

# THE SAGE

The Newsletter of SAGE of South Florida

December 2013

## Alternatives to Guardianship: Pt. 2 of a continuing series.

Last month we discussed Guardianship in Florida, so I'm sure you are now anxious to learn about establishing a plan to avoid guardianship for yourself. No one likes to think about severe disability or death. We all want long and healthy lives. Unfortunately, accidents occur and illnesses happen, but most often we fail to plan for the possibility of outliving our family and/or becoming incapacitated.

Under Florida law, every adult has the right to make decisions concerning his or her medical treatment, including whether to use procedures to prolong your life artificially. The law also allows your personal wishes to be respected even if you are unable to make decisions yourself. This is also true when you can no longer manage your finances. By writing instructions in advance you can define how others should manage your money and/or your healthcare if you become incapacitated. These instructions protect family and friends from the stress and potential conflict of making critical decisions without information about your preferences.

These written instructions are collectively called Advance Directives. There are two specific areas of life management that Advance Directives address: Healthcare and Finances. Let's briefly discuss these legal documents (next month we will go into detail about each one.)

The legal documents that address healthcare decisions are a Living Will and a Designation of Health Care Surrogate. The Living Will gives directions to your physicians regarding your care if you are terminally ill. The Designation of Health Care Surrogate allows you to appoint someone to make health care decisions for you if you lack the capacity to make your own decisions.

To address your finances, a Power of Attorney (POA) is a legal document which appoints someone to act on your behalf regarding certain or all financial matters. There are many different types of POAs, some are very limited and others are very broad. However, only a Durable POA will remain viable if you are declared incompetent. A Trust Agreement names a trustee (usually you when you establish it) to manage the assets held by the trust. Most trusts allow for a successor trustee to take over management of the trust in case you are declared incapacitated. This will serve as an alternative to a guardianship of the property as long

as all of your assets have been placed into the trust.

There are several less formal (and therefore weaker) alternatives to guardianship in the absence of advance directives, both for healthcare and finances.

1. *A Health Care Proxy can be appointed to make medical decisions during a single episode of incapacity, such as a hospitalization. This is a stopgap measure, but will not work well for any long-term incapacity.*
2. *A Guardian Advocate is appointed to make medical decisions for an individual during a Baker Act proceeding. This appointment is terminated upon the individual's discharge from the hospital.*
3. *A Guardian Advocate (yes, Florida uses the same term for different designations!) can be appointed for an individual with a developmental disability. Since this is a legal proceeding, it is not an actual alternative to guardianship, just a less intrusive form of guardianship*
4. *The appointment of a Representative Payee to manage an individual's periodic income (Social Security or Pensions) can sometimes avoid further legal intervention. This is a simple tool if the individual has no assets, only an income stream, and can manage his or her own healthcare.*
5. *Joint accounts are a rudimentary form of avoiding court intrusion. This will only serve the incapacitated person if all property is titled this way, and should be titled with the same person on all properties to be functional.*
6. *If the individual lacks capacity but there is involved family or a trustee that has access to the property of the individual, perhaps a guardianship may be avoided with the assistance of a care manager.*

So, how do you use all these tools to build your plan? Before making any decision about advance directives, you need to consider all the possible medical and financial scenarios you want

*continued on page 9*

## SAGE OF SOUTH FLORIDA, INC.

2040 N. Dixie Highway  
Wilton Manors, FL 33305

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### SAGE Editorial Policy

SAGE welcomes contributors to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity or standards of decency.

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## SAGE FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact:  
For women — Inez Pasher @ 954.563.2814.  
For men — Leo Glickstein @ 954.935.5799.  
This is a SAGE sponsored activity.

## SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives To provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit." Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations.)

## SAGE ADVERTISING POLICY

Our monthly newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for business and organizations at a very reasonable rate. Contact the SAGE office at 954.634.7219 or email at sagesofl@gmail.com for more information. Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us pay for printing this newsletter. Do you have friends or family who own a business? Ask them to place an ad in THE SAGE. We appreciate our business supporters. As members, let's support them in return.

## SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE-sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any SAGE-sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25 for their first year of membership.

## SAGE MEMBERS IN NEED

Please contact the **AADRC (Aging and Disability Resource Center)** @ **954.745.9779**. It is a one-stop center for information and referral services available to seniors and their care-givers in our community.

