

# The SAGE

The Newsletter of SAGE of South Florida

April 2020

---

## IMPORTANT MESSAGE REGARDING THE IMPACT OF THE CORONAVIRUS

*Please note that SAGE of South Florida has canceled all special events planned for April 2020. The April Lunch and Learn scheduled for Saturday, April 4, 2020, has been canceled. All regularly scheduled monthly activities have been suspended. Please see the Sage of South Florida Inc. Facebook page for current information or call the SAGE Message Line 954.634.7219.*

*Remember to maintain social distancing only in the physical sense. Don't isolate yourself. Stay connected with your friends, family and other SAGE of South Florida members by phone, text, email, and Facebook. Don't be afraid to reach out to others if you need help.*

*Be Safe. Stay Healthy. Wash your hands!*

---

## THANK YOU

Patrick S. Vida, *President*

This year, SAGE of South Florida celebrates our 26th year of providing social and educational activities in Broward and Palm Beach Counties. We honor the men and women who have given so much of themselves to build the thriving and vital organization that is our SAGE.

Listed below are the donors who contributed to the economic well-being of our organization during 2019. Thank you for your generosity. Your financial support of SAGE of South Florida allows us to continue our mission of enriching the lives of the senior members of our LGBTQ community.

And thank you to all who have contributed to SAGE of South Florida in 2019 by donating your time and energy to support our activities and events, by socializing and engaging with other members, and by spreading the word and encouraging your neighbors and friends to attend and support SAGE of South Florida.

### ARCHANGELS

*(Donations/Contributions of \$250 and above)*

David Dilts - Graphic Designs - Donald Mitchell - Ron Seidle and Fred Vega  
South Florida Tennis Club - Patrick S. Vida and David P. Durham - Stephen Thayer

### ANGELS

*(Donations/Contributions up to \$250)*

Lawrence Bartelsen - Carl Barton - Christopher Bates - Steven Braska - Judith Bowling - Francis Buckley  
Charles Christopher - Benjamin Conklin - Marc Flanagan - Dan Fountaine - Estate of David Goldberger  
Earl Graybeal - Elan Garonzik - William Hevert - Marc Horowitz - Martin Horowitz - Jean Johnson  
Michael Keller - Normand Leclair - Gene Majka - Julio Manzi - Mehdi Mehrpad - Roger O'Shea  
Joel Risch - Charles Scarcella - Richard Schwarz - Alan Sutherland - Terry Williams - Ron Wudarsky

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.  
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
PAMELA	LARSEN	Apr-02	MD	HUSSAIN	Apr-17
RONALD	SEIDLE	Apr-02	FRANK W	CAVANAUGH	Apr-20
BRUCE T	WILLIAMS	Apr-02	MICHAEL	KELLER	Apr-21
YOLANDA	SANTOS	Apr-03	ELAINE MICKI	MURPHY	Apr-21
JAMES V	FICKE	Apr-06	TOM TOMCAT	PENCE	Apr-21
RICHARD	BYRD	Apr-07	DAVID	GILMORE	Apr-25
MARTIN	HOROWITZ	Apr-08	FRED A	VEGA	Apr-28
JEAN	JOHNSON	Apr-09			
JOHN	GAMBINO	Apr-13			
ELIOT H	COHEN	Apr-14			
JANYCE	FORSTER	Apr-14			
LOUIS	SEAGULL	Apr-14			
PETER	CHARLTON	Apr-15			
JOHN	CHANDLER	Apr-16			

### 5 Year Anniversaries

HARVEY HOFFENBERG, ANDREW PLIVKA

### 10 Year Anniversaries

DOMINIC DESANTIS

### 15 Year Anniversaries

JIM ANDERSON, EMMA HINMANN, SHARON KNOWLES, PEGGY WATSON

### 20 Year Anniversaries

RICHARD SCHWARZ

### New Members

JACK ALMELEH, BILL BASIST, DAVID GILMORE, DAVID SHAPIRO, KURT WILHELM

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Patrick S. Vida  
**Vice President:** Carl Barton  
**Secretary:** Ken Goodman  
**Assistant Secretary:** Michael Vita  
**Treasurer:** Allen Churchman

