

# The SAGE

The Newsletter of SAGE of South Florida

March 2026

## SAGE 32<sup>nd</sup> Annual Meeting

We are pleased to announce that we will be returning once again to Tropical Acres Steakhouse where, on Saturday, March 21, 2026, we will hold the SAGE of South Florida 32<sup>nd</sup> Annual Meeting.



2500 Griffin Road, Ft. Lauderdale, FL 954-989-2500

Saturday, March 21, 2026 • 12:30pm for Cocktails (Cash Bar)  
and 1:00pm for Dinner

Beginning with SAGE's first annual meeting held on March 5, 1995, we use this occasion to reflect on what SAGE has achieved in the preceding year and to acknowledge and award those who have demonstrated particular contributions to SAGE and the community at large. The recipients of this year's awards will be:

**John Gearrity Donor Award – The Warten Foundation.** The Warten Foundation made a generous donation to SAGE of South Florida in 2025. The Foundation supports many civic and art organizations in our community. We are honored to have been selected as one of the recipients of their munificence.

**Volunteer of the Year Award – Ed Slough.** Ed works tirelessly every month organizing SAGE Nights Out, Early Bird Dinners, Excursions, and keeping members apprised of upcoming cultural events. His Thanksgiving, Christmas, and New Year's dinners were instituted to ensure that no one needs to be alone on those holidays. He is a valuable member of our organization. We honor him for his contribution of time and energy to SAGE of South Florida.

At the meeting, we also will formally recognize those SAGE members who have been with us since our beginning in 1994. Those founding members are:

Marc Flanagan • Maxine Lemarr • Joel Tandler • Norma Wingo • Jerry Zygmunt

Also, at the meeting, the membership will cast their votes for the Board of Directors for the coming year. The Board will then select the President, Vice President, Treasurer, and Secretary.

Consult the enclosed flyer for more information and the registration form. Registration closes 1:00pm on Monday, March 18, 2026. Please join us!

**LEADERS OF TOMORROW – SAFE OF SOUTH FLORIDA, INC., CARL M. GALLI SCHOLARSHIP**

*Applications are being accepted now through May 31, 2026. Two \$1,500 scholarships will be awarded. More information and the application form can be found under the "Program" tab on the SAGE website: ([www.sagewebsite.org](http://www.sagewebsite.org)).*

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.  
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
GREG	STOCK	MARCH-01	KATHY	MACCHIO	MARCH-18
BRIAN	DOUGLAS	MARCH-05	LARRY	PRASSE	MARCH-19
JOHN	MORIARTY	MARCH-05	PAUL	ROCK	MARCH-19
FRANCO	BARTELLA	MARCH-06	MATT	CONTI	MARCH-20
LARRY	BARTELSEN	MARCH-06	GARY	TIMM	MARCH-24
HERB	SILVER	MARCH-07	JOSE	CAPCHA-AGUIRRE	MARCH-25
DOUGLAS	FULCHER	MARCH-08	JANE	SICARI	MARCH-25
FRED	MOSKETTI	MARCH-09	BILL	BASIST	MARCH-26
RICHARD	CALVIN	MARCH-12	VICTOR	DE LOS SANTOS FLORES	MARCH-27
NORMAN	SCHRIER	MARCH-15	JOEL	ROTHSTEIN	MARCH-28
RICHARD	GILMER	MARCH-17			

### 5 Year Anniversaries

ROBERT RIEDEL

### 10 Year Anniversaries

SAALIK CUEVAS, ROLAND LAPERLE

### 20 Year Anniversaries

RONALD SEIDLE

### New Members

BONNIE BERG, AVI BRAVERMAN, AKIVA TURNER

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Lisa Peters  
**Vice President:** Jefy Gaines  
**Secretary:** Shawn White  
**Treasurer:** Allen Churchman  
  
**President Emeritus:** Patrick S Vida

### BOARD MEMBERS AT LARGE

Michael Gagne  
 Ken Goodman  
 Lee Lawson  
 Marilyn Lamkay  
 Kathy Macchio  
 Brent Pagnotta  
 Patrick S Vida  
 Michael Vita

