several new people joining us. As I like to say: **Good Food. Good Prices. Good People... because I'll be there!**

And finally, start breaking out those lawn chairs for our annual **SAGE Pride Picnic on April 18 at Royal Palm Park**. Picnics have a way of bringing people together in a more relaxed, easygoing atmosphere where everyone can simply enjoy each other's company. We'll have traditional picnic favorites, plenty of time to socialize, and of course, our always-popular **BINGO with prizes**. Don't forget to bring a little cash for our **50/50 drawing**—you might just go home with a little extra in your pocket.

I look forward to seeing many of you at these upcoming events as we continue building the strong sense of community that makes SAGE of South Florida so special

## SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP

Paul McNamara



The selection for the April discussion is **"Somewhere Beyond the Sea"** by TJ Klune.

A magical house. A secret past. A summons that could change everything.

Arthur Parnassus lives a good life built on the ashes of a bad one. He's the headmaster of a strange orphanage on a distant and peculiar island, and he hopes to soon be the adoptive father of six dangerous and magical children who live there.

Arthur works hard and loves with his whole heart, so none of the children ever feel the neglect and pain that he once felt as an orphan on that very same island so long ago. He is not alone; joining him is the love of his life, Linus Baker, a former case worker in the Department in Charge of Magical Youth. And there's the island's sprite, Zoe Chapelwhite, and her girlfriend, Mayor Helen Webb. Together, they will do anything to protect the children.

But when Arthur is summoned to make a public statement about his dark past, he finds himself at the helm of a fight for the future that his family and all magical people deserve. And when a new magical child hopes to join them on their island home—one who finds power in calling himself a monster, a name that Arthur worked so hard to protect his children from—Arthur knows they're at a breaking point: their family will either grow stronger than ever or fall apart.

Welcome back to Marsyas Island. This is Arthur's story.

**Somewhere Beyond the Sea** will be discussed at the next meeting of the Book Discussion Group, to be held on **Saturday, April 25 from 11:00 AM to Noon at the Stonewall Library, 1300 East Sunrise Blvd. Fort Lauderdale**, and simultaneously on Zoom (Meeting ID: 275 139 4844 and Passcode: 076609)



### MAY MEETING:

The selection for the May 23, discussion is:

**One Love by Matt Cain**

## Friendly Visitor Program



SAGE USA is collaborating with Sunshine Cathedral to establish a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact **Mitchell Zahn, Program Coordinator**, at **646.568.9354** or by email at [mzahn@sageusa.org](mailto:mzahn@sageusa.org).

## SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

**RESERVATIONS ARE REQUIRED.** Please see the enclosed flyer for more information.



## FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

**Michael Vita** – 786.586.4286

### SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County** – 954.745.9779

**Website:** [adrcbroward.org](http://adrcbroward.org)

**In Palm Beach County** – 561.684.5885

**Website:** [aaapbtc.org](http://aaapbtc.org)

### BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Dr. Anne Atwell** – 954.462.2004x208

[Anne@sunshinecathedral.net](mailto:Anne@sunshinecathedral.net)

### SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.



## “WHERE SHOULD I GO FOR CARE?”

Most pain or injuries can be managed at home without a trip to the doctor, with some combination of rest, ice, or heat, medication, or a band-aid. Others require attention from trained medical personnel.

### Symptoms you should never ignore:

**Chest pain:** Typical heart attack symptoms include heavy pressure or tightness in the chest, crushing pain that goes into the neck, jaw, left arm, or back of the chest, shortness of breath, sweating, dizziness, or nausea, Call 911 immediately.

**Sudden onset of numbness, tingling, weakness, visual disturbance, or trouble speaking:** You could be having a stroke or transient ischemic attack (TIA) Call 911 immediately.

**Pelvic pain:** Severe new pelvic pain can be a sign of appendicitis, ruptured ovarian cyst, urinary tract infections, prostatitis, hernia, testicular torsion, or nerve problems. Seek prompt medical attention.

**Sudden severe headache:** Get immediate care for the “worst headache you have ever experienced,” or if the headache is accompanied by nausea, vomiting, dizziness, fever, trouble speaking, or weakness. It could be a stroke or infection of the brain. Call 911 immediately.

**Severe or persistent abdominal pain:** If it persists or is accompanied by fever, abdominal tenderness, or blood in the stool, get immediate medical care.

**Eye pain:** Stabbing pain in the eye, or redness along with pain, or trouble seeing may indicate infection, glaucoma, detached retina, or inflammation inside the eye requires the immediate attention of an eye doctor.

**Severe persistent external bleeding:** Apply firm, direct pressure to the wound with a clean cloth or sterile bandage. Have the person lie down, elevate the bleeding limb or area above the heart. Do not remove any object in the wound. If the bleeding cannot be stopped after five minutes of continuous pressure, or you suspect internal bleeding, i.e., swelling of the abdomen, or coughing up blood, or bleeding from the ears, mouth, or anus, seek immediate medical attention or call 911.

**Sudden severe shortness of breath:** Can be a sign of serious medical conditions such as heart attack, congestive heart failure, pneumonia, or other pulmonary diseases. Call 911 or go to the nearest emergency room. Sit upright, purse your lips like you were whistling and breathe as slowly and gently as possible.

### Key differences between types of care:

**Emergency Department or Room:** for life-threatening symptoms: chest pain (heart attack), trouble breathing, inability to move/sudden paralysis (stroke), bleeding that can't be stopped, passing out (loss of consciousness), broken bones, large wounds, head injuries, severe burns, poisoning, seizures, suspected overdose, emotional health emergencies.

**Express Care:** for non-life-threatening symptoms or minor conditions when you do not feel well or need prompt medical assistance such as coughs and colds, pink eye, earache, and rashes.

