

The SAGE

The Newsletter of SAGE of South Florida

November 2025



It's Thanksgiving! The ubiquity of pumpkin spice! Although Abraham Lincoln signed a proclamation in 1863 designating the last Thursday of November as a day of Thanksgiving, it was not until 1941 that Congress made Thanksgiving an official National Holiday.

This season, remember to honor and celebrate your SAGE of South Florida friends and acquaintances. They are part of your chosen family. Be grateful for the joy and wisdom they give you, the memories they have shared, and the resilience and courage they have shown by being part of our community.

The SAGE of South Florida mission is to enrich the lives of the LGBTQ+ community by providing opportunities for social interaction and connecting with others. Research by the Mayo Clinic concluded that friendship plays a crucial role in promoting good health. A Michigan State University study reports that supportive friendships as we age were a stronger predictor of well-being than having strong family connections.

So, take advantage of all the activities SAGE offers to stay connected. Find time to spend with your old friends and to make new ones. Spread your wisdom and joy. Remember the words of Henry David Thoreau: *I am grateful for what I am and have. My thanksgiving is perpetual.* Celebrate Thanksgiving not only on the fourth Thursday of November, but every day of the year.



JANUARY 2026 MILESTONE BIRTHDAY CELEBRATION

Attention all SAGE members who have turned (or will turn) 75, 80, 85, 90 (or more) years of age in 2025: Please contact the SAGE office by phone – 954.634.7219 – or email – sagesofl@gmail.com – so that we may include your name among the honorees for our annual Milestone Birthday Celebration on January 24, 2026.

ACCESS THE SAGE of South Florida WEBSITE

Scan the QR Code to visit our website for up-to-date information on upcoming events. [Aim your cell phone camera at the QR Code using your QR App to go directly to the SAGE website.]



SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
ROBERT	TAUBER	NOV-01	ELAN	GARONZIK	NOV-18
JOHN	CAMINITI	NOV-03	ROBERT	ABEL	NOV-21
JOHN	FOXX	NOV-04	CAROL	CLARK	NOV-23
BRENT	PAGNOTTA	NOV-09	LEONARD	SANGINARIO	NOV-23
NAN	KEEGAN	NOV-13	JIM	HARCUS	NOV-26
BRIAN	OCONNOR	NOV-13	JOHN	BOLTON	NOV-29
NOEL	SCHAARSCHMIDT	NOV-14			

15 Year Anniversaries

JERRY MURPHY

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS		BOARD MEMBERS AT LARGE	VOLUNTEERS	
President:	Lisa Peters	Michael Gagne	Jean Arthurton	Paul McNamara
Vice President:	Jefy Gaines	Ken Goodman	Richard Calvin	Sonny Miller
Secretary:	Shawn White	Lee Lawson	Frank Cavanaugh	Frank Piasecki
Treasurer:	Allen Churchman	Marilyn Lamkay	Betty Gambino	Ed Slough
		Kathy Macchio	Jake Guin	
President Emeritus:	Patrick S Vida	Brent Pagnotta		
		Patrick S Vida		
		Michael Vita		

Lifetime Members

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JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN
MD HUSSAIN JEAN JOHNSON – TIM KUEHNE - MARILYN LAMKAY - TOMMASO LEPORE - PATTI LYNN - KATHY MACCHIO
HOWARD MARREN – J MICHAEL MARTIN – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS
BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE
RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND – JOEL TENDLER – HOWARD TERRY – STEVE THAYER
TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBTQ+ senior community through membership inclusive of age, gender, race, nationality, religion sexual orientation, and gender identity.
We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE of South Florida was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY: SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor: sagesofl@gmail.com
Attn: Editor
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PO Box 70516
Oakland Park, FL 33307

Website: www.sagewebsite.org
Facebook: www.facebook.com/SageOfSouthFloridaInc

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SAGE of South Florida in an independent organization not affiliated with sageUSA.

SAGE NIGHT OUT

Ed Slough

PLEASE NOTE: DUE TO THE THANKSGIVING HOLIDAY, THERE WILL BE NO SAGE NIGHT OUT FOR NOVEMBER.

Join your SAGE and Prime Gentlemen friends for the monthly *Early Bird Dinner*. The event for November will be at **GG's of New York, 5440 North State Road 7, North Lauderdale, FL 33319, on Wednesday, November 12th, at 5:30pm.** We will be seated in a private banquet room! GG's has an extensive 'Early Bird' menu, and garlic rolls and salad are served with



every entrée. There are six pasta dishes including Lasagna and Manicotti, as well as Broiled Half Chicken, Mussels Marinara, and Eggplant Parmigiana for \$15.95. Broiled Fillet GG' Style, Shrimp Scampi with Mushrooms, and Grilled Chicken Marsala are available for \$16.95.

There are also 12 different Subs available and a Meatball Sub for \$11.95. The quality of the food is excellent, the portions are very generous, and the prices of the specials are good – which makes this a good choice for the 'Early Birds.' This event was inspired by Chicago Patrick.

We go to different restaurants that offer thrifty early bird specials or other low-cost selections or specials. The idea is to enjoy a night out with friends without spending a whole lot. This event is targeting members of SAGE, Prime Gentlemen, and their friends – which means you do not need to be a member of either group to join us. Everyone is welcome!

Please let me know if you will be attending:
wildhybrid@aol.com.

As I have since 2018, I am organizing a Thanksgiving Day dinner so that no one needs to be alone on this holiday. Everyone who would enjoy celebrating Thanksgiving with a large group of friends is, of course, very welcome. This year, we will be dining at **Checkers Old München German Restaurant, 2209 East Atlantic Boulevard, Pompano Beach, FL 33062, on November 27th, at 4:30pm**, which will be serving a traditional turkey dinner on Thanksgiving Day for \$27.95. Of course, you can also order from their regular menu with entrees starting at \$18.99. Both SAGE and Prime Gentlemen have hosted dinners here, so you might be familiar with the restaurant. They can accommodate large group events and will be providing live musical entertainment and free valet parking. If you need transportation, just let me know, and I will arrange to have you picked up. This has been a very nice holiday event for those of us who attended in past years. You are, of course, encouraged to bring your friends. Last year, 54 attended. The restaurant can accommodate up to 100 diners.

Please let me know if you plan on attending:
wildhybrid@aol.com



SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



EVERY THURSDAY at 3:00PM on Zoom!

Looking for good company and connections? Join Kathy and Michael every Thursday for the SAGE Co-Ed Drop-In. It's casual, it's friendly, and it's all about **you**. Bring your stories, your questions, your thoughts – whatever is on your mind.

Catch up with old friends, meet new ones, and enjoy the mix of socializing, witty banter, and conversation. All are welcome!

See you Thursday!

Meeting ID: **275 139 4844** Passcode: **076609**

NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



November, and we are entering the Holiday Season beginning with Thanksgiving. I'm Thankful for our incredibly supportive and active Community. November starts with a Scorpio Sun, the 8th sign and house, a water sign, co-ruled by Mars and Pluto, powerful and transformative, strong attractions, closeness and connections, with magnanimous experiences. Let go, enjoy. The latter part of the month is super because it's the cusp into Sagittarius, known as the "Cusp of Revolution", which says it all, "and a most wonderful time of the year" 🍷 with friends, family, time to make new friends, seek new horizons, and create new memories to reflect on.

'Drop-In' is presented by SAGE of South Florida and Prime Gentlemen, which offer many, many activities, events and services for our community. Join us every Wednesday Afternoon in Person at the Pride Center Room 204, or on Zoom. Patrick S Vida and Jefy are your hosts, reminiscent of 'Burns & Allen', and 'The Smothers Brothers', so fasten your seat belts and let's have some fun. People start to trickle in at 12:30pm for some schmoozing and then at 1pm we start with announcements of upcoming events, and after that everyone can share about movies, dinners, trips, health, family, feelings...

We close at 2 PM with a few jokes. Sometimes comical, sometimes not so much. Moaning is permitted, but always in good, spirited fun. All LGBTQ +, allies, and friends are always warmly welcome.