### VOLUNTEERS

Jean Arthurton  
 Richard Calvin  
 Frank Cavanaugh  
 Betty Gambino  
  
 Paul McNamara  
 Sonny Miller  
 Frank Piasecki  
 Ed Slough

### Lifetime Members

**BOB ADAMS – JIM AMON – CHRISTOPHER BATES – BILL BASIST – ROBERT J BOZEK – RICHARD CALVIN – PHILIP COLLIER  
 DONALD CURIALE – MATT FARBER – JODI A FISCHER – MARC FLANAGAN – JOHN FOXX – MICHAEL GAGNE – JEFY GAINES  
 JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN  
 MD HUSSAIN – JEAN JOHNSON – TIM KUEHNE – MARILYN LAMKAY – TOMMASO LEPORE – PATTI LYNN – KATHY MACCHIO  
 HOWARD MARREN – J MICHAEL MARTIN – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS  
 BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE  
 RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND – JOEL TENDLER – HOWARD TERRY – STEVE THAYER  
 TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES**

**SAGE MISSION STATEMENT:** SAGE of South Florida (Senior Action in a Gay Environment) is a non-profit organization which seeks to enrich the lives of the LGBTQ+ senior community through membership inclusive of age, gender, race, nationality, religion sexual orientation, and gender identity. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE of South Florida was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

**SAGE EDITORIAL POLICY:** SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)

Attn: Editor

**Mailing Address:** SAGE of South Florida  
 PO Box 70516  
 Oakland Park, FL 33307

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)

**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](http://www.facebook.com/SageOfSouthFloridaInc)

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 SAGE of South Florida in an independent organization not affiliated with sageUSA.

## SAGE NIGHT OUT

Ed Slough

Join us **Wednesday, March 25th**, when SAGE is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from **5:00pm to 5:30pm**, with "Happy Hour" prices at the bar, and dinner at 5:30pm. Tropics has offered SAGE all dinners at half-price on Wednesday for **SAGE and our guests only** to make the evening less crowded and to provide better service than is possible on their normal half-price Mondays. You need not be a SAGE member to attend. All are welcome, including our friends from Prime Gentlemen. You can check out their menu at: <https://tropicsgrillefl.com/menu/>.



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You can check out their menu at: <https://tropicsgrillefl.com/menu/>.

This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up.

My email is: [wildhybrid@aol.com](mailto:wildhybrid@aol.com). Thanks!

Join your SAGE and Prime Gentlemen friends for this month's *Early Bird Dinner*. The event for March will be at **Zuckerello's, 3017 East Commercial Boulevard, Fort Lauderdale, FL 33308, on Wednesday, March 11th, at 5:00pm**. **Zuckerello's** has an extensive "early bird menu" with three-course meals including soup or salad, entrée, dessert, and coffee or tea. There also are thrifty options: Spaghetti and meatballs for \$13.95, Rigatoni Bolognese for \$13.95, Pepper and Onions over linguini pasta for \$14.95. The quality of the food is excellent, the portions are generous, and the prices of the specials are really good, which makes this a good choice for the "Early Birds. This event was inspired by Chicago Patrick. Please notify me if you would like to attend this dinner so I can notify Zukerello's: [wildhybrid.aol.com](mailto:wildhybrid.aol.com).

I hope you can join us on Wednesday.



## SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Jean Arthurton & Frank Piasecki



This Co-Ed discussion group meets

**LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton. At SOBA meetings, participants are asked their responses to questions or topics posed by the group leaders. Crosstalk and discussion follows. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

## SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



**EVERY THURSDAY at 3:00PM on Zoom!**

Looking for good company and connections? Join Kathy and Michael every Thursday for the SAGE Co-Ed Drop-In. It's casual, it's friendly, and it's all about **you**. Bring your stories, your questions, your thoughts – whatever is on your mind.

Catch up with old friends, meet new ones, and enjoy the mix of socializing, witty banter, and conversation. All are welcome!

**See you Thursday!**

Meeting ID: **275 139 4844** Passcode: **076609**

## NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



Ahhhh, we can relax. Wonderful March is here. Spring is in the air, we're calm and feeling safe. Pisces always has your back, a Water Sign in the 12th House. Pisces' symbols are two fish tied together, swimming in opposite directions, expressing duality, and the symbol of two moons connected. Ruled by Jupiter and Neptune – evolved visionaries; sweet, gentle, and kind. There will be plenty of fun. So, enjoy. The end of the month cusp is Aries. So, fasten your seatbelts, that will mean an exciting and fiery end of the month.

