

The SAGE

The Newsletter of SAGE of South Florida

July 2019

On July 4th, 1965, the first of several “Annual Reminder” demonstrations against inequality took place at Philadelphia’s Independence Hall where the Declaration of Independence had been adopted by the Second Continental Congress one hundred eighty-nine years earlier. Forty men and women staged a peaceful protest, quietly carrying signs supporting “Homosexual Civil Rights” and announcing that “Homosexuals Should Be Judged As Individuals”. The final “Annual Reminder” demonstration took place on July 4th, 1969. In that year, an occurrence several days earlier, ninety miles away, at the Stonewall Inn in the City of New York, would forever change the tenor of the struggle for “homosexual civil rights”. The Stonewall “uprising” was the beginning of a more visible and vocal gay activism which became intensified by the AIDS epidemic and the marriage equality movement.



On this July 4th, as we celebrate our “unalienable rights...of Life, Liberty, and the pursuit of Happiness”, our community must acknowledge the progress we’ve made during the fifty years since Stonewall. Same-sex marriage is now an unalienable right. There are many “out” gay people in prominent positions of influence and power. Mayor Pete Buttigieg, a viable Democratic contender, could be our first gay President (or second, if you subscribe to LGBT activist Larry Kramer’s conjecture concerning President Lincoln).

Yet, the LGBT community still has not fully acquired its “homosexual civil rights.” The Equality Act, which passed in the United States House of Representatives this May, is stalled in the Senate. The Act would amend the Civil Rights Act to prohibit discrimination against LGBT persons in employment, housing, public accommodations, public education, federal funding, credit, and jury selection. Twenty-nine states (including Florida) currently provide no legal protection for LGBT people - you can legally be fired from a job, denied service, or refused housing based on your sexual orientation.

So, this month, as we celebrate Independence Day, and the 25th anniversary of SAGE of South Florida, remember that the fight for freedom and equality continues.

Those who deny freedom to others deserve it not for themselves.

— Abraham Lincoln

SAGE of South Florida

1994 • CELEBRATING 25 YEARS • 2019

Senior Action in a Gay Environment

SAGE Message Line - 954.634.7219 - www.sagewebsite.org

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have. If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
ROBERT J	BOZEK	Jul-1	DAN	KENNEALLY	Jul-22
MATT	FARBER	Jul-2	ANDREW "ANDY"	MASTERSON	Jul-22
JAMES W	LAIRD	Jul-4	GEORGE	HASANDRAS	Jul-23
LINDA	EDIN	Jul-9	DOMINIC	DESANTIS	Jul-24
JAMES	BASMAJIAN	Jul-11	ROLAND	LAPERLE	Jul-24
KENNETH	GOODMAN	Jul-12	JOE	SUPLIT	Jul-24
RAYMOND	SAROFF	Jul-12	GENE	MAJKA	Jul-25
BRETT	PEELER	Jul-13	LYNDA	BISSET	Jul-26
BILL	RAFTERY	Jul-13	MARILYN	SILVERMAN	Jul-26
JACK	LEY	Jul-15	DOMINIC	BISIGNANO	Jul-27
SAMUEL	CHULEW	Jul-16	MICHAEL	HYMAN	Jul-28
PATTI	LYNN	Jul-17	BILL	HIRSCH	Jul-28
PAUL	FASANA	Jul-20			

5 Year Anniversaries

DANIEL EISENBERG

15 Year Anniversaries

CARLOS A. MORAN

New Members

STEVE FLEISCHMAN, BILL JAMES

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS

President: Patrick S. Vida
Vice President: Carl Barton
Secretary: Ken Goodman
Assistant Secretary: Michael Vita
Treasurer: Allen Churchman
President Emeritus: Carl M. Galli

BOARD MEMBERS AT LARGE

John Chandler
 Lee Lawson
 Sal Orlando
 Marilyn Lamkay
 Kathy Macchio

VOLUNTEERS Jean Arthurton, Judith Bowling, Hank Brooks, Frank Cavanaugh, "Chip", Philip Collier, Marc Flanagan, Jean Johnson, Pamela Larsen, Caroline Leto, "Mac", Gene Majka, Sonny Miller, Ken Moore, Frank Piasecki, Ann Smith, Richard Werner, Norma Wingo

SAGE MISSION STATEMENT SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations).

SAGE EDITORIAL POLICY SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor: sagesofl@gmail.com
 Attn: Editor
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 PO Box 70516
 Oakland Park, FL 33307

Website: www.sagewebsite.org
Facebook: www.facebook.com/SageOfSouthFloridaInc

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REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Mondays of each month in Room 206 of The Pride Center**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session.

The topic scheduled for July 15th is *Coming Out*, presented by Paul McNamara. The topic scheduled for July 29th is *Experiences of Gay Americans Living Abroad*, presented by Richard Herman and Richard Werner. Please email Ed Slough at WILDHYBRID@aol.com if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.



SAGE WOMEN'S LUNCH

Pamela Larsen

All women are welcome at SAGE Women's Lunch, **every 2nd Thursday of the month**, at the **Golden Corral, 7401 Commercial Blvd., Tamarac 33319** at

12:00 Noon, to meet, greet, eat, and discuss current happenings. You do not have to be a Member to attend. **Membership is encouraged after the second visit**. On behalf of our Seniors; Dedicated to positive thinking; Compassionate – Immeasurable. We like this world with its challenges and its opportunities. WE WISH THERE WAS A MAGNET TO ATTRACT OTHERS. Come join our friendly family. **SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS!**

Call Pamela at (516) 522-9787 for information.



SAGE ON THE BORDER/ ALTERNATIVES

Caroline Leto & Frank Piasecki

This Co-Ed discussion group meets **every Monday from 11:00 am to 1:00**

pm, at The Volen Center, 1515 W. Palmetto Park Rd., Boca Raton 33486. Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.



SAGE MEN'S NIGHT OUT

John Chandler

If you are a man who enjoys the company of other men, then we have an evening for you.

Every 4th Monday of the month, SAGE Board member John Chandler co-ordinates an evening of cocktails, dinner, lively conversation, and meeting and making friends begins with drinks. **We are now meeting at The Grille on the Drive, 2000 Wilton Drive, Wilton Manors at 5:00pm** for drinks, followed by dinner at **5:30pm**. For more information, or if you have any questions, please contact John at 954-933-2963 or Email him at johnchandler436@aol.com.



SAGE COMPUTER CLASS

Ken Goodman

By popular demand the SAGE Computer Class has begun teaching a full course, **"Windows 10 for Seniors"**, which meets weekly to help you learn

the basics of Windows 10.

A NEW COURSE IS STARTING SOON! SEE THE ENCLOSED FLYER FOR MORE INFORMATION. REGISTRATION ENDS JULY 19th!

If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at kennyg1944@outlook.com. If there is enough interest, we will also schedule sessions to address these topics.

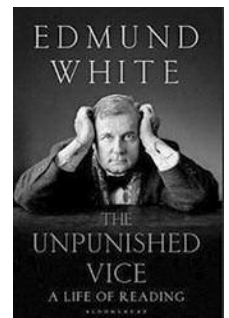
SAGE BOOK DISCUSSION GROUP

Philip Collier

Literary icon **Edmund White** made his name through his writing but remembers life through the books he has read. For White, each momentous occasion came with a book to match: Proust's *Remembrance of Things Past*, which opened up the seeming closed world of homosexuality while he was at boarding school in Michigan; the Ezra Pound poems adored by a lover he followed to New York; the biography of Stephen Crane that inspired one of White's novels. Blending memoir and literary criticism – ***The Unpunished Vice*** – is a compendium of all the ways reading has shaped White's life and work.

His larger-than-life presence on the literary scene lends itself to fascinating, intimate insights into the lives of some of the world's best-loved cultural figures. With characteristic wit and candor, he recalls reading Henry James to Peggy Guggenheim in her private gondola in Venice and phone calls at eight o'clock in the morning to Vladimir Nabokov. At its best, this collection is like a heartfelt conversation with friends over a bottle of wine.

Please consider joining the SAGE Book Group in a discussion on **Saturday, July 13, 2019 at the Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale from 11am to 12 noon**. All are welcome - no reservation is required.



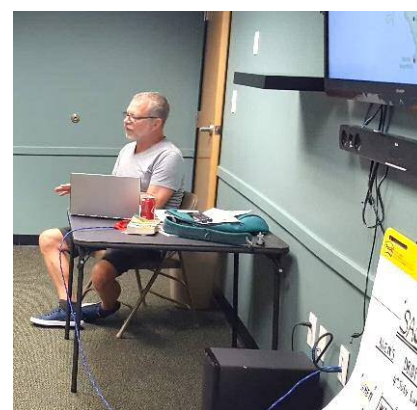
SAGE Dinner *at the Olive Garden*



SAGE on the Border (SOBA) *at the Volen Center*



A Tour of Tuscany at the SAGE Men's Drop-In



The SAGE/PRIME GENTLEMEN Round Table



SAGE at SunServe's Silver Serve Luncheon



Photos contributed by Allen Churchman, Rex Coston, David Durham, Gene Majka, and others.
View more photos by visiting our Photo Gallery at our Website: www.sagewebsite.org

SOCIAL LITES *Sal Orlando*



Here we are July - hot, hot, hot. Everyone stay cool and drink plenty of fluids! God bless whoever invented air conditioning.

Last month SAGE went to The Olive Garden on the 11th. What a great place to have an event.

The staff and management were so nice to us. The food is always good (of course), the company terrific, and the cocktail lounge very cozy.

This month we go for a Meet-Up at the new **Bahama Breeze** on Federal Highway across from The Coral Ridge Mall, on **Tuesday, July 16, at 5pm** for cocktails followed by dinner in our very own private dining room. The place is so colorful, lively, and fun. I had dinner there twice. Both times it was just fabulous. Since it's a Meet-Up, there is no need for reservations.

Next month we go to **Tequila Sunrise Mexican Grill** on Dixie Highway, another lively, colorful and fun place to go. Come and enjoy Margaritas or cocktails of your choice on **Wednesday, August 14th, at 5:30pm**. Dinner will be served at **6:30pm**. Don't miss this one

As you all know, member pricing for our events is partially subsidized by **SAGE**. It's not fair to our members that non-members should also be partially subsidized. Therefore, beginning in **August 2019**, for each **SAGE** sponsored monthly social event, with the exception of Meet-Ups, non-member pricing will reflect the total cost paid to the venue by **SAGE**, plus entertainment, if any, for each event.

Note: For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment with a credit card or cash will be accepted either by phone or in person at the **SAGE** office. As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Ciao for now.

Save The Date:
SAGE's 25th ANNIVERSARY GALA
at the Pelican Grande Hotel on the Beach on
Sunday, September 22nd, at 2pm.



NOTES FROM THE MEN'S DROP-IN

Carl Barton

SAGE Men's Drop-In meets every Wednesday from 1pm to 3pm in Room 204 of The Pride Center. Well, summer has come and weekly attendance is still very strong with many new members and guests. If you are a guest, we invite you to become a member of SAGE and participate in all that we have to offer. Everyone who attends Drop-In is given the opportunity to participate in our some-time lively and very informative discussions. We recently featured a guest presentation on the sights of Tuscany, and a very special luncheon was held in the main hall of The Pride Center for a July 4th celebration. Join us for some other special events we have planned for the summer. Thank you to all our volunteers and to **Jefy Gaines** for his assistance co-hosting and to **President Patrick S. Vida** for his contributions of home-baked goodies. There is always a special entertainment feature at the end of the last hour of the meeting, so stop by every Wednesday afternoon for a fun and informative two hours.



Marc Flanagan

SEE YOU AT THE MOVIES



Michael Vita

During the 1980s, the writer subscribed to *TV Guide magazine*. This was the pre-cable era, when viewing choices were manageable. Since it would come in the mail in advance, there was an opportunity to map out programs for the upcoming week. Imagine the excitement when a film that spoke to my closeted (but curious) self would air. Such was the case with the July presentation, ***Norman, Is That You?*** Originally a Broadway play, a groundswell developed to bring a revolutionary subject to the screen. While numerous performers declined to be in the movie, it still showcased a renowned cast when it premiered in 1976.

Ben (portrayed by serial curmudgeon **Redd Foxx**) travels long distance by bus to visit his son, Norman (Michael Warren- Hill Street Blues). When he shows up unannounced at Norman's building entrance, Norman attempts to usher his male partner, Garson (**Dennis Dugan**) out of the house. By protesting this demand, Garson is identified to Ben as Norman's neighbor. Ben makes comments about Norman's job as a window dresser and his preference for purple décor without suspecting anything about his alternative lifestyle. Garson goes to stay with a neighbor, then Ben tells Norman the reason for his visit. In turn, Norman offers his support. Next, Ben announces his intentions to stay with Norman for a while. While Norman steps away, Ben notices female attire in the closet that is retrieved by Garson. When Ben returns, Norman confronts him with this revelation. As one can imagine, regrettable statements are exchanged. When things become heated, Norman exits again to gather his thoughts.

Continues on back cover



SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

ABC's of CBD

Cannabinoid (CBD) is not a word you will see on *Wheel of Fortune* but it can be a gamble taking this substance. Is this a new fad? You can buy it from the corner store to *Bed, Bath & Beyond*. What is it? Can it help me? I am going to give you a brief summary of a recent article from the *New York Times Magazine*, on May 19, 2019 (link below).

History

CBD is a molecule that comes from the cannabis plant (marijuana) but it does not get you high. Delta-9 tetrahydrocannabinol (THS) is the molecule that gets you high. Cannabis (marijuana) has been used for thousands of years.



Currently the **ONLY** disease CBD is approved by the FDA (Food and Drug Administration) for use as a treatment is epilepsy. How it works is unclear. It seems to interact with multiple body systems.

Marijuana is classified as a Schedule One Controlled drug as heroin, ecstasy and LSD. Since CBD comes from the Cannabis plant it falls into this category. In 2018 the D.E.A. rescheduled CBD, used for treating epilepsy, as a Schedule 5 drug, meaning it was now considered to have a low potential for abuse.

Marijuana has become legal in some states (not Federal) as recreational or for medical purposes only. Users of CBD must take caution. On May 22, 2019 the NBC Nightly News had a story of two senior women who were arrested for possession of CBD oil, one at Walt Disney World and one at the Dallas airport. The charges were later dropped. **YOU** have to be aware of laws in your state of residence, as well as laws in other states while traveling.

CBD advertising, including "word of mouth", states it can be used for: PTSD, cancer, arthritis, anxiety, menstrual cramps, sleep, psychosis, to slow Alzheimer's dementia, depression, to treat Parkinson's disease and Crohn's Disease. These are only a few of the "cures". There are numerous articles and testimonials about what CBD can treat **BUT** very little FDA research.

A few of the CBD-infused products are: beers, baked goods, gummies, chocolates, marshmallows, lotions, oils to swallow and vaginal suppositories. I researched the costs and it can range from \$25 to \$200 an ounce. Safety is a concern. Are you getting the exact amount of 100 mg or 1000 mg of CBD in the form you are buying? Is it free from THC or by-products?

I am sure there are people who have been helped with their illness by CBD **BUT** others are not. Your body chemistry and over-the-counter and prescription drugs may be affected by the use of CBD. Be safe and ask your health care practitioner if it is okay for you to take CBD orally and to use the oils and lotions that may affect you. Do not be afraid to ask, they are there to help, not judge. **BUYERS BEWARE.**

If you want more information on CBD and the Federal government history with the Marijuana Tax Act of 1937 and Nixon Controlled Substance Act of 1970 --- be sure to read the full article below.

References and Resources:

<https://www.nytimes.com/interactive/2019/05/14/magazine/cbd-cannabis-cure.html?searchResultPosition=1>

SAGE cares because YOU care about your health.

Please always seek advice from your physician/nurse practitioner (HP's).

Thank you to my editors Ann Smith GNP, and Martin Horowitz, MD.

Continued from page 6

There is a painfully slow period where Ben comes to the realization that Norman is gay. This process unfolds when Garson (and an assortment of characters) attempt to expose Ben to experiences encountered by members of the LGBT community. Ben is still not “all in” with the vibe and makes efforts (sometimes humorously) to suggest that the “Norman- Garson thing” is just a passing fancy and his son will change back to heterosexuality.

Ben’s wife, Beatrice (**Pearl Bailey**) decides to make a visit to Norman’s apartment to reflect on her recent crisis. When she is made aware of what has transpired, her reaction is quite alarming: However, she puts it in perspective with other events in her life. While processing another startling announcement by Norman, assimilation is achieved.

Norman, Is That You? has a majority African-American cast, perhaps making it the first motion picture of its kind. In the original play, the characters were all Caucasian and mostly Jewish. While not a success on Broadway, it has thrived in various community theaters (most recently in a small playhouse near Fort Pierce). The viewer notices minutes into the movie the raw dialogue uttered by the characters to describe their feelings about “coming out”. No doubt that the lack of PC and the painful acceptance of Norman’s and Garson’s relationship cast at least a slight shadow on such matters. Just consider that the film portrays a topic that was barely discussed in the past decade, while the ensuing 40 years have demonstrated an evolution about this subject.

Norman, Is That You? is rated PG by containing infrequent obscenities and just about every slang term that describes members of the LGBT community. It will screen with subtitles on **Monday, July 15 at 4pm in Room 204 of The Pride Center**. The running time is 91 minutes with dinner to follow.



IN MEMORIAM

SAGE mourns the loss of member DONALD SCHULTZ, who passed away on May 20, 2019. Don was involved in many activities and gave freely of his time and talent. He was a familiar face at The Pride Center. We extend our sincere condolences to his many friends and survivors. He will be missed.

JEAN JOHNSON NAMED TO SFGN'S Out50 LIST

JEAN JOHNSON, former SAGE President and Board member, has been named to the **2019 SFGN (South Florida Gay News) Out50 List**. The list honors outstanding individuals for their contributions to the LGBT community. Jean was lauded for her many years of activism and her community work for **SAGE, AVER (American Veterans for Equal Rights)**, and the **Sunshine Cathedral**. She is the recipient of numerous awards for her service, including a recent commendation from the **Dolphin Democrats**. Jean is also an inductee of the **Dr. Nan S. Hutchison Broward Senior Hall of Fame**. SAGE congratulates Jean on this recognition by SFGN, and we appreciate her many years of association with SAGE of South Florida



FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

For Women – Jean Johnson & Norma Wingo @ 954.804.3013 **For Men** – Michael Vita @ 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

In Palm Beach County – 561.684.5885

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Anne Atwell – 954.462.2004x208

Anne@sunshinecathedral.net

SAGE EVENT CALENDAR

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	2	3 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	4 Independence Day	5	6 10:00 am SAGE Board Meeting 12:30 pm SAGE Monthly Luncheon Both are held at the Herb Skolnick Center in Palm Aire
7	8 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 2:30 pm Roundtable at The Pride Center	9	10 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	11 12:00 pm SAGE Women's Lunch at Golden Corral	12	13 11:00 am SAGE Book Club @ Stonewall Library
14	15 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 4:00 pm SAGE Movie at Pride Center AVRoom 204	16 5:00 pm Bahama Breeze Meet UP	17 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	18	19 1:30 pm SAGE/Prime Gentlemen presents the film The Favourite at The Pride Center	20
21	22 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 2:30 pm Roundtable 5:00 pm Men's Night Out at The Grille	23	24 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	25	26	27
28	29 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	30	31 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center			

UPCOMING SAGE EVENTS

Thursday, July 11, 2019 at 12 noon, join the Women of SAGE for lunch at the Golden Corral Restaurant at 7401 W. Commercial Blvd. in Tamarac, FL

Monday, June 22, 2019 at 5:00 pm plan to attend SAGE Men's Night Out at The Grille on the Drive, 2000 Wilton Drive in Wilton Manors. Dinner follows at 5:30 pm

Sunday, September 22, 2019 2 pm Celebrate SAGE of South Florida's 25th Anniversary at a dinner by the sea at the Pelican Grand Hotel.

Community Events

BALLET AND OPERA GROUP: The group will be on hiatus for the Summer (July and August) with intentions to resume programs on Sunday, September 8, 2019 at The Pride Center (Rm 204) at 12:30 pm

GLBTQ VETERAN'S DROP IN GROUP sponsored by the Gold Coast Chapter of AVER meets the 2nd

**July 6, 2019 at 12:30 pm
HERB SKOLNICK COMMUNITY CENTER**

800 SW 36th Avenue, Pompano Beach, FL

RESERVATIONS REQUIRED !

Members \$15.00 Guests \$20.00

Everyone Pays at the Door

Doors Open at 12:00 pm

Reservations must be made by 12:30 pm on
Thursday, July 4, 2019 by calling
954.634.7219



Kenny Stolar, July's
presenter, will discuss
Neptune Society, the
nation's premier
provider of cremation

services. Neptune Society has been serving
communities across the U.S. for nearly 50 years,
assisting more than 500,000 families by offering
personalized, reliable, and affordable solutions for end
-of-life needs.

If you arrive early, make yourself comfortable in the lobby and
meet with other SAGE members and their guests.

LUNCH & LEARN IS A SAGE-SPONSORED ACTIVITY

JULY MENU

**Romaine Hearts Salad
Penne Pasta with Spinach and Cream
Sauce
Italian Meat Loaf in Crust
Grilled Chicken available
Green Beans & Roasted Potatoes
Coconut Flan**

Catered By



SAGE WANTS YOU !

PLEASE JOIN TODAY



The NEW membership form is on the reverse side.

The new membership categories are:

- **\$35 Single Membership with Newsletter Electronically from SAGE Website**
- **\$45 Single Membership with Newsletter mailed to you via US Post Office**
- **\$60 Couple Membership with Newsletter Electronically from SAGE Website**
- **\$70 Couple Membership with one Newsletter Electronically and one mailed via US Mail**
- **\$300 for An Individual Lifetime Membership**

Thank you very much for your support and participation.



SAGE of South Florida, Inc
SAGE MEMBERSHIP FORM

RENEWAL ☐
NEW MEMBER ☐

Member 1: First: _____ Last: _____ First You Want to Use: _____

Member 2: First: _____ Last: _____ First You Want to Use: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone 1: _____ Cell Phone 1: _____ Birthday 1 (Month/Day) ____/____

Home Phone 2: _____ Cell Phone 2: _____ Birthday 2 (Month/Day) ____/____

E-Mail 1: _____ Check to receive mailings by E-Mail. ____

E-Mail 2: _____ Check to receive mailings by E-Mail. ____

SAGE Annual Membership Fees/Newsletter Mailing Options: CHECK THE APPROPRIATE LINE

1. \$35 Single Membership with Newsletter Electronically from SAGE Website ____
2. \$45 Single Membership with Newsletter mailed to you via US Post Office ____
3. \$60 Couple Membership with Newsletter Electronically from SAGE Website ____
4. \$70 Couple Membership with one Newsletter Electronically from SAGE Website
and one mailed via US Post Office ____
5. \$300 for An Individual Lifetime Membership ____
6. \$_____ as a special Gift to SAGE ____
7. I want to remember SAGE in my will. Please contact me ____

As a member of SAGE, I give permission for the use of my name and my likeness in any photo or image taken at, and used to promote, SAGE sponsored activities. SAGE does not share your contact information with third parties

Please enclose your check made payable to SAGE of South Florida for the option you checked above. If paying by Credit Card please fill out section below.

Mail to: PO Box 70516, Oakland Park, FL 33307 - SAGE Message Line 954-634-7219

For Snowbirds Only

Dates to change my mailing address: From _____ / _____ to _____ / _____ as follows:

Address: _____

City: _____ State: _____ Zip: _____

Pay by Credit Card:

I authorize SAGE of South Florida, Inc. to charge my: (check one) ____ Visa ____ MasterCard ____ Amex

in the amount of \$_____ Credit Card Number:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Name as it appears on Card: _____ Exp. Date: ____ / ____ Security Code: _____

Billing Address: _____

City: _____ State: _____ Zip Code: _____ Phone # _____

SAGE MEET UP AT



3339 NORTH FEDERAL HIGHWAY OAKLAND PARK, FL 33306 954-568-7744



TUESDAY JULY 16, 2019

**COCKTAILS AND CONVERSATION WITH HAPPY HOUR PRICING
STARTING AT 5:00PM FOLLOWED BY DINNER AT 6:00PM**

DINNER FOR SAGE WILL BE SERVED IN THE WEST INDIES ROOM

ORDER FROM THE MENU AND PAY FOR WHAT YOU ORDER

**THE MENU IS VARIED FROM JAMICIAN FAVORITES TO SEAFOOD,
STEAK, BURGERS AND SANDWICHES**

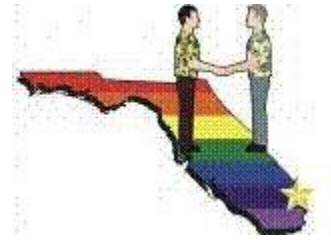
NO ADVANCED RESERVATIONS NEEDED

TELL THE HOSTESS YOU ARE WITH THE SAGE GROUP

This is a SAGE sponsored event. For more information call 954-634-7219



SAGE of South Florida & Prime Gentlemen
present
The Favourite
July 19, 2019 at 1:30 pm at The Pride Center



Tied with Roma for the most 2019 Oscar nominations, *The Favourite* is set in early-1700s England which is at war with the French. A frail Queen Anne (Olivia Colman, Best Actress Oscar Winner) plagued by physical ailments and the trauma of losing 17 children, occupies the throne. Wickedly funny and at times devastating, it focuses on Anne's childhood friend and lover Lady Sarah Churchill (Rachel Weisz, Supporting Actress Nominee) who governs the country in her stead while tending to Anne's ill health and mercurial temper. When a new servant Abigail Masham (Emma Stone, Supporting Actress Nominee) arrives, her charm endears her to Sarah. Sarah takes Abigail under her wing and Abigail sees a chance at a return to her aristocratic roots. They vie for the Queen's attentions in the pursuit of power and security. As the politics of war become quite consuming for Sarah, Abigail steps into the breach to fill in as the queen's companion.



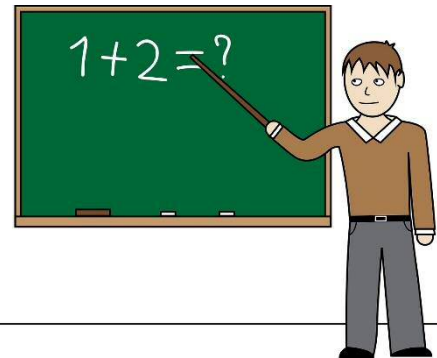
Their burgeoning friendship gives her a chance to fulfill her ambitions and she will not let woman, man, politics or rabbit stand in her way. Abigail ascended from kitchen maid to the Queen's "Favourite". Some of the absurdist fun in the movie comes from the men of Parliament and Court who entertain themselves by racing ducks and throwing oranges at a naked man wearing a wig.

There will be free soda and popcorn served during the movie. For those interested, there is an optional lunch planned before the movie at 12:00pm at Galanga's Thai Restaurant, 2389 Wilton Drive (two blocks south of Five Corners). There is a 2 for 1 lunch menu with around 20 items priced \$10 to \$13 (i.e. \$5-\$6.50 + Beverage per person)

SAGE OF SOUTH FLORIDA ANNOUNCES: 'Windows 10 for Seniors' Class

This class will help you learn all aspects of Windows 10. The requirements include:

1. The purchase of a Book: 'My Windows10 Computer for Seniors'
Cost \$20.00
2. Optional but recommended: A laptop computer you can bring to class.



Registration is limited. Classes will begin in July 2019 on Wednesdays at 4pm



Some of the topics will include:

- Learning about your computer
- Important features of Windows 10
- Connecting to Wi-Fi, printers, etc.
- Configuring Windows 10 for your needs
- Using Windows 10 Apps
- Installing Desktop Software
- Using the internet
- Shopping securely
- Security and backing up your data
- Emailing and Video Calling

To begin the process, fill out the following by July 19th 2019 and get it to the SAGE office at the Pride Center Room 225.

Name: _____

How to Contact you: _____

Reason for applying to join this class: _____
