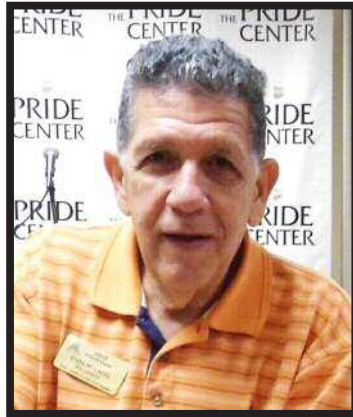


# The SAGE

**The Newsletter of SAGE of South Florida**

**December 2019**



**CARL M. GALLI**

**SAGE of South Florida mourns the loss of President Emeritus Carl M. Galli who died peacefully on the 10<sup>th</sup> day of November, 2019.**

Carl was born March 30, 1949 in New York City and moved to South Florida as a child. He spent his final working years as the regional HIV/AIDS representative in South Beach for the Social Security Administration. Following his retirement, Carl joined SAGE in March, 2005. After serving on the SAGE Board of Directors, he was elected President for four one-year terms, serving from 2009 to 2013. He was re-elected in 2015 and again in 2016, making him the longest-serving President in SAGE's twenty-five-year history. In 2017, Carl's contributions to our organization were acknowledged when he was elected as the first President Emeritus of SAGE.

Carl will be long remembered for his outgoing and affable personality. He exhibited boundless energy and enthusiasm in his support of SAGE and other community programs which benefitted the LGBTQ senior community of South Florida. He recognized the importance of socialization and, under his guidance, our South Florida branch of SageUSA acquired a reputation as the "party affiliate".

Carl was an avid fan of cinema, and possessed an encyclopedic knowledge of film and performers. He enjoyed all the performing arts and was the driving force behind SAGE's Broadway Series theatre outings. Despite Carl's worldliness and acumen, he often displayed an innocent nature. This was especially true when the antics and "adult" humor of the late Ron Catena, his friend and fellow Board member, made Carl blush and giggle uncontrollably.

Carl is survived by three sisters, many friends, and his loving SAGE family. A memorial service was held on Saturday, November 16<sup>th</sup> at the Parish of Sts Francis and Clare in Wilton Manors. On January 12, 2020, 2:00pm, at The Pride Center, SAGE of South Florida will present a Celebration of Life to honor Carl.

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.  
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
DAVID P	DURHAM	Dec-03	DAN	FOUNTAIN	Dec-19
ALLEN	SANDLER	Dec-03	DICK	HUITEMA	Dec-20
AL	ORAM	Dec-05	MICHAEL	MARTIN	Dec-20
TOM	SLUBERSKI	Dec-07	LYLE	BLOCKER	Dec-21
BARBARA	VARGA	Dec-08	PETER	THYNE	Dec-22
RICHIE	BAPTISTA	Dec-09	JOEL	CYR	Dec-24
GARY	RESNICK	Dec-11	JOHN	HASANDRAS	Dec-24
NATALIE	LAWRENCE	Dec-13	JESUS	JIMENEZ	Dec-24
JERRY	GANZ	Dec-14	JERRY	MURPHY	Dec-24
ED	SHELL	Dec-16	PATRICK S	VIDA	Dec-26
JERRY	WARD	Dec-18	HUGH	RANCE	Dec-30
BENJAMIN H	CONKLIN	Dec-19	CAROLINE	LETO	Dec-31

### 5 Year Anniversaries

JODI A FISCHER, EARL GRAYBEAL, TOM GREEN, RON VIDA KOVICH  
JOHN HASANDRAS

### 10 Year Anniversaries

JUDITH HARTSHORN

### New Members

VINCE BEACHLEY, RICHARD BYRD, ROGER CRUTTENDEN, ALLAN HENDRICKS,  
KEITH HICKMAN, DAVID KISTLE, TED LEVINE, BRIAN MCNAUGHT, GARY  
SNYDER, RAY STRUBLE, DAVID TREECE, LAURENCE TURK "TURK", JERRY  
ZIERTMAN

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Patrick S. Vida  
**Vice President:** Carl Barton  
**Secretary:** Ken Goodman  
**Assistant Secretary:** Michael Vita  
**Treasurer:** Allen Churchman

### BOARD MEMBERS AT LARGE

**John Chandler**  
**Lee Lawson**  
**Sal Orlando**  
**Marilyn Lamkay**  
**Kathy Macchio**

**VOLUNTEERS** Jean Arthurton, Judith Bowling, Hank Brooks, Frank Cavanaugh, Philip Collier, Marc Flanagan, Jean Johnson, Caroline Leto, Gene Majka, Sonny Miller, Ken Moore, Frank Piasecki, Ann Smith, Richard Werner, Norma Wingo

### SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations).

### SAGE EDITORIAL POLICY

SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)  
Attn: Editor

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)  
**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](http://www.facebook.com/SageOfSouthFloridaInc)

**Mailing Address:** SAGE of South Florida  
PO Box 70516  
Oakland Park, FL 33307

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## REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

### THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Mondays of each month in Room 206 of The Pride Center**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session.

The topic scheduled for December 9th is *Broadway Cares/Equity Fights AIDS*, presented by Michael Vita. **DUE TO THE CHRISTMAS HOLIDAY, THERE WILL BE NO MEETING ON DECEMBER 23rd.**

Please email Ed Slough at [WILDHYBRID@aol.com](mailto:WILDHYBRID@aol.com) if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.

### SAGE WOMEN'S LUNCH

All women are welcome at SAGE Women's Lunch, **every 2nd Thursday of the month**, at the **Golden Corral, 7401 Commercial Blvd., Tamarac 33319 at 12:00 Noon**, to meet, greet, eat, and discuss current happenings. **Membership is encouraged after the second visit.**

This is a 'women only' SAGE event. SAGE has many other co-ed activities for women to enjoy and take advantage of, such as computer classes, a book club, a Round Table discussion group, and SAGE on the Border which meets at the Volen Center in Boca Raton. We're looking for a few good women. Come join our friendly family. **SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS!**

Contact Kathy at [kmbadabing@gmail.com](mailto:kmbadabing@gmail.com) for more information.



### SAGE ON THE BORDER/ ALTERNATIVES

Caroline Leto & Frank Piasecki

This Co-Ed discussion group meets **every Monday from 11:00 am to 1:00**

**pm, at The Volen Center, 1515 W. Palmeto Park Rd., Boca Raton 33486.** Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



### SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

**RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.**



### SAGE MEN'S NIGHT OUT

John Chandler

If you are a man who enjoys the company of other men, then we have an evening for you.

**Every 4th Monday of the month**, SAGE Board member John Chandler co-ordinates an evening of cocktails, dinner, lively conversation, and meeting and making friends begins with drinks. **We are now meeting at TROPICS GRILLE, 2000 Wilton Drive, Wilton Manors at 5:30pm** for drinks, followed by dinner at **6:30pm. PLEASE NOTE THE TIME CHANGE.** For more information, or if you have any questions, please contact John at 561-704-1004 or Email him at [johnchandler436@aol.com](mailto:johnchandler436@aol.com).



### SAGE COMPUTER CLASS

Ken Goodman

By popular demand the SAGE Computer Class has begun teaching a full course, **"Windows 10 for Seniors"**, which meets weekly to help you learn the basics of Windows 10.

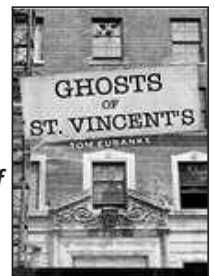
Although instruction has begun and enrollment is closed, watch for announcements of future course offerings. If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at [kennyg1944@outlook.com](mailto:kennyg1944@outlook.com). If there is enough interest, we will also schedule sessions to address these topics.

### SAGE BOOK DISCUSSION GROUP

Philip Collier

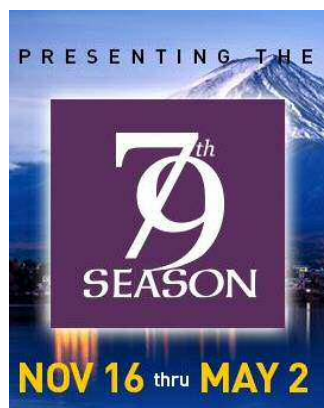
The SAGE Book Group would like to extend its best wishes for the Holiday Season and the New Year. **We will next meet at 11am on January 11, 2020** at the Stonewall Library on Sunrise Blvd. in Fort Lauderdale for a discussion on **Tom Eubank's Ghosts of St. Vincent's**. Founded in 1849 to care for indigent immigrants in Greenwich Village, St. Vincent's Hospital was sold in 2010 to create multi-million-dollar homes. In its 161

years of existence, the legendary institution treated survivors of the Titanic, tended to victims of both World Trade Center attacks, and served as Ground Zero of the AIDS Crisis. With honesty, humor, and flights of historical fancy, *Ghosts of St. Vincent's* tells the hospital's story through the eyes of a man who spent a winter on its 7th floor AIDS ward and survived just in time for the drug "cocktail" that saved so many lives. Featuring appearances by indomitable icons (from Edna St. Vincent Millay to Robert Mapplethorpe, Sidney Lumet to Vito Russo, Ed Koch and The Ramones), *Ghosts of St. Vincent's* explores coming out and coming back from the dead, gender fluidity and gentrification, the price of forgiveness, the cost of survival, and the ephemeral nature of New York City.

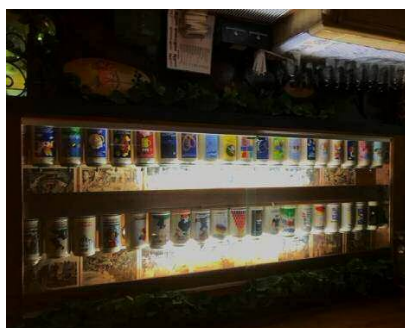




# ***SAGE* presents the Florida Grand Opera**

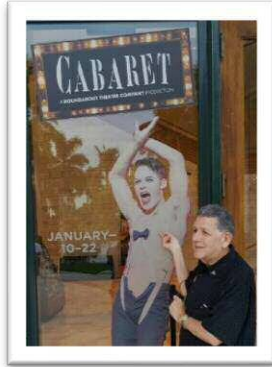
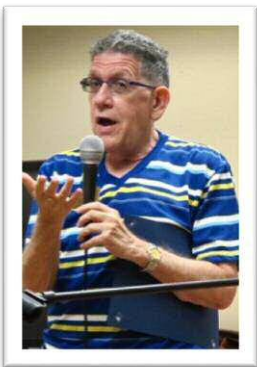
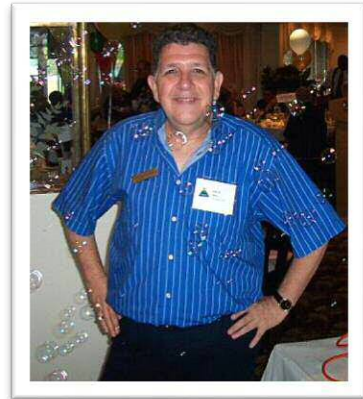
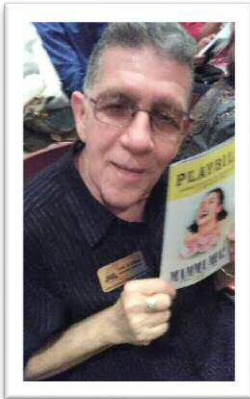


## ***SAGE at the Ambry Restaurant***





# Remembering CARL M. GALLI



**SAGE at the Senior Health Expo**



**SAGE Men's Night Out**



**SAGE Lunch & Learn**



Photos contributed by Allen Churchman, Rex Coston, Gene Majka, and others.  
View more photos by visiting our Photo Gallery at our Website: [www.sagewebsite.org](http://www.sagewebsite.org).

## SOCIAL LITES *Sal Orlando*



I trust everyone had a nice Thanksgiving. Except for the hustle and the bustle, and the horrendous traffic, especially with all the snowbirds down for the season, we now look forward to Christmas, Hanukkah, and then New Year. After that, we

all start our 2020 resolutions concentrating on dieting and working off those extra pounds.

This past month, we went to **Zuckerello's** on the **17th**, one of my favorites. What a wonderful event. I had their Chicken Parm, which, as always, was absolutely delicious, after enjoying cocktails and conversation at the bar. The management and staff couldn't have been any nicer, always treating us like family. Everyone seemed to have a wonderful time.

Then we get ready for **SAGE's Annual Holiday Party** on Sunday, **December 15th**, when we go back to **The Embassy Suites** on 17th Street Causeway for the third time, where we will have cocktails and conversation starting at **1pm** at the cash bar, followed by dinner. What a beautiful venue! Very festive! It promises to be a lot of fun, especially with none other than **Jennifer McClain**, who will be entertaining us throughout the afternoon. What a fabulous singer and entertainer! I just love her. Don't miss out. Reservations close **Monday, December 9, at 1pm**. In the past, we had some complaints about the music being too loud. I will make sure that this year the sound level will be acceptable by all of those who attend.

**Save the dates: Tuesday, January 7, SAGE goes to Tropics. Sunday, January 26, SAGE's Annual Milestone Birthday Party.**

Note: For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment by credit card or cash will be accepted by phone or in person at the **SAGE** office.

As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

**Season's Greetings to one and all!**

**Ciao for now.**



## NOTES FROM THE MEN'S DROP-IN

Carl Barton

SAGE Men's Drop-In meets every Wednesday from 1:00pm to 3:00pm in Room 204 at The Pride Center. Come join in and participate in some of our lively and informative discus-

sions. New members and guests are always welcome. Although the current parking situation at The Pride Center is sometimes a little rough, don't let that keep you from attending our Wednesday group. Thanks to **Jefy Gaines** for his co-hosting, and also thanks to **President Patrick S. Vida** for always providing special baked goods. So, stop by on Wednesday afternoons for some good times, great discussions, and a bit of special entertainment at the end of each session. And Happy Holidays to All!



Marc Flanagan

## SEE YOU AT THE MOVIES



Michael Vita

*As We Celebrate the Holiday Season, SAGE of South Florida presents "CABARET," the 1972 American musical drama film directed by Bob Fosse, and starring Liza Minnelli, Michael York, and Joel Grey, which was voted by readers of British film magazine "Empire" as one of the 500 greatest films of all time!*

After the box office failure of his film version of **Sweet Charity** in 1969, Bob Fosse bounced back with **Cabaret** in 1972, a year that made him the most honored director in the movie business. The film also brought Liza Minnelli, the daughter of Judy Garland and Vincente Minnelli, her own first chance to sing on screen, and she won the Academy Award for Best Actress.

With Academy Awards for Best Supporting Actor (Joel Grey), Best Director (Bob Fosse), Best Cinematography, Best Art Direction, Best Sound, Best Original Song Score and Adaptation, and Best Film Editing, *Cabaret* holds the record for most Oscars earned by a film *not* honored for Best Picture.



*Continues on back cover*





## SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to [sagesofl@gmail.com](mailto:sagesofl@gmail.com).

### Holiday Tips for No Tips in January

The holidays are here and all the goodies are out there to munch. To help your scale from tipping over in January, here are some suggestions for holiday eating and rest. Americans gain about one to two pounds during the holidays. Research shows it adds up over the years.



- Buffets can be killers with an array of beautiful and colorful holiday treats. Suggestion: Take small portions of all those items that intrigue you on one plate or two small plates with only one return to the table. Slip some raw veggies onto your plate. Don't skip meals before a party. Keep your schedule. Eating a salad before your meal can help you eat fewer calories overall.
- Hot chocolate and eggnog (my favorite) are wonderful but full of sugar. There are low fat and less sugar eggnogs to quench your holiday thirst. Alternative: Tea companies have holiday blends to go with the season. Teas that taste like apple cider, gingerbread and candy canes, just to name a few options. While they're not quite the same as those other beverages, they're much healthier and can help keep you from feeling the loss of high sugar drinks.
- Water is a good filler and keeps you hydrated. Have two glasses before the buffet and you will select less on the buffet.
- Exercise. That dirty word pops up again. Before or after the party take a walk, or if you go to the gym, add an extra rep. Carbs do not turn into energy but instead get stored into fat cells. Stroll around the mall and admire the holiday decorations – go early to avoid the crowds.
- Alcohol in moderation and then switch to diet soft drinks or tea.
- Sleep. If you are traveling or going out keep your sleep schedule. It is recommended for most adults to get at least 6 hours of sleep per night, but no more than 8.
- Shopping. Go early in the day and have a schedule or use the internet. Crowds and a chance of falling increase with the holiday rush.
- Many seniors are alone. Go out and buy yourself a gift. You are the most important person so don't forget YOU.
- Have fun and go to senior holiday events.

Happy Holidays and a Healthy Happy New Year!  
2020 already???

#### References and Resources:

<https://www.senioradvisor.com/blog/2017/12/tips-to-eat-healthier-during-the-holidays/>  
<https://www.care.com/c/stories/5708/holiday-health-for-seniors/>  
<https://www.eatright.org/health/lifestyle/holidays/how-to-enjoy-the-holiday-without-the-weight-gain>  
<https://www.healthcentral.com/article/5-tips-for-surviving-the-holidays-without-weight-gain>

**SAGE cares because YOU care about your health.**  
**Please always seek advice from your physician/nurse practitioner (HP's).**  
**Thank you to my editors Ann Smith GNP, and Martin Horowitz, MD.**

*Continued from page 6*

**Cabaret** opened to glowing reviews and strong box office, eventually taking in more than \$20 million. In addition to its eight Oscars, it won Best Picture citations from the National Board of Review and the Hollywood Foreign Press Association and took Best Supporting Actor honors for Grey from the National Board of Review, the Hollywood Foreign Press, and the National Society of Film Critics.

Set in Berlin during the Weimar Republic in 1931, under the presence of the growing Nazi Party, the film is loosely based on the 1966 Broadway musical **Cabaret** by **Kander and Ebb**, which was adapted from the novel *The Berlin Stories / Goodbye to Berlin* (1939) by **Christopher Isherwood** and the 1951 play *I Am a Camera* adapted from the same book.

A young American Sally Bowles (Liza Minnelli) performs at the Kit Kat Klub. A new British arrival in the city, Brian Roberts (Michael York), moves into the boarding house where Sally lives. They become friends, and Brian witnesses Sally's bohemian life in the last days of the Weimar Republic. Maximilian von Heune, a rich playboy baron, befriends Sally and takes her and Brian to his country estate where they are both spoiled and courted. Sally learns that she is pregnant but is unsure of the father.

The Nazis' violent rise is an ever-present undercurrent in the film. While in the beginning of the film, a Nazi is kicked out of the Kit Kat Klub, the final shot of the film shows the cabaret's audience is dominated by uniformed Nazis. While he does not play a role in the main plot, the "Master of Ceremonies" (Joel Grey) serves a background role throughout the film. His intermittent songs in the Kit Kat Klub are increasingly risqué and initially pointedly mock the Nazis, while a later song reveals the growing acceptance of anti-Semitism.

**Cabaret** runs 124 minutes. It will be shown on **December 16th at 4:00pm SHARP, in room 204 in The Pride Center, 2040 N. Dixie Highway, Wilton Manors, FL.**



### ***DID YOU CELEBRATE A MILESTONE BIRTHDAY IN 2019?***

Attention all SAGE members that turned 75, 80, 85, 90 (or more) years of age in 2019. Please contact the SAGE office at 954.634.7219 as soon as possible so that we may include your name among the honorees for our annual **Milestone Birthday Celebration on Sunday, January 26<sup>th</sup>, 2020.**

### **IN MEMORIAM**

SAGE member **RAYMOND SAROFF** passed away on October 25, 2019 in New York after a long illness. He was loved by all who had the pleasure of knowing him. We offer condolences to his partner, MD Hussain, his surviving family and his many friends. He will be missed.

### **FRIENDLY SUPPORT PROGRAM**

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

**For Women – Jean Johnson & Norma Wingo @ 954.804.3013      For Men – Michael Vita @ 786.586.4286**

### **SAGE MEMBERS IN NEED**

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County – 954.745.9779**

**In Palm Beach County – 561.684.5885**

### **BEREAVEMENT GROUP**

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Anne Atwell – 954.462.2004x208**

**Anne@sunshinecathedral.net**



# SAGE EVENT CALENDAR

## December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	<b>3</b>	<b>4</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	<b>5</b>	<b>6</b>	<b>7</b> 12:30 pm SAGE Monthly Luncheon  Held at the Herb Skolnick Center in Palm Aire
<b>8</b>	<b>9</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 2:30 pm Roundtable	<b>10</b>	<b>11</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	<b>12</b> 12:00 pm SAGE Women's Lunch at Golden Corral	<b>13</b>	<b>14</b> 11:00 am SAGE Book Club Brunch at Rosie's Bar and Grill.
<b>15</b> 1:00 pm SAGE Holiday Party	<b>16</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 4:00 pm SAGE Movie at Pride Center AVRoom 204	<b>17</b>	<b>18</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	<b>19</b>	<b>20</b> 1:30 pm SAGE/Prime Gentlemen present The White Crow @ Pride Center at Equality Park	<b>21</b>
<b>22</b>	<b>23</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 5:00 pm Men's Night Out at Tropics Grille	<b>24</b> Christmas Eve	<b>25</b> Christmas Day 	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	<b>31</b> New Year's Eve 				

# **UPCOMING SAGE EVENTS**

**Sunday, January 12, 2020 at 2 pm join with SAGE of South Florida as we celebrate the life of Carl M. Galli, to be held at The Pride Center at Equality Park.**

**Thursday, December 12, 2019 at 12 noon, join the Women of SAGE for lunch at the Golden Corral Restaurant at 7401 W. Commercial Blvd. in Tamarac, FL**

**Saturday, December 14, 2019 at 11 a.m. SAGE Book Club will meet for Brunch at Rosie's Bar and Grill on Wilton Drive.**

**Sunday, December 15, 2019 beginning at 1 pm, plan to attend the very popular SAGE Holiday Party at Embassy Suites in Fort Lauderdale. Reservations are necessary. The reservation form is enclosed with this mailing and can also be found at the SAGE website.**

**Monday, December 23, 2019 at 5:00 pm plan to attend SAGE Men's Night Out at Tropics Grille, 2000 Wilton Drive in Wilton Manors. Dinner follows at 5:30 pm**

## **Community Events**

**BALLET AND OPERA GROUP: Meets the 2<sup>nd</sup> & 4<sup>th</sup> Sunday at The Pride Center (Rm 204) at 12:30 pm**

**GLBTQ VETERAN'S DROP IN GROUP sponsored by the Gold Coast Chapter of AVER meets the 2nd Tuesday of each month at 7:00 pm, at SunServe (2312 Wilton Dr. in Wilton Manors)**

**December 7, 2019 at 12:30 pm**  
**HERB SKOLNICK COMMUNITY CENTER**

800 SW 36th Avenue, Pompano Beach, FL

**RESERVATIONS REQUIRED !**

**Members \$15.00                      Guests \$20.00**

Everyone Pays at the Door

Doors Open at 12:00 pm

Reservations must be made by 12:30 pm on

Thursday, December 5, 2019 by calling

954.634.7219



There will be no speaker in December. This is our Holiday Lunch. Come join your friends and sing

some holiday songs at this leisurely Lunch & Learn .

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and their guests.

**LUNCH & LEARN IS A SAGE-SPONSORED ACTIVITY**

## **DECEMBER MENU**

**Romaine Hearts Salad**

**Ricotta Tortellini with Pink Sauce**

**Chicken Breast Francese**

(with lemon-butter sauce)

**Grilled Chicken Breast available**

**Mashed Potatoes & Ratatouille**

**Holiday Log**

*Catered By*



# **SAGE WANTS YOU !**

## **PLEASE JOIN TODAY**



**The NEW membership form is on the reverse side.**

**The new membership categories are:**

- **\$35 Single Membership with Newsletter Electronically from SAGE Website**
- **\$45 Single Membership with Newsletter mailed to you via US Post Office**
- **\$60 Couple Membership with Newsletter Electronically from SAGE Website**
- **\$70 Couple Membership with one Newsletter Electronically and one mailed via US Mail**
- **\$300 for An Individual Lifetime Membership**

**Thank you very much for your support and participation.**





SAGE of South Florida, Inc  
**SAGE MEMBERSHIP FORM**

RENEWAL ☐  
NEW MEMBER ☐

Member 1: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Member 2: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone 1: \_\_\_\_\_ Cell Phone 1: \_\_\_\_\_ Birthday 1 (Month/Day) \_\_\_\_/\_\_\_\_

Home Phone 2: \_\_\_\_\_ Cell Phone 2: \_\_\_\_\_ Birthday 2 (Month/Day) \_\_\_\_/\_\_\_\_

E-Mail 1: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

E-Mail 2: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

**SAGE Annual Membership Fees/Newsletter Mailing Options: CHECK THE APPROPRIATE LINE**

1. \$35 Single Membership with Newsletter Electronically from SAGE Website \_\_\_\_
2. \$45 Single Membership with Newsletter mailed to you via US Post Office \_\_\_\_
3. \$60 Couple Membership with Newsletter Electronically from SAGE Website \_\_\_\_
4. \$70 Couple Membership with one Newsletter Electronically from SAGE Website  
and one mailed via US Post Office \_\_\_\_
5. \$300 for An Individual Lifetime Membership \_\_\_\_
6. \$\_\_\_\_\_ as a special Gift to SAGE \_\_\_\_
7. I want to remember SAGE in my will. Please contact me \_\_\_\_

**As a member of SAGE, I give permission for the use of my name and my likeness in any photo or image taken at, and used to promote, SAGE sponsored activities. SAGE does not share your contact information with third parties**

**Please enclose your check made payable to SAGE of South Florida for the option you checked above. If paying by Credit Card please fill out section below.**

**Mail to: PO Box 70516, Oakland Park, FL 33307 - SAGE Message Line 954-634-7219**

**For Snowbirds Only**

Dates to change my mailing address: From \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_ as follows:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Pay by Credit Card:**

I authorize SAGE of South Florida, Inc. to charge my: (check one) \_\_\_\_ Visa \_\_\_\_ MasterCard \_\_\_\_ Amex

in the amount of \$\_\_\_\_\_ Credit Card Number:

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Name as it appears on Card: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_ Security Code: \_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone # \_\_\_\_\_

# Is SAGE of South Florida on your Holiday List?

It's almost 2020, and the end of the tax year.

Be sure to get your last minute donations arranged.

Please remember SAGE of South Florida  
as you make your gift list.



## **End of 2019 Tax Year Campaign**

**YOUR TAX DEDUCTIBLE contribution, small or large, will help assure the  
financial health and continuing success of SAGE of South Florida**

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### **SAGE'S End of 2019 Tax Year Campaign**

Name: \_\_\_\_\_ enclosed is a check for \$ \_\_\_\_\_ as my donation  
to SAGE'S End of 2019 Tax Year Campaign.

**\*As a 501(c)3 Nonprofit, any donations SAGE receives are tax deductible as allowed by the  
Internal Revenue service and its regulations.**

**Mail your donation to SAGE at PO Box 70516, Oakland Park, FL 33307**

**If you wish to make your donation by credit card, please call the SAGE office at 954-634-7219**

Donors of \$500 or more will be listed as Archangels. All others will be listed as Angels in future  
issues of the Newsletter.

**ALL DONATIONS ARE SINCERELY AND GRATEFULLY APPRECIATED!**

# **SAGE HOLIDAY PARTY**

**SUNDAY, December 15, 2019 1:00pm – 4:00pm**



**EMBASSY  
SUITES**

by HILTON™

**1100 SE 17<sup>th</sup> Street Causeway Ft. Lauderdale, FL 33316 (954-527-2700)**

***Front Cash Bar Available From 1:00pm – 2:00pm for Drinks on the Terrace***

## **DINNER MENU 2:15pm – 4:00pm**

### **Salad:**

***California Baby Green Salad, California Baby Greens wrapped in Cucumber, Tear  
Drop Tomatoes and Carrot Ribbons  
Warm Rolls & Butter***

### **Entrée -Choice of one:**

***Parmesan Crusted Breast of Chicken, Creamy Champaign Sauce,  
Rosemary and Roasted Garlic***

***Teriyaki Glazed Salmon***

***NY Strip Steak with Shallot Butter***

***All Entrees served with Oven Roasted Potatoes and Fresh Vegetables***

***Dessert: Tiramisu or Sliced Fresh Fruit (Sugar-Free Dessert – Select Below)***

***Beverages: Regular Coffee or Decaf/Hot or Iced Tea (At Table Only)***

***Pricing: \$29.00 @ Members & \$42.00 @ Non-Members***

***(A Portion of Members Cost is Subsidized by SAGE)***

***Reservations Close No Later Than 1pm Monday, December 09, 2019- NO REFUNDS!***

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**SAGE Holiday Party at Embassy Suites - Sunday December 15, 2019**

\_\_\_\_\_ MEMBERS @ \$29.00 & \_\_\_\_\_ NON-MEMBERS @ \$42.00 My Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée: \_\_\_\_\_

(Check if Sugar-free Dessert \_\_\_\_\_)

Name: \_\_\_\_\_ Entrée: \_\_\_\_\_

(Check if Sugar-free Dessert \_\_\_\_\_)

Name: \_\_\_\_\_ Entrée: \_\_\_\_\_

(Check if Sugar-free Dessert \_\_\_\_\_)

**Mail with Payment to: SAGE at PO BOX 70516, Oakland Park, FL 33307**

**Questions: Call the SAGE office at (954) 634-7219 - A SAGE-SPONSORED EVENT**



## SAGE AT TROPICS GRILLE



Join SAGE for our First Dinner of 2020 at the Tropics Grille  
2000 Wilton Drive, Wilton Manors, FL 954-530-3361

**Tuesday January 7th at 5:30pm for Cocktails and 6:30pm for Dinner**

Menu for the Evening:

Starter – Bread & Butter - Side House Salad or Cup of Soup

Choose from one Entrée:

Angel Hair Bolognese

Chicken Alfredo

Lasagna

Meatloaf

Dessert - Cheesecake or Fruit Cup

Dinner includes Coffee, Iced Tea or Soda (At Table Only)

Pricing: \$23 Members - \$28 Non-Members  
(A Portion of Member Cost Subsidized by SAGE)

Reservations Close 1:00pm Thursday January 2, 2020

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Tropics Grille Tuesday January 7, 2020

#\_\_ Member @ \$23 #\_\_ Non-Member @ \$28 Phone # \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

Name: \_\_\_\_\_ Entrée Choice \_\_\_\_\_

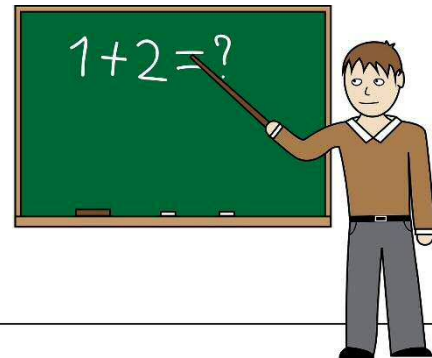
Mail Payment to: SAGE at PO Box 70516, Oakland Park, FL 33307

Questions: Call the SAGE Message Line at 954-634-7219 - This is a SAGE Sponsored Event

# SAGE OF SOUTH FLORIDA ANNOUNES: 'Windows 10 for Seniors' Class

This class will help you learn all aspects of Windows 10. The requirements include:

1. The purchase of a Book: 'My Windows10 Computer for Seniors'  
Cost \$20.00
2. Optional but recommended: A laptop computer you can bring to class.



Registration is limited. Classes will begin in January 2020 on Wednesdays at 4pm



Some of the topics will include:

- Learning about your computer
- Important features of Windows 10
- Connecting to Wi-Fi, printers, etc.
- Configuring Windows 10 for your needs
- Using Windows 10 Apps
- Installing Desktop Software
- Using the internet
- Shopping securely
- Security and backing up your data
- Emailing and Video Calling

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To begin the process, fill out the following by December 20<sup>th</sup> 2019 and get it to the SAGE office at the Pride Center Room 225.

Name: \_\_\_\_\_

How to Contact you: \_\_\_\_\_

Reason for applying to join this class: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

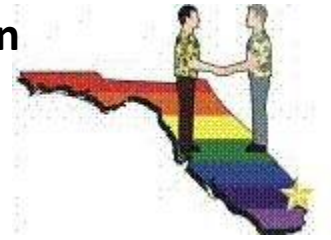


**SAGE of South Florida & Prime Gentlemen  
present**

***The White Crow***

**December 20, 2019 at 1:30 pm**

**Pride Center, Main Hall**



In 1961 a dazzling Rudolph Nureyev arrives in Paris and makes a choice that changes his life forever. Rudolph Nureyev, who was gay and died of AIDS, is considered by most to be the greatest male ballet dancer of all time. He possessed an exuberant, vagabond personality with a passion for all that was rare and beautiful. In periodic flashbacks, we see Nureyev's impoverished past. Before he ever experiences stage glory, he spends day after day and year after year in drab studios working longer and harder than any of his peers. Everything with him is a struggle, from standing up for himself against bad training, to finding the right teacher. He tells everyone that he is great, and his teachers tell him that he's clumsy. His brilliance must have been apparent, because in scene after scene, he gets away with nasty behavior mostly directed at his superiors. The tension in *The White Crow* concerns whether Nureyev will achieve the renown he deserves or whether his career will be killed in the crib. The defection scene is worth the price of admission. It's always surprising how suspenseful something can be, even when you know how it turns out. This was the first defection of a Soviet artist during the Cold War, and it created an international sensation. The movie provides a historical perspective for Nureyev, Russian ballet, and the Cold War's impact on the arts of the midcentury.

THE INCREDIBLE  
TRUE STORY  
OF RUDOLF NUREYEV

"PROVOCATIVE AND EVOCATIVE...  
SUPERBLY DIRECTED BY  
RALPH FIENNES"  
BAZ BAMIGBOYE - DAILY MAIL

"GUARANTEED TO  
LEAVE YOU INSPIRED"  
ELLE

OLEG  
IVENKO

ADELE  
EXARCHOPOULOS

RALPH  
FIENNES

LOUIS  
HOFMANN

THE  
**WHITE  
CROW**

A FILM BY RALPH FIENNES



There will be free soda and popcorn served during the movie.

For those interested, there is an optional lunch planned before the movie at 12:00pm at Galanga's Thai Restaurant, 2389 Wilton Drive (two blocks south of Five Corners). There is a 2 for 1 lunch menu with around 20 items priced \$10 to \$13 (i.e. \$5.00 - \$6.50 plus beverage per person)