SAGE of South Florida and Prime Gentlemen offer many, many activities and events for our community. Join us every Wednesday at the Drop-In, 12:30 PM East Coast time. People trickle in, and we schmooze and cross-talk until 1PM, then we have announcements of upcoming events, and then some sharing about what's going on in our lives: Movies, dinners, family, feelings.... We close with a little kibitzing and jokes. Sometimes comical, sometimes not so much, moaning is permitted, and always in good-spirited fun. All are always welcome.

Zoom Meeting ID: 275 139 4844

Passcode: 076609

PS. There is great potential for outreach to our Community through Zoom and in-person and hybrid meetings. We are looking for Volunteers interested in learning the hybrid set up, with Zoom.

## SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center. **RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.**

# SAGE Milestone Birthday Celebration



**SAGE/Prime Gentlemen Movie**

**SAGE Night Out at Tropics**



# SAGE/Prime Gentlemen at Aquaplex



# SAGE Lunch & Learn at the Skolnick Center



For up-to-date information on SAGE, follow us on Facebook: [SAGE of South Florida, Inc.](#)

View more photos by visiting the Photo Gallery on our Website: [www.sagewebsite.org](http://www.sagewebsite.org)

## SOCIAL SQUAD

Michael Gagne



As we move further into the year, I'm reminded how quickly our calendar fills with meaningful moments. January's **Milestone Birthday Celebration and Concert** was truly an event not to be missed. Roger Rundle was amazing, as usual, bringing warmth and extraordinary talent to the afternoon. Celebrating our members' milestone birthdays in such an intimate setting, surrounded by music and friendship, is what SAGE of South Florida does best. It was a beautiful way to begin the year together — and if you missed it, be sure to mark your calendar now for next January. It's become one of our signature events.

February brought us back to **Aquaplex** for a lively Sunday Brunch in full drag mode, and it did not disappoint. The energy was high, the performances were sharp, and the room was filled with laughter. Aquaplex has done a terrific job with the upgrades they've made — the refreshed space feels polished and vibrant while keeping the fun atmosphere everyone loves. It was a great reminder that community doesn't always have to be formal to be meaningful — sometimes it's about glitter, good food, and shared joy.

Looking ahead, don't forget that the **first Tuesday of every month** is our widely popular **Lunch Meet-Up**. These gatherings continue to grow because they're simple, welcoming, and open to everyone. Join us on **March 3rd at Egg 'N You Diner**, located on the corner of Federal Highway and 26th Street. Egg 'N You is known for its generous breakfast and lunch portions, friendly service, and classic diner favorites that always satisfy. It's comfortable, unpretentious, and the perfect setting to connect with old friends and meet new ones.

Also coming up is one of the most important dates on our calendar — **SAGE of South Florida's Annual Membership Meeting on Saturday, March 21**, with cocktails at **12:30 PM** and lunch at **1:00 PM** at the prized **Tropical Acres**. This is where we come together not just socially, but organizationally, to reflect on our progress and look ahead. Please see the attached flyer for the delectable menu and pricing. As always, at SAGE of South Florida, we work hard to keep event costs down and absorb rising food prices whenever possible. We believe staying connected should remain affordable and accessible to our members.

And finally, start breaking out those lawn chairs for our annual **SAGE Pride Picnic on April 18 at Royal Palm Park**. This has become a cherished tradition — a relaxed afternoon outdoors filled with pride, laughter, and community spirit. It's one of those events that reminds us why we gather in the first place.

SAGE of South Florida continues to thrive because of you — your participation, your enthusiasm, and your commitment to showing up for one another. I look forward to seeing you at our upcoming events and continuing to build on the strong sense of community that defines us.

## SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP

Paul McNamara



The selection for the March discussion is ***Nightwork* by Joseph Hansen**.

Dave Brandstetter, a California private investigator specializing in death claims, uncovers a toxic conspiracy while working a case in a neighborhood plagued by violence and inequality.

Gifford Gardens has seen better days. As white families move away to the suburbs to flee the flooding and neglect, the city, in turn, cares less about fixing the problems. What was once a nice neighborhood has become a slum and a violent battleground for rival gangs. Paul and Angela Myers are among the white families that remain. With the economy in a downturn and wages frozen, Paul takes a job as a long-haul truck driver. The freight he moves around is strictly "no questions," but Paul is an honest man and begins to wonder about what he has become a part of.

One night, Paul's truck flies off a cliff and explodes in midair. Did he fall asleep at the wheel, or was he murdered? Paul's life insurance company hires renowned private investigator Dave Brandstetter to look into inconsistencies with the accident. While digging into Paul's past, Dave uncovers a haunting connection between Paul's untimely death and the happier years in the declining neighborhood of Gifford Gardens.

Meanwhile, Dave and his lover, reporter Cecil Harris, have settled in together quite cozily. Cecil has recovered from the injuries he received while helping Dave on his previous case, but the psychological damage is still present. Dave can't help but wonder if he will ever be able to protect Cecil from his dangerous line of work.

***Nightwork*** will be discussed at the next meeting of the Book Discussion Group, to be held on **Saturday, March 28 from 11:00 AM to Noon at the Stonewall Library, 1300 East Sunrise Boulevard, Fort Lauderdale**, and simultaneously on Zoom (Meeting ID: 275 139 4844 and Passcode: 076609)

### APRIL MEETING:

The selection for the April 25, 2026, discussion is:

***Somewhere Beyond the Sea* by TJ Klune**



**SAGE of South Florida**  
**Financial Report for Fiscal Year Ending December 31, 2025**

	2025 Budget	YTD Actual	Variance Over/Under Budget	NOTES TO FINANCIALS:
<b>REVENUE:</b>				
Contributions (1)	12,000	17,687	5,687	(1) Contributions from Members, Community Partners.
Membership Dues	10,000	7,492	(2,508)	(2) Interest Income derived from SAGE's Edward Jones Investment Account.
Interest Income (2)	5,000	6,525	1,525	(3) Monthly Newsletter costs include printing and envelopes.
Miscellaneous Revenue	0	0	0	(4) Office Supplies include office operation, telephone, computer software/hardware and website expense.
	-----	-----	-----	(5) Postage includes office mailings, membership mailings and monthly newsletter.
<b>TOTAL REVENUE</b>	<b>27,000</b>	<b>31,704</b>	<b>4,704</b>	(6) Rental costs include office space that SAGE maintains at the Pride Center and off-site storage unit.
<b>EXPENSES:</b>				
Insurance	1,620	1,581	(39)	(7) Contractual Services for maintaining SAGE's Website, Preparation of Annual 990 EZ Tax Return.
Newsletter (3)	5,600	5,100	(500)	(8) Donations approved by the Board to local charitable organizations.
Office Supplies (4)	3,500	3,385	(115)	(9) SAGE annually funds two \$1,500 College Scholarships
Postage (5)	2,000	1,354	(646)	(10) SAGE Social & Educational activities generated Revenue of \$15,774 and Expenses of \$26,352 Resulting in a Deficit of \$(10,578).
Rent (6)	7,802	8,304	502	
Contractual Services (7)	3,900	4,943	1,043	
Charitable Donations (8)	4,000	7,750	3,750	
College Scholarships (9)	3,000	1,500	(1,500)	
Special Events Costs (10)	12,000	10,578	(1,422)	
	-----	-----	-----	
<b>TOTAL EXPENSE</b>	<b>43,422</b>	<b>44,495</b>	<b>1,073</b>	
		=====		
<b>NET REVENUE/(EXPENSE)</b>		<b>( 12,791)</b>		

**FRIENDLY SUPPORT PROGRAM**

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

**Michael Vita** – 786.586.4286

**SAGE MEMBERS IN NEED**

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County** – 954.745.9779

**Website:** adrcbroward.org

**In Palm Beach County** – 561.684.5885

**Website:** aaapbtc.org

**BEREAVEMENT GROUP**

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Dr. Anne Atwell** – 954.462.2004x208

[Anne@sunshinecathederal.net](mailto:Anne@sunshinecathederal.net)

**SAGE EMERGENCY FUND**

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.

**In Memoriam**

**Alan Sutherland** passed away on February 12, 2026, at 82 years of age. Alan joined SAGE 17 years ago and was a Lifetime Member. He will be missed by his friends and SAGE family.



## Keeping Your Pelvic Floor Healthy

Close your eyes, take a deep breath, let it out slowly, and think about sitting on a bicycle seat. The parts of your body from the front of your pelvis going back to your tailbone, which meets the seat, comprises the Pelvic Floor. Primarily specialized muscles, with openings (sphincters) for structures that allow us to eliminate, reproduce, and have sexual pleasure, need special attention as we age. This area is a “hot spot” due to the rich blood flow, nerve fibers, and adjacent structures producing and containing bodily fluids and solids. These muscles, along with the core muscles of the abdomen and back muscles, keep internal structures in place. As we lose muscle mass and strength, problems with bladder and bowel control, erectile and ejaculatory, and orgasmic functions can develop. Regular exercise of the pelvic floor muscles will assist in remediation of some of those problems.

**Weaknesses of pelvic floor muscles** can result in urinary leakage, dribbling, strong urge to urinate, frequent urination, and stress incontinence such as when coughing, sneezing, or laughing, and anal leakage. More extensive weaknesses can result in prolapse of internal structures into the scrotum, through the vagina, or through the anus. Trauma, tumors, enlarged prostates, and infections can alter the structures and their functioning. Urinary tract infections often cause burning, frequency, urgency, and leakage. Constipation, hemorrhoids, anal fissures, or skin tears can result in anal leakage. Medications such as antihistamines relax the bladder, causing urinary retention and overflow incontinence. Some blood pressure medications alter sphincter tone, resulting in fecal incontinence. Diuretics, some antidepressants, and hormone replacement therapy (HRT) can cause incontinence. Should any of these occur, talk with your healthcare provider about diagnosis and treatment, which may warrant seeing a Urologist, Gynecologist, General or Colon-Rectal Surgeon.

**Perform daily Kegel exercises to strengthen pelvic muscles:** 1) Squeeze your rectum as though you are trying not to pass gas; 2) Try to stop the flow of urine during voiding; 3) Perform quick and long contractions of both sphincter muscles—holding/squeezing for two to three seconds, then relaxing/releasing. Repeat ten times. Try to do five sets a day. You may do these exercises lying or sitting down or standing. Over time, these exercises will reduce dribbling and leakage. Both men and women can improve their sexual fitness and prevent bladder and bowel leakage by exercising pelvic floor muscles. Sexual activities— “sexercise”—provide an excellent workout for the pelvic floor, core, and back.

**References and resources:** Harvard Healthbeat: “11 Ways to Help Yourself to a Better Sex Life;” Jack Morin, PhD: “Anal Pleasure and Health: A Guide for Men, Women, and Couples;” Society of Urological Nurses and Associates: “Urinary Incontinence Fact Sheet.”

**SAGE cares because YOU care about your health.**

**Please always seek advice from your physician/nurse practitioner/physician assistant.**



SAGE of South Florida

## ***Lunch & Learn***

March 7, 2026, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER  
800 SW 36<sup>TH</sup> AVENUE, POMPANO BEACH, FL

**RESERVATIONS REQUIRED**

*MEMBERS – \$17.00    GUESTS – \$22.00*

***Reservations MUST be made by 12:30pm on THURSDAY, March 5, 2026,  
BY SENDING AN EMAIL To: [sagesofl@gmail.com](mailto:sagesofl@gmail.com) OR BY CALLING: 954.634.7219***



There will be a presentation by AARP about their Wish of a Lifetime® Program which sparks hope and joy in the hearts of older adults by fulfilling their dreams using personalized experiences that promote healthy and purposeful aging.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

### **Menu**

Mixed Greens Salad with Vinaigrette  
Pan con Tomate  
Chicken & Chorizo Paella  
Pork in Sherry Sauce  
Yellow Rice  
Spanish Garlic Green Beans  
Mixed Fruit  
Canolli

***Catered By:***





# SAGE OF SOUTH FLORIDA

## Annual Dinner

### Tropical Acres Steakhouse

2500 Griffin Rd, Fort Lauderdale, FL 33312

**Saturday, March 21, 2026**

**12:30pm for Cocktails – 1:00pm for Dinner**

**Rolls & Butter - Caesar Salad**

**Choose from one Entrée:**

- **BROILED SALMON FILLET**
- **STUFFED BREAST OF CHICKEN**
- **ROAST PRIME RIB OF BEEF**

**All Entrees served with Parsley Potatoes & Green Beans**

**Dessert - New York Cheesecake or Fruit Cup**

**All Dinners include Iced Tea, Soda and Coffee (At Table Only)**

**PRICING: \$25 @ Members & \$38 @ Non-members**

(A portion of Member Cost subsidized by SAGE of South Florida)

Reservations Close 1pm Wednesday, March 18, 2026, No Reservations Will Be Accepted After This Date & Time