## REMINDER FROM THE BOARD

IF YOU RESERVE A PLACE AT THE 'LUNCH & LEARN' AND YOU DO NOT ATTEND, YOU ARE STILL RESPONSIBLE TO SAGE FOR PAYMENT. WE MUST GIVE THE CATERER AS EXACT A COUNT AS POSSIBLE BASED ON YOUR RESERVATION. THE CATERER MUST BE PAID WHETHER OR NOT YOU SHOW UP.

### MONTHLY "LUNCH & LEARN"

12:30 PM, December 7, 2013

**HERB SKOLNICK**

**COMMUNITY CENTER**

800 S.W. 36th Avenue, Pompano Beach, FL

**RESERVATIONS REQUIRED!!!!!!!!!!**

Members with reservations: \$14.00

All others: \$19.00

Everyone Pays at the Door.

Doors Open at 12:00PM

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members and their guests.

Reservations must be made by 12:30PM on the Thursday preceding the Luncheon, as the caterer must have the final count. Please make reservations for the December "Lunch & Learn" with the SAGE office @ 954.634.7219.

### MENU

**Romaine Salad**

**Whole Wheat Fusilli "Primavera"**  
(w/ Vegetables & Olive Oil Sauce)

**Italian Style "Meatloaf" in Crust**

or

**Grilled Chicken**

**Yellow Squash & Zucchini**

**Panna Cotta**

**December Speaker:**

*There will not be a December Speaker. Enjoy the luncheon!*

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## SAGE COMPUTER CLUB

KEN GOODMAN



Come and enjoy learning about technology at the SAGE Computer Club. Would you like to feel more confident when using your computer, smart phone, tablet, or any other type of internet connected device? You should come and join us at the SAGE Computer Club. We talk about how to use your computer more efficiently and you can ask questions about issues you are having with your computer. If you have a laptop computer you can bring it to help us resolve your problem. We discuss any topics you wish to ask about. They have included Cloud Computing, the Web, E-Mail, setting up your computer, personalizing the computer, Office software, multimedia software, use of Smart Phones, operating system utilities and maintenance software, security, etc. We discuss the Windows and the Apple OS/X operating systems. For the Smart Phone and/or tablets, we will discuss operating systems including Windows Phone, Google Android, Windows 8.1 Phone & RT and Apple iOS.

The Computer Club meets every Wednesday at 4 pm for at least an hour. Any new Computer related news is discussed, followed by the issues you wish to bring or a current topic of interest. We have recently discussed Windows 8.1, Office 365, set up a Facebook account with security and privacy, discussed Apple's latest OS/X operating system, talked tablets and how to diagnose and resolve problems. Bring your questions and problems and we will try to help.

Also, if you wish, you can join us for dinner after the meeting at a nearby reasonable gay friendly restaurant.

The meetings of the SAGE Computer Club are held at the **Pride Center facility on Dixie Highway Building A** in the AV Room 206 on **Wednesdays** at 4PM. Call for directions if you need them at 954-634-7219 or the Pride Center's switchboard at 954-463-9005.

***This is a SAGE sponsored activity.***

## SAGE ON THE BORDER/ALTERNATIVES

CAROLINE LETO/BRUCE TODRES



**Where:** the Volen Center  
1515 West Palmetto Rd., Boca Raton  
**When:** Every Monday from 11AM to 1PM.  
**Welcome everyone, no reservation required.**  
**Please call the Volen Center to see if it is open as the Center closes for holidays.**  
***This is a SAGE sponsored activity.***



## WEDNESDAY MEN'S DROP-IN

RON CATENA



**Where:** The Pride Center.  
**When:** Every Wednesday from 1PM to 3PM.  
Welcome all men, no reservation required.  
***This is a SAGE sponsored activity.***

## 1ST & 3RD THURSDAY CO-ED DISCUSSION

FRANK PIASECKI

**Where:** The Pride Center.  
**When:** 1st & 3rd Thursday of the month.  
**Welcome to all, no reservation required.**

## SAGE MEN'S SINGLES GROUP

JOHN CHANDLER



Are you a single man who enjoys the company of other single men? If you do then we have an evening for you. Every 4th Monday of every month, SAGE Board member, John Chandler, co-ordinates cocktails and dinner at Tropics restaurant in Wilton Manors. Cocktails, lively conversation and flirting begin at 5:30. At 6:30 the party moves into the dining room where we enjoy a terrific dinner followed by complementary coffee. Prices are reasonable and the food is always wonderful (as is the company). Couples are welcome to join the singles for drinks and dinner. **We usually wear red shirts so we can all recognize each other.**

**Our next dinner will be held on Monday, January 27, 2013.**

For reservations please contact **John Chandler @ 954.933.2963** or e-mail @ **stonyman4u@aol.com** and don't forget to wear your red shirt!  
***This is a SAGE sponsored activity.***

## SAGE AT STONEWALL

BILL GREEVES

**When:** December 14, 2013.

**Where:** Stonewall National Archives

**December Book:** *Harvard Secret Court* by William Wright

**Contact for information:** Richard Hess, 954.568.1592

***This is a SAGE sponsored activity.***

## SAGE CAMERA CLUB

JOHN HARRIS

**Where:** The Pride Center.

**When:** Saturday, November 23, 2013

**Welcome to all shutterbugs, no reservation required.**

## SAGE WOMEN @ GOLDEN CORRAL

NANCY DRENNEN



**IMPORTANT! OUR VENUE HAS CHANGED!**

**Where:** Golden Corral.

7401 Commercial Blvd. Tamarac

**Phone:** 954.623.6400

**When:** Noon, 2nd Thursday of every month.

**Call Nancy @ 954.741.1540 for reservations.**

***This is a SAGE sponsored activity.***

**2013 Schedule: TBA**

# In Memoriam

***Wayne Draper***

*October, 2013*

*You Will Be Missed.*

## NOTES FROM THE MEN'S DROP-IN

I always like the month of December when we get to enjoy the holiday season filled with lots of social events. Most of our snow-bird friends are back and my neighbors are building snowmen and engaging in friendly snowball fights. Oops, wrong neighborhood! I've lived in South Florida for 10 years and still cannot get used to Christmas without snow, however, I would rather enjoy balmy days as opposed to bone-chilling days wearing bulky clothing that envelops my buff body.

A friend of mine works for a security firm and heard Santa talking with one of the elves about gifts for some of the drop-in regulars. I don't want to sound pessimistic, but I was shocked to see who was on the "coal" list!

Recently, our long-time moderator, Dr. Norm Peters, has been on an extended vacation and I have been sitting in as moderator ably assisted by Philip Morris. While I have enjoyed my time in the moderator's chair it seems that some of the guys see it as an opportunity to throw barbs and zingers my way. I could swear Jim Anderson has hired a team of comedy writers from the old Milton Berle show. Jim leads the charge and many other follow suit making snide remarks about the color of my hair "that day" and my social

activities at a couple of the local bars. Jerry Murphy, an old Boston Yankee, and supposedly one of my dearest friends, never misses an opportunity to throw a zinger or two my way. Sometimes I am so overwhelmed I just sit quietly and let the remarks wash over me. And sometimes I have an appropriate reply usually provided by Sonny Miller or Carl Barton. However, I'm a good sport and don't take the jibes personally.

We have been blessed with growing attendance at the drop-in what with new guys joining us every week and the snowbirds coming back to town to warm their weary bones.

The SAGE Men's Drop-In meets every Wednesday from 1-3PM at the Pride Center, second floor...just follow the laughter and you will find a very enthusiastic group of men enjoying the afternoon.

To all of you I wish a very happy holiday season and thanks for your support, and, more importantly, your friendship!

--Ron

*This is a SAGE sponsored activity.*

## SAGE CAMERA CLUB

The first meeting of the SAGE Camera Club was held at the Pride Center on Saturday, October 26th. Nine photo enthusiasts showed up and we talked about the club and photography and cameras. We had a great time, were given homework (bring in a copy of your favorite photo you ever took), and are all looking forward to our next meeting, to be held at the Pride Center on Saturday, November 23rd from 1-3PM.

--John

*This is a SAGE sponsored activity.*

## Are You Having a Milestone Birthday in 2013?

SAGE would like to celebrate any member who is having a milestone birthday in 2013 with our Annual Milestones party which will include a dinner at our January 26, 2014 event. A milestone would be that you are celebrating a 75<sup>th</sup>, 80<sup>th</sup>, 85<sup>th</sup>, 90<sup>th</sup> or over 90<sup>th</sup> birthday any time in 2013.

If you will have a milestone birthday in 2013 please let us know so we may treat you.

Please call the SAGE office at 954.634.7219.

*Please let us know by December 8, 2013, so that we may plan this event.*

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# SAGE SOCIAL-LITES

Ron Catena

'Tis the season to...EAT! Turkey and stuffing, latkes