### BOARD MEMBERS AT LARGE

John Chandler  
Lee Lawson  
Sal Orlando  
Marilyn Lamkay  
Kathy Macchio

### VOLUNTEERS

Jean Arthurton  
Hank Brooks  
Frank Cavanaugh  
Philip Collier  
Marc Flanagan  
Jefy Gaines  
Jean Johnson  
Caroline Leto  
Gene Majka  
Sonny Miller  
Ken Moore  
Frank Piasecki  
Ann Smith  
Norma Wingo

### Lifetime Members

BOB ADAMS – ROBERT J BOZEK – GEORGE CASTRATARO – DONALD CURIALE - MATT FARBER - PAUL FASANA – JODI A FISCHER  
MARC FLANAGAN – JOHN GAMBINO - RICHARD GILMER - KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY RICH-  
ARD E HERMAN – MD HUSSAIN - JAMES W LAIRD -MARILYN LAMKAY – TOMMASO LEPORE - PATTI LYNN  
KATHY MACCHIO - PAUL MCNAMARA - DAVID MURPHY – JACK MYERS - SAL ORLANDO - BRETT PEELER  
HUGH RANCE - CLAYTON RANEY - GARY RESNICK - WAYNE SCHREBE - ANN SMITH - ALLEN SPIESS  
ALAN R SUTHERLAND - STEVE THAYER - TONY TSAGRIS - RAQUEL C WHITE

**SAGE MISSION STATEMENT** SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax deductible donations.

**SAGE EDITORIAL POLICY** SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)  
Attn: Editor

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)  
**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](https://www.facebook.com/SageOfSouthFloridaInc)

**Mailing Address:** SAGE of South Florida  
PO Box 70516  
Oakland Park, FL 33307

Contents Copyright © 2020 SAGE of South Florida, Inc. All Rights Reserved (Except excerpts, under their own protections).

## REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

### THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Mondays of each month in Room 206 of The Pride Center**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session.

The topic scheduled for April 13th is *How Did Gay Men Talk About Sex Before Stonewall?*, presented by William Leap.

The topic scheduled for April 27th is *Fathers and Sons*, presented by Paul McNamara. Please email Ed Slough at **WILDHYBRID@aol.com** if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.

### SAGE WOMEN'S LUNCH

All women are welcome at SAGE Women's Lunch, **every 2nd Thursday of the month**, at the **Golden Corral, 7401 Commercial Blvd., Tamarac 33319 at 12:00 Noon**, to meet, greet, eat, and discuss current happenings. **Membership is encouraged after the second visit.**

This is a 'women only' SAGE event. SAGE has many other co-ed activities for women to enjoy and take advantage of, such as computer classes, a book club, a Round Table discussion group, and SAGE on the Border which meets at the Volen Center in Boca Raton. We're looking for a few good women. Come join our friendly family. **SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS!**

Contact Kathy at [kmbadabing@gmail.com](mailto:kmbadabing@gmail.com) for more information.



### SAGE ON THE BORDER/ ALTERNATIVES

Caroline Leto & Frank Piasecki

This Co-Ed discussion group meets  
**every Monday from 11:00 am to 1:00**

**pm, at The Volen Center, 1515 W. Palmetto Park Rd., Boca Raton 33486.** Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



### SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

**RESERVATIONS ARE REQUIRED.** Please see the enclosed flyer for more information.

### SAGE MEN'S NIGHT OUT

If you are a man who enjoys the company of other men, then we have an evening for you. Join your fellow SAGE of South Florida friends **every 4th Monday of the month** for an evening of cocktails, dinner, and lively conversation. **We are now meeting at TROPICS GRILLE, 2000 Wilton Drive, Wilton Manors, at 5:30pm** for drinks, followed by dinner at **6:30pm**. **PLEASE NOTE THE TIME CHANGE.** For more information, or if you have any questions, please call the SAGE Message Line at 954.634.7219.



