

The SAGE

The Newsletter of SAGE of South Florida

December 2025



You Are Cordially Invited *SAGE of South Florida* *Annual Holiday Celebration*

SAGE of South Florida is delighted to invite you to our **Annual Holiday Party**, hosted at the prestigious **Tower Club in Fort Lauderdale** on **Friday, December 19, 2025**.

Perched high above the city, the Tower Club offers a breathtaking backdrop with sweeping views of the skyline and ocean. It's the perfect setting to gather with friends, celebrate the season, and create memories that will carry into the new year.

This isn't just another holiday meal - it's an afternoon designed to honor the year we've shared together, to reflect on the connections we've made, and to embrace the joy of community. Every detail of the event, from the setting to the menu, has been chosen with care to make the celebration special. World renowned **Chef Manolo Acin** has designed a selection of his signature creations especially for SAGE and the friends who join us.

Here's what you can expect:

- ◆ **A warm welcome:** Doors open at 1:00 PM for a pre-lunch cocktail hour. Sip, mingle, and catch up with friends old and new while soaking in panoramic views.
- ◆ **A gourmet dining experience:** At 1:30 PM, lunch will be served in the Tower Club's elegant **Union Ballroom**, known for its fine service and refined atmosphere.
- ◆ **Holiday cheer in good company:** Laughter, conversation, and celebration are always better when shared. This gathering is an opportunity to reconnect, share stories, and welcome those who may be joining us for the first time.

The cost is just \$32 for SAGE members and \$45 for non-members. Bring your Parking Ticket to the concierge for our Special Members Only \$4 Parking.

Meals are subsidized for **SAGE of South Florida** Members, so encourage your friends to become a member today!

This event always fills quickly, and with limited seating, we encourage you to secure your spot early. The deadline to RSVP is Friday, December 12 at 3:00pm. Look for a flyer in the newsletter for additional information.

Let's come together to raise a glass, celebrate the season, and carry the warmth of SAGE's community into the year ahead. With friendship, laughter, and holiday spirit in the air, this year's gathering promises to be our most memorable celebration yet!

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
TOM	NICHOLS	DEC-02	MICHAEL	MARTIN	DEC-20
CHRISTOPHER	TOTH	DEC-02	HENRY	PENAS	DEC-20
DAVID	DURHAM	DEC-03	TOMAS	ROSALES	DEC-21
BARBARA	VARGA	DEC-08	PETER	THYNE	DEC-22
ROBERT	GUTTAG	DEC-11	JOHN	HASANDRAS	DEC-24
GARY	RESNICK	DEC-11	JERRY	MURPHY	DEC-24
CHRIS	LAKE	DEC-12	STEVE	MERSHON	DEC-26
JERRY	GANZ	DEC-14	PATRICK S.	VIDA	DEC-26
JAMES	SCHMIDT	DEC-15	HUGH	RANCE	DEC-30
ED	SHELL	DEC-16			

10 Year Anniversaries

RICHARD MAGGIORE

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS		BOARD MEMBERS AT LARGE	VOLUNTEERS	
President:	Lisa Peters	Michael Gagne	Jean Arthurton	Paul McNamara
Vice President:	Jefy Gaines	Ken Goodman	Richard Calvin	Sonny Miller
Secretary:	Shawn White	Lee Lawson	Frank Cavanaugh	Frank Piasecki
Treasurer:	Allen Churchman	Marilyn Lamkay	Betty Gambino	Ed Slough
President Emeritus:	Patrick S Vida	Kathy Macchio	Jake Guin	
		Brent Pagnotta		
		Patrick S Vida		
		Michael Vita		
Lifetime Members				
BOB ADAMS – JIM AMON – CHRISTOPHER BATES – BILL BASIST – ROBERT J BOZEK – RICHARD CALVIN – PHILIP COLLIER DONALD CURIALE – MATT FARBER – JODI A FISCHER – MARC FLANAGAN – JOHN FOXX – MICHAEL GAGNE – JEFY GAINES JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN MD HUSSAIN – JEAN JOHNSON – TIM KUEHNE – MARILYN LAMKAY – TOMMASO LEPORE – PATTI LYNN – KATHY MACCHIO HOWARD MARREN – J MICHAEL MARTIN – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND – JOEL TENDLER – HOWARD TERRY – STEVE THAYER TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES				

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBTQ+ senior community through membership inclusive of age, gender, race, nationality, religion sexual orientation, and gender identity.

