

# The SAGE

The Newsletter of SAGE of South Florida

May 2019

## NEW BOARD MEMBERS ELECTED AT 25<sup>TH</sup> ANNUAL MEETING

At the SAGE of South Florida 25th Annual Meeting held on March 24, 2019, the membership unanimously elected **Ken Goodman, Marilyn Lamkay, Lee Lawson, Kathy Macchio, and Sal Orlando** to the Board of Directors. They join Board members **Carl Barton, John Chandler, Allen Churchman, Patrick S. Vida** and **Michael Vita** who will be serving the second year of their terms. Both Marilyn and Kathy will be serving on the Board for the first time. **Dr. Marty Horowitz** and **Ann Smith**, after many years of service, have both retired from the Board.



**Back row (left to right)** John Chandler, Lee Lawson, Michael Vita, Ken Goodman, Patrick S. Vida, Sal Orlando, Carl Barton, Allen Churchman; **front row (left to right):** Marilyn Lamkay, Carl M. Galli, and Kathy Macchio.

Following the election, the Board chose the following officers: **Patrick S. Vida, President; Carl Barton, Vice President; Allen Churchman, Treasurer; and Ken Goodman, Secretary.** **Carl M. Galli** will continue to serve SAGE in his capacity as *President Emeritus*.

At the first SAGE Annual Meeting, held on March 5, 1995, President Ken Fontaine remarked that whenever he was asked what SAGE was all about, he would respond that "SAGE is a social and support organization for mature gays and lesbians who are making a difference." Now, as we celebrate our twenty-fifth year, we can be proud of the difference SAGE has made, and continues to make, in our community.

Through SAGE's sponsorship of more than twenty regularly-scheduled monthly activities in Broward and Palm Beach Counties, and by offering Meet-Ups, dinners, concerts, recitals, and other special events, we continue our mission to offer social and educational activities to enrich the lives of our members. The vitality, enthusiasm and dedication of SAGE members over the years has allowed our organization to thrive for twenty-five years. And, with their help, SAGE will carry on for another twenty-five years.



**Kathy Macchio (left) and Marilyn Lamkay (right)** with former SAGE President Jean Johnson.

**1994 • CELEBRATING 25 YEARS • 2019**

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
ADAM	FARRON	May-01	WES	ANDERSON	May-21
R LYNN	HOFFMAN	May-03	BARB	SANTOS	May-22
CARLOS A	MOLINA	May-05	CHARLES	CHRISTOPHER	May-23
JESSE G	MONTEAGUDO	May-06	SAALIK	CUEVAS	May-24
RON	WUDARSKY	May-06	TONY	MANZI	May-24
ALLEN	SPIESS	May-12	THOMAS	VALENTINE	May-24
MAXINE	LEMARR	May-13	LYDYA	CHAPMAN	May-26
JESSE	DAVILA	May-14	ANGELA	GIELLA	May-26
BARBARA L	SAHAMI	May-14	GREG	TEFFT	May-26
DERIC	BOWNDS	May-16	GARY	HASTINGS	May-27
FRANK	PIASECKI	May-16	ED	STEHLE	May-30
LORRAINE PINKY	LUDDY	May-20	STEVE	THOMPSON	May-31
PAUL	MCNAMARA	May-20			

### 15 Year Anniversaries

JUDITH BOWLING

### 20 Year Anniversaries

JOHN L IRISH

### New Members

LINDA ALKOVE, CHRISTOPHER BATES, CHUCK DAVIS, KAY DOCKERY, RICHARD W GREEN, MICHAEL MARTIN, JERRY McDONALD, YOLANDA SANTOS, BARB SANTOS, MARILYN SILVERMAN

*If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.*

## SAGE OF SOUTH FLORIDA

### OFFICERS

**President:** Patrick S. Vida  
**Vice President:** Carl Barton  
**Secretary:** Ken Goodman  
**Assistant Secretary:** Michael Vita  
**Treasurer:** Allen Churchman  
**President Emeritus:** Carl M. Galli

### BOARD MEMBERS AT LARGE

John Chandler Marilyn Lamkay  
 Lee Lawson Kathy Macchio  
 Sal Orlando

**VOLUNTEERS** Jean Arthurton, Judith Bowling, Hank Brooks, Frank Cavanaugh, "Chip", Philip Collier, Marc Flanagan, Jean Johnson, Pamela Larsen, Caroline Leto, "Mac", Gene Majka, Sonny Miller, Ken Moore, Frank Piasecki, Ann Smith, Richard Werner, Norma Wingo

**SAGE MISSION STATEMENT** SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations).

**SAGE EDITORIAL POLICY** SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

**Email to Editor:** [sagesofl@gmail.com](mailto:sagesofl@gmail.com)  
 Attn: Editor

**Website:** [www.sagewebsite.org](http://www.sagewebsite.org)  
**Facebook:** [www.facebook.com/SageOfSouthFloridaInc](https://www.facebook.com/SageOfSouthFloridaInc)

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## REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

### THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Mondays of each month in Room 206 of The Pride Center**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session. The topic scheduled for May 13th is *Technology's Dark Side*, presented by Paul McNamara. **THERE WILL BE NO MEETING ON MAY 27TH DUE TO THE MEMORIAL DAY HOLIDAY.** Please email Ed Slough at [WILDHYBRID@aol.com](mailto:WILDHYBRID@aol.com) if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.



### SAGE WOMEN'S LUNCH

*Pamela Larsen*

All women are welcome at SAGE Women's Lunch, **every 2nd Thursday of the month**, at the **Golden Corral, 7401 Commercial Blvd., Tamarac 33319** at

**12:00 Noon**, to meet, greet, eat, and discuss current happenings. You do not have to be a Member to attend. Membership is encouraged after the second visit. On behalf of our Seniors; Dedicated to positive thinking; Compassionate – Immeasurable. We like this world with its challenges and its opportunities. WE WISH THERE WAS A MAGNET TO ATTRACT OTHERS. Come join our friendly family. **SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS!**

Call Pamela at (516) 522-978 for information.



### SAGE ON THE BORDER/ ALTERNATIVES

*Caroline Leto & Frank Piasecki*

This Co-Ed discussion group meets **every Monday from 11:00 am to 1:00**

**pm, at The Volen Center, 1515 W. Palmetto Park Rd., Boca Raton 33486.** Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



### SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.

**RESERVATIONS ARE REQUIRED.** Please see the enclosed flyer for more information.



### SAGE MEN'S NIGHT OUT

*John Chandler*

If you are a man who enjoys the company of other men, then we have an evening for you.

**Every 4th Monday of the month**, SAGE Board member John Chandler co-ordinates an evening of cocktails, dinner, lively conversation, and meeting and making friends begins with drinks. **We are now meeting at The Grille on the Drive, 2000 Wilton Drive, Wilton Manors at 5:00pm** for drinks, followed by dinner at **5:30pm**. For more information, or if you have any questions, please contact John at 954-933-2963 or Email him at [johnchandler436@aol.com](mailto:johnchandler436@aol.com).



### SAGE COMPUTER CLASS

*Ken Goodman*

By popular demand the SAGE Computer Class has begun teaching a full course, **"Windows 10 for Seniors"**, which meets weekly to help you learn

the basics of Windows 10.

Although instruction has begun and enrollment has closed, watch for announcements of future course offerings.

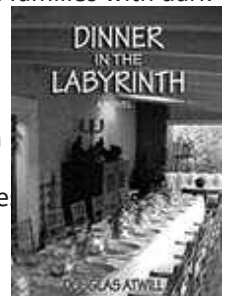
If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at [kennyg1944@outlook.com](mailto:kennyg1944@outlook.com). If there is enough interest, we will also schedule sessions to address these topics.

### SAGE BOOK DISCUSSION GROUP

*Philip Collier*

A Santa Fe birthday dinner party (with surprises, of course) is the culmination of the novel ***Dinner in the Labyrinth***; a grace-fully written tale about pedigreed families with dark secrets, forbidden loves, and deep wounds that spread like faint spider webs across the generations. The calm objectivity of the prose, jumping back and forth in time, heightens the tension in this novel of manners and keeps one turning the two hundred and some page

**Douglas Atwill**, the book's author, is a well-known Santa Fe artist and is particularly skilled in describing the local art world, contemporary art history, and the granular life of everyday painting and for that matter, writing. Atwill's sketches of New Mexico throughout the novel are a real treat. Please consider joining the SAGE Book Group in a discussion on **Saturday, May 11, 2019 at the Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale from 11am to 12 noon.** All are welcome - no reservation is required.





# SAGE 25<sup>TH</sup> ANNUAL MEETING



*Retiring Board Members Ann Smith and Dr. Marty Horowitz*



*President Emeritus Carl M. Galli*



2018 SAGE HONOREES (left to right) **Gene Majka and Jean Arthurton**, Volunteers of the Year; **Jean Johnson** accepts the President's Award on behalf of the late **Nancy Drennen**; **Bruce Williams** receives the Spirit of SAGE Award; **Anthony Ciance and Giacomo Dresseno** receive Appreciation Awards.

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## CAROLINE LETO and ANN SMITH

Receive the **Volen Center Outstanding Service Award**



## SAGE BOOK GROUP

at the Stonewall Library



## HERB SLOMOWITZ

Receives his 15-Year Pin





## ***SAGE at Café Vico***



## ***SAGE Women's Lunch***



## ***SAGE at the Ballet Trocadero Workshop***



*Photos contributed by Allen Churchman, Rex Coston, Gene Majka, and others.  
View more photos by visiting the Photo Gallery at our Website: [www.sagewebsite.org](http://www.sagewebsite.org)*



## NOTES FROM THE MEN'S DROP-IN

Carl Barton

SAGE Men's Drop-In meets every Wednesday from 1pm to 3pm in Room 204 of The Pride Center. Well, Spring is here and we still have strong attendance by our regular members and their guests. Everyone enjoys and participates in the sometime lively discussions. Topics vary, and all are invited to share some of their personal experiences. Members and special guests are given the opportunity to share information about upcoming events. Thank you, **Jefy Gaines**, for your help as co-host. Thank you, **President Patrick S. Vida**, for your weekly contribution of home-baked pastries. We always close our meeting with a special comedy routine featuring Jefy and Patrick for some good laughs (usually). Do yourself a favor and stop by on Wednesday afternoon and enjoy yourself. All are welcome.

## SOCIAL LITES *Sal Orlando*



Now that we all celebrated Easter and Pass-over last month, we get ready for Mother's Day. What a beautiful holiday to honor what our Mothers, both living or deceased, have done for us.

**Tuesday, April 9, SAGE** went to **Cafe Vico**, which was wonderful, which never disappoints, and was a huge success with a big turnout. We had a great cocktail hour at their beautiful bar, then delicious Italian food with friendly staff and excellent service. Looking forward to going back next year!

This month on **Tuesday, May 14**, after quite a few years, we return to **Christina Wan's** for cocktails and mingling at 5:30pm at happy hour prices, followed by a scrumptious Chinese dinner at 6:30pm. **Christina** is very fond of SAGE and therefore always treats us like royalty.

**SAVE THE DATE: Tuesday, June 11, 2019 SAGE** goes to **The Olive Garden** for the first time.

As you all know, member pricing for our events is partially subsidized by SAGE. It's not fair to our members that non-members should also be partially subsidized. Therefore, beginning in **August 2019**, for each **SAGE** sponsored monthly social event (with the exception of Meet-Ups), non-member pricing will reflect the total cost paid to the venue by **SAGE**, plus entertainment, if any, for each event.

Note: For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment with a credit card or cash will be accepted either by phone or in person at the **SAGE** office.

As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

**Ciao for now.**



Marc Flanagan

## SEE YOU AT THE MOVIES



Michael Vita

My late father was a genius when it came to trivia, as he showed whenever we watched the *Jeopardy* TV show. While he progressed into dementia, dad's knowledge of old movies remained. My incorrect or evasive responses were met with even more questions. Throughout the process of reviewing the SAGE May movie, *Who's Afraid of Virginia Woolf?*, I was flooded with memories of such game playing. With a stellar cast and magnificent script, the viewer is subjected to the aura practically from its beginning. For those who have not seen *Virginia Woolf*, or have forgotten the material, the one adjective that doesn't apply



in its description is subtlety.

The four main performers were either stars at that time, or evolved into such. This was one of nine motion pictures that showcased **Elizabeth Taylor** (Martha) and **Richard Burton** (George). They were not only a power couple in reality, but also in the film. Martha is the daughter of the college president and George is a grizzled history professor. Whenever he doesn't indulge her, she compares him to her

father. Invariably, Martha places the father on a higher pedestal than her husband. Luckily for him, George can give as well as he takes (and boy, does he take a lot).

After returning home from a party, Martha and George are engaged in their customary bickering. He is informed that she invited a couple they met at the party, a professor (Nick, played by **George Segal**) and his wife Honey (**Sandy Dennis**) for a nightcap. After the guests arrive, pleasantries are exchanged and the libations keep pouring. Eventually, the conversation becomes darker and all pretense is stripped. Sensing that Nick is either idealistic or just arrogant, George attempts to cut him down to size. As the men proceed outdoors, Nick fesses up that all is not perfect on the home front. With all of the whiskey being consumed, the quartet decides to go to a late-night watering hole. When they return to the house, George makes a deep-seated revelation that is directed at Martha. The other couple plays a major role in getting her to assimilate such weighty news through some interesting forms of communication. It's by the movie's climax that we witness all characters being transformed.

*Virginia Woolf* was adapted from a play of the same name written by **Edward Albee**. The film received 13 Oscar nominations, with notable wins for **Mike Nichols** (in his inaugural stint as Director), Best Actress (Taylor) and Best Supporting Actress (Dennis).

*continues on back page*



## SAGE Health Tips

Gene Majka, APRN



Welcome. If you have a topic, comment or questions, please send an email to [sagesofl@gmail.com](mailto:sagesofl@gmail.com).

### ZZZZZZZZzzzzzzzz

**SLEEP** - is it a problem or pleasure? **MYTH:** Seniors need less sleep. Research has shown that seniors need the same required amount of sleep as a 20-year-old. The National Sleep Foundation found in a 2003 poll that an astounding 44% of older adults reported they had experienced symptoms of insomnia twice a week or more.

### Insomnia

The most common sleep problem with seniors is insomnia. Insomnia takes many different forms, such as: taking a long time to fall asleep, waking up many times in the night, waking up early and unable to get back to sleep, waking up tired and feeling very sleepy during the day. Senior insomnia can be from health issues such as anxiety, concerns of aging, medications (over the counter and prescription), sleep apnea, restless legs syndrome, frequent urination and the pain from arthritis.

### Good Sleep Tips

**Get set.** Wake up at the same hour every day and exercise and eat meals at set times to help get sleep back on track. Avoid large meals and many alcohol beverages for dinner.

**Get Exercise.** Check with your health practitioner (HP) to see what type of activity is best for you. Do not exercise within 3 hours of your sleep time. Keep your bedroom on the cool side.

**Get a Routine.** Anything that relaxes you—a warm shower, a few moments of meditation, a good book. Maintain a quiet setting in your bedroom.

**Get Out of Bed.** That's right! If you are tossing and turning after about 10 or 15 minutes, get out of bed and do something relaxing. Just don't turn on that TV or computer.

**No Stress.** Too busy? Prioritize what's important and delegate. Try meditating before bed to clear the mind.

**HP consult.** Make an appointment. Certain medications can keep you awake and may need adjustments. Sleep medication should only be used for a short time. Longer use may be a symptom of another problem.

**Liquids.** No caffeine late in the day. Caffeine (coffee, tea, soda, and chocolate) can keep you awake. If you are not bothered by caffeine, forgetaboutit. The old myth about not drinking after 6 pm to avoid peeing all night is problematic. This can cause dehydration. Drink in moderation. If this continuously happens, consult your HP.

**NO Naps.** Try to avoid long late afternoon or evening naps.

**NO Smart Phones in bed.** Research has shown that light-emitting screens suppress the release of the sleep-promoting hormone melatonin, which enhances alertness, and shifts circadian rhythms to a later hour.

Your body has a wonderful mechanism to adapt for loss of sleep. If you cannot, consult your HP. Take care of yourself and *Goodnight!* 1 - Hugh Jackman; 2 - Hugh Jackman; 3- Hugh Jackman; ZZZzzzzzz☺.



### References and Resources:

<http://aginginstride.enewsworks.com/en/15/articles/349/Seniors-and-Sleep-Five-Things-You-Might-Not-Know.htm>

<https://www.nia.nih.gov/health/good-nights-sleep>

<https://seniorsathome.jfcs.org/aging-and-sleep/>

**SAGE cares because YOU care about your health.**

**Please always seek advice from your physician/nurse practitioner (HP's).**

**Thank you to my editors Ann Smith GNP, and Martin Horowitz, MD.**

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Liz and Dick certainly had a good run at being box office attractions. They met while filming *Cleopatra*, which led to their two well-chronicled marriages and many more critically acclaimed pairings. *Virginia Woolf* continued this trend, where the producers had Liz playing this character from the get go. She gained over 30 pounds and was noticeably less coiffed for the role, as the character Martha was at least 10 years older than her real age. Apparently, these hindrances were lucrative in that Liz received \$1.1 million plus 10% of the movie's proceeds.

*Virginia Woolf* is not rated. During its initial run, viewers under 18 years old were not allowed to see the film without adult supervision. This stipulation had the blessing of the film's producers and was justified by the film's frequent obscenities and intense dialogue. It will screen with subtitles on **Monday, May 20th at 4pm in Room 204 of The Pride Center**. The 129 minutes of air time will allow viewers the opportunity to discuss the proceedings as we dine afterwards.

### IN MEMORIAM

SAGE mourns the loss of longtime member TED VERDONE who passed away on April 1, 2019, after a brief illness. Ted was 86 years old. His sense of humor and zest for life will be greatly missed by his SAGE family. Ted gave freely of his time and talent to Toastmasters International and many other civic organizations. We extend our sincere condolences to his husband John, his family, and his many friends.



### NEW SAGE MEMBERSHIP CATEGORIES

SAGE now offers a special membership rate for couples. Beginning May 1, 2019, SAGE will offer a couple membership rate of \$60 per year with the Newsletter delivered electronically, or \$70 per year with one Newsletter delivered electronically and one mailed via US Post Office. The new couple rate represents a savings of ten dollars over the cost of two individual memberships. You will see the new membership categories listed on the membership form found on the reverse side of the "Lunch and Learn" flyer included with this month's Newsletter.

### FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

**For Women** – Emma L Hinman, Jean Johnson & Norma Wingo @ 954.921.6898      **For Men** – Michael Vita @ 786.586.4286

#### SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

**In Broward County** – 954.745.9779

**In Palm Beach County** – 561.684.5885

#### BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

**Rev. Anne Atwell** – 954.462.2004x208

[Anne@sunshinecathedral.net](mailto:Anne@sunshinecathedral.net)





# SAGE EVENT CALENDAR

## May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>2</b>	<b>3</b>	<b>4</b> 10:00 am SAGE Board Meeting 12:30 pm SAGE Monthly Luncheon (Both held at the Herk Skolnick Center in Palm Aire)
<b>5</b> Cinco de Mayo	<b>6</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	<b>7</b>	<b>8</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>9</b> 12:00 pm SAGE Women's Lunch at Golden Corral	<b>10</b>	<b>11</b> 11:00 am SAGE Book Club @ Stonewall Library
<b>12</b> Mother's Day	<b>13</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center  2:30 pm Roundtable	<b>14</b> 5:30 pm SAGE Dinner at Christina Wan's	<b>15</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center  4:00 pm SAGE Movie at Pride Center AVRoom 204	<b>21</b>	<b>22</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b> 5:00 pm SAGE attends Slap & Tickle at Empire Stage Theatre	<b>27</b> Memorial Day 5:00 pm Men's Night Out at The Grille	<b>28</b>	<b>29</b> 1:00 pm Men's Drop-In @ Pride Center at Equality Park  4:00 pm Windows 10 for Seniors @ The Pride Center	<b>30</b>	<b>31</b>	

# **UPCOMING SAGE EVENTS**

**Thursday, May 9, 2019 at 12 noon, join the Women of SAGE for lunch at the Golden Corral Restaurant at 7401 W. Commercial Blvd. in Tamarac, FL**

**Monday, May 27, 2019 at 5:00 pm plan to attend SAGE Men's Night Out at The Grille on the Drive, 2000 Wilton Drive in Wilton Manors. Dinner follows at 5:30 pm**

**Tuesday, June 11, 2019 5:30 pm enjoy an Italian Dinner with members and friends of SAGE of South Florida at the Olive Garden (5550 N. Federal Highway).**

**Sunday, September 22, 2019 2 pm Celebrate SAGE of South Florida's 25<sup>th</sup> Anniversary at a dinner by the sea at the Pelican Grand Hotel.**

## **Community Events**

**SATURDAY, JUNE 15, 2019, 3 TO 11 PM: WILTON MANORS STONEWALL PRIDE PARADE AND STREET FESTIVAL**

**BALLET AND OPERA GROUP: Programs will resume in May with programs the 2<sup>nd</sup> & 4<sup>th</sup> Sunday at The Pride Center (Rm 204) at 12:30 pm**

**GLBTQ VETERAN'S DROP IN GROUP sponsored by the Gold Coast Chapter of AVER meets the 2nd Tuesday of each month at 7:00 pm, at SunServe (2312 Wilton Dr. in Wilton Manors, FL)**

**May 4, 2019 at 12:30 pm**  
**HERB SKOLNICK COMMUNITY CENTER**

800 SW 36th Avenue, Pompano Beach, FL

**RESERVATIONS REQUIRED !**

**Members \$15.00                      Guests \$20.00**

Everyone Pays at the Door

Doors Open at 12:00 pm

Reservations must be made by 12:30 pm on

Thursday, May 2, 2019 by calling

954.634.7219



Kenny Stolar, May's presenter, will discuss Neptune Society, the nation's premier provider of cremation services, serving communities across the U.S. for 46 years. Since 1973, Neptune Society has served over 500,000 families, offering personalized, reliable, and affordable solutions for end-of-life needs.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and their guests.

**LUNCH & LEARN IS A SAGE-SPONSORED ACTIVITY**

**MAY MENU**

**Romaine Salad with Lemon Vinaigrette**

**Chicken Breast Cacciatore**

**with vegetables and tomato sauce**

**Grilled Chicken Breast available**

**Rice Pilaf**

**Ratatouille**

**Chocolate Mousse**

*Catered By*



**SAGE WANTS YOU !**

**PLEASE JOIN TODAY**



**The Membership form is on the reverse side.**

**The new membership categories are:**

- **\$35 Single Membership with Newsletter Electronically from SAGE Website**
- **\$45 Single Membership with Newsletter mailed to you via US Post Office**
- **\$60 Couple Membership with Newsletter Electronically from SAGE Website**
- **\$70 Couple Membership with one Newsletter Electronically and one mailed via US Mail**
- **\$300 for An Individual Lifetime Membership**

**Thank you very much for your support and participation.**





SAGE of South Florida, Inc  
**SAGE MEMBERSHIP FORM**

RENEWAL ☐  
NEW MEMBER ☐

Member 1: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Member 2: First: \_\_\_\_\_ Last: \_\_\_\_\_ First You Want to Use: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone 1: \_\_\_\_\_ Cell Phone 1: \_\_\_\_\_ Birthday 1 (Month/Day) \_\_\_\_/\_\_\_\_

Home Phone 2: \_\_\_\_\_ Cell Phone 2: \_\_\_\_\_ Birthday 2 (Month/Day) \_\_\_\_/\_\_\_\_

E-Mail 1: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

E-Mail 2: \_\_\_\_\_ Check to receive mailings by E-Mail. \_\_\_\_

**SAGE Annual Membership Fees/Newsletter Mailing Options: CHECK THE APPROPRIATE LINE**

1. \$35 Single Membership with Newsletter Electronically from SAGE Website \_\_\_\_
2. \$45 Single Membership with Newsletter mailed to you via US Post Office \_\_\_\_
3. \$60 Couple Membership with Newsletter Electronically from SAGE Website \_\_\_\_
4. \$70 Couple Membership with one Newsletter Electronically from SAGE Website  
and one mailed via US Post Office \_\_\_\_
5. \$300 for An Individual Lifetime Membership \_\_\_\_
6. \$\_\_\_\_\_ as a special Gift to SAGE \_\_\_\_
7. I want to remember SAGE in my will. Please contact me \_\_\_\_

**As a member of SAGE, I give permission for the use of my name and my likeness in any photo or image taken at, and used to promote, SAGE sponsored activities. SAGE does not share your contact information with third parties**

**Please enclose your check made payable to SAGE of South Florida for the option you checked above. If paying by Credit Card please fill out section below.**

**Mail to: PO Box 70516, Oakland Park, FL 33307 - SAGE Message Line 954-634-7219**

**For Snowbirds Only**

Dates to change my mailing address: From \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_ as follows:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Pay by Credit Card:**

I authorize SAGE of South Florida, Inc. to charge my: (check one) \_\_\_\_ Visa \_\_\_\_ MasterCard \_\_\_\_ Amex

in the amount of \$\_\_\_\_\_ Credit Card Number:

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Name as it appears on Card: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_ Security Code: \_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone # \_\_\_\_\_



664 North Federal Highway, Ft. Lauderdale, FL 33304

**Tuesday May 14, 2019**

**Cocktails & Conversation at 5:30pm at Happy Hour Pricing - 6:30pm Dinner**

**Start with Appetizers: Wonton or Egg Drop Soup with Spring Roll**

**Entrée: (Choice of One) with Vegetable Fried Rice**

- 1) Sweet and Sour Chicken with onions, peppers and pineapple
- 2) Broccoli Beef with Broccoli and Snow Peas
- 3) Shrimp Lo Mein with celery, mushrooms, red peppers and Bean Sprouts
- 4) Crystal Chicken with mixed vegetables in a clear garlic sauce

**Dessert: Choice of Chocolate or Vanilla Ice Cream or Fruit**

All Dinners include Iced Tea or Soda (At Table Only)

**PRICING: \$20 @ Members & \$26 @ Non-members**  
**Reservations Close 1pm Wednesday May 8, 2019**

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**Sage at Christina Wan's Tuesday May 14, 2019**

**\_\_\_ Members @\$20 \_\_\_ Non-Members @\$26 Phone \_\_\_\_\_**

Name _____	Entrée Choice _____
Name _____	Entrée Choice _____
Name _____	Entrée Choice _____
Name _____	Entrée Choice _____

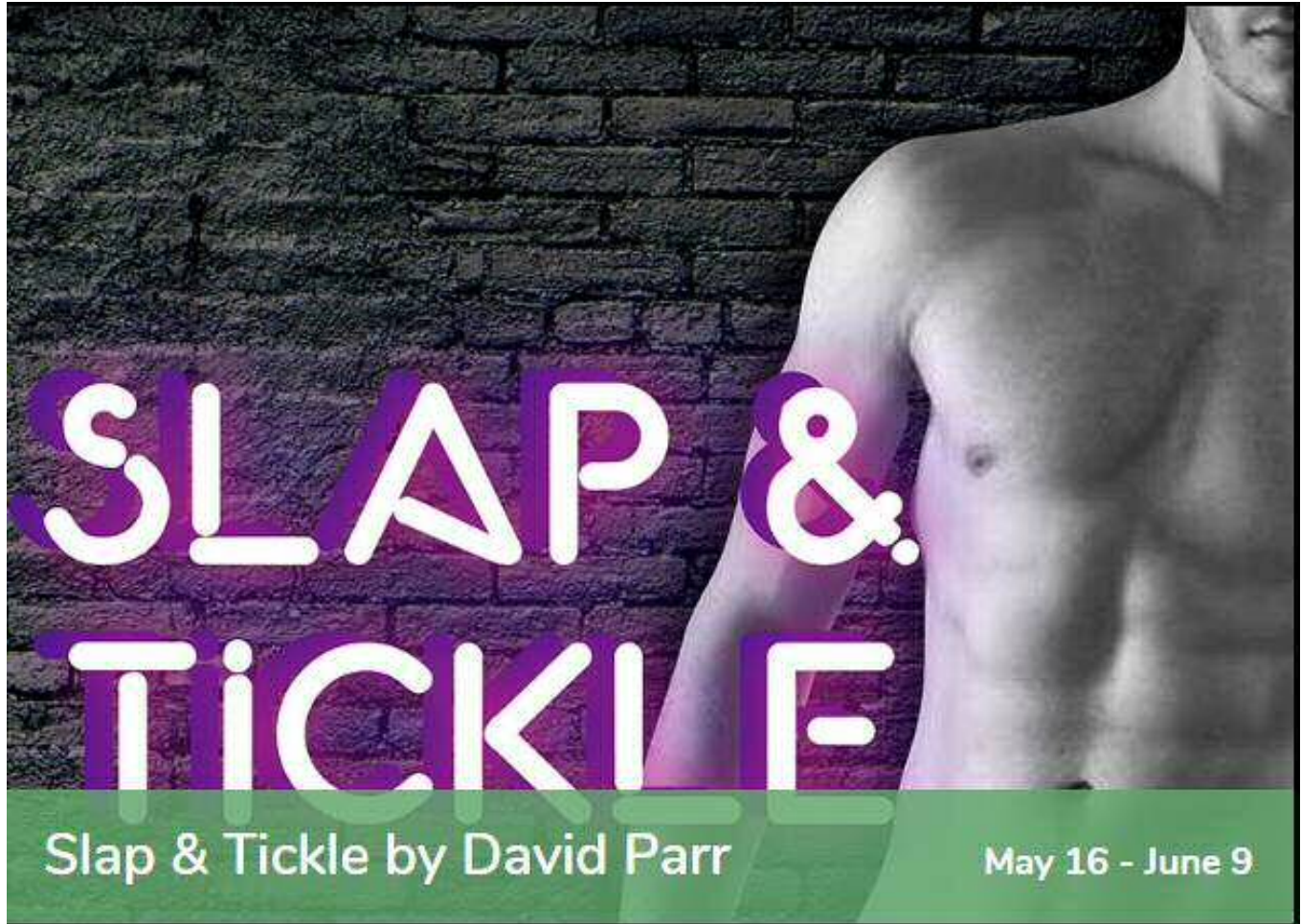
**Mail form and payment to:**

**SAGE at PO Box 70516, Oakland Park, FL 33307**

**Questions- Call SAGE Message Line at 954-634-7219 – This is a SAGE Sponsored Activity**



*Join **SAGE** on  
Sunday, May 26<sup>th</sup>, 2019  
at 5:00pm  
for a performance of*



## **SLAP & TICKLE**

*a play by*

**DAVID PARR**

**Empire Stage Theatre**

**1140 North Flagler Avenue**

**Fort Lauderdale, FL 33304**

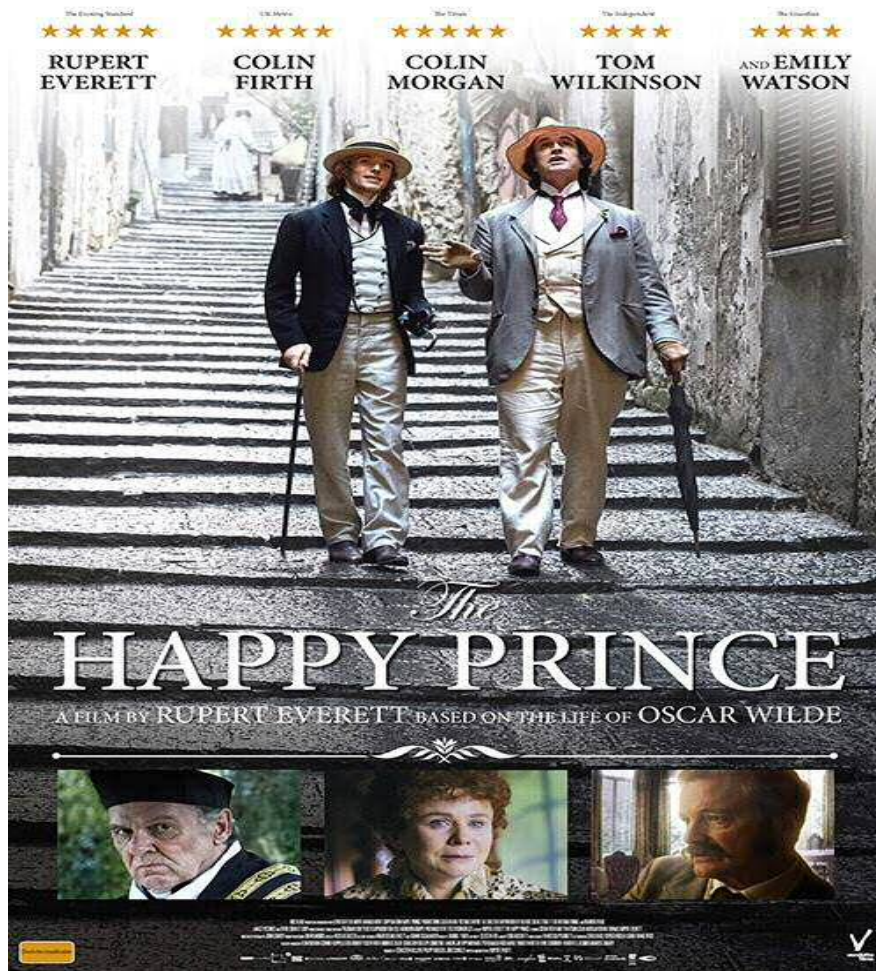
**TICKETS: \$20.00 (in advance)**

**CALL 954.634.7219 BY MAY 22nd, 2019 TO PURCHASE TICKETS**



In May SAGE & Prime Gentlemen will be presenting  
***"The Happy Prince"***

Friday, May 17<sup>th</sup> at 1:30pm in The Pride Center Main Hall. There will be free soda and popcorn served during the movie. For those interested, there is an optional lunch planned before the movie at 12:00pm at Galanga's Thai Restaurant, 2389 Wilton Drive (two blocks south of Five Corners). There is a 2 for 1 lunch menu with around 20 items priced \$10 to \$13 (i.e. \$5-\$6.50 + Beverage per person)



Literary legend Oscar Wilde (Rupert Everett) comes to life in the historical drama based around his affair with Lord Alfred "Bosie" Douglas (Colin Morgan), which ultimately resulted in the infamous indecency trial that ruined Wilde's career, put him in prison for two years and exiled him from society. With his body ailing, Oscar Wilde lives in exile, in a cheap Parisian hotel. As Wilde lies on his deathbed, he recalls his past with the flamboyant irony and brilliant wit that defined him. Was he once the most famous man in London? Oscar is a penniless vagabond, shunned by his old acquaintances, but still revered by a strange group to whom he tells the old stories - his incomparable talent still sharp.