

SAGE of South Florida



LUNCHEON MEETUP

EGG N' YOU DINER

Everyone is Welcome!!

Tuesday, March 3, 2026 @
12:30pm - NEW TIME!!

2621 N Federal Hwy, Fort
Lauderdale, FL 33306

(954) 564-2045

Egg & You Diner in Fort Lauderdale is a beloved, old-school breakfast and brunch spot. It's been around since 1956 and has earned its reputation for comfort diner food, nostalgic ambiance, and loyal regulars. The menu is large and straightforward - think eggs in many styles, pancakes, patty melts, French toast, biscuits & gravy, and more. Their prices are considered very reasonable, service is friendly, and the atmosphere is cozy and unpretentious.

Thereafter every first Tuesday of the month

When you arrive just tell the Hostess that you are with SAGE
No advance reservations necessary
Just show up and pay for what you order



Aim Camera at QR Code
to go to SAGEwebsite.org

Save The Date: April 7, 2026 @ 12:30pm



**2621 N Federal Hwy, Fort
Lauderdale, FL 33306**