**Annual Dinner, Saturday, March 21, 2026**

# \_\_\_\_\_ Member @ \$25 \_\_\_\_\_ Non-Member @ \$38 Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Mail Payment to: **SAGE at PO Box 70516, Oakland Park, FL 33307**

To reserve by Credit Card Call the **SAGE Message Line at 954-634-7219**

(Please leave your name and phone number)

***This is a SAGE of South Florida Sponsored Event***

# THE SAGE/PRIME GENTLEMEN MOVIE



The year is 1983, and in Argentina, things are not going well. About 30,000 people have been killed or imprisoned during its Dirty War, including our two main characters, Valentin, a political prisoner, and Luis Molina, who was imprisoned for being a trans woman. To distract them from their grim circumstances, Molina regales his reluctant listener and cellmate with the story about one of his favorite movies, *Kiss of the Spider Woman*, a musical starring the glamorous Ingrid Luna (Jennifer Lopez) filled with dancing intrigue, betrayal, a curse, and of course, romance. While the warden is pressuring Molina to get information out of Valentin, the two men grow closer in the face of torture and uncertainty, and Molina must decide if he should betray Valentin to return to his ailing mother or tend to his new companion.

To sell the film's somber reality and the dazzling fantasy, Lopez is dressed in hand-beaded gowns, Veronica Lake-style blonde waves, and immaculate red lipstick that matches her manicure, as she embraces the part of Molina's muse, Ingrid Luna, and her movie's counterpart, the Spider Woman, a specter of death and entrapment. Lopez brings an ebullient jolt to the film whenever she's on-screen and relishes the glamour and dancing of her scenes. Her character embodies escapism that's both physical and personal for Molina, using Ingrid's movies to talk freely about his desire to be seen as a woman because he feels like one and as a reprieve from the confines of his jail cell and a society that refuses to accept his queerness. Tonatiuh is the undisputed star of *Kiss of the Spider Woman*. He's quick with a smile, a quip, and a flirtatious look, but switches gears on a dime when the fantasy his character conjures up comes crashing down from the pressures of the outside world.

**FRIDAY, MARCH 20<sup>th</sup>, 2026**

**1:30PM at the PRIDE CENTER**

**FREE POPCORN and SODA**

# Become a Participant in Guiding Social Enhancements for the Elder LGBTQ+ Community by Joining the SAGE of South Florida Board of Directors

Dear SAGE of South Florida Member:

Please consider joining the SAGE of South Florida Board of Directors and becoming an essential participant in guiding social enhancements for our elderly LGBTQ+ community.

**WHO WE ARE:** (Seniors Acting in a Gay Environment) SAGE of South Florida was founded in 1994 as a Florida “not-for-profit” corporation. (Federal tax-exempt status, 501(c)3, allows for tax-deductible donations as permitted by law and IRS regulations.)

**WHO WE SERVE:** According to a recent Gallop poll, 9% of the U.S. population identifies as lesbian, gay, bisexual, or transgender (LGBT). And despite being disproportionately affected by poverty and physical and mental health conditions due to a lifetime of unique stressors associated with being a minority, we are more likely to live alone, and more likely to be single and less likely to have children than our heterosexual counterparts. Our main goal is to combat isolation in the elderly gay and lesbian community.

## **WE ACCOMPLISH THIS BY PROVIDING:**

**Educational Programs of Interest:** On the first Saturday of each month, an informal luncheon is provided to all the members of SAGE of South Florida and their guests at a nominal fee. The luncheon takes place at the Herb Skolnick Community Center (800 SW 36th Ave.) in Palm Aire in Pompano Beach, FL. At each of these luncheons, speakers from the Community are invited to discuss a wide variety of topics of particular interest to our community.

## **Social Events and Activities:**

**SAGE/Prime Gentlemen Monthly Movie:** SAGE of South Florida, in partnership with the Fort Lauderdale Prime Gentlemen, hosts the monthly film series showing current movies of interest to our LGBTQ+ community.

**SAGE of South Florida’s Co-Ed Drop-in:** Feel like talking, joking, and just hanging out? SAGE drop-in sessions are just for you. The Monday SOBA meets in person at the Volen Center; Wednesday Men’s Drop-In in person and via Zoom; Thursday Co-Ed Drop-In via Zoom. A great way to spend a few hours, meet new friends, and get interested in our community.