We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE of South Florida was founded in 1994 as a Florida “not for profit” corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY: SAGE welcomes contributors to the newsletter. An author may request their entry be “anonymous”. However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor: sagesofl@gmail.com
Attn: Editor

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SAGE NIGHT OUT

Ed Slough

PLEASE NOTE: DUE TO THE CHRISTMAS HOLIDAY, THERE WILL BE NO SAGE NIGHT OUT FOR DECEMBER.



Join your SAGE and Prime Gentlemen friends for the monthly Early Bird Dinner. The event for December will be at **Tropics Grille, 2000 Wilton Drive, Wilton Manors, FL 33305, on Wednesday, December 10th.** Drinks/cocktails will be from 5:00 to 5:30PM with Happy Hour prices at the table, and dinner at 5:30PM. Tropics will offer all appetizers, salads,



dinner, and desserts at half price on Wednesday for **SAGE and our guests only** to make the evening less crowded and to provide better service than is possible on their normal half-price Mondays. You need not be a SAGE member to attend. All are welcome, including all our friends from Prime Gentlemen. This is an event for friends to get together and celebrate the ability to socialize in person once again.

Please let me know if you will be attending: wildhybrid.aol.com.

I have planned a Christmas day mid-day meal since 2018 so that everyone will have the opportunity to celebrate with friends. No one needs stay at home alone for the holiday. My criteria for selecting a restaurant include modest prices and the ability of the restaurant to accommodate a large group. This year I have selected **Zuckerello's, 3017 East Commercial Boulevard, Ft. Lauderdale, 33308, at 1:00PM, Thursday, December 25th.** This event is targeting members of SAGE, Prime Gentlemen, and their friends. Zuckerello's will be offering a reduced menu for Christmas day, and I will be forwarding it to you as soon as it's available. Zuckerello's always serves elegant meals with generous portions and great service. It has been a favorite of ours for many years!



Please let me know if you plan on attending: wildhybrid@aol.com

SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



EVERY THURSDAY at 3:00PM on Zoom!

Looking for good company and connections? Join Kathy and Michael every Thursday for the SAGE Co-Ed Drop-In. It's casual, it's friendly, and it's all about **you**. Bring your stories, your questions, your thoughts – whatever is on your mind.

Catch up with old friends, meet new ones, and enjoy the mix of socializing, witty banter, and conversation. All are welcome!

See you Thursday!

Meeting ID: **275 139 4844** Passcode: **076609**

NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



Hello, December, it's the Holidays, Wintertime, Family and Friend gatherings, celebrations, and PRESENTS! The month is predominantly in a Sagittarius Sun, a fire sign, ruled by Jupiter, the Agriculture and Wealth planet and represented as the Archer and Centaur, ethereal, never missing its mark. Pay attention to the subtle moments of prophecy, charm with seers. A month of passion, curiosity, intensity, frivolity, and adaptability. Later in the month, the Sagittarius-Capricorn Cusp blends into Capricorn, so let the organized, business meetings begin, with Scruples, Integrity, and straight talk leading the way. Sounds a bit 'intense', ya think, but good?

SAGE of South Florida and Prime Gentlemen offer many, many activities and events for our community. Join us every Wednesday at the 'Drop-In', 12:30 PM East Coast time. People trickle in and we schmooze and cross-talk till 1PM, then we have announcements of upcoming events, and then some sharing about what's going on in our lives: movies, dinners, family, feelings... We close with a little kibitzing and jokes. Sometimes comical, sometimes not so much, moaning is permitted, and always in good, spirited fun. All are always welcome.

