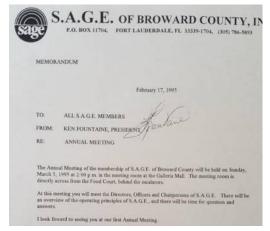
The New/letter of SAGE of South Florida March 2019

SAGE to Present Awards at 25TH ANNUAL MEETING



On March 5th, 1995, in the meeting room of the Galleria Mall, S.A.G.E. of Broward County held its first Annual Membership Meeting. SAGE had been formed in May, 1994, to create an organization that would be supportive of members of the senior gay and lesbian community and make a difference in their lives. At that first meeting, President Ken Fountaine told the assembled Members that "SAGE will only be successful if we, as loving and caring mature gay men and lesbian women, all help shoulder the burden, doing what we can, all working together, for the greater good."

And now, 24 years

later, as SAGE of South Florida, we are holding our 25TH ANNUAL MEETING ON SUNDAY, MARCH 24TH, 1PM to 5PM, at the FORT LAUDERDALE MARRIOT NORTH, 6650 NORTH ANDREWS AVENUE, where we will formally honor certain Members for the exceptional spirit of volunteerism they have shown during the previous year and who work "for the greater good." We invite you to join us as we salute the following individuals:



BRUCE WILLIAMS – **the Spirit of SAGE Award**. This is our highest honor, given to recognize a Member's support of both SAGE and the community at large.

NANCY DRENNEN (Posthumously) – **the President's Award.** This award is presented to a former Board Member in recognition of their unique talents in support of SAGE of South Florida and its mission.

JEAN ARTHURTON - Female Volunteer of the Year.

GENE MAJKA – Male Volunteer of the Year.

John Gearrity Donor Award - To the generous SAGE member who wishes to remain anonymous.

So, please join us at the Annual Meeting when we recognize the contributions of these exceptional individuals. Consult the enclosed flyer for additional information.

-Patrick S. Vida, President

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
RICHARD L LORI STUART LAWRENCE H RUPERT RICHARD JOHN D LOUIS GREG KEN	East Name FRAZER AZA SEADER BARTELSEN BLEARIE HESS BOOTH MESSINA HERNANDEZ RUTHERFORD	Mar-04 Mar-05 Mar-05 Mar-06 Mar-07 Mar-07 Mar-11 Mar-14 Mar-14	JONATHAN RICHARD EILEEN M KATHY PAUL ALLEN PAUL NORMAN CARL M	CHAPMAN GILMER LANCELLA MACCHIO ROCK BLAICH WENEGRAT PETERS GALLI	Mar-17 Mar-17 Mar-18 Mar-18 Mar-19 Mar-20 Mar-28 Mar-29 Mar-30
NORMAN	SCHRIER	Mar-15	MARC S	HOROWITZ	Mar-31

15 Year Anniversaries

JERRY GANZ, BILL HIRSCH, HERBERT SLOMOWITZ, JOE SUPLIT

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

SAGE OF SOUTH FLORIDA

OFFICERS BOARD MEMBERS AT LARGE

President: Patrick S. Vida John Chandler Lee Lawson Vice President: Carl Barton Secretary: Ken Goodman Michael Vita Lee Lawson Ann C. Smith

Treasurer: Allen Churchman President Emeritus: Carl M. Galli

VOLUNTEERS Jean Arthurton, Judith Bowling, Hank Brooks, Frank Cavanaugh, "Chip", Philip Collier, Marc Flanagan, Leo Glickstein, Jean Johnson, Pamela Larsen, Caroline Leto, "Mac", Kathy Macchio, Gene Majka, Sonny Miller, Ken Moore, Frank Piasecki, Richard Werner, Norma Wingo

SAGE of South Florida is a non-profit organization for Senior Action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations).

SAGE EDITORIAL POLICY SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

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Oakland Park, FL 33307

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REGULARLY SCHEDULED SAGE-SPONSORED ACTIVITIES

THE ROUND TABLE

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, meets to discuss contemporary topics and ideas from 2:30-3:30pm on the second and fourth Mondays of each month in Room 206 of The Pride Center. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session. The topic scheduled for March 11th is *Beware of Pence*, presented by Michael Vita. The topic scheduled for March 25th is *Choosing a Medical Alert System* presented by Paul McNamara. Please email Ed Slough at WILDHYBRID@aol.com if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.



SAGE WOMEN'S LUNCH

Pamela Larsen

All women are welcome at SAGE Women's Lunch, every 2nd Thursday of the month, at the Golden Corral, 7401 Commercial Blvd., Tamarac 33319 at

12:00 Noon, to meet, greet, eat, and discuss current happenings. You do not have to be a Member to attend. Membership is encouraged after the second visit. On behalf of our Seniors; Dedicated to positive thinking; Compassionate – Immeasurable. We like this world with its challenges and its opportunities. WE WISH THERE WAS A MAGNET TO ATTRACT OTHERS. Come join our friendly family. SAGE WANTS TO OFFER MORE ACTIVITIES FOR OUR WOMEN. POT LUCK DINNERS? THEATRE PARTIES? BRING US YOUR IDEAS AND SUGGESTIONS! Call Pamela at 954.254.3738 for information.



SAGE ON THE BORDER/ ALTERNATIVES

Caroline Leto & Frank Piasecki
This Co-Ed discussion group meets
every Monday from 11:00 am to 1:00

pm, at The Volen Center, 1515 W. Palmeto Park Rd., Boca Raton 33486. Everyone is welcome. No reservations are needed. (Please call The Volen Center at 561-395-8920 to assure the Center is open as it is closed on most Legal Holidays.)



Lunch and Learn is held the first Saturday of the month, 12:30pm, at the Herb Skolnick Community Center. RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.



SAGE MEN'S NIGHT OUT

John Chandler

If you are a man who enjoys the company of other men, then we have an evening for you. **Every 4th Monday of the month**, SAGE Board

member John Chandler co-ordinates an evening of cocktails, dinner, lively conversation, and meeting and making friends begins with drinks. We are now meeting at *The Grille on the Drive*, 2000 Wilton Drive, Wilton Manors at 5:00pm for drinks, followed by dinner at 5:30pm. For more information, or if you have any questions, please contact John at 954-933-2963 or Email him at johnchandler436@aol.com.



SAGE COMPUTER CLASS

Ken Goodman

By popular demand the SAGE Computer Class has begun teaching a full course, "Windows 10 for Seniors", which meets weekly to help you learn the basics of Windows 10.

Although instruction has begun and enrollment has closed, watch for announcements of future course offerings.

If any of you would still like to review what's happening in the tech world and have your questions answered, contact **Ken Goodman** at kennyg1944@outlook.com. If there is enough interest, we will also schedule sessions to address these topics.

Looking for a Roommate

Ken Goodman has the upstairs of his very large townhouse available. The monthly rent will be \$1,000 which includes all utilities including cable and wi-fi. A refrigerator will be available for the roommate. Available April 2019. If interested call Ken at 561-306-3548

SAGE BOOK DISCUSSION GROUP

Philip Collier

Jean Genet's seminal *Our Lady of the Flowers* is generally considered to be his finest fictional work. Written while

he was in prison for burglary and published in 1944 in French as *Notre Dame des Fleurs*, the book and its author were championed by many contemporary writers, including **Jean-Paul Sartre** and **Jean Cocteau**, who helped engineer a pardon for Genet. A wildly imaginative fantasy of the Parisian underworld, the novel tells the story of Divine, a male prostitute who consorts with thieves, pimps, murderers, and other criminals and who has many



sexual adventures. Composed in lyrical, dreamlike prose, the novel affirms a new order where moral conventions are tuned on their head, sinners are portrayed as saints and evil is viewed with benign indifference if not actually glorified. Whether one finds Genet's work shocking or thrilling, the novel remains almost as revolutionary today as when it was first published. Please consider joining the SAGE Book Group in a discussion on Saturday, March 9, 2019 at the Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale from 11am to 12 noon. All are welcome - no reservation is required.

SAGE Milestone Birthday Celebration



















15-Year Pins to JERRY GANZ, BILL HIRSCH, JOE SUPLIT



SAGE Valentine's Lunch at Café Primavera









SAGE Book Discussion Group



SAGE on the Border (SOBA)



The Round Table



SAGE Lunch & Learn



SAGE Awards Anniversary Pins





10 Years: Marty Horowitz

5 Years: Ted Limbaugh

Photos contributed by Allen Churchman, Rex Coston, Gene Majka, and others. View more photos by visiting the Photo Gallery at our Website: www.sagewesite.org

20

NOTES FROM THE MEN'S DROP-IN

Carl Barton

The SAGE Men's Drop-In group meets every Wednesday from 1pm- 3pm at The Pride Center, Room 204. All are welcome to stop by and enjoy the fun.

Recently, we've had many new members,

and guests of existing members, attending our Wednesday afternoon gathering. So, for their benefit, I will allow co-host and protégé (still in training), **Jefy Gaines**, to say a few words about our group:

I am in my second year of co-hosting with **Vice President** Captain Carl Barton at the Wednesday Men's Drop-In. It is really a lot of fun for me getting to know the members. Every Wednesday we start at 1pm and for an hour everyone gets an opportunity to share what is going on in their life -movies, theatre, restaurants, social activities, family and medical issues, or whatever else. We take a break and have some home-made pastry which President Patrick S. **Vida** is kind and generous enough to provide. The second hour, 2 to 3pm, is topic oriented and right now politics provides robust conversation. We have some very knowledgeable members and I have learned a lot. Besides politics, the topics have been medical procedures, travel to Cuba and Poland, and musical theatre. We all have a lot of fun and a lot of laughs. We conclude the second hour with a little entertainment, usually jokes and comedy, which I perform with President Patrick. I am grateful for all the friendships I have made being a member of SAGE.

Don't just take Jefy's word for it. Find out for yourself what you're missing if you don't attend Men's Drop-In. "Drop" by and have some fun.

SOCIAL LITES Sal Orlando



I can't believe we're in March already. Spring is right around the corner.

In February we all had a marvelous time at Cafe Prima Vera on the 10th for a wonderful Valentine's Day Dinner. What a turn out. Seating was

limited to 45. Unfortunately, some of you who tried to book at the last minute were too late. **Giacomo, the Owner and Chef**, never stops to amaze me. I thought the buffet at the **Milestone Birthday on January 20** was to die for, but he did it again. The meal was fabulous, the service terrific and the restaurant very festive with all those beautiful heart-shaped red balloons.

This month, on **Sunday, March 24th, SAGE** holds its **Annual Meeting** at The **Marriott North Hotel** on Andrews Avenue. From 1pm to 2pm, cocktails and mingling; and then at 2pm, dinner service in the same room reserved for **SAGE**. We have been there before and were never disappointed. This event promises to be fabulous, especially with none other than, **James Perkowski** to entertain us with his lovely voice. Don't miss out, get your reservations in early.

Save The Date: **Tuesday, April 9, SAGE** returns to **Cafe Vico**. Note: For those of you who reserve at the last minute, we will no longer accept payment at the door. Reservations together with payment with a credit card or cash will be accepted either by phone or in person at the **SAGE** office. As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Ciao for now.

SEE YOU AT THE MOVIES



Marc Flanagan

Michael Vita

The SAGE March movie is 2015's **Spotlight**. The title reflects the investigative unit of the newspaper that broke a story that had significant ramifications for journalism and one of society's most sacred institutions. The film demonstrates the pressure that was exerted to discourage this account from ever seeing the light of day. Although there are no major LGBT characters, *Spotlight* shows how gay priests were protected and the cover-up that ensued. The expose' was published in 2002, and was nominated for a Pulitzer Prize that year.

The movie begins in the 1970s when the Boston Police Department was instructed to keep the media away as criminal charges were brought against members of the clergy. During this era, the media tended to minimize such accounts by burying them deep in the Local section (if ever reported).



When a new editor, Marty Baron (played by **Liev Schreiber**) is appointed, it becomes apparent that a philosophical change was erupting. While being oriented by the manager, Robbie Robinson (**Michael Keaton**), Baron chronicles how the story of sexual abuse by priests was not much of secret and that he'll assure that resources are available to provide the details. In order to accomplish this task, he must appeal to the community's culture, (as well as a sizeable portion

of the paper's circulation) which is predominately Catholic. This proves not to be difficult, as the reporters are stoked about doing the research. Their enthusiasm is tempered when very few victims of clergy abuse come forward. Steam is gathered when a persistent young reporter, Mike Rezendes (Mark Ruffalo), convinces an attorney, Mitchell Garabedian (Stanley Tucci), to get his clients to put their experiences of abuse on record. Church officials, conciliatory at first, begin to feel the heat. The Cardinal admits that while there are offenders within their ranks, it is not a great percentage. As the investigation is uncovered, the church files lawsuits against the newspaper to cease their work. At this point, other jurisdictions are acknowledging that such abuse is widespread and the church has gone to great lengths to keep this a secret. When obtaining an injunction to examine the contents of legal briefs, it is discovered that an exponential number of clergy were cited as offenders. When the material is corroborated, the church (and its defenders) become even more strident in their denials. Eventually, the final product comes out and the reaction isn't what the newspaper expected. Spotlight was nominated for an Academy Award for Best Screenplay. In a strange way, the lack of recognition by Hollywood suggests that the stigma of exposure continues. While that will continue to be debated, there is no doubt that print journalism, a declining profession, gets a boost by showing their diligence in getting this vital story out in the open.

Spotlight is rated "R" for "some language, including sexual references". It will screen with subtitles on Monday, March 18 at 4pm in Room 204 of The Pride Center. The 129 minutes of running time will allow viewers the opportunity to discuss the proceedings as we dine afterwards.

SAGE Health Tips Gene Majka, APRN



Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

What to Wear When You Are NAKED

Okay, I got your attention with the title! What is Gene talking about or has he gone bonkers? We all remember the commercial from years ago "I've fallen and I can't get up!" I think everyone knows someone (even our own SAGE members) who have fallen and laid there for hours or days waiting for assistance. So many of us live or travel alone and we fear falling when no one is around. **Paul McNamara** at our recent Round Table meeting gave a presentation on "Seniors Assimilating Technology" and medical alert systems were discussed. Technology is so fast developing new items that we cannot keep up with all the different variations. The market is flooded with devices, but which one do you buy? I did some research.

- 1. **Waterproof.** You have to wear this when you're in the shower or tub NAKED. Most falls occur in the bathroom. It does not help if you left your alert device on the counter and you are on the floor and cannot get up.
- 2. **Response to your call.** Who is answering your call? Are these individuals in other parts of the world and you cannot understand their accent? 24/7 operators? Is fall detection available with a mobile detection system? Voice activation?
- 3. **Activation and Installation.** How does the system work? Is it free? Do I have to sign a contract? Do I need special equipment in my home? Are batteries required? If yes, what kind? How long to they last? Will there be a signal for me to know if the battery is low? Are new batteries easily available? Changing the battery difficult?
- 4. **Range.** Will it only work in my home? What about my car? What about shopping? What about traveling domestically or foreign?
- 5. **Cost.** One-time fee? Monthly maintenance fee? Fee increases? Do I have to buy the equipment or rent? Warranty? Senior or AARP or any organization discounts?

When your shopping for a system do not be fooled about the cheapest, number one is sales because salesmen will say sometimes anything to get your money. Apple 4 watch has a model with fall detection and coming out soon with a heart monitor but so far has not been approved as a medical alert system. Your safest bet is to ask your Health Care Practitioner about your specific needs. Ask those who have systems already about their experience. Check Google for consumer comments on the system you wish to purchase. Be safe and wear your device **NAKED.**

NOTE: PAUL MCNAMARA WILL SPEAK ABOUT "CHOOSING A MEDICAL ALERT SYSTEM" AT THE MARCH 25, 2019 SAGE/PRIME GENTLEMEN ROUNDTABLE AT THE PRIDE CENTER AT 2:30pm, ROOM 206. ALL ARE WELCOME AND YES, WE LOVE LADIES' COMMENTS.

References and Resources:

https://www.consumersadvocate.org/medical-alerts/a/best-medical-alerts? https://www.consumerreports.org/medical-alert-systems/how-to-choose-a-medical-alert-system https://www.pcmag.com/article/356981/the-best-medical-alert-systems

Your Health Professionals on the SAGE Board.
We Care because YOU care about your health.
Please always seek advice from your physician/nurse practitioner.

Thank you to my editors Ann Smith GNP, and Martin Horowitz, MD and Paul McNamara for his technology knowledge.

IN MEMORIAM

SAGE mourns the loss of charter member GERALD HEINEMAN who passed away on February 7, 2019, after a brief illness. He was 93 years old. Gerald, a retired teacher from New York City, had been an active member of SAGE since November 1994. He will be greatly missed by his SAGE family. We extend our condolences to all of Gerald's friends, family, and survivors.



SAGE of South Florida Financial Report for Fiscal Year Ending December 31, 2018

Variance Over/Under

		-	aa	.
2018	3 Budget	YTD Actual	Budget	
REVENUE:				NOTES TO FINANCIALS:
Contributions (1)	12,400	16,468	4,068	(1) Contributions from Annual Year End
Membership Dues	11,000	9,676	(1,324)	Campaign and Bequests.
Interest Income (2)	3,600	4,986	1,386	(2) Interest Income derived from Edward Jones
Raffle Income (3)	400	182	(218)	Investment Account.
Miscellaneous Revenue	0	160	160	(3) Raffle Income from a monthly 50/50 raffle
				held at Lunch & Learn
TOTAL REVENUE	27,400	31,472	4,072	(4) Monthly Newsletter costs include printing an envelopes.
EXPENSES:				(5) Office supplies include office operation,
				telephone, computer software/hardware and
Insurance	1,600	1,391	(209)	website expense.
Newsletter (4)	6,500	6,195	(305)	(6) Postage includes office mailings, membership
Office Supplies (5)	3,100	3,088	(12)	mailings and monthly newsletter.
Postage (6)	1,800	1,662	(138)	(7) Rental costs include office space that SAGE
Rent (7)	7,100	7,158	558	maintains at The Pride Center and off-site
Community Activities (8)	3,000	4,836	1,836	storage unit.
Miscellaneous Expense	100	70	(30)	(8) Community Activities include SAGE sponsored
Special Event Costs (9)	4,200	2,398	(1,802)	Concerts, Educational Forums and Other Events
				held at The Pride Center.
TOTAL EXPENSE	27,400	26,798	(602)	(9) SAGE Social and Educational Activities generated
		=====		Revenue of \$24,193 and Expenses of \$26,591
NET REVENUE/(EXPENSE	i)	4,674		resulting in a Deficit of \$(2,398).

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, recently lost a loved one, or would appreciate a friendly call or a note of cheer, please contact:

For Women –Emma L Hinman, Jean Johnson & Norma Wingo @ 954.921.6898 For Men – Michael Vita @ 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

In Palm Beach County - 561.684.5885

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Anne Atwell – 954.462.2004x208 Anne@sunshinecathederal.net

SAGE EVENT CALENDAR

March 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	•			·	•	1	2 10:00 am SAGE Board Meeting 12:30 pm SAGE Monthly Luncheon Both at Herb Skolnick Center in Palm Aire
3		4 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center	5	1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	7	8	9 11:00 am SAGE Book Club @ Stonewall Library
10	Daylight Saving Time starts	11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 2:30 pm Roundtable at the Pride Center	12	13 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	14 12:00 pm SAGE Women's Lunch at Golden Corral	15	16
17	St. Patrick's Day	11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center 4:00 pm SAGE Movie at Pride Center AVRoom 204		20 1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	21	22	23
24 1:00 pm	SAGE Annual Meeting at Marriott Hotel Ft. Lauderdale (6650 No. Andrews Ave.)	25 11:00 am SAGE on the Border Co-Ed/Alternatives at the Volen Center Roundtable 5:00 pm Men's Night Out at The Grille	26	1:00 pm Men's Drop-In @ Pride Center at Equality Park 4:00 pm Windows 10 for Seniors @ The Pride Center	28	29	30
31							

UPCOMING SAGE EVENTS

- Thursday, March 14, 2019 at 12 noon, join the Women of SAGE for lunch at the Golden Corral Restaurant at 7401 W. Commercial Blvd. in Tamarac, FL
- Monday, March 25, 2019 at 5:00 pm plan to attend SAGE Men's Night Out at The Grille on the Drive, 2000 Wilton Drive in Wilton Manors. Dinner follows at 5:30 pm
- Tuesday, April 9, 2019 5:30 cocktails, 6:30 dinner join SAGE of South Florida for dinner at Café Vico.

Tuesday, May 14, 2019 5:30 cocktails, 6:30 dinner: SAGE of South Florida at Christina Wan's

Community Events

- BALLET AND OPERA GROUP: 2nd & 4th Sunday at The Pride Center (Rm 204) at 12:30 pm
- GLBTQ VETERAN'S DROP IN GROUP sponsored by the Gold Coast Chapter of AVER meets the 2nd Tuesday of each month at 7:00 pm, at SunServe (2312 Wilton Dr. in Wilton Manors, FL)
- Saturday, March 23, 2019: Florida AIDS Walk & Music Festival: Registration Opens at 8:00 am, on Fort Lauderdale Beach.

March 2, 2019 at 12:30 pm HERB SKOLNICK COMMUNITY CENTER

800 SW 36th Avenue, Pompano Beach, FL

RESERVATIONS REQUIRED!

Members \$15.00

Guests \$20.00

Everyone Pays at the Door Doors Open at 12:00 pm Reservations must be made by 12:30 pm on Thursday, February 28, 2019 by calling 954.634.7219



Genetic screening uses proven lab methods to examine your genes. Genetic screenings may be used to identify increased risks of

health problems, to assist the selection of treatments, and/or to assess responses to treatments.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and their guests.

LUNCH & LEARN IS A SAGE-SPONSORED ACTIVITY

MARCH MENU

Romaine Hearts Salad

(with Balsamic Vinaigrette)

Rigatoni Marinara Beef Stew Cacciatora Steamed Potatoes, Carrots and Peas

Cream Puffs coated with Chocolate

Mousse

Catered By



——≫— Mail below to SAGE of South Florida, PO Box 70516, Oakland Park, FL 33307 −

SAGE WANTS YOU!

	PLEASE JOIN C	R RENEW TODAY	- IM	
NAME:		BIRTHDAY MONTH	DAY	
ADDRESS:			JAGE!	
CITY:		STATE: ZIP:_	of South Florida	
PHONE:		CELL:		
EMAIL:				
CIRCLE ONE:	RENEWAL	NEW MEMBER		
Newsletter Mailing	Options:			
1. Do not mail the	newsletter to me	2. Please email me	the newsletter	
3. Please mail nev	vsletter to me (Annual Members	hip cost is \$45)		
I have enclosed:	\$300 for my Lifetime Member	ship 🔲		
	\$35 for my Annual Membersh	ip 🔲		
	\$45 Annual Membership with newsletter mailed to me			
	\$ as a Special G	ift to SAGE		

SAGE ANNUAL MEETING, DINNER & AWARDS CEREMONY

SUNDAY

MARCH 24, 2019

1DM TO 5DM



Fort Lauderdale Marriot North, 6650 North Andrews Avenue, 33309 (954) 563-3448 1pm-2pm Cocktails (Cash Bar) – 2pm-5pm Dinner & Awards

MENU

First Course

House Salad served with freshly baked rolls ENTRÉE (Select One)

- 1) Grilled Breast of Chicken in a Citrus-Rosemary Cream Sauce served with Herb Roasted Fingerling Potatoes and Haricot Verts
 - 2) Grilled Atlantic Salmon in a Cucumber Wasabi Cream Sauce with Roasted Rosemary Potatoes and Seasonal Vegetable
- 3) Pasta Primavera with Tri Colored Tortellini with Yellow & Green Zucchini in a Lemon Thyme Cream

DESSERT

NY Style Cheesecake (Sugar Free Dessert available upon Request-Please Indicate Below)

Coffee, Tea or Iced Tea included with your meal (At Table Only)

Entertainment by World-Renowned Tenor James Perkowski

PRICING: \$28 @ Members & \$33 @ Non-members Reservations Close 1pm Wednesday March 20, 2019

(A portion of Member Cost Subsidized by SAGE of South Florida)

	•	t Fort Lauderdale Marriot North - No Refunds \$33 - Phone Number	
Name:	Entrée	Sugar Free	
Name:	Entrée	Sugar Free	
Name:	Entrée	Sugar Free	
Name:	Entrée	Sugar Free	

Mail with Payment to SAGE at: P.O. BOX 70516, Oakland Park, FL 33307

Questions? Call the SAGE Message Line at: (954) 634-7219 - A SAGE-Sponsored Activity



SAGE DINNER AT CAFÉ VICO

1125 North Federal Highway Ft. Lauderdale 33304 954-565-9681

Tuesday April 09, 2019 5:30pm Mixer (Cash Bar) & 6:30pm Dinner Enjoy Cocktails and Conversation at their gorgeous modern bar at Happy Hour Prices



MENU

First Course (Choice of One)

Homemade Meatballs in Marinara Sauce, Caesar salad or Minestrone soup ENTRÉE (Choice of One)

- 1) Lasagna alla Bolognese
- 2) Penne Pasta with Vodka Cream Sauce
- 3) Chicken Marsala in a wine sauce with mushrooms with pasta side
- 4) Filet of Flounder Francese- sauteed in lemon butter sauce with pasta side

DESSERT (Choice of One)

Cannoli, Fruit cup

Coffee, Tea or Iced Tea included with your meal (At Table Only)

PRICING: \$24 @ Members & \$32 @ Non-members (Member Pricing partially subsidized by SAGE)
Reservations Close 1pm Wednesday April 3, 2019