**Urgent Care:** for sprains and strains, sinus infections, ear infections, seasonal allergies, minor cuts and burns, non-severe headaches, stitches, wound care, X-rays, and EKG's

**Primary Care:** for new, nonurgent, nonemergency health concerns or questions—your main healthcare connection.

**Virtual Visits:** for common problems or questions not requiring in-person visit, from the comfort of home.

**References & Resources:** Cleveland Clinic Health: *Emergency Department (ER), Urgent Care or Express Care: Which Do You Need?"; When to See Your Provider; Where Should I Go for Care.*

Harvard Health Publishing: *When Pain Signals an Emergency: Symptoms You Should Never Ignore.*

**SAGE cares because YOU care about your health.**

**Please always seek advice from your physician/nurse practitioner/physician assistant.**

# SAGE of South Florida

## ***Lunch & Learn***

April 4, 2026, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER  
800 SW 36<sup>TH</sup> AVENUE, POMPANO BEACH, FL

**RESERVATIONS REQUIRED**

*MEMBERS – \$17.00    GUESTS – \$22.00*

***Reservations MUST be made by 12:30pm on THURSDAY, April 2, 2026,  
BY SENDING AN EMAIL To: [sagesofl@gmail.com](mailto:sagesofl@gmail.com) OR BY CALLING: 954.634.7219***



There will be a presentation by Sage USA.

**If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.**

### **Menu**

Mixed Greens Salad  
Pan con Tomate  
Baked Ziti  
Meatballs  
Chicken Francese  
Mixed Fruit  
Cannoli

***Catered By:***



# SAGE OF SOUTH FLORIDA

## Annual Picnic

Royal Palm Park 1701 NW 38th Street Park Lane

Oakland, Park, FL 33309

(West of Powerline Rd. and North of Oakland Park Blvd.)

**Saturday, April 18, 2026**

**11:00AM to 2:00PM**

❖ Hamburgers

❖ Hot Dogs

❖ Classic Side Dishes

50/50 Raffle

**BINGO!**

*Sorry No Pets Allowed*

**PRICING: \$12 @ Members & \$20 @ Non-members**

(A portion of Member Cost subsidized by SAGE of South Florida) Reservations Close 1pm Friday, April 17, 2026

No Reservations Will Be Accepted After This Date & Time

**Annual Picnic, Saturday, April 18, 2026**

# \_\_\_\_\_ **Member @ \$12** \_\_\_\_\_ **Non-Member @ \$20** Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Mail Payment to: **SAGE at PO Box 70516, Oakland Park, FL 33307**

To reserve by Credit Card Call the **SAGE Message Line at 954-634-7219**

(Please leave your name and phone number)

***This is a SAGE of South Florida Sponsored Event***

# THE SAGE/PRIME GENTLEMEN MOVIE

*Pillion* presents itself as an immersion into the world of male submission within a gay biker subculture. To prove there's nothing gentle about true love, *Pillion* is the story of romance, devotion, and loss.

A naïve, inexperienced young gay man living with his parents in an anonymous city falls for the ultimate dominant alpha male – an impossibly handsome, strong, emotionally impressive biker who casually demands complete domestic obedience in exchange of the privilege of being anally penetrated with athletic vigor and a thrilling lack of sensitivity.

*Pillion* is a bold and daring film that pushes boundaries by portraying a BDSM relationship with honesty and nuance, never slipping into shock cliché. It blends awkward, funny, sensual, and serious moments in a way that feels natural and grounded. The restrained direction and minimal dialogue allow the dynamic to unfold quietly, with glances and pauses carrying real weight. The power balance and attraction feel lived in rather than exaggerated, making the story intimate and convincing. It may challenge some viewers due to the explicit BDSM sex scenes, but its confidence and authenticity make it stand out.



**FRIDAY, APRIL 17<sup>th</sup>, 2026**  
**1:30PM at the PRIDE CENTER**  
**FREE POPCORN and SODA**

# SAGE of South Florida

LUNCHEON MEETUP

**Everyone is Welcome!!**

Tuesday, April 7, 2026 @ 12:30pm

**NEW TIME!!**



4701 Coconut Creek Pkwy, Margate, FL 33063

(954) 979-4722

Lester's Diner has been a staple in South Florida since the opening of the first restaurant in Fort Lauderdale in 1967. Set in 50s-themed decor, the family-owned and operated chain is a classic American eatery with a home-town vibe where you can enjoy a casual dining experience or plan a special occasion for a large group. Whether you are in the mood for a juicy steak, breakfast food, or baked goods, Lester's has something that everyone will love.

**Thereafter every first Tuesday of the month**

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



**Save The Date: May 5, 2026 @ 12:30pm**

**Cucina Moderna**

**721 N Federal Hwy, Fort  
Lauderdale, FL 33304**

# SAGE of South Florida

LUNCHEON MEETUP

**Everyone is Welcome!!**

**Tuesday, May 5, 2026 @ 12:30pm**



721 N Federal Hwy, Fort Lauderdale, FL 33304  
(954) 546-4769

**Cucina Moderna** is a lively contemporary Italian restaurant in Fort Lauderdale known for its vibrant and relaxed atmosphere and its modern take on classic Italian cuisine. Located at 721 N Federal Hwy, it offers a diverse \$10 Lunch menu that includes a drink. All food is crafted with bold flavors and quality ingredients.

**Free Parking Garage behind building. Bring parking stub for validation.**

Thereafter every first Tuesday of the month

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



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**Save The Date: June 2, 2026 @ 12:30pm**



**4711 N Dixie Hwy, Fort  
Lauderdale, FL 33334**