### SAGE COMPUTER CLASS

Ken Goodman

By popular demand the SAGE Computer Class has begun teaching a full course, **"Windows 10 for Seniors"**, which meets weekly to help you learn

the basics of Windows 10.

Although instruction has begun and enrollment is closed, watch for announcements of future course offerings.

If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at [kennyg1944@outlook.com](mailto:kennyg1944@outlook.com). If there is enough interest, we will also schedule sessions to address these topics.

### SAGE BOOK DISCUSSION GROUP

Philip Collier

The SAGE Book Group has chosen an important classic for its April discussion – the 1912 novel **Death in Venice** by **Thomas Mann**. On the one hand, one can be awed by the complexity of the narrative, its haunting imagery, the richness of the symbolism and the layers of meaning which Mann was able to give such a short work. On the other hand, a plot involving an older man becoming obsessed with a beautiful young boy even from afar is designed to make 21st century readers feel uncomfortable. There is painful self-reflection, passion and truth in his writing. The themes he explores - artistic choices, the meaning of beauty, the struggle to accept the inevitability of decay and death - are confronting, challenging and ultimately deeply moving. In each heart there are unrequited desires; desires that hibernate for years only to awaken after the last days of summer have passed into the time when "to love that well which thou must leave ere long" is the only option. Please consider joining the SAGE Book Group in a discussion on **Saturday, April 11, 2020 at the Stonewall Library, 1300 E. Sunrise Blvd., Fort Lauderdale from 11am to 12 noon.** All are welcome and no reservation is required.





# SAGE Valentine's Dinner at Café Primavera



## SAGE Awards Anniversary Pins



**5 YEARS**

**CAROL CLARK** (center)



**5 YEARS**

**DAVID P DURHAM** (left)  
**PATRICK S VIDA** (right)



**10 YEARS**

**BRUCE WILLIAMS** (left)

*Photos contributed by Allen Churchman, Rex Coston, David Durham, Gene Majka, and others.*

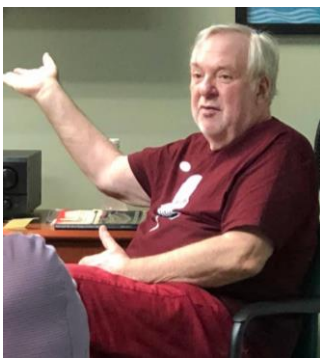
*View more photos by visiting our Photo Gallery at our Website: [www.sagewebsite.org](http://www.sagewebsite.org).*



# SAGE presents “An Afternoon with Brian McNought”



## The SAGE/PRIME GENTLEMEN Round Table



## SAGE Book Group



## SAGE Men's Night Out



## SOCIAL LITES *Sal Orlando*



What a wonderful time of year enjoying the spring holidays, too bad this current health scare is putting a big damper on everything. My thoughts and prayers go out to all those affected.

Unfortunately, due to the COVID-19 pandemic, we were forced to postpone our **Annual Meeting** on March 22nd slated to be held at **Tropical Acres**. Since our By-Laws mandate that we hold a general election by March, we will have to postpone the election and re-schedule this event for a future date after this issue is resolved.

**SAGE** also canceled all activities for this month. We were supposed to have a Meet-Up at **Rosie's** on **Tuesday, April 7th**. Then an **Old-Fashioned Picnic at Royal Palm Park** in Oakland Park on the **18th**. The City banned all public gatherings in public places until further notice.

**Save the Date: Thursday, May 14th**, SAGE goes to **Bona Italian Restaurant** on the Drive.

**Note:** For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment with a credit card or cash will be accepted either by phone or in person at the **SAGE** office.

As always, for ongoing activities, consult your SAGE Calendar for meeting times and places.

Stay Safe.

*Ciao for now.*



## NOTES FROM THE MEN'S DROP-IN

Carl Barton

SAGE Men's Drop-In meets every **Wednesday from 1:00pm to 3:00pm in Room 204 at The Pride Center**, so come in and participate in one of our weekly meetings! I am sure you

will enjoy our sometimes lively and informative discussions. New members and guests are always welcome. Drop-In would like to say goodbye and good luck to one of our long-time members, **Rex Coston**, who will be moving to the West coast of Florida. We'll miss you, Rex! My thanks to **Jefy Gaines** for his help co-hosting, and also thanks to **President Patrick S. Vida** for providing special baked goods. So, stop by for a great afternoon. And, we always end our meeting with some entertainment surprises. Join us!



Marc Flanagan

## SEE YOU AT THE MOVIES



Michael Vita

### Harry Hamlin Says Playing a Gay Man in 1982 Film 'Making Love', 'Ended' His Career: 'It Was Too Early'

Actor **Harry Hamlin** appeared on the *It Happened in Hollywood* podcast in which he spoke about his career, which he says took a nosedive after he appeared in the 1982 film **Making Love** as an openly gay man who begins an affair with a married doctor.

"It was like 10 years too early and it completely ended my career. That was the last studio picture I ever did. The door shut with a resounding smash."

Hamlin recalled that "everyone in town had turned" down the role because "at the time the idea of a gay world was not accepted at the time."

But the script was "exactly the kind of movie" Hamlin said he was looking for.

"I wanted to do something that's relevant and edgy, cutting edge," he said. Despite his devotion to the role and his hopes that it would be well-received, Hamlin said the part ended his career.

Before *Making Love*, Hamlin was one of the hottest actors in Hollywood having starred in *Clash of the Titans*. After the film's release, Hamlin said he struggled to get good roles until 1986 when he starred in television show *L.A. Law* in which he starred as Michael Kuzak.

Since then, Hamlin has gone on to star in television shows such as *Veronica Mars*, *Army Wives*, *Shameless*, *Mad Men* and *Glee*.

"I'm very proud of the movie and not a week goes by that people don't come up to me and — I'm serious about this: in the supermarket, on the street — and they thank me for making that movie," Hamlin said.

**MAKING LOVE:** Directed by **Arthur Hiller**, starring **Michael Ontkean**, **Kate Jackson** and **Harry Hamlin**.

Zack Elliot (Michael Ontkean) is a successful young doctor in the Los Angeles area married to Claire (Kate Jackson), an equally successful television network producer. They have been married for eight years and are generally happy in their relationship, sharing in common a love for Gilbert and Sullivan and the poetry of Rupert Brooke, to whom they were introduced by their elderly former neighbor, Winnie Bates (Wendy Hiller). Intending to start a family, the couple buy a big house together.

Unknown to Claire, Zack has been struggling with feelings of attraction to other men. He picks up men in his car and starts frequenting gay bars in West Hollywood on his lunch hour, although he does not follow through sexually. This changes when he meets Bart McGuire (Harry Hamlin), a gay novelist who comes to see him for a medical check-up. Bart leads a fairly hedonistic single lifestyle, picking up multiple sexual partners, frequenting gay bars and clubs, occasionally taking recreational drugs. Zack and Bart are mutually but unspokenly attracted to each other and go out for lunch.



*Continues on back cover*





## SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to [sagesofl@gmail.com](mailto:sagesofl@gmail.com).

A few of our SAGE fellows have mean high on drugs (I am sure ended kidney stones. Kidney where the urine is produced connect the kidneys to the as a pebble or grain of sand but once tell me he had boulders.



been stoned. No, I do not some have) but have experienced kidney stones form inside the kidneys and enter the ureters which bladder. Stones can be small can be larger. I had a patient REALLY!



The kidneys maintain the body balance of water, mineral and salts. Kidneys excrete urine through a filtering process and substances as calcium, oxalate and phosphate are normally dissolved. BUT when these substances are too concentrated, they form crystals and attach to each other thus forming stones. There are many types (consistency and shape) of stones. If you have a family history you may also develop stones. Those with elevated thyroid levels can develop calcium stones.

### Symptoms

You may not have symptoms until the stones start to move around your kidney or ureter. The pain can be mild to excruciating - some say it is equal to childbirth. Stone size doesn't matter. A small stone can give you more pain than a larger one. The most common pain is in your side or back, below the ribs. If the stone is moving in your ureter the pain will be in your lower abdomen or groin. Urinating frequently and bloody urine, with pain, may occur.

### Diagnosis

Urine and blood tests can reveal if you have a high concentrate of those minerals. Imaging tests, such as abdominal x-rays and CAT scans, can reveal stones.

### Treatment

Small stones may pass through without treatment. You will have to pee into a strainer that fits on your toilet so that when the stone passes a lab can determine the make-up of the stone. Shock wave lithotripsy (outpatient) treatment is where you are submerged in a vat of water and shock waves are sent to the area to break the stone to pieces so they can be passed. Cystoscopy and ureteroscopy are procedures which entail going through the urethra (tube from your bladder to the outside) and enabling the urologist to smash the stone so it can pass. Percutaneous nephrolithotomy is a procedure in which the urologist makes a small incision in your back and inserts a tube to extract or break up the stone. This procedure requires anesthesia and a 3- to 4- day hospital stay.

### Prevention

You should drink six to eight eight-ounce glasses of water a day or more as prescribed by your health care provider. There are medications and diet modifications that can prevent future stones which are based on the type of stone you had. Follow the specific diet prescribed by your health care provider. So, let's be as the Jimmy Hendrix song says: "Stone Free."

### References and Resources:

- ▶ <https://www.hopkinsmedicine.org/health/conditions-and-diseases/kidney-stones>
- ▶ <https://www.niddk.nih.gov/health-information/urologic-diseases/kidney-stones/symptoms-causes>
- ▶ <https://www.webmd.com/kidney-stones/understanding-kidney-stones-symptoms>
- ▶ <https://www.mayoclinic.org/diseases-conditions/kidney-stones/symptoms-causes/syc-20355755>

**SAGE cares because YOU care about your health.**  
**Please always seek advice from your physician/nurse practitioner (HP's).**  
**Thank you to my editors Ann Smith GNP and Martin Horowitz, MD.**

***Continued from page 6***

A few days later, Zack calls Bart and asks him on a dinner date. He lies to Claire, saying he has to work late. At Bart's house, Zack and Bart talk and it becomes clear that Zack is not yet able to identify as gay, instead labeling himself "curious." That night Zack and Bart go to bed together, which is the first time Zack has ever had sex with another man. Afterwards, Zack wants to stay the night, but Bart, following his usual pattern, brushes him off. Angered, Zack leaves but returns the next day to confront Bart further about Bart's fear of intimacy. Bart makes plans for them to get together during the weekend.

Claire, concerned about the growing distance in her marriage, goes to her boss seeking a year-long leave of absence. Instead, he promotes her and sends her to New York City on a weekend business trip. Zack takes advantage of the opportunity to spend more time with Bart, but they end up arguing. Zack calls the outline for Bart's new novel less than honest, and Bart confronts Zack about his own lack of honesty about his sexuality. That night in bed, Zack tells Bart that he loves him. The next morning, fearful of his own growing feelings for Zack, Bart pushes him away again. When Claire returns home from her trip, Zack is forced to deal with her reaction when he confesses his feelings for other men.

***Making Love*** will be presented on **Monday, April 20, 2020 at 4:00pm, Room 204 of The Pride Center.** Run time: 1 hour, 51 minutes.

## **MAYOR JUSTIN FLIPPEN**

We all mourn the tragic loss of Wilton Manors Mayor Justin Flippen who died unexpectedly in February. Mayor Flippen was a passionate leader in the LGBT community and a friend and supporter of our organization. He signed a Proclamation honoring SAGE of South Florida on our 25<sup>th</sup> Anniversary and attended our celebration last September. SAGE of South Florida has made a donation to the Justin Flippen Memorial Fund at Our Fund to honor his legacy of outstanding public service.



### **FRIENDLY SUPPORT PROGRAM**

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

**For Women – Jean Johnson & Norma Wingo @ 954.804.3013      For Men – Michael Vita @ 786.586.4286**

### **SAGE MEMBERS IN NEED**

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County – 954.745.9779**

**In Palm Beach County – 561.684.5885**

### **BEREAVEMENT GROUP**

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Anne Atwell – 954.462.2004x208**

**Anne@sunshinecathedral.net**