**Book Discussion Group:** For those who love to read, you’ll particularly enjoy the monthly Book Club. Held in-person and via ZOOM at The Stonewall Library (1300 E. Sunrise Blvd.). A variety of books are discussed.

**Leaders of Tomorrow – SAGE of South Florida, Inc. Carl M. Galli Scholarship:** SAGE of South Florida Scholarship program awards scholarships annually to deserving students. Each year, the Scholarship Selection Committee chooses two applicants to receive scholarships of \$1,500 for full-time students or \$750 for part-time students.

**SAGE Friends:** We send appropriate get-well and sympathy cards to members and their partners when SAGE is informed.

**Other SAGE of South Florida Social Events:** Piano and Vocal Recitals; Dinner and Meet-Ups; Milestone Birthday, Valentine’s Day, and Holiday Parties.

## **WE HAVE SURVIVED:**

Throughout history, the LGBT+ community has endured many challenges: In the 1950s: The Polio Epidemic, bullying, and the McCarthy Hearings - In the 1970s: The Religious Right and Anita Bryant - In the 1980s: the AIDS Crisis - In 2015: The fight for same-sex marriage - In 2019: The COVID-19 pandemic, and many personal battles that have remained hidden. Through it all, we have survived with the help of loyal friends, supportive neighbors, and, importantly, community organizations like SAGE of South Florida.

*If interested in joining the Board, submit a letter of interest and brief resume to:*  
[sagesofl@gmail.com](mailto:sagesofl@gmail.com)

# SAGE of South Florida



LUNCHEON MEETUP

EGG N' YOU DINER

**Everyone is Welcome!!**

Tuesday, March 3, 2026 @

**12:30pm - NEW TIME!!**

2621 N Federal Hwy, Fort  
Lauderdale, FL 33306

(954) 564-2045

Egg & You Diner in Fort Lauderdale is a beloved, old-school breakfast and brunch spot. It's been around since 1956 and has earned its reputation for comfort diner food, nostalgic ambiance, and loyal regulars. The menu is large and straightforward - think eggs in many styles, pancakes, patty melts, French toast, biscuits & gravy, and more. Their prices are considered very reasonable, service is friendly, and the atmosphere is cozy and unpretentious.

**Thereafter every first Tuesday of the month**

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



Save The Date: April 7, 2026 @ 12:30pm

**2621 N Federal Hwy, Fort  
Lauderdale, FL 33306**

# SAGE OF SOUTH FLORIDA

## Annual Picnic

Royal Palm Park 1701 NW 38th Street Park Lane

Oakland, Park, FL 33309

(West of Powerline Rd. and North of Oakland Park Blvd.)

**Saturday, April 18, 2026**

**11:00AM to 2:00PM**

❖ Hamburgers

❖ Hot Dogs

❖ Classic Side Dishes

50/50 Raffle

**BINGO!**

*Sorry No Pets Allowed*

**PRICING: \$12 @ Members & \$20 @ Non-members**

(A portion of Member Cost subsidized by SAGE of South Florida) Reservations Close 1pm Friday, April 17, 2026

No Reservations Will Be Accepted After This Date & Time

**Annual Picnic, Saturday, April 18, 2026**

# \_\_\_\_\_ **Member @ \$12** \_\_\_\_\_ **Non-Member @ \$20** Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Mail Payment to: **SAGE at PO Box 70516, Oakland Park, FL 33307**

To reserve by Credit Card Call the **SAGE Message Line at 954-634-7219**

(Please leave your name and phone number)

***This is a SAGE of South Florida Sponsored Event***

# SAGE of South Florida

LUNCHEON MEETUP

**Everyone is Welcome!!**

Tuesday, April 7, 2026 @ 12:30pm

**NEW TIME!!**



4701 Coconut Creek Pkwy, Margate, FL 33063

(954) 979-4722

Lester's Diner has been a staple in South Florida since the opening of the first restaurant in Fort Lauderdale in 1967. Set in 50s-themed decor, the family-owned and operated chain is a classic American eatery with a home-town vibe where you can enjoy a casual dining experience or plan a special occasion for a large group. Whether you are in the mood for a juicy steak, breakfast food, or baked goods, Lester's has something that everyone will love.

**Thereafter every first Tuesday of the month**

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



**Save The Date: May 5, 2026 @ 12:30pm**

**Cucina Moderna**

**721 N Federal Hwy, Fort  
Lauderdale, FL 33304**