

SAGE of South Florida

Lunch & Learn

February 7, 2026, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS – \$17.00 GUESTS – \$22.00

*Reservations MUST be made by 12:30pm on THURSDAY, February 5, 2026,
BY SENDING AN EMAIL To: sagesofl@gmail.com OR BY CALLING: 954.634.7219*

There will be a Communication Workshop presented by Scott Riedel – *In this crazy world of distraction, Professional Development Trainer Scott Riedel guides you through tips and tricks in this fun, interactive workshop on how we communicate with each other. Very interactive...and thought provoking.*



If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

Menu

Blueberry Muffins

Mixed Greens Salad with strawberries,
With crumbled feta cheese, and
vinaigrette dressing

Pink Sauce Rigatoni

Roasted Vegetable

Mixed Fruit

Apple Pie with Vanilla Ice Cream

Catered by:

