

The SAGE

The Newsletter of SAGE of South Florida

January 2023

Happy
New
Year

A New Year! A new beginning full of possibilities and great things to come the whole year through. A time to expand your horizons, explore new experiences, and make new friends. Make 2023 the year when you take advantage of all the opportunities our SAGE offers you to enrich your life and connect with other members.

It's January, and SAGE members know what that means: Time for our annual SAGE of South Florida Milestone Birthday Party!

SAGE MILESTONE BIRTHDAY CELEBRATION

Sunday, January 22, 2023

1:00pm – 4:00pm

The Pride Center – Main Hall

The Milestone Honorees for 2023 – members who attained the age of 75, 80, 85, 90, or greater in 2022 – are:

Dick Angel – Harold Atchison – David Cohen – Joyce Edelson
Larry Elwyn – Jerry Ganz – George Hasandras – Jerry Heaton
Gloria Key – Marilyn Lamkay – Gene Majka – Clayton Raney
Robert Smith – Joel Tendler – Richard Werner



**PLEASE SEE THE ENCLOSED FLYER FOR MORE INFORMATION AND THE RESERVATION FORM.
RESERVATIONS CLOSE AT 1:00PM WEDNESDAY, JANUARY 18, 2023.**

IMPORTANT NOTICE ABOUT SAGE ON THE BORDER (SOBA) MEETINGS

Beginning January 2023, the SOBA group will continue to meet **LIVE** every Monday (when the *Volen Center* is open). **Hybrid meetings** (those which are live and simultaneously available on the Zoom platform) will be on the **2nd and 4th Monday of the month ONLY**. Remember to check the weekly email announcement.

Notice About LUNCH & LEARN Pricing

Please note that due to current economic market conditions and increased prices charged by vendors, the price for attending the monthly Lunch & Learn meeting, beginning this month, will now be \$17 for SAGE members and \$22 for non-members.

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
ED	MAC DONALD	Jan-02	FRANK	SCHICKLEY	Jan-15
MARCUS	SMITH	Jan-02	ALAN	SUTHERLAND	Jan-15
JOHN	ACTMAN	Jan-03	LISA	PETERS	Jan-17
BILL	NYQUIST	Jan-03	JEFFY	GAINES	Jan-18
HANK	BROOKS	Jan-04	BARRY	BATES	Jan-19
PAUL	KAISER	Jan-06	KEN	MELMED	Jan-19
JOHN	SANCHEZ	Jan-06	ANTHONY	CIANCE	Jan-20
LUIS	BREWER	Jan-08	CHRISTOPHER	BATES	Jan-21
ERNEST	LONDA	Jan-10	RICHARD	WERNER	Jan-23
DOUG	KENT	Jan-11	RICHARD	SCHWARZ	Jan-25
ROBERT	SMITH	Jan-11	MAX	FULLER	Jan-26
BILL	WOLFOLK	Jan-11	JIM	GUNTER	Jan-26
MICHAEL	WOLMETZ	Jan-11	WILLIAM	WOODWARD	Jan-26
DAVID	RUTTER	Jan-14	TONY	TSAGRIS	Jan-30

5 Year Anniversaries

JOHN GAMBINO, FRANK SWEET

New Members

LUIS BREWER, DON BUTTON, CARLOS CASTRO, ROBERT KESTEN, DAVID MORGAN, BILL PEREZ

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS

President: Patrick S. Vida
Vice President: Carl Barton
Secretary: Ken Goodman
Assistant Secretary: Michael Vita
Treasurer: Allen Churchman

BOARD MEMBERS AT LARGE

Jefy Gaines
Lee Lawson
Marilyn Lamkay
Kathy Macchio
Paul McNamara
Sal Orlando
Lisa Peters

VOLUNTEERS

Jean Arthurton
Hank Brooks
Frank Cavanaugh
Philip Collier
Marc Flanagan
Michael Gagne
Gene Majka
Sonny Miller
Ken Moore
Frank Piasecki
Ron Wudarsky

Lifetime Members

BOB ADAMS – ROBERT J BOZEK – GEORGE CASTRATARO – DONALD CURIALE – MATT FARBER – JODI A FISCHER
MARC FLANAGAN – MICHAEL GAGNE – JEFFY GAINES – JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN
JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN – MD HUSSAIN – JEAN JOHNSON – MARILYN LAMKAY
TOMMASO LEPORE – PATTI LYNN – KATHY MACCHIO – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – BRETT PEELER
HUGH RANCE – CLAYTON RANEY – GARY RESNICK – WAYNE SCHREBE – RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS
ALAN R SUTHERLAND – STEVE THAYER – TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY : SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

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THE ROUND TABLE

Paul McNamara

This Co-Ed group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, is **meeting live in Room 206 of the Pride Center and simultaneously online using the Zoom platform** to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Monday of each month**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session.

The topic scheduled for **January 9th** is **Life as a Fine Artist** presented by **Phil Prentice**: *As a young man, Phil began his work life as a technical draftsman. Eventually, his life's calling evolved into a career as a fine artist. Like most of us, his journey combined some luck and some fortunate circumstances. He will share some of his experiences as an artist and present examples of his artwork from early in his career to the present.* The topic scheduled for **January 23rd** is **Single Pleasures** presented by **Marc Flanagan**: *Taking a vacation with others generally results in a good time, but what about solo travel? Although he's taken trips both ways, the majority of Marc's excursions have been alone. Devising an itinerary when going solo presents specific challenges as well as some safety concerns. Marc will share the details of some of his solo travel experiences and provide some suggestions if a wingman is unavailable and one needs to get away.*



SAGE ON THE BORDER/ ALTERNATIVES (SOBA)

Frank Piasecki & Jean Arthurton



This Co-Ed discussion group meets **LIVE and IN PERSON** every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton, subject to COVID safety precautions and requirements. **BEGINNING THIS MONTH, THOSE UNABLE TO ATTEND IN PERSON CAN PARTICIPATE REMOTELY VIA THE ZOOM VIDEO CONFERENCING PLATFORM ON THE 2nd AND 4th MONDAY ONLY.** If you don't have access to video-conferencing devices, you can participate by calling in to the meeting on your cell phone. Watch your email for the weekly eblast announcement. Everyone is welcome.

NOTES FROM THE MEN'S DROP-IN



Carl Barton & Jefy Gaines



Happy Holidays and wishing us all a healthy, happy, active New Year. The month is mostly in a Capricorn Sun, ergo: There's work ahead and we're going to get things done. We will need some of our fun-loving people to show us where the fun is. So, thanks in advance to the ones who will bring out the fun in the month. **SAGE/Prime Gentlemen Men's Drop-In** meets every **Wednesday, 1:00pm to 2:00pm**, and it's a hybrid meeting: In person at the Pride Center, Wilton Manors, and also via Zoom. We follow CDC and WHO guidelines regarding in-person meetings. We are joined by Prime Gentlemen and friends locally and from around the country and around the world via Zoom. All are welcome, especially in these times. Captain Carl and I, Jefy, are your hosts. The Captain is doing great and we're looking forward to his return. It's the holidays, so let's have some fun and laughs. Tell us what's going on and what's on your mind. We share. We kibbutz. We schmooze. Doors open at 12:45 pm for a little extra "schmoozing." We officially start at 1:00 pm, first with announcements and then we share whatever is on our minds – activities, family stories, theatre, movies, restaurants, vacations, and current events. It's all in good fun and sometimes it does get serious. We are here to support each other. That's a great thing and thank you for that! SAGE of South Florida President Patrick brings his fabulous homemade pastries to share. We close with sharing some jokes. Patrick joins me for a little comical repartee just like the old days. And, we have some budding humorists in our midst. Anyone can contribute a joke or four. Full disclosure: Sometimes the jokes are not that funny and audience moaning is acceptable, but since it's always good-hearted fun we give our jokesters an "A" for effort. Any questions can be emailed to Jefy at jefgain@aol.com, write "SAGE of South Florida" in the subject line. We do love a good laugh when it happens, so come join us on Zoom or in person!

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio



Ladies of SAGE, may we have your **ATTENTION PLEASE!** Come to the Co-Ed Drop-In. Kathy and Michael are your hosts, every **Thursday at 3:00pm. Join the fun on Zoom!** It's all user-generated content – Participants bring topics, stories, and concerns to share or discuss. Check us out. Schmooze, kibitz, see some of your old friends and make some new ones. Check your emails from SAGE for the weekly announcement and link to the meeting. All (including men) are welcome!

SAGE/Prime Gentlemen Monthly Movie



SAGE Book Group *Holiday Luncheon at Rosie's*



SOBA *at the Volen Center*



SAGE Lunch & Learn at the Skolnick Center



SAGE Dinner at Zuckerello's Restaurant



For up-to-date news and information about SAGE, follow us on Facebook: [SAGE of South Florida, Inc.](#)
View more photos by visiting the Photo Gallery at our Website: www.sagesofl.org

SOCIAL LITES

Sal Orlando



Another year has come and gone. Boy, the older you get, the quicker they pass you by. Hope everyone has had a wonderful holiday season. I had a great time. Lots of food, drinks and getting together with good friends. Now I need some time to recuperate after having all that ho-ho-ho and jolly. On **December 18th**, we had our **Annual Holiday Party** once again at **The Embassy Suites** on 17th Street Causeway. It was decorated so beautifully, the staff was accommodating, the meal scrumptious, and the cocktail hour was very nice. Everybody got to greet, mingle, and catch up. A definite venue for future events.

On Sunday, **January 22th**, **SAGE** holds its **Annual Milestone Birthday Party** at **The Pride Center**, at 1:00PM, celebrating those who turned 75, 80, 85, 90 (or more) years of age in 2022. This is always a festive event. Don't miss it!

Save the Date: Sunday, February 12th, SAGE's Valentine's Day Dinner.

As you all know, member pricing for our events is partially subsidized by **SAGE**, and will continue to do so. But, in lieu of the current out-of-control inflation, venues are forced to raise their prices considerably, some as much as 1/3 more. Therefore, member pricing will go up for our events to reflect such changes. As always, it's not fair to our members, that nonmembers should also be partially subsidized. Therefore, non-member pricing will reflect the total cost paid to the venue by **SAGE**, plus entertainment and other expenses, if any, for each event.

Please Note: There is a reason for **SAGE** to have a reservation cutoff date and time for each event. Therefore, no reservations will be accepted after such time.

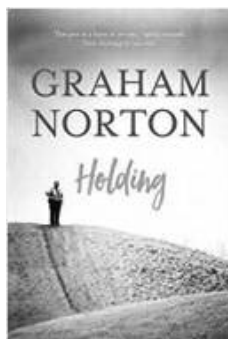
Also, those of you who would like to sit together at one of our events, please arrive early and at the same time, or wait for one another before checking in, so your party will be able to sit at the same table.

As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Happy New Year!

Ciao for now!

SAGE BOOK DISCUSSION GROUP



The remote Irish village of Duneen has known little drama and yet its inhabitants are troubled. Sergeant PJ Collins hasn't always been this overweight; mother of two Brid Riordan hasn't always been an alcoholic and elegant Evelyn Ross hasn't always felt that her life was a total waste. So, when human remains

are discovered on an old farm, suspected to be those of Tommy Burke – a former love of both Brid and Evelyn – the village's dark past begins to unravel. As the frustrated PJ struggles to solve a genuine case for the first time in his life, he unearths a community's worth of anger and resentments, secrets, and regrets.

Darkly comic, British talk show host **Graham Norton's** debut novel – ***Holding*** – is touching and at times profoundly sad. Norton employs his acerbic wit to breathe life into a host of lovable characters and explores – with searing honesty – the complexities and contradictions that make us human. Please consider joining the **SAGE** Book Club in a discussion of this book on **Saturday, January 14, 2023**, at the **Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale from 11 AM to 12 noon** – no reservation is required.

SAGE NIGHT OUT

Ed Slough



Join us on **WEDNESDAY, JANUARY 25th**, **SAGE** is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from 5:30pm to 6:30pm, with "Happy Hour" prices at the bar, and dinner at 6:30pm. Tropics has offered **SAGE** all dinners at half-price (no longer 2-for-1) to make the evening simpler for you. This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up. My email is: wildhybrid@aol.com. Thanks!



IN MEMORIAM

Harvey Hoffenberg passed away on November 26, 2022, at the age of 81 years. Harvey had been a member of SAGE since February 2015. He was born in Boston, Massachusetts and was a 1958 graduate of Brookline High School. He attended the Massachusetts College of Pharmacy and worked in a pharmacy in the Boston neighborhood of Allston. Subsequently, he worked at a vending machine company, owned a pinball machine company, and ran a real estate business in Brookline, Massachusetts. After retiring to South Florida in 2000, he began playing bridge and attained the rank of Gold Life Master. He had been married and is survived by two children, other relatives, and friends. He will be missed by his SAGE family.

Friendly Visitor Program



SAGE USA is collaborating with Sunshine Cathedral to establish a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+ older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2

hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact **Mitchell Zahn, Program Coordinator**, at **646.568.9354** or by email at mzahn@sageusa.org.

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita – 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

Website: adrcbroward.org

In Palm Beach County – 561.684.5885

Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.

SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center. **RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.**



SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

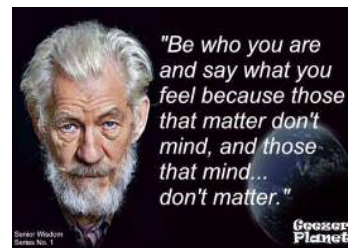
Inspiration

Happy New Year! We embark on another year and hopefully one without any medical problems. So, I thought instead of another disease-oriented column we could use some inspiration. Relax. The holidays are over. Have an inspirational New Year!

- "The spirit never ages. It stays forever young." – *Lailah Gifty Akita*
- "To keep the heart unwrinkled — to be hopeful, kindly, cheerful, reverent — that is to triumph over old age." – *Thomas Bailey Aldrich*
- "Almost all my middle-aged and elderly acquaintances, including me, feel about 25 — unless we haven't had our coffee, in which case we feel 107." – *Martha Beck*
- "Old age ... is a good and pleasant thing. It is true you are gently shouldered off the stage, but then you are given such a comfortable front stall as spectator." – *Confucius*
- "Youth is the gift of nature, but age is a work of art." – *Stanislaw Jerzy Lec*
- "In the end, it's not the years in your life that count. It's the life in your years." – *Abraham Lincoln*
- "Wrinkles should merely indicate where smiles have been." – *Mark Twain*
- "The longer I live, the more beautiful life becomes." – *Frank Lloyd Wright*
- "The closest thing to being cared for is to care for someone else." – *Carson McCullers*
- "The glory of the elderly is their insight to life." – *Lailah Gifty Akita*
- As we grow older, we must discipline ourselves to continue expanding, broadening, learning, keeping our minds active and open." – *Clint Eastwood*
- "By the time you're eighty years old you've learned everything. You only have to remember it." – *George Burns*
- "Growing old is humbling and it takes effort to accomplish this stage of life with dignity." – *Kilroy J. Oldster*
- "You can't help getting older, but you don't have to get old." – *George Burns*
- "We don't grow older, we grow riper." – *Pablo Picasso*
- "I was brought up to respect my elders, so now I don't have to respect anybody." – *George Burns (at 100 years)*.

Unknown Wise Authors

- Age is an issue of mind over matter. If you don't mind, it doesn't matter!
- One benefit of old age is that your secrets are safe with your friends — they can't remember them either!
- With old age comes wisdom... and discounts!



Have a great SAGE Fun-Filled New Year!

References and Resources:

Inspirational Quotes, Funny Sayings, and Jokes for Senior Citizens <https://www.amsterdamprinting.com/blog/inspirational-quotes-funny-sayings-and-jokes-for-senior-citizens/>

The Best Elderly Quotes to Inspire Joy Quotes on Elderly Care <https://quotabulary.com/elderly-quotes>

SAGE cares because YOU care about your health.

Please always seek advice from your physician/nurse practitioner (HP's).



SAGE of South Florida

Lunch & Learn

January 7, 2023, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS - \$17.00 *GUESTS* - \$22.00

EVERYONE PAYS AT THE DOOR
DOORS OPEN AT 12:15PM

***Reservations MUST be made by 12:30PM on THURSDAY, January 5th, 2023,
BY SENDING AN EMAIL TO: sagesofl@gmail.com OR BY CALLING: 954.634.7219***



The speaker will be Mitch Zahn, Director of the sageUSA Friendly Visitor Program in Fort Lauderdale. The program offers social support to homebound elders through weekly visits and calls by volunteers.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

January Menu

Garlic Rolls

Tossed Salad

Pasta Pomodoro

Chicken Parmigiana

Fruit

Cannoli

Catered by:





SAGE Celebrates Our 2022 Milestone Birthdays

for Some of Our Most Senior Senior Members

Sunday, January 22, 2023 1:00 – 4:00pm

We are back at The Pride Center at Equality Park

2040 North Dixie Avenue, Wilton Manors

There is plenty of free parking available on-site

At This Time, Our 2022 Honorees include:

*Dick Angel-92 Harold Atchinson-75 David Cohen-91 Joyce Edelson-92 Larry Elwyn-85
Jerry Ganz-80 George Hasandras-75 Jerry Heaton-90 Gloria Key-91 Marilyn Lamkay-85
Gene Majka-75 Clayton Raney-95 Robert Smith-80 Joel Tendler-80 Richard Werner-80*

**If YOU are a Member who turned 75, 80, 85 or 90 (and above) in 2022, please contact
the SAGE Office, ASAP so we can add you to our list of Honorees**

A Sumptuous Italian Buffet Luncheon, Catered by Cusina Caruso of Oakland Park

Live Entertainment by James McCoy Duo - Dessert & Coffee

Pricing: \$24 @ Members and \$29 @ Non-Members

All Inclusive of Meal, Beverages, Dessert and Entertainment!

Member Cost is being partially subsidized by SAGE of South Florida

*******No REFUNDS *******

THE HONOREES WILL BE THE GUESTS OF SAGE.

IF YOU WOULD LIKE TO HELP DEFRAY SOME OF THAT COST PLEASE INDICATE BELOW.

Reservations Close NO LATER THAN: 1:00pm- Wednesday, January 18, 2023

SAGE Milestone Birthday Celebration Sunday January 22, 2023

Member Cost \$24 ---- Non-Member Cost \$29

Name: _____ Name: _____

Name: _____ Name: _____

I am adding \$ _____ for the Honorees.

Mail with Payment to: SAGE at P O BOX 70516 OAKLAND PARK, FL 33307

To make reservations by credit card call the SAGE message line at (954) 634-7219

A SAGE-SPONSORED ACTIVITY

THE SAGE / PRIME GENTLEMEN MONTHLY MOVIE



The tale of forbidden romance and changing social conventions follows three people and their emotional journey spanning decades.

Tom (**Harry Styles**) is a young police officer who conforms to everything expected of him in 1950s Britain – but he instinctively feels a desire for more. When earnest schoolteacher Marion (**Emma Corrin**) meets him on a summer beach, she's immediately befuddled and they begin a sparkling relationship. It isn't long, though, before the two encounter Patrick (**David Dawson**), a sophisticated museum curator. They become fast friends but, quietly in the background, Patrick invites Tom to explore his sexual identity, and a love triangle is formed that's as tender as it is tenuous. Tom is torn between his passion for Patrick and the love he holds for Marion, and the youthful abandon of the trio gives way to more serious confrontations. As this unfolds, we cut to their older selves (**Linus Roache, Gina McKee, and Rupert Everett**), decades later, living under the weight of having changed each other irrevocably. As the puzzle pieces of their fallout are slowly revealed, we're reminded of the existence of many intimate stories like these, lost to queer history.

FRIDAY, January 20th
1:30 PM @ the Pride Center
FREE POPCORN AND SODAS