Zoom Meeting:

ID: 275 139 4844

Passcode: 076609

or in person Pride Center Room 204

P.S. There is great potential for outreach to our Community through hybrid Zoom and in-person meetings.

We are looking for Volunteers interested in learning the Zoom hybrid set up. Text Jefy: 954-296-0789

SAGE at the Active Aging Expo 2025



SAGE Men's Drop-In at The Pride Center



SAGE Lunch & Learn *at the Skolnick Center*



SAGE Luncheon Meetup *at Ferdo's Grill*



***For up-to-date information on SAGE, follow us on Facebook: SAGE of South Florida, Inc.
View more photos by visiting the Photo Gallery on our Website: www.sagewebsite.org***

SOCIAL SQUAD

Michael Gagne

UPCOMING EVENTS!

We've got some exciting events lined up through the end of the year!



Tuesday, November 4 at 1:00pm – Las Vegas Cuban Cuisine, East Oakland Park Boulevard

Another favorite makes a comeback! Las Vegas Cuban Cuisine has been serving authentic Cuban dishes for decades. Whether you love their ropa vieja, tender roast pork, or sweet plantains, the flavors are unforgettable. Plus, the lively setting by the bridge makes it the perfect dinner spot.

Tuesday, December 2 at 12:30pm – Peter Pan Diner, East Oakland Park Boulevard

Peter Pan Diner is a beloved local landmark known for its classic comfort food, retro charm, and friendly service. It's a favorite spot for everything from hearty breakfasts to late-night bites. With its nostalgic atmosphere and generous portions, Peter Pan Diner offers a warm, welcoming taste of old-fashioned dining that keeps customers coming back for more.

Friday, November 21 at 1:30 – Free Movie at the Pride Center

FREE MOVIE. FREE POPCORN. FREE SODA. **Hamilton** – This groundbreaking, Tony Award winning musical was captured live on Broadway with the original cast. Hamilton is the real life of one of America's foremost founding fathers, Alexander Hamilton.

Monday, November 17 at 5:00pm – Sicilian Oven, East Oakland Park Boulevard

We'll close out November with a special four-course dinner at Sicilian Oven. Expect hearty Italian classics, bold flavors, and a warm atmosphere that makes every gathering feel like family.

Holiday Party, Friday, December 19 at 1:00pm – The Tower Club

This is a fantastic opportunity to experience Fort Lauderdale's most exclusive 'members only' club. Even as food prices explode, **SAGE of South Florida** has managed to bring down the price of our Holiday Party to **\$32.00**. This is a great deal for the quality of food and the outstanding views **The Tower Club** has to offer.



SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Jean Arthurton & Frank Piasecki



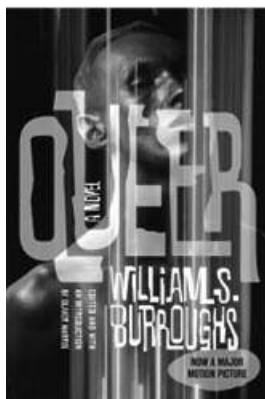
This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton. At SOBA meetings, participants are asked their responses to questions or topics posed by the group leaders. Crosstalk and discussion follows. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP

Paul McNamara



The selection for the November discussion is **Queer** by **William S. Burroughs**.



Originally written in 1952 but not published until 1985, *Queer* is an enigma - both an unflinching autobiographical self-portrait and a scathingly political novel, Burroughs' only realist love story and a montage of comic-grotesque fantasies that paved the way for his masterpiece, *Naked Lunch*.

As the protagonist, Lee, breaks down, the trademark Burroughsian voice emerges: a maniacal mix of self-lacerating humor and the Ugly American at his most unattractive. A haunting tale of possession and exorcism, *Queer* is also a novel with a history of secrets, as this new edition reveals. The definitive text of William S. Burroughs's early, long-unpublished novel is now adapted for film, directed by Luca Guadagnino and starring Daniel Craig.

Queer will be discussed at the next meeting of the Book Discussion Group, to be held on **Saturday, November 8 from 11:00am to Noon at the Stonewall Library, 1300 East Sunrise Boulevard, Fort Lauderdale**, and simultaneously on Zoom (Meeting ID: 275 139 4844 and Pass code: 076609)

DECEMBER MEETING:

In lieu of a discussion meeting, the group will gather at **11:00am on Saturday, December 13** for the Annual Holiday Luncheon at Rosie's Bar & Grill.



SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center. **RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.**

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita – 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

Website: adrcbroward.org

In Palm Beach County – 561.684.5885

Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.

Friendly Visitor Program



SAGE USA has established a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact Yvonne Rohrbacher, Program Coordinator, at (786) 885-0101, yrohrbacher@sageusa.org, or Sofia Restrepo, srestrepo@sageusa.org.



Keep Moving with Confidence, Improve Balance, and Prevent Falls

A healthy, active life requires balance. As we age, the systems that help us balance—muscles, eyes, ears, brain—become less responsive, and medical conditions can increase unsteadiness and lead to falls. More than one in four people over 65 fall each year. Many falls happen at home, without thinking about safety. Tripping on a rug or object or slipping on a wet floor indoors and uneven surfaces or curbs can lead to a fall. A broken bone can be the start of more serious health problems, long term disability, and death. Many older adults fear falling, causing them to avoid activities such as walking, shopping, or social activities. The risk of falling rises with age. **Many falls can be prevented by exercising** to maintain and improve balance, managing medications, having hearing and vision checked annually, and making your home safer. Call and tell your healthcare provider if you have fallen. Take action to lower your risk of falling so you can feel more confident about staying active.

Wooziness, feeling lightheaded, or faint, or dizzy, or confused, or not thinking clearly can be caused by mild or more complicated conditions and lead to falls. These symptoms may be attributed to problems with vision, hearing, inner ear balance mechanism, posture, muscle strength, reaction time, position sense, touch, blood pressure, hydration, and foot health. Many kinds of medications affect balance and coordination. If you experience any of these symptoms, discuss them with your healthcare provider.

Prevent falls at home by having secure hand rails/grab bars around the toilet, in the shower/tub, and on both sides of stairs, and be sure to use them; don't let anything you're carrying block your view of steps; turn on/use good lighting; keep areas where you walk tidy; remove throw or area rugs that may be a trip hazard; don't walk on wet floors; use night lights in bathrooms and bedrooms; clean up spills immediately; keep outdoor steps and walkways well lighted and free of debris; keep electrical cords away from walking paths; don't stand on chairs to reach, rather use a "reach stick" or get help; don't let your cat or dog trip you.

If you have fallen, tell your healthcare provider who may suggest having a nurse or therapist assess your home's safety and recommend changes to lower your risk of falls. Exercise programs to help prevent falls, maintain balance and mobility, and help learn how to fall without injury are available by physical therapists.

Prevent falls by using these strategies to maintain health, strength, balance and a safe home environment.

References: Area Agency on Aging; Harvard Health—"Preventing Falls;" Mayo Clinic Press—"Rea Help for Hearing Loss and Balance Issues;" National Institute on Aging—"Preventing Falls at Home," and "Falls and Fractures in Older Adults;" Smithsonian—"Life Out of Balance".

SAGE cares because YOU care about your health.
Please always seek advice from your physician/nurse practitioner/physician assistant.



SAGE of South Florida

Lunch & Learn

November 1, 2025, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER

800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS – \$17.00 GUESTS – \$22.00

*Reservations MUST be made by 12:30pm on THURSDAY, OCTOBER 30, 2025,
BY SENDING AN EMAIL To: sagesofl@gmail.com OR BY CALLING: 954.634.7219*

***There will be a presentation
about bonsai.***



If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

Menu

Garlic Bread
Garden Salad
Mongolian Beef
Sweet and Sour Chicken
Fried Rice
Lo Mein Noodles
Mixed Fruit
Chocolate Cake

Catered by:





SAGE of South Florida



Aim Cellphone Camera at QR Code
to go to SAGEwebsite.org

2761 E. Oakland Park Blvd., Fort Lauderdale, FL 33306 – (954) 400-1415

Monday November 17, at 5:00pm for Cocktails – 5:30pm Dinner

Sicilian Salad Served Family Style: *Romaine lettuce, roasted red peppers, walnuts, olives, vine ripe tomatoes, shaved parmesan cheese w/ honey balsamic dressing*

Two Appetizers Served Family Style:

Firecracker Calamari: *Crispy fried calamari served on a bed of homemade pomodoro sauce*

Homemade Meatballs: *Served with fresh ricotta and pesto*

Entrée: (Choice of One)

- 1) **Penne ala Vodka:** *Penne pasta in vodka sauce with diced prosciutto*
- 2) **Rigatoni Bolognese:** *Rigatoni tossed in house made Bolognese*
- 3) **Chicken Parmesan:** *Breaded chicken and sauced with pomodoro sauce and fresh mozzarella*

Pizza Course: *Traditional Woodfire Cheese Pizza*

Dessert Platter: *An assortment of homemade Tiramisu, Chocolate Torte, and Zeppanolis (fried dough dusted with powdered sugar served with cannoli cream)*

All Dinners include Iced Tea or Soda (At Table Only)

PRICING: \$24 @ Members & \$30 @ Non-members

(A portion of Member Cost subsidized by SAGE of South Florida) **Reservations Close 1pm Friday, November 14, 2025**

No Reservations Will Be Accepted after this date & Time

Sicilian Oven, Monday, November 17, 2025

_____ Member @ \$24 _____ Non-Member @ \$30 Phone # _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

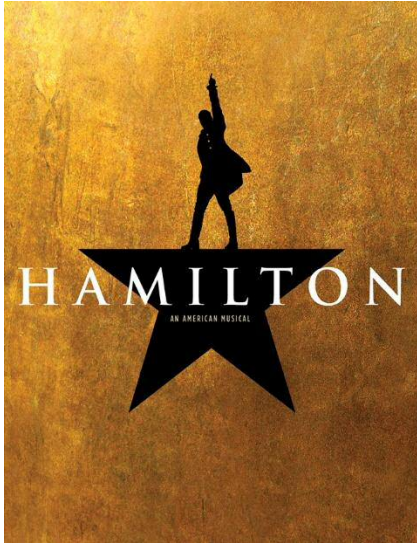
Name: _____ Entrée Choice _____

Mail Payment to: **SAGE at PO Box 70516, Oakland Park, FL 33307**

To reserve by Credit Card Call the **SAGE Message Line at 954-634-7219** (Please leave your name and phone number)

This is a SAGE of South Florida Sponsored Event

THE SAGE/PRIME GENTLEMEN MOVIE



The original Broadway production of the award-winning musical that tells the story of Alexander Hamilton, first Secretary of the Treasury.

Blending hip-hop, jazz, R&B, and Broadway styles, filmed at the Richard Rogers Theater in New York.

For the last ten years, there might not be anything more important in American culture than the musical *Hamilton*. From the moment it hit Broadway in 2015, there was nothing else like it, a hip-hop inspired musical about the United States' first Secretary of the Treasury. Tickets were hard to come by, with the pricing in the thousands, and a lottery was established to give free seats. It made creator Lin Manuel Miranda and his cast members stars overnight. The songs were performed across the world. With streaming service Disney+, everyone can have the opportunity to experience the event of our lifetime in the comfort of the Pride Center with the original Tony-winning cast.

The first act tackles Hamilton's time during the American Revolution, where he helped George Washington and America's allies secure our independence. At the same time, we're introduced to Hamilton's wife and her sister. Both women are intricate in Alexander's life, inspiring him to chase the version of America he wants for all of us. In the second act, we follow Hamilton and the nation after the Revolutionary War and the start of our country. Throughout both acts, we are given little snarky opinions from England's King George, gleefully watching America's adolescent leadership from afar.

In this 160 minutes' journey, we not only take a glimpse into the life of a great man, but we take a look at the beginning of our country, told by actors and artists that represent our time. When people are young and see someone on stage or screen that looks like them, they can believe in their dreams. Then they can take a shot at becoming the next great individual in the field they are pursuing. They embody the American dream.

FRIDAY, NOVEMBER 21st, 2025

1:30PM at the PRIDE CENTER

FREE POPCORN and SODA

SAGE of South Florida

LUNCHEON MEETUP

Everyone is Welcome!!

Peter Pan Diner

Tuesday December 2, 2025 – **12:30pm**

NEW TIME!!



1216 E Oakland Park Blvd., Fort Lauderdale FL 33334

(954) 565-7177

Peter Pan Diner is a cozy, family-owned institution serving breakfast, lunch, and dinner in Oakland Park, Florida, for over 25 years. Known for its extensive and eclectic menu - from blueberry pancakes and patty melt deluxe to gyros, spaghetti with meatballs, and daily homemade desserts - It offers hearty, comforting American fare in a casual, neighborhood-friendly atmosphere.

Thereafter every first Tuesday of the month

When you arrive just tell the Hostess that you are with SAGE

No advance reservations necessary

Just show up and pay for what you order

Save The Date: January 6, 2026 @ 12:30pm

gg's of New York

5440 N State Rd 7
North Lauderdale, FL 33319



You Are Cordially Invited
SAGE of South Florida
Annual Holiday Celebration

Celebrate the season with us at one of Fort Lauderdale's most exclusive venues - the Tower Club, renowned for its sophisticated ambiance and panoramic skyline views. This festive afternoon promises a memorable experience filled with fine dining, sparkling conversation, and a spirit of togetherness.

Reconnect with longtime friends and welcome new ones as we come together to honor our vibrant community. Enjoy a gourmet meal, seasonal refreshments, and the warm, inclusive atmosphere that defines SAGE of South Florida.

Let us raise a glass to the joy of the season and the strength of our community. Your presence will make the occasion truly special.

100 SE Third Ave., Fort Lauderdale, FL 33301

PARKING GARAGE: 2121 Financial Plaza, Fort Lauderdale, FL 33301 (\$4.00)

Friday, December 19, at 1:00pm Cocktails - 1:30pm Meal

Freshly baked rolls & butter

Mix Greens salad: Arcadian Mix, Tomatoes, and Feta Cheese, with Vinaigrette

Entrée: (Choice of One)

- 1) Lemon Oregano Marinated Chicken - Chicken, Thyme Au Jus, Mashed Olive Oil, Mash Potatoes, and garlic broccolini
- 2) Honey Mustard Glazed Salmon - Salmon - Scallion Basmati Rice & garlic broccolini
- 3) Chef's Choice Vegetables - A fresh, seasonal mix handpicked for flavor and quality

Dessert - White Chocolate or Chocolate Mousse Cake

All Dinners include: Coffee & Iced Tea (At Table Only)

Bar: Call Spirit \$10 - Domestic Beer \$7 - House Wine \$10

PRICING: \$32 @ Members & \$45 @ Non-members

(A portion of Member Cost subsidized by SAGE of South Florida)

Reservations Close: 1:00 pm Friday, December 12, 2025

No Reservations Will Be Accepted after this date & Time

Tower Club, Friday, December 19, 2025

_____ Member @ \$32 _____ Non-Member @ \$45 Phone # _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Mail Payment to: SAGE at PO Box 70516, Oakland Park, FL 33307
To reserve by Credit Card Call the SAGE Message Line at 954-634-7219
(Please leave your name and phone number)

This is a SAGE of South Florida Sponsored Event



SAGE of South Florida HOLIDAY CELEBRATION

Friday, December 19
1pm Cocktails - 1:30pm Lunch

Join SAGE of South Florida for an exclusive holiday luncheon at The Tower Club, with panoramic views of Fort Lauderdale. Space is limited!

\$32 for members / \$45 for non-members

PARKING GARAGE ADDRESS:
2121 Financial Plaza, Fort Lauderdale, FL 33301
Bring your parking ticket to the Concierge for your SAGE Member Parking Discount available for just \$4.



Reservations close:
December 12 at 3:00pm