

The SAGE

The Newsletter of SAGE of South Florida

September 2023

SAGE CELEBRATES 29 YEARS



Please join us as SAGE celebrates its 29th anniversary at the sophisticated Anthony's Clam House & Grill on Sunday, September 24, 2023, for Cocktails at 12:30pm and Dinner at 1:00pm. See the enclosed flyer and reservation form for more details. Seating is limited, and reservations are filling up fast, so please respond quickly. You don't want to miss this incredible event!

SAGE of South Florida was founded in 1994 by a group of dedicated women and men determined to establish a viable organization that would serve the needs of the senior LGBTQ community of Broward and Palm Beach counties. Our stated mission has always been to enrich lives by "sponsoring social alternatives providing personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community." Twenty-nine years later, SAGE continues to thrive as the premier provider of social and educational programs for the mature LGBTQ population of South Florida.

We commemorate our anniversary by offering our sincere appreciation for the vitality, enthusiasm, and dedication of all our members, past and present. We honor your unwavering support of SAGE of South Florida and its mission of serving our community during these past 29 years.



SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
GEORGE	BERGEVINE	Sep-01	CLAYTON	RANEY	Sep-18
GINO	BRANDIMARTE	Sep-01	BRUCE	WATTS	Sep-18
DAVID	GRIPP	Sep-01	SUE	CHARRON	Sep-19
BOB	ADAMS	Sep-02	JANE	KREINBERG	Sep-20
JERRY	ZYGMUNT	Sep-02	THOMAS	MCGRAW	Sep-20
ROGER	O'SHEA	Sep-04	RAQUEL	WHITE	Sep-20
TERRY	WILLIAMS	Sep-04	CHARLES (CHIP)	WINEY	Sep-21
HAROLD	ATCHISON	Sep-05	CUBBY	CUNNINGHAM	Sep-22
MARY	VASILADES	Sep-05	BILL	HEVERT	Sep-22
STEVE	PALMER	Sep-06	MARC	FLANAGAN	Sep-24
IRMA	REY	Sep-07	STEVE	FLEISCHMAN	Sep-25
PAUL M	SMITH	Sep-07	MICHAEL	GARCIA	Sep-25
JACK	ALMELEH	Sep-09	DEB	MCNERNEY	Sep-25
NADIA	WEISS	Sep-09	HOWARD	WALVICK	Sep-25
TED	KNAPP	Sep-11	SUSAN	ADELMAN	Sep-26
FRANK	DESTAFANO	Sep-13	MICHAEL	WARTA	Sep-26
BETTY	GAMBINO	Sep-13	JERRY	JENSEN	Sep-27
KENNETH	MOORE	Sep-15	ED	MARTINEZ	Sep-27
ANTONIO	BARDELLI	Sep-16	MICHAEL	VITA	Sep-29
JOAN	HILL	Sep-17	NORMA	WINGO	Sep-30

10 Year Anniversaries

JOAN FRIMMER

New Members

AUGGIE AZZARELLO, MITCH GLUCK, STEW PEPPER

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS

President: Patrick S. Vida
Vice President: Lisa Peters
Secretary: Ken Goodman
Assistant Secretary: Michael Vita
Treasurer: Allen Churchman

BOARD MEMBERS AT LARGE

Jim Amon
Jefy Gaines
Lee Lawson
Marilyn Lamkay
Kathy Macchio
Paul McNamara
Sal Orlando

VOLUNTEERS

Jean Arthurton
Frank Cavanaugh
Philip Collier
Michael Gagne
Gene Majka
Sonny Miller
Ken Moore
Frank Piaseck
Tony Tsagris
Ron Wudarsky

Lifetime Members

BOB ADAMS – JIM AMON – ROBERT J BOZEK – RICHARD CALVIN – DONALD CURIALE – MATT FARBER
JODI A FISCHER – MARC FLANAGAN – JOHN FOXX – MICHAEL GAGNE – JEFY GAINES – JOHN GAMBINO – RICHARD GILMER
KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN – MD HUSSAIN – JEAN JOHNSON
MARILYN LAMKAY – TOMMASO LEPORE – PATTI LYNN – KATHY MACCHIO – J MICHAEL MARTIN – PAUL MCNAMARA
DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS – BRETT PEELER – HUGH RANCE – CLAYTON RANEY – GARY RESNICK
SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE – RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS – ALAN R SUTHERLAND
JOEL TENDLER – HOWARD TERRY – STEVE THAYER – TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY : SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor: sagesofl@gmail.com
Attn: Editor

Website: www.sagewebsite.org

Facebook: www.facebook.com/SageOfSouthFloridaInc

Mailing Address: SAGE of South Florida
PO Box 70516
Oakland Park, FL 33307

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Celebrating over 29 years of service to our community

SAGE Message Line - 954.634.7219 - www.sagewebsite.org



THE ROUND TABLE

Paul McNamara

This Co-Ed group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, typically meets at the Pride Center and simultaneously online using the Zoom platform to discuss contemporary topics and ideas from 2:30-3:30PM on the **fourth Monday** of each month. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session. The session scheduled for **September 25, 2023** is **Two Remarkably Different Countries: Singapore and Malaysia**, presented by **John Lloyd**: *After World War II the Malaysian Peninsula was a single backward rural country, but in the early 1960s Singapore broke away from Malaysia. John's presentation will explore how governmental decisions have caused the two countries to develop differently. He'll discuss how Singapore is now an international economic powerhouse, while Malaysia has remained a struggling rural country.*

HELP NEEDED: Although the group continues to thrive since its first meeting in 2016, the future success of the group is dependent upon more members being willing to assume leadership roles or deliver presentations. If you are interested in contributing in these capacities, please contact me via email at: polmac@aol.com.



SAGE Women's Lunch

Kathy Macchio

Every 2nd Wednesday of the month, the women of SAGE meet at the **Chow Time Grill and Buffet, 6997 West Commercial Boulevard, Tamarac, Florida, 33319, at 12:00 Noon**. Here they meet, greet, eat, and converse on current happenings. No reservations are required. Contact Kathy at kmbadabing@gmail.com for more information.

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio

Ladies of SAGE, may we have your ATTENTION PLEASE! Come to the Co-Ed Drop-In. Kathy and Michael are your hosts, every **Thursday at 3:00pm. Join the fun on Zoom!** It's all user-generated content – Participants bring topics, stories, and concerns to share or discuss. Check us out. Schmooze, kibitz, see some of your old friends and make some new ones. Check your emails from SAGE for the weekly announcement and link to the meeting. All (including men) are welcome!



NOTES FROM THE MEN'S DROP-IN

Jefy Gaines



It's September and I continue to appreciate air conditioning. Summer continues in South Florida. The month is mostly a Virgo Sun, which means we will be more efficient, organized, and in control. And, be sure to check out our Wednesday Drop-In. SAGE/Prime Gentlemen Men's Hybrid Drop-In meets every **Wednesday, 1:00pm to 2:00pm**: In person at the Pride Center, Room 204, and via Zoom. Doors open at 12:45pm for a little extra "schmoozing." All are welcome. We officially start at 1:00pm, first with announcements and then some sharing about what's going on in our lives: movies, dinners, family, and feelings. We close with a little kibitzing and sharing some jokes. Sometimes comical, sometimes not so much. Moaning is permitted, but it's always good-spirited fun. So, come join us in person or on Zoom! Any questions can be emailed to Jefy at jefgains@aol.com, write "SAGE of South Florida" in the subject line.

SAGE ON THE BORDER/ALTERNATIVES (SOBA)

Jean Artherton



This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton, subject to COVID safety precautions and requirements.

Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

SAGE NIGHT OUT

Ed Slough



Join us on **WEDNESDAY, SEPTEMBER 27th**, when SAGE is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from **5:00pm to 5:30pm**, with "Happy Hour" prices at the bar, and dinner at **5:30pm**. Tropics has offered SAGE all dinners at half-price on Wednesday for **SAGE and our guests only** to make the evening less crowded and to provide better service than is possible on their normal half-price Mondays. You need not be a SAGE member to attend. All are welcome, including our friends from Prime Gentlemen. You can check out their menu at: <https://tropicsgrillefl.com/menu/>.

This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up. My email is: wildhybrid@aol.com. Thanks!



SAGE Meet-Up at Black Rock Bar & Grill



For up-to-date news and information about SAGE, follow us on Facebook: [SAGE of South Florida, Inc.](#)

View more photos by visiting the Photo Gallery at our Website: www.sagesofl.org

SAGE on the Border/Alternatives (SOBA) at the Volen Center



SAGE/Prime Gentlemen Monthly Movie at the Pride Center



SAGE Lunch & Learn at the Skolnick Center



SOCIAL LITES

Sal Orlando

I'm still counting down to the end of summer. Three more weeks, hooray! Soon after, the weather starts to cool and, the best part, humidity starts dropping.



This past month we had a fantastic time at **Las Vegas Cuban Cuisine** on Oakland Park Boulevard on the **24th**. The place is so nice and accommodating, the service wonderful, and the dinner delicious. This establishment is family owned and has been open for years. They make SAGE feel so special. What a great venue!

Surprise, Surprise! This month, I have a treat for all of you. We're having two events. First, on **Thursday, September 14th**, after a long hiatus, **SAGE** returns to **Ferdos** on Federal Highway, a fabulous Mediterranean restaurant. We start off with wine and mingling at **5:30PM**, followed by dinner at **6PM**. The place looks so exotic and fun, the Management and Staff couldn't be any nicer, and the food is to die for. Jim and I go there frequently. I adore their chicken kabob platter.

For **SAGE's 29th Anniversary Gala** on **Sunday, September 24th**, by popular demand, we are going to **Anthony's Clam House and Grill**, on Commercial Boulevard, a fabulous Italian Restaurant. What more can I say about Anthony's? It is a favorite by many of our members. I can't get enough of their fried calamari, the best I've ever had. We have frequented it many, many, times. There will be cocktails and mingling at **12:30PM** (served at Happy Hour pricing, just for SAGE members, at table only), followed by a meal you won't soon forget. The Cash Bar includes \$10 bottomless Mimosas & Bloody Mary's. You'll never forgive yourself if you miss this one.

Save the Date: Next month, we return to non-other than **The Ambry** for **Oktoberfest** on Tuesday, **October 24th**, for cocktails and conversation at **5:30PM**, followed by dinner at **6PM**.

As you all know, member pricing for our events is partially subsidized by **SAGE**, and will continue to do so. But, in lieu of the current out-of-control inflation, venues are forced to raise their prices considerably, some as much as 1/3 more.

Fortunately, **SAGE** recently and most graciously received a very generous donation to be used to subsidize **SAGE's** monthly events. Therefore, member pricing which began May 2023 subsidies will be more substantial allowing us to partially offset the inflationary spikes occurring at this time. As always, it's not fair to our members, that nonmembers should be partially subsidized also. Therefore, nonmember pricing will reflect the total cost paid to the venue by **SAGE**, plus entertainment and other expenses, if any, for each event.

Please Note: There is a reason for **SAGE** to have a reservation cut-off date and time for each event. Therefore, no reservations will be accepted after such time.

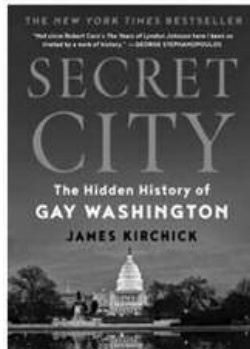
Those of you who would like to sit together at one of our events, please arrive early and at the same time, or wait for one another before checking in, so your party will be able to sit at the same table.

As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Ciao for now!

SAGE BOOK DISCUSSION GROUP

In **Secret City** by **James Kirchick**, prepare to embark on a mesmerizing journey through the enigmatic world of gay subculture in Washington, D.C. Unfolding across 654 pages, this enthralling tale takes readers on a wild ride, a veritable Agatha Christie-style whodunit, where we ask: How did so many promising men in government meet untimely, violent ends?



From John C. Montgomery, the Princeton graduate and Finnish desk chief at the State Department who was found hanged in the nude from his bathrobe belt, to Roger D. "Denny" Hansen, the champion swimmer at Yale, Rhodes scholar, National Security Council appointee, and professor who met a tragic end in a friend's garage, the book uncovers a series of shocking suicides. Then there's Lester C. Hunt, the Army Reserve major turned senator from Wyoming, who was shot in the head in his own office while seated on a leather swivel chair. And that's just by page 226!

Kirchick delves into the dark history of a time when society shunned alternative desires, linking them to the "contagious sexual aberrancy" of the Red Menace. He exposes the powerful figures who had a hand in perpetuating discrimination and banishing those who didn't conform. However, amidst the harrowing tales, Kirchick highlights the resilience and adaptability of the gay community, which honed unique skills like espionage and high-level advising.

The pages of **Secret City** teem with anecdotes and revelations, drawn meticulously from F.B.I. files, interviews, and press clippings. As you flip through, you'll witness scathing indictments of the persecutors, some of whom were secretly grappling with their own desires.

The book's journey through the presidencies from Franklin D. Roosevelt to Bill Clinton reveals not only vital historical material but also intriguing trivia. For instance, who knew that "no comment" was credited to Sumner Welles, F.D.R.'s former under-secretary of state, who was ousted for trying to buy oral sex from two Pullman porters? Kirchick unveils an intriguing world where even political gossip and antics had an air of glamour and innuendo.

The Kennedy and Reagan years take center stage, with charismatic leaders tied to Hollywood and surrounded by gay courtiers. Kirchick peels back the layers of this fascinating era, even uncovering poignant moments like President Reagan's solemn statement after Rock Hudson's death from AIDS.

Secret City also serves as a Baedeker, guiding us through significant locations and landmarks that were pivotal in the history of gay Washington. But it doesn't shy away from its limitations, largely focusing on the experiences of white male members of the community.

As you immerse yourself in this luxurious and slow-rolling Cadillac of a book, you'll find it best savored at the violet hour with a snifter of brandy, surrounded by the nostalgic charm of a wood-paneled library. The rich tapestry of midcentury best-sellers mentioned will transport you to another time, when the likes of Gore Vidal and Allen Drury make appearances.

While Kirchick might seem to lose steam toward the end of the book as the gay rights movement advances, **Secret City** remains a rewarding epic of a dark age, where the complexities and shadows of history are explored in riveting detail.

Given the book's length, the first portion – Roosevelt through Kennedy – will be discussed in September and the second portion – LBJ through Clinton – will be discussed in October. Please consider joining the SAGE Book Group on **Saturday, September 9, 2023**, at the **Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale** from **11AM to 12 Noon** – no reservation is required for this event.

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita – 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

Website: adrcbroward.org

In Palm Beach County – 561.684.5885

Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.

Friendly Visitor Program



SAGE USA is collaborating with Sunshine Cathedral to establish a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact **Mitchell Zahn, Program Coordinator**, at **646.568.9354** or by email at mzahn@sageusa.org.

SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center. **RESERVATIONS ARE REQUIRED.** Please see the enclosed flyer for more information.





SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

To P or Not to P...

Urinary incontinence becomes a serious problem for seniors. Research has shown that 25% of seniors will have short-term or long-term problems with incontinence. The financial cost in the United States is over 20 BILLION dollars.

Seniors' incontinence is associated with many interacting factors including chronic conditions such as diabetes and Parkinson's. Anyone dealing with a stroke, cognitive impairment, aging urinary tracts, urinary infections, cancer, prostate enlargement, weak pelvic floor muscles, menopause, and mobility impairment may be susceptible. Other causes are prescription drugs (heart and blood pressure medications) and OTC medications (antihistamines, decongestants, antacids), caffeine (including chocolate and tea), alcohol, and constipation.

Four Types of Incontinence

1. *Stress incontinence* is present in 35% of seniors and common in women. This is involuntary leakage due to increased bladder pressure from sneezing, laughing coughing, or heavy lifting.
2. *Urge incontinence* affects 60-70% of seniors. This is leakage of large amounts when the toilet is not available in time.
3. *Overflow incontinence* occurs in 10-15% of seniors. A bladder obstruction may cause the release of urine without warning.
4. *Functional incontinence* occurs for 25% of seniors who are primarily in institutions. Cognitive issues, mobility issues, poor vision, and hearing, may interfere with the ability to reach the toilet.

Diagnosis

Patient history and physical examination are required to determine the type of incontinence. Laboratory tests may be ordered. A daily bladder diary may be required, documenting fluid intake, bathroom trips, and instances of incontinence. Special testing may be ordered to evaluate bladder function.

Treatment

- Lifestyle changes such as fluid intake monitoring, regular toilet schedule, and healthy diet.
- Medications can be prescribed for an overactive bladder.
- Pelvic Floor exercises (Kegel) to strengthen those muscles.
- Catheterization for overflow incontinence.
- Surgical intervention for underlying problems.

Prevention

- Maintain a Healthy Lifestyle: Exercise (that word again); eat a recommended balanced diet; and get adequate hydration.
- Avoid Bladder irritants: Try to limit caffeine and spicy foods.
- Kegel exercises:
For Men: <https://www.youtube.com/watch?v=AA50LWXASDs>
For Women: <https://www.youtube.com/watch?v=v9TzFy69Nac>
- Awareness and prompt intervention: At the first sign of any urinary symptoms contact your PCP, ASAP.

There is no need for embarrassment about incontinence. Speak freely, honestly, and EARLY about your symptoms to your Primary Care Practitioner (PCP). Most cases of incontinence can be cured, treated, or managed.

References and Resources:

Seniors and Aging - Bladder Control Problems (Incontinence)

<https://www.canada.ca/en/health-canada/services/healthy-living/your-health/medical-information/seniors-aging-bladder-control-problems-incontinence.html>

Urinary Incontinence in the Elderly: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2925344/>

Prevalence of incontinence among older Americans: https://www.cdc.gov/nchs/data/series/sr_03/sr03_036.pdf

National Association for Continence (NAFC): www.nafc.org

The Simon Foundation for Continence: www.simonfoundation.org

Urology Care Foundation: www.urologyhealth.org

Centers for Disease Control and Prevention (CDC): www.cdc.gov/continence

SAGE cares because YOU care about your health.

Please always seek advice from your physician/nurse practitioner (HP's).

Thank you to my Editor, Larry Dishman of Allen, TX.

SAGE of South Florida

Lunch & Learn

September 2, 2023, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS - \$15.00 GUESTS - \$20.00

EVERYONE PAYS AT THE DOOR
DOORS OPEN AT 12:15PM

***Reservations MUST be made by 12:30PM on THURSDAY, AUGUST 31, 2023,
BY SENDING AN EMAIL TO: sagesofl@gmail.com OR BY CALLING: 954.634.7219***

***A speaker from AARP (American Association of Retired
Persons) will make a presentation.***



***If you arrive early, make yourself comfortable in the lobby and meet with
other SAGE members and guests.***

September Menu

Dinner Rolls

Caesar Salad

Roast Beef with Gravy

Mashed Potatoes

Vegetable Medley

Chocolate Cake

Catering By:





SAGE Celebrates its 29th Anniversary at Anthony's Clam House & Grill

2861 East Commercial Blvd. Ft. Lauderdale – 954-595-2104

Sunday September 24, 2023 at 12:30pm for Cocktails - 1:00pm Dinner

Cash Bar Includes \$10 Bottomless Mimosas & Bloody Mary's served at table only

Appetizer - Served Family Style with fresh Italian Bread & Butter

Fried Calamari – Bruschetta – Caesar Salad

Entrée: (Choice of One)

- 1) **Chicken Parm** – Lightly breaded, topped with Marinara Sauce, melted cheese & served with Spaghetti
- 2) **Eggplant Rollatini** – Served over Spaghetti
- 3) **Fettuccine Alfredo** – Served with Shrimp
- 4) **Penne Alla Vodka**

Dessert: (Choice of One) Mini Cannoli or Mini Fruit Bowl

All Dinners include Coffee, Tea or Iced Tea (At Table Only)

PRICING: \$25 @ Members & \$35 @ Non-members

(Member pricing partially subsidized by SAGE)

Reservations Close 1pm Wednesday September 20, 2023

No Reservations WILL BE accepted after this Date & Time

Sage at Anthony's Clam House & Grill September 24, 2023

___ Members @\$25 ___ Non-Members @\$35 Phone _____

Name _____

Entrée Choice _____

Name _____

Entrée Choice _____

Name _____

Entrée Choice _____

Name _____

Entrée Choice _____

Mail form and payment to:

SAGE at PO Box 70516, Oakland Park, FL 33307

For Credit Card Reservations - Call SAGE Message Line at 954-634-7219 – SAGE Sponsored Activity

SAGE DINNER AT FERDOS GRILL



4300 North Federal Highway Ft. Lauderdale 33308 954-492-5552

Thursday September 14, 2023 - 5:30pm Mixer (Wine Bar Only) & 6pm Dinner
Please Note that Seating is Limited to 25 Persons

MENU

First Course

Pita with Olive Oil

ENTRÉE (Choice of One)

- 1) Shish Tawook (Chicken Kabob) 1 skewer, rice, steamed vegetables
onion/parsley mix/Garlic Sauce on the side
- 2) Shish Kafta (Chopped Beef Kabob) 1 skewer, rice, steamed vegetables
onion/parsley mix/Garlic Sauce on the side
- 3) Shish Kabob (Beef Kabob) 1 skewer, rice, steamed vegetables
onion/parsley mix/Garlic Sauce on the side
- 4) Shrimp Kabob with rice, salad and humus

Dessert – Lebanese Cake

Iced Tea included with your meal

PRICING: \$14 @ Members & \$21 @ Non-members

Reservations Close 1:00pm Monday September 11, 2023

(A portion of Member Cost Subsidized by SAGE of South Florida)

SAGE Dinner at Ferdos Grill – September 14, 2023 - No Refunds

_____ Members @ \$14 & _____ Non-Members @ \$21 - Phone Number _____

Name: _____ Entrée _____

Name: _____ Entrée _____

Name: _____ Entrée _____

Name: _____ Entrée _____

Mail with Payment to SAGE at: P.O. BOX 70516, Oakland Park, FL 33307

To Reserve by Credit Card, Call the Sage Message Line at: (954) 634-7219 - A SAGE-Sponsored Activity

Join
SAGE of South Florida
on
Sunday, October 1, 2023 at 5:00pm
for a performance of



The author of *Daddy's Dyin' (Who's Got the Will?)* brings you a comedy that was nominated for over 30 awards during its long run in Los Angeles. When Peggy, a good Christian woman, hits her head on the sink and bleeds to death after tripping over her lover's wooden legs in a motel room, chaos erupts in Winters, Texas.

Sordid Lives was originally produced by Del Shores in association with Jeff Murray and Nicolette Chaffey for Theatre/Theater in Hollywood, California on May 11, 1996, featuring Leslie Jordan as "Brother Boy."



Empire Stage Theater
1140 North Flagler Drive
Fort Lauderdale, FL 33304



TICKETS: \$20.00

CALL 954.634.7219 BY WEDNESDAY, SEPTEMBER 27, 2023 TO PURCHASE TICKETS.

THE SAGE / PRIME GENTLEMEN MOVIE

Jim is a seventeen-year-old boxer in a small town. He is a golden boy, preparing for a fight that will elevate him to an early professional status. All bets are on his climb to success. But his father, Stan, is a demanding coach, and a notorious alcoholic. In the town, Stan is treated like a joke, but he has given everything to see his son gain professional status and escape the brutality of his small world. As Jim begins to rethink why he is fighting his life tagles with Whetu, a razor-tongued, gay, indigenous boy who spends his days in an old shack down by the beach. With his dog Moimoi, he cobbles together a fragile glamour, and dreams of leaving town to become a musician. As Jim stumbles towards discovering what it really is to be a gay man, he is forced to see that strength has little to do with heroism.



The instant connection between these two young men is captured in his film and it conveys Jim's combination of excitement and terror when he realizes his bond could easily evolve into a romance. **Punch** realizes that when it's two guys in the ring — as sparring partners or as romantic partners — outside forces can take them down for the count. The suffraging homophobia of small-town New Zealand permeates this heart-drama **Punch** is a tough, moving, and confident piece of filmmaking.



Pretty Boy is an award-winning coming of age story of a young bullied teen, Sean, struggling with his sexuality and the hardships of high school. After his father finds some questionable magazines in his room, his devout Christian father will go to any lengths to get his son to find the light and 'perform' the way a man should. Sean is taken to a motel for his 18th birthday by his father and given a prostitute. He must sleep with her to "fix" his questionable homosexuality. Obviously the prostitute is onto him from the beginning, and winds-up being a mentor. While Dad is in the parking lot waiting for him, Sean and the hooker develop a touching relationship. **Pretty Boy** is a short film about confidence, finding an inner strength, acceptance, and being who you are meant to be.

FRIDAY, SEPTEMBER 15th, 2023

1:30PM at the PRIDE CENTER

FREE POPCORN and SODA