

# The SAGE

The Newsletter of SAGE of South Florida

March 2020

## AWARDS TO BE PRESENTED at 26<sup>TH</sup> ANNUAL MEETING

ON MARCH 5, 1995, in the meeting room of the *Galleria Mall*, S.A.G.E. of Broward County held its first Annual Membership Meeting. SAGE had been formed in May, 1994, to create an organization that would be supportive of the senior gay and lesbian community and try to make a difference in people's lives.

Now, twenty-five successful and eventful years later, as **SAGE of South Florida**, we are proud to hold our **26<sup>TH</sup> ANNUAL MEETING** on **SUNDAY, MARCH 22, 2020**, at **TROPICAL ACRES STEAKHOUSE, 2500 Griffin Road, Fort Lauderdale, (954) 989-2500**, at which we will formally acknowledge certain individuals who have demonstrated during the previous year their contributions for the greater good of both SAGE of South Florida and our community. We invite you to join us as we honor....

**EDWARD SLOUGH – the Spirit of SAGE Award.** This is our highest honor, given to recognize a Member's support of both SAGE of South Florida and the community at large.

**GENE MAJKA – the President's Award.** This award is presented to a former Board Member in recognition of their unique talents in support of SAGE of South Florida and its mission.

**ANN SMITH – Female Volunteer of the Year.**

**FRANK PIASECKI – Male Volunteer of the Year.**

**SOUTH FLORIDA TENNIS CLUB – John Gearrity Donor Award.**

PLEASE JOIN US AT THE ANNUAL MEETING WHEN WE RECOGNIZE THE CONTRIBUTIONS OF THESE EXCEPTIONAL INDIVIDUALS.

Consult the enclosed flyer for additional information.



## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.  
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
RICHARD	FRAZER	Mar-04	RICHARD	GILMER	Mar-17
LORI	AZA	Mar-05	EILEEN	LANCELLA	Mar-18
LAWRENCE	BARTELTSEN	Mar-06	KATHY	MACCHIO	Mar-18
RUPERT	BLEARIE	Mar-07	PAUL	ROCK	Mar-19
LOUIS	MESSINA	Mar-11	TROY	ROBINSON	Mar-22
BILL	SAWYER	Mar-11	PAUL	WENEGRAT	Mar-28
KEN	RUTHERFORD	Mar-14	NORMAN	PETERS	Mar-29
NORMAN	SCHRIER	Mar-15	DENNIS	MARTELL	Mar-30
CHUCK	DAVIS	Mar-16	MARC	HOROWITZ	Mar-31
JONATHAN	CHAPMAN	Mar-17			

### 5 Year Anniversaries

CAROL CLARK, DAVID P. DURHAM, PATRICK S. VIDA

### 15 Year Anniversaries

JACK MYERS

### 10 Year Anniversaries

PHILIP A. COLLIER

### New Members

PETER CHARLTON, SUE CHARRON, DENNIS ELLIOT, TOM SYLVIA, HOWARD TERRY, ETHEL WEINBERGER

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Patrick S. Vida  
**Vice President:** Carl Barton  
**Secretary:** Ken Goodman  
**Assistant Secretary:** Michael Vita  
**Treasurer:** Allen Churchman

### BOARD MEMBERS AT LARGE

John Chandler  
Lee Lawson  
Sal Orlando  
Marilyn Lamkay  
Kathy Macchio

### VOLUNTEERS

Jean Arthurton  
Hank Brooks  
Frank Cavanaugh  
Philip Collier  
Marc Flanagan  
Jefy Gaines  
Jean Johnson  
Caroline Leto  
Gene Majka  
Sonny Miller  
Ken Moore  
Frank Piasecki  
Ann Smith  
Richard Werner  
Norma Wingo

### Lifetime Members

BOB ADAMS – ROBERT J BOZEK – GEORGE CASTRATARO – DONALD CURIALE - MATT FARBER - PAUL FASANA – JODI A FISCHER  
MARC FLANAGAN – JOHN GAMBINO - RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY RICH-  
ARD E HERMAN – MD HUSSAIN - JAMES W LAIRD -MARILYN LAMKAY – TOMMASO LEPORE - PATTI LYNN – KATHY MACCHIO  
PAUL MCNAMARA - DAVID MURPHY – JACK MYERS - SAL ORLANDO - BRETT PEELER - HUGH RANCE - CLAYTON RANEY  
GARY RESNICK - WAYNE SCHREBE – ANN SMITH - ALLEN SPIESS - ALAN R SUTHERLAND - STEVE THAYER – RAQUEL C WHITE

**SAGE MISSION STATEMENT** SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida “not for profit” corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax deductible donations.

**SAGE EDITORIAL POLICY** SAGE welcomes contributors to the newsletter. An author may request their entry be “anonymous”. However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)  
Attn: Editor

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)  
**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](https://www.facebook.com/SageOfSouthFloridaInc)

**Mailing Address:** SAGE of South Florida  
PO Box 70516  
Oakland Park, FL 33307

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## REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

### THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Mondays of each month in Room 206 of The Pride Center**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session.

The topic scheduled for March 9th is *My Life in Chicago's Volatile LGBTQ Press*, presented by Rick Karlin. The topic scheduled for March 23rd is *Healthy Aging/Well-Being*, presented by Dr. Debra Hain. Please email Ed Slough at **WILDHY-BRID@aol.com** if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.

### SAGE WOMEN'S LUNCH

All women are welcome at SAGE Women's Lunch, **every 2nd Thursday of the month**, at the **Golden Corral, 7401 Commercial Blvd., Tamarac 33319 at 12:00 Noon**, to meet, greet, eat, and discuss current happenings. **Membership is encouraged after the second visit.**

This is a 'women only' SAGE event. SAGE has many other co-ed activities for women to enjoy and take advantage of, such as computer classes, a book club, a Round Table discussion group, and SAGE on the Border which meets at the Volen Center in Boca Raton. We're looking for a few good women. Come join our friendly family. **SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS!**

Contact Kathy at [kmbadabing@gmail.com](mailto:kmbadabing@gmail.com) for more information.



### SAGE ON THE BORDER/ ALTERNATIVES

Caroline Leto & Frank Piasecki

This Co-Ed discussion group meets **every Monday from 11:00 am to 1:00**

**pm, at The Volen Center, 1515 W. Palmetto Park Rd., Boca Raton 33486.** Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



### SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

**RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.**



### SAGE MEN'S NIGHT OUT

John Chandler

If you are a man who enjoys the company of other men, then we have an evening for you.

**Every 4th Monday of the month**, SAGE Board member John Chandler co-ordinates an evening of cocktails, dinner, lively conversation, and meeting and making friends begins with drinks. **We are now meeting at TROPICS GRILLE, 2000 Wilton Drive, Wilton Manors at 5:30pm** for drinks, followed by dinner at **6:30pm. PLEASE NOTE THE TIME CHANGE.** For more information, or if you have any questions, please contact John at 561-704-1004 or Email him at [johnchandler436@aol.com](mailto:johnchandler436@aol.com).



### SAGE COMPUTER CLASS

Ken Goodman

By popular demand the SAGE Computer Class has begun teaching a full course, **"Windows 10 for Seniors"**, which meets weekly to help you learn the basics of Windows 10.

Although instruction has begun and enrollment is closed, watch for announcements of future course offerings. If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at [kennyg1944@outlook.com](mailto:kennyg1944@outlook.com). If there is enough interest, we will also schedule sessions to address these topics.

### SAGE BOOK DISCUSSION GROUP

Philip Collier

**Jamie O'Neill's At Swim, Two Boys** is a triumph. The title echoes that of Flann O'Brien's masterpiece, *At Swim-Two-Birds*, and it more than bears the comparison. This novel grabs you from the first page and sweeps you through the epic events of the year leading up to Ireland's 1916 Easter Rising. It tells the story of the love affair between two young boys in an Ireland where homosexuality was a crime and the Catholic Church had an absolute stranglehold. Jim and Doyler are from opposite ends of the social spectrum, but are bound by a common desire to swim to the Muglins rock and raise the Irish flag to claim this tiny outcrop for themselves and their nation. Their bid for sexual and social independence is set against the backdrop for the national demand for political independence. O'Neill's historical accuracy is extraordinary, his narrative fast, hilarious and tender. Please consider joining the SAGE Book Group in a discussion on **Saturday, March 14, 2020 at the Stonewall Library, 1300 E. Sunrise Blvd., Fort Lauderdale from 11am to 12 noon.** All are welcome and no reservation is required.





# SAGE Milestone Birthday Celebration





# FROM BROADWAY TO THE SILVER SCREEN



with MICHAEL VITA



## SAGE Celebrates the Life of CARL M. GALLI



Photos contributed by Allen Churchman, Rex Coston, David Durham, Gene Majka, and others.

View more photos by visiting our Photo Gallery at our Website:

[www.sagewebsite.org](http://www.sagewebsite.org)

## SOCIAL LITES *Sal Orlando*



Spring is here! What a wonderful time of year, except that it's a prelude to our hot, sticky summer which will soon be upon us.

This past month we celebrated **Valentine's Day** on February 16th at **Cafe Primavera**. The event was sold out weeks in advance. What a turn out. Of course, being catered by none other than **Chef Giacomo**, what else could we expect? The food was absolutely delicious, the waiters wonderful, and the ambiance very festive. Everyone enjoyed themselves.

This month, we go to **Tropical Acres** on **Sunday, March 22th**, at 12pm for Cocktails and Conversation followed by 1pm Dinner, for our **Annual Meeting** at which **SAGE of South Florida** elects its Board Members for the coming year. What a great venue - wonderful service and great food in our very own private banquet room. It promises to be a terrific affair with top-notch entertainment. Don't forget to get your reservations in before the deadline, **Tuesday, March 17th**.

Save The Date:

**Tuesday, April 7**, we return to **Rosie's for a Meet Up**  
**April 18, SAGE Picnic at Royal Palm Park**

**Note:** For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment with a credit card or cash will be accepted either by phone or in person at the **SAGE** office.

For ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Ciao for now.



## NOTES FROM THE MEN'S DROP-IN

Carl Barton

SAGE Men's Drop-In meets every **Wednesday from 1:00pm to 3:00pm in Room 204 at The Pride Center**, so come in and participate in one of our weekly meetings! I am sure you will enjoy our sometime lively and informative discussions. New members and guests are always welcome. Thanks to **Jefy Gaines** for his able co-hosting, and thanks to **President Patrick S. Vida** for providing special baked goods. In the upcoming weeks we will be featuring some guest speakers, so stop by for a great afternoon. And, we always end our meeting with some entertainment surprises. Join us!



Marc Flanagan

## SEE YOU AT THE MOVIES



Michael Vita

Many of my fellow SAGE'ers request my opinion about a movie that they saw. They seem often amazed that the writer hasn't seen the film. While their input is appreciated, significant time is invested before viewing most films. Luckily, this has resulted in witnessing many great motion pictures and memorable moments. In alphabetical order, ten instances and year the movie premiered are noted. Subsequently, let's keep the conversation going by comparing these with your list.

**Breaking Away (1979):** This coming of age production chronicles a quartet of buddies that live in a college town who are not academically-inclined. One of the guys (Slacker) and fraternity jocks enter a bike race to impress a lassie. When Slacker achieves a milestone, his idea of breaking away is truly impressive.

**Brokeback Mountain (2005):** This LGBT classic has many memorable scenes. As it concludes, Heath Ledger's character visits the parents of his deceased secret love. When he leaves them, they give him the suit their son often wore. Dancing alone while holding the clothing on a hanger is perhaps the most poignant scene.

**Deathtrap (1982):** A creativity-impaired author and his protégé expose their neurotic fascination for each other. This results in a kiss between them which comes out of nowhere. Incidentally, the film was viewed with my father and stepmom. Their tepid reaction is what led to coming out to them soon thereafter.

**Life Is Beautiful (1997):** A family is sent to an Italian concentration camp during WW2. Mom and dad make every effort to assure that their young son tolerates the experience and lives a long, healthy life. The incident where the boy encounters his liberator, an American GI, melts the most insensitive heart.

**Private Parts (1997):** This chronicles how shock jock Howard Stern achieves his fame by simulating events from his career. Stern's boss at a radio station has a temper tantrum that is reminiscent of typically unpleasant encounters in the workplace. Another take-away is Stern's sanitized recollection of the incident.

**Purple Rose of Cairo (1985):** In this unheralded Woody Allen flick, there's a scene where a forlorn frequenter of the cinema gets the attention of the movie's characters. As they walk off the screen into the audience, what is recognized as interactive today was regarded as a hilarious fantasy back in the day.

**Rocky (1976):** If this writer had achieved adulthood when this film was shown, there would have been perhaps something less clichéd than the premier edition of Rocky Balboa's rise and fall. However, it did depict how dedicated the character is, particularly when he devours a glass of raw eggs.

**Shall We Dance? (1996):** In this Japanese charmer, a businessman is stuck in middle age dilemmas. The antidote is for him to join a ballroom dancing class that turns competitive. However, he's reticent about revealing this to family. Unbeknownst to him, they are in the audience when he eyeballs them. Chaos, followed by redemption, ensues.

*Continues on back cover*





## SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to [sagesofl@gmail.com](mailto:sagesofl@gmail.com).

### HA

HA is not funny. It appears that a disease is not a disease unless it has an acronym.

HA is the acronym for Headache. Headaches in seniors are less common than in younger persons, but they are still a cause for concern. Headaches in seniors usually are from other medical conditions and become more prevalent with age. The use of multiple chronic medications in the elderly also increases the risk for pharmacy-induced headache.



### Types of Headaches

**Tension-Type Headache** (TTH, OY! another acronym) is the most common type of primary headache in older adults. The signs and symptoms of a tension headache are:

- Dull, aching head pain, back of your head and shoulder muscles,
- Sensation of tightness or pressure across your forehead or on the side
- Tenderness on your scalp, neck

Tension headaches are divided into two main categories — episodic and chronic.

#### *Episodic tension headaches*

These headaches can last from 30 minutes to a week. Frequent episodic tension headaches occur **less** than 15 days a month for at least three months. Frequent episodic tension headaches may become chronic.

#### *Chronic tension headaches*

This type of tension headache lasts hours and may be continuous. This headache occurs 15 or **more** days a month for at least three months.

### Migraine

Migraine HA is a recurrent attack of headache. Patients describe it as severe throbbing pain or a pulsing sensation, usually on one side of the head. It is commonly accompanied by nausea, vomiting, and sensitivity to light and sound.

Pre migraine HA symptoms may occur one or two days before the attack. These may include constipation or diarrhea, mood changes, appetite changes including food cravings, concentration difficulties, cold extremities, increased thirst, frequent urination and constant yawning. Some people have symptoms known as an aura before or together with the headache. These include visual disturbances and sensory abnormalities such as a tingling or touching sensation on one side of the face or in an arm or a leg. The exact cause of migraines is unknown, but they're believed to be the result of abnormal brain activity, partly caused by imbalances in brain chemicals. There is no cure for migraines, but medication is available to treat the symptoms.

### Cluster Headache

Cluster headache, aka histamine headache, is a rare disorder that affects about 1-2 people in every 1,000. It is characterized by severe pain on one side of the head, often in the eye, temple or forehead. The pain may begin quickly, without warning, be very intense, but usually not last for more than 1-2 hours.

### When to seek medical assistance

#### *Contact your health care practitioner:*

- If tension headaches disrupt your life or you need to take medication for your headaches more than twice a week
- The pattern changes or your headaches suddenly feel different. Occasionally, headaches may indicate a serious medical condition.

#### *Emergency:*

- Abrupt, severe headache
- Headache with a fever, stiff neck, mental confusion, seizures, double vision, weakness, numbness or speaking difficulties
- Headache after a head injury, especially if the headache gets worse.

### Prevention

Living a healthy lifestyle may help prevent headaches: Get enough sleep, don't smoke, exercise (Yeah that "E" word) regularly, eat regular and balanced meals, drink plenty of water, limit alcohol (avoid hangover HA), caffeine and sugar.

### References and Resources:

- ▶ <https://www.neurologyadvisor.com/advisor-channels/headache-migraine-advisor/headache-in-older-adults-unique-causes-and-treatments/>
- ▶ <https://www.mayoclinic.org/diseases-conditions/tension-headache/symptoms-causes/syc-20353977>
- ▶ <https://www.docsofopinion.com/2017/07/17/causes-headache/>
- ▶ <https://www.ninds.nih.gov/Disorders/All-Disorders/Migraine-Information-Page>

**SAGE cares because YOU care about your health.**  
**Please always seek advice from your physician/nurse practitioner (HP's).**  
**Thank you to my editors Ann Smith GNP and Martin Horowitz, MD.**

*Continued from page 6*

**The Sound of Music (1965):** This movie continues to elicit positive emotions after all of these years. The most noteworthy is when the captain becomes reacquainted with Maria upon her return from the convent. Then, they reveal when they started having feelings for each other. Consequently, the chemistry between them is palpable.

**West Side Story (1961):** This production with a prominent gay influence has numerous scene stealers. One unheralded incident shows a member of the Jets gang admitting to his friend that he cried mourning the apparent death of Tony. This is perhaps the inaugural instance when gender fluidity is demonstrated.

The January film, **Crazy Love**, has been rescheduled for **Monday, March 16 at 4pm in Room 204 of The Pride Center**. The running time is 92 minutes with dinner to follow.

## IN MEMORIAM

**John Colavecchio** passed away on January 27, 2020. John was born in New York City and retired to Florida. Our condolences go out to all who had the pleasure of knowing him. He will be missed by his children and his SAGE of South Florida family.



## SAGE of South Florida

### Financial Report for Fiscal Year Ending December 31, 2019

	2019 Budget	YTD Actual	Variance Over/Under Budget	NOTES TO FINANCIALS:
<b>REVENUE:</b>				
Contributions (1)	13,650	7,176	(6,474)	(1) Contributions from Members, Annual Year End Campaign and Bequests.
Membership Dues	11,000	9,903	(1,097)	
Interest Income (2)	3,600	3,296	(304)	(2) Interest Income derived from SAGE's Edward Jones Investment Account
Miscellaneous Revenue	0	202	202	
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<b>TOTAL REVENUE</b>	<b>28,250</b>	<b>20,577</b>	<b>( 7,673)</b>	(3) Monthly Newsletter costs include printing and envelopes.
<b>EXPENSES:</b>				(4) Office supplies include office operation, telephone, computer software/hardware and website expense.
Insurance	1400	1,395	(5)	(5) Postage includes office mailings, membership mailings and monthly newsletter.
Newsletter (3)	6,300	6,395	95	(6) Rental costs include office space that SAGE maintains at The Pride Center and off-site storage unit.
Office Supplies (4)	3,100	2,713	(387)	(7) Community Activities include SAGE sponsored Concerts, Educational Forums and Other Events held at The Pride Center.
Postage (5)	1,700	1,510	(190)	(8) SAGE Social and Educational Activities generated Revenue of \$20,310 and Expenses of \$25,769 resulting in a Deficit of \$(5,459).
Rent (6)	7,150	7,237	87	
Community Activities (7)	4,000	2,043	(1,957)	
Miscellaneous Expense	100	70	(30)	
Special Event Costs (8)	4,500	5,459	959	
	-----	-----	-----	
<b>TOTAL EXPENSE</b>	<b>28,250</b>	<b>26,822</b>	<b>(1,428)</b>	
		=====		
<b>NET REVENUE/(EXPENSE)</b>		<b>( 6,245)</b>		

## FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

**For Women – Jean Johnson & Norma Wingo @ 954.804.3013      For Men – Michael Vita @ 786.586.4286**

## SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County – 954.745.9779**

**In Palm Beach County – 561.684.5885**

## BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Anne Atwell – 954.462.2004x208**

**Anne@sunshinecathedral.net**



# SAGE EVENT CALENDAR

## March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	<b>3</b>	<b>4</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>5</b>	<b>6</b>	<b>7</b> 10:00 am SAGE Board Meeting 12:30 pm SAGE Monthly Luncheon  <b>Both held at Herb Skolnick Center in Palm Aire</b>
<b>8</b> <b>Daylight Saving Time starts</b>  2:00 pm Brian McNaught Literary Event	<b>9</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center  2:30 pm Roundtable at The Pride Center	<b>10</b>	<b>11</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>12</b> 12:00 pm SAGE Women's Lunch at Golden Corral	<b>13</b>	<b>14</b> 11:00 am SAGE Book Club @ Stonewall Library
<b>15</b>	<b>16</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center  4:00 pm SAGE Movie at Pride Center AVRoom 204	<b>17</b> St. Patrick's Day	<b>18</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>19</b>	<b>20</b> 1:30 pm SAGE and Prime Gentlemen's Movie	<b>21</b>
<b>22</b> 12:00 pm SAGE Annual Meeting at Tropical Acres	<b>23</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center  2:30 pm Roundtable  5:00 pm Men's Night Out at Tropics Grille	<b>24</b>	<b>25</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	<b>31</b>				

# **UPCOMING SAGE EVENTS**

**Sunday, March 8, 2020 at 2 pm, Literary Event with Brian McNaught at The Pride Center, Free to the Public**

**Sunday, March 22, 2020 Join SAGE of South Florida's members and guests at our 2020 Annual Meeting and Dinner at Tropical Acres. Cocktails (cash bar) at 12 noon and Dinner at 1pm.**

**Tuesday, April 7, 2020 SAGE of South Florida Meet Up at Rosie's Bar and Grill, on the Drive in Wilton Manors. Cocktails (cash bar) at 5:30 pm Dinner at 6 pm.**

**Saturday, April 18, 2020 SAGE of South Florida's Annual Picnic to be held at Royal Palm Park, 1701 NW 38<sup>th</sup> Street in Oakland Park, FL. Sorry no pets allowed.**

## **Community Events**

**GLBTQ VETERAN'S DROP IN GROUP** sponsored by the Gold Coast Chapter of AVER meets the 2nd Tuesday of each month at 7:00 pm, at SunServe (2312 Wilton Dr. in Wilton Manors)

**PRIDE OF THE AMERICAS 2020: April 21-26, 2020 in Fort Lauderdale – Bringing global attention to the LGBT+ communities on two continents and 53 nations. Greater Fort Lauderdale invites everyone under the sun to the very first Pride of the Americas. For more information go to:**

**<https://www.sunny.org/prideamericas/>**



**March 7, 2020 at 12:30 pm**  
**HERB SKOLNICK COMMUNITY CENTER**

800 SW 36th Avenue, Pompano Beach, FL

**RESERVATIONS REQUIRED**

**Members \$15.00      Guests \$20.00**

Everyone Pays at the Door

Doors Open at 12:00 pm

Reservations must be made by 12:30 pm on  
Thursday, March 5, 2020 by calling  
954.634.7219



2-1-1 Broward is the live, 24-hour comprehensive helpline, providing all people with crisis, health and human services support and connecting them to resources in our community. 2-1-1 Broward can help you find food, housing, health care, senior

services, child care, legal aid and much more. Join us on March 7th and find out more.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and their guests.

**LUNCH & LEARN IS A SAGE-SPONSORED ACTIVITY**

**MARCH MENU**

**Romaine Hearts Salad**

**Vegetable Lasagna**

**Beef Rollatini**

**(Mushroom & Spinach Stuffed Beef Loin with a Tomato & Beef Glace)**

**Grilled Chicken Breast available**

**Carrots & Roasted Potatoes**

**Caramel Flan**

*Catered By*



**SAGE WANTS YOU !**

**PLEASE JOIN TODAY**



**The NEW membership form is on the reverse side.**

**The new membership categories are:**

- **\$35 Single Membership with Newsletter Electronically from SAGE Website**
- **\$45 Single Membership with Newsletter mailed to you via US Post Office**
- **\$60 Couple Membership with Newsletter Electronically from SAGE Website**
- **\$70 Couple Membership with one Newsletter Electronically and one mailed via US Mail**
- **\$300 for An Individual Lifetime Membership**

**Thank you very much for your support and participation.**



SAGE of South Florida, Inc  
**SAGE MEMBERSHIP FORM**

RENEWAL ☐  
NEW MEMBER ☐

Member 1: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Member 2: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone 1: \_\_\_\_\_ Cell Phone 1: \_\_\_\_\_ Birthday 1 (Month/Day) \_\_\_\_/\_\_\_\_

Home Phone 2: \_\_\_\_\_ Cell Phone 2: \_\_\_\_\_ Birthday 2 (Month/Day) \_\_\_\_/\_\_\_\_

E-Mail 1: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

E-Mail 2: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

**SAGE Annual Membership Fees/Newsletter Mailing Options: CHECK THE APPROPRIATE LINE**

1. \$35 Single Membership with Newsletter Electronically from SAGE Website \_\_\_\_
2. \$45 Single Membership with Newsletter mailed to you via US Post Office \_\_\_\_
3. \$60 Couple Membership with Newsletter Electronically from SAGE Website \_\_\_\_
4. \$70 Couple Membership with one Newsletter Electronically from SAGE Website  
and one mailed via US Post Office \_\_\_\_
5. \$300 for An Individual Lifetime Membership \_\_\_\_
6. \$\_\_\_\_\_ as a special Gift to SAGE \_\_\_\_
7. I want to remember SAGE in my will. Please contact me \_\_\_\_

**As a member of SAGE, I give permission for the use of my name and my likeness in any photo or image taken at, and used to promote, SAGE sponsored activities. SAGE does not share your contact information with third parties**

**Please enclose your check made payable to SAGE of South Florida for the option you checked above. If paying by Credit Card please fill out section below.**

**Mail to: PO Box 70516, Oakland Park, FL 33307 - SAGE Message Line 954-634-7219**

**For Snowbirds Only**

Dates to change my mailing address: From \_\_\_\_\_ / \_\_\_\_\_ to \_\_\_\_\_ / \_\_\_\_\_ as follows:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Pay by Credit Card:**

I authorize SAGE of South Florida, Inc. to charge my: (check one) \_\_\_\_ Visa \_\_\_\_ MasterCard \_\_\_\_ Amex

in the amount of \$\_\_\_\_\_ Credit Card Number:

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Name as it appears on Card: \_\_\_\_\_ Exp. Date: \_\_\_\_ / \_\_\_\_ Security Code: \_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone # \_\_\_\_\_



# SAGE ANNUAL MEETING AT TROPICAL ACRES



Join SAGE for our 2020 Annual Meeting at Tropical Acres

2500 Griffin Road, Ft. Lauderdale, FL 954-989-2500

Sunday March 22, 2020 12:00pm for Cocktails (Cash Bar) and 1:00pm for Dinner

Entertainment by Brendan Fratus

Menu for the Afternoon:

Starter – Rolls & Butter - Caesar Salad

Choose from one Entrée:

Prime Rib

Chicken Francaise

Scrod

All Entrees served with Whipped Potatoes & Chef Choice of Vegetables

Dessert - Cheesecake or Fruit Cup

Dinner includes Coffee, Tea, or Iced Tea **(At Table Only)**

Pricing: \$26 Members - \$33 Non-Members

(A Portion of Member Cost Subsidized by SAGE)

**Reservations Close 1:00pm Tuesday March 17, 2020**

\*\*\*\*\*

Tropical Acres Sunday March 22, 2020

#\_\_\_ Member @ \$26 #\_\_\_ Non-Member @ \$33 Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Mail Payment to: SAGE at PO Box 70516, Oakland Park, FL 33307

Questions: Call the SAGE Message Line at 954-634-7219 - This is a SAGE Sponsored Event



## ***SAGE of South Florida***

*Is Proud to Present*

### **“An Afternoon with Brian McNaught”**

***“No one has done a better job of chronicling what it is like to be gay in America.”***

*- Congressman Barney Frank, Former Representative from Massachusetts*

**Sunday, March 8, 2020 - 2:00pm**

**The Pride Center**

**2040 N. Dixie Highway, Wilton Manors**



Since 1974, Brian has drawn on his personal experiences and his skills as a sexuality educator to help audiences understand what it's like to grow up gay and to deal with the common, daily challenges faced by LGBTQ people at work, at home, in their churches, and in their neighborhoods around the world.

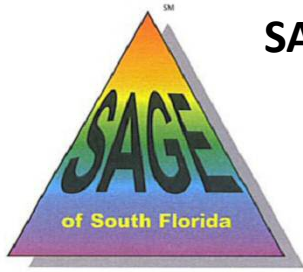
*(Carson Kressley presents Brian McNaught Stonewall's 2019 Lifetime Legacy Award.)*

Named “the godfather of gay diversity training” by *The New York Times*, Brian McNaught is considered one of the world's leading corporate diversity consultants. He is the author of 11 books on LGBT issues, some of which have been used as college texts, and the focus of seven DVDs, three of which were aired on public access television stations throughout the United States. He has addressed hundreds of professional and university audiences throughout North America, Europe, and Asia. Locally, Brian is the SFGN author of the column, “Two Guys and a Dog.” *(The majority of Brian's books, as well as his DVDs, are now available for free on his web site, [www.brian-mcnaught.com](http://www.brian-mcnaught.com).)*

Brian is certified by the American Association of Sex Educators, Counselors and Therapists (AASECT) as a sexuality educator. He and his husband, Ray Struble live in Wilton Manors, FL., and Tupper Lake, NY.

*This is a Free Event & Open to the Public – Light Refreshments Served*



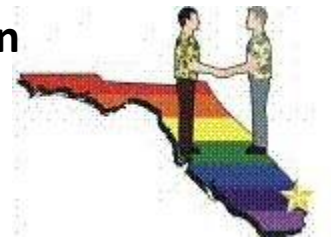


# SAGE of South Florida & Prime Gentlemen present

## *Mary Queen of Scots*

March 20, 2020 at 1:30 pm

Pride Center, Main Hall



In *"Mary Queen of Scots"*, Mary Stuart is Queen of France at sixteen and widowed at eighteen and defies pressure to remarry. Instead, she returns to her native Scotland and ordered a marriage with the English throne. However, Scotland and England fall under the rule of the compelling Elizabeth I. Each young Queen beholds her sister in fear and fascination. In rivalry for power and influence, and for the right to rule in a masculine world that women must decide how to play the game of marriage versus independence. Determined to rule as much more than a figurehead, Mary asserts her claim to the English throne, threatening Elizabeth's sovereignty. Betrayal, rebellion, and conspiracies within each court imperil both thrones - and change the course of history. Mary believed that her monarchy would only be secured if she married and produced heirs. Mary had to beat her husband, Lord Darnley, in order for him to get a hard-on so she could become pregnant and produce a successor to the throne. It's interesting to note that one of Mary's "ladies in waiting" was a gay man who liked wearing drag. The inept power maneuver set into motion an ugly sequence of success or related events involving murder, scandal, abdication, imprisonment, and execution.



There will be free soda and popcorn served during the movie. Sit back, relax and enjoy the movie.