Zoom Meeting:

ID: 275 139 4844

Passcode: 076609

or in person Pride Center Room 204

P.S. There is great potential for outreach to our Community through hybrid Zoom and in-person meetings.

We are looking for Volunteers interested in learning the Zoom hybrid set up. Text Jefy: 954-296-0789

SAGE Lunch & Learn *at the Skolnick Center*



SAGE/Prime Gentlemen Monthly Movie



SAGE *at Empire Stage*



JANUARY 2026 MILESTONE BIRTHDAY CELEBRATION

Attention all SAGE members who have turned (or will turn) 75, 80, 85, 90 (or more) years of age in 2025: Please contact the SAGE office by phone – 954.634.7219 – or email – sagesofl@gmail.com – so that we may include your name among the honorees for our annual Milestone Birthday Celebration on January 24, 2026.

For up-to-date information on SAGE, follow us on Facebook: SAGE of South Florida, Inc.

View more photos by visiting the Photo Gallery on our Website: www.sagewebsite.org

SAGE Dinner *at* Sicilian Oven



SAGE Night Out *at* Tropics Grille



SAGE Luncheon Meet-Up *at* Las Vegas Cuban Restaurant



SOCIAL SQUAD

Michael Gagne



December 2 at 12:30 PM – Peter Pan Diner Lunch Meet-Up

Everyone is welcome! Step back into a classic American diner experience at **Peter Pan Diner**, a Fort Lauderdale favorite known for its retro charm and hearty comfort food. Whether you're in the mood for pancakes, burgers, or homemade pie, there's something here for everyone. Come hungry, bring a friend, and enjoy great company in a relaxed and friendly setting.

December 19 at 1 PM – Holiday Celebration at The Tower Club

Celebrate the season in style at the elegant **Tower Club**, one of Fort Lauderdale's most exclusive venues. From its 28th-floor location, guests will enjoy stunning panoramic views of the city and ocean, along with a gourmet menu crafted by top-tier chefs. Thanks to the generosity of the Tower Club and our supporters, tickets are just **\$32.00!** Don't miss this spectacular event. *See attached flyer to sign up!*

January 6 at 12:30 PM – GG's of New York Lunch Meet-Up

Everyone is welcome! Join us at **GG's of New York**, a local institution serving authentic Italian cuisine in a warm, family-style atmosphere. From hand-tossed pizzas to classic pasta dishes, GG's offers a true taste of New York with South Florida flair. Come for the food, stay for the friendship.

January 24 at 1 PM – Milestone Birthday Celebration and Piano Concert

We're thrilled to celebrate the most senior among us with the remarkable **Roger Rundle**, with a special piano concert and intimate dinner theater experience. Enjoy a **grand buffet** while being serenaded by Roger's exceptional talent in an unforgettable afternoon of music, laughter, and celebration.

If you're turning **75, 80, 85, or 90+ in 2025**, let us know—**your birthday celebration is on us!**

Save the Date! February 15 at 11:30 AM – Valentine's Brunch at Aquaplex

We're returning to the newly transformed Aquaplex (formerly LIPS) for a fabulous Valentine's Brunch! Expect lively entertainment, delicious brunch favorites, unlimited Mimosa's and a fun, welcoming atmosphere perfect for celebrating friendship and love. It's always one of our most joyful events of the year—mark your calendar now!



SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Jean Arthurton & Frank Piasecki



This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton. At SOBA meetings, participants are asked their responses to questions or topics posed by the group leaders. Crosstalk and discussion follows. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

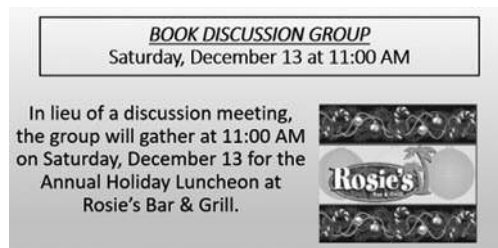
SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP

Paul McNamara



BOOK GROUP'S "BACK STORY"

Initially called "The Book Bunch," the Book Group was the first activity established by SAGE of South Florida. It held its first meeting in September of 1995. In January 2024, the book group merged with Prime Gentlemen, and the meetings were opened to all SAGE and Prime Gentlemen members.



From its inception, the group has adhered to two fundamental criteria: The first criterion is that books must be available in paperback. This was recently amended to specify that the books should also be available in a digital format. The second criterion is that they should be relevant to the LGBTQ+ community without mandating classification as "gay books." Over the years, the group has explored various genres, including history, biographies, memoirs, as well as a diverse range of fiction such as mysteries, romance, detective stories, science fiction, and historical fiction. Members actively propose future reading titles, and periodic group votes shape the agenda for the months ahead.

Meetings were held on the second Saturday of the month from 11:00 AM to Noon at the Stonewall Library on East Sunrise Boulevard. **Starting with the January 24, 2026, discussion, meetings are now scheduled for the fourth Saturday of the month.** Initially, meetings took place in person only. However, with the onset of COVID in the spring of 2020, meetings were held exclusively on Zoom during the pandemic. Currently, a Zoom hybrid format is utilized, with some members attending in person at the library while others join online via Zoom.

The book to be discussed at the January 24 meeting is ***The House of Hidden Meanings***, by **RuPaul**. In this memoir, the international drag superstar and pop culture icon RuPaul delivers his most revealing and personal work to date. Additional information about the book and the meeting will be provided in the January issue of *The SAGE*. Please consider joining the discussion with the group. There is no charge, and reservations are not required.



In Memoriam

Norman Peters passed away on November 4, 2025, at 93 years of age. He is survived by Bill Woodward, his partner of more than fifty years. Norm was born March 29, 1932. He taught psychology at the University of Hawaii and UCLA before retiring to Florida. Norm and Bill led the SAGE of South Florida Men's Drop-In for more than ten years. We are grateful for his contribution to one of SAGE's most popular and enduring activities. He will be missed by his friends and his SAGE family.

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita – 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

Website: adrcbroward.org

In Palm Beach County – 561.684.5885

Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.



Friendly Visitor Program

SAGE USA has established a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact Yvonne Rohrbacher, Program Coordinator, at (786) 885-0101, yrohrbacher@sageusa.org, or Sofia Restrepo, srestrepo@sageusa.org.

OPINION - DEI is for the 'Others'

I write this to reach the conscience of all the other "others" out there who understand the meaning and demeaning of the current anti-DEI campaigns. Those who ridicule diversity, equity, and inclusion are not our friends. This is not a lecture but rather a call to action. We all know what they really mean when they say "woke" – a code word for American pluralism and what needs to be done to repay and remedy the past of so many of the historical and current wrongs that have been perpetuated on people not like themselves.

We can push back by putting our money where our mouth is: by shopping and supporting corporations, institutions, and organizations that still value DEI. Remember the clichés, "money talks" and "power of the purse". So, whether it's your local department store or a large corporation, let them know what you stand for. DEI is for all the "others".

–Marilyn Lamkay

SAGE welcomes contributors to submit articles to the Newsletter. Items are published at our discretion, and such publication does not constitute endorsement of the content by SAGE of South Florida, Inc.



KEEPING SHARP & PROTECTING YOUR BRAIN

A whole-person approach is necessary to support a sharper, healthier mind. Modern medicine and ancient healing traditions have proven that diet, movement, purpose, community, and spirituality are needed to prevent neurodegenerative diseases. The gut microbiome plays a crucial role in combating stroke, Alzheimer's, and Parkinson's. Your brain deserves the best. Science-backed strategies and practical changes will support your memory, focus, and help you age with a healthier mind. What can you do to take better care of your brain?

New research shows that adults aged 65-85 who took part in **high-intensity interval training (HIIT)— PHYSICAL EXERCISE--** showed clear improvement in memory and learning ability and slowed down the usual age-related brain shrinkage. Exercise helps you keep sharp, relieves insomnia, anxiety, and depression. Participate regularly in exercise classes or sign up for dance lessons and keep dancing. Tai chi can improve cognitive function.

A Mediterranean-style diet—fresh fruits, vegetables, whole grains, beans, nuts and seeds, olive oil, fish, poultry, and dairy products--has long been recognized as promoting better overall health and lowers the risk of cognitive decline and slows the progression of dementia.

Studies show a link between regular consumption of more than moderate alcohol and a 22% higher Alzheimer's risk. Moderate alcohol consumption is seven drinks per week for women and fourteen drinks per week for men. Many experts are now questioning whether moderate drinking should mean even lower amounts. Reduce alcohol consumption.

Research shows that people with strong social ties are less likely to experience cognitive declines than those who are alone. Social activities help you "exercise" attention and memory, bolster cognition, strengthen neural networks and cognitive reserve, delaying the onset of dementia. Having a network of support lowers stress levels and the risk of depression. Late-life depression can affect up to a third or more people over sixty.

Preventing the onset of brain diseases can occur when individuals and their physicians focus on improving **modifiable risk factors—blood pressure, hemoglobin A1c, cholesterol, body mass index, nutrition, alcohol intake, smoking, physical activity, and sleep**. Research shows that these factors are related to late-life depression, dementia, and stroke. Prioritize 7-9 hours of quality sleep to consolidate memories, clear toxins, and repair brain pathways. Our brains are interlocked with our entire body, and how we use and treat it. Stress less for a healthier brain. Even healthy brains decline with age. The good news is that if you engage in healthy behaviors and manage chronic conditions, you are much more protected against developing brain diseases. It is never too soon to focus on prevention.

Brain supplements do not reliably work. Studies have not shown statistically significant benefits compared to a placebo.

Mental exercise or brain-training programs have been shown in studies to reverse a process associated with aging—turns back the clock 10 years--and have been shown to increase chemical transmitters (acetylcholine) in the brain which play a key role in memory. Video games and brain games like BrainHQ's, Double Decision, and Freeze Frame, according to new research, boost attention, memory, decision-making, and improve processing speed. If you have trouble with attention, memory, decision-making, or processing speed, tell your healthcare provider and ask to see a therapist specializing in Memory Training to evaluate and treat you.

References and Resources: Cleveland Clinic Health Essentials: *Successful Aging: Tips for Keeping Your Body and Mind Sharp*; CNN Health, *Training Your Brain May Improve Focus and Attention*; Harvard Health Publishing: *Protecting Against Cognitive Decline*; **Mass General Brigham:** *Brain Care Score of Dementia and Stroke Also Predicts Late-Life Depression*; **Mayo Clinic Press:** *Boost Brain Health from the Inside Out*; **Neurology:** *Effects of Heavy Alcohol Use on Acute Intracerebral Hemorrhage and Cerebral Small Vessel Disease*; NPR Shots: *You Can Reduce Your Risk of Dementia. Here is How to Get Started*; NPR Living Better, *Mental Exercise Can Reverse a Brain Change Linked to Aging*; Will Harlow-HT Physio: *The Kind of Exercise That Protects Your Memory*.

SAGE cares because YOU care about your health.

Please always seek advice from your physician/nurse practitioner/physician assistant.



SAGE of South Florida

Lunch & Learn

December 6, 2025, at 12:30pm

**HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL**

RESERVATIONS REQUIRED

MEMBERS – \$17.00 GUESTS – \$22.00

***Reservations MUST be made by 12:30pm on THURSDAY, December 4, 2025,
BY SENDING AN EMAIL To: sagesofl@gmail.com OR BY CALLING: 954.634.7219***



***There will be no speaker. It will be our
holiday party. Come join your friends and
celebrate the upcoming holidays. Sing some
holiday songs!***

**If you arrive early, make yourself comfortable in the lobby and meet with other
SAGE members and guests.**

Menu

Dinner Rolls
Caesar Salad
Lobster Ravioli
Chicken Bowtie Alfredo
Chicken Parmigiana
Parmesan Risotto
Grilled Vegetables
Mixed Fruit
Christmas Cookies

Catered by:





You Are Cordially Invited
SAGE of South Florida
Annual Holiday Celebration

Celebrate the season with us at one of Fort Lauderdale's most exclusive venues - the Tower Club, renowned for its sophisticated ambiance and panoramic skyline views. This festive afternoon promises a memorable experience filled with fine dining, sparkling conversation, and a spirit of togetherness.

Reconnect with longtime friends and welcome new ones as we come together to honor our vibrant community. Enjoy a gourmet meal, seasonal refreshments, and the warm, inclusive atmosphere that defines SAGE of South Florida.

Let us raise a glass to the joy of the season and the strength of our community. Your presence will make the occasion truly special.

100 SE Third Ave., Fort Lauderdale, FL 33301

PARKING GARAGE: 2121 Financial Plaza, Fort Lauderdale, FL 33301 (\$4.00)

Friday, December 19, at 1:00pm Cocktails - 1:30pm Meal

Freshly baked rolls & butter

Mix Greens salad: Arcadian Mix, Tomatoes, and Feta Cheese, with Vinaigrette

Entrée: (Choice of One)

- 1) Lemon Oregano Marinated Chicken - Chicken, Thyme Au Jus, Mashed Olive Oil, Mash Potatoes, and garlic broccolini
- 2) Honey Mustard Glazed Salmon - Salmon - Scallion Basmati Rice & garlic broccolini
- 3) Chef's Choice Vegetables - A fresh, seasonal mix handpicked for flavor and quality

Dessert - White Chocolate or Chocolate Mousse Cake

All Dinners include: Coffee & Iced Tea (At Table Only)

Bar: Call Spirit \$10 - Domestic Beer \$7 - House Wine \$10

PRICING: \$32 @ Members & \$45 @ Non-members

(A portion of Member Cost subsidized by SAGE of South Florida)

Reservations Close: 1:00 pm Friday, December 12, 2025

No Reservations Will Be Accepted after this date & Time

Tower Club, Friday, December 19, 2025

_____ Member @ \$32 _____ Non-Member @ \$45 Phone # _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Mail Payment to: SAGE at PO Box 70516, Oakland Park, FL 33307
To reserve by Credit Card Call the SAGE Message Line at 954-634-7219
(Please leave your name and phone number)

This is a SAGE of South Florida Sponsored Event

THE SAGE/PRIME GENTLEMEN MOVIE

DOWNTON ABBEY: THE GRAND FINALE



The world of 'Downton,' admittedly as fantastical as Camelot, still celebrates an ideal of civility that is totally foreign for today's tech bros and one-percenters.

Elegantly directed by Simon Curtis from a deeply felt screenplay by series creator Julian Fellowes, the film I think we all can agree is a triumphant swan song for its marvelous cast, sadly minus the great Maggie Smith, who died a year ago this month. Dame Maggie claimed she never watched the show in which she stole

every scene as the Dowager Countess of Grantham, whose rapier wit skewered hypocrites, rich and poor alike. She missed a lot by not watching, but the finale pays proper tribute to her internal fire and mischievous spirit.

The film opens in 1930 with Downton in crisis. Lady Mary Crawley, played with her customary spiky, sexy assurance by Michelle Dockery, is feeling the hot breath of scandal for the unforgivable sin of –wait for it– divorce, an earthshattering even upstairs and downstairs. Oh, the horror when Lady Mary and her parents, Lord Grantham and his American wife Cora are given the heaveho by a snooty society hostess. Back then, a divorced woman was a social pariah. Luckily, Lady Mary finds an ally in bon vivant playwright Noel Coward whose deadpan barbs rival Dame Maggie's.

Another Crowley problem, besides social disgrace, is complete financial ruin. Cora's brother Harold arrives from the States with news that bad investments have resulted in the loss of the family fortune that has kept Downton going. All seems lost with the Abby on the chopping block. But it doesn't stop frisky Lady Mary –the heir apparent– from indulging in a fling. Lady Mary's shrewd sister Edith contrives a society event in her honor to be attended by Noel Coward and his movie star friend Guy Dexter. No one knows of Guy's secret affair with former Downton servant Thomas so the coast is clear to break a few rules, such as the foolish ban on divorced women. When the chance comes for the elite to hobnob with glittering celebrity, they seize it. How times have not changed.

The Camelot world of Downton represents that ideal that Lord Grantham honors as his fingertips touch toe stone memorial to his mother near the film's end. And we honor the cast and crew of this cinema remembrance for the pleasure of their company and the joy they take in recreating that one brief, shining moment.

FRIDAY, DECEMBER 12TH, 2025

1:30PM at the PRIDE CENTER

FREE POPCORN and SODA

SAGE of South Florida

LUNCHEON MEETUP

Everyone is Welcome!!

Tuesday, January 6, 2026 – 12:30pm

NEW TIME!!

gg's of New York

5440 N State Rd 7/441, North Lauderdale, FL 33319

(954) 484-0400

GG's has been serving classic New York-style pizza, pastas, and other Italian "red-sauce" favorites for generations. They offer dine-in, take-out, and catering services, with a menu that includes kid-friendly options, large portions, signature dishes like Chicken Parmigiana, garlic rolls, lasagna, tiramisu, plus a variety of pizzas including Sicilian style.

Thereafter every first Tuesday of the month

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order



Save The Date: February 3, 2026 @ 12:30pm

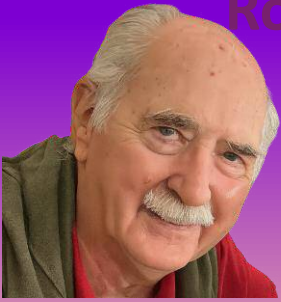


2449 Wilton Dr.

Wilton Manors, FL 33305

A special Classical Piano Performance

Roger Rundle



He was musical director of Bel Canto Opera in New York City (1970–72). Known for his exceptional technique and skill he debuted at Carnegie Recital Hall

in 1977 and regularly performed *at major venues like Lincoln Center's Tully Hall*. His touring show *The Marriage of Music and Drama* highlighted his talents as performer, chamber musician, and composer. Rundle has toured throughout the U.S. and Canada with Community Concerts.

SAGE of South Florida

Celebrates Our 2025
Milestone Birthdays

Saturday, January 24, 2026

1:00pm

The Court at Palm Aire

2701 N Course Dr

Pompano Beach, FL 33069

At This Time Our 2025 Honorees include:

David Cohen-94, Betty Gambino-80, John Hasandras-85, Jerry Heaton-93, Gloria Key-94, Don Mitchell-85, Phil Prentice-95, Clayton Raney-98, Joel Rubin-85, Michael Vita-85, Ethel Weinberger-85, Jerome Zygmunt-92, Gary Peters-75, Theodore Filteau-85

If YOU are Member who turned 75, 80, 85 or 90 (and above) in 2025, please contact the SAGE of South Florida Office, ASAP so we can add you to our list of Honorees

Buffet: Salad, Roast Beef and Gravy and Turkey and Gravy, Roasted Potatoes, Grilled Vegetables, Birthday Cake and Fruit.



PRICING: \$24 @ Members & \$30 @ Non-members

(A portion of Member Cost subsidized by SAGE of South Florida) **Reservations Close 3pm Wednesday, January 21, 2026**

No Reservations Will Be Accepted after this Date & Time

Birthday Celebration and Concert, Saturday, January 24, 2026

_____ Member @ \$24 _____ Non-Member @ \$30 Phone # _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

To reserve by Credit Card Call the **SAGE Message Line at 954-634-7219** (Please leave your name and phone number)

This is a SAGE of South Florida Sponsored Event

Mail with Payment to: SAGE at P O BOX 70516 OAKLAND PARK, FL 33307 and call or email with your Name & Entrée to record your reservation. To make a reservation by credit card call the SOSF message line at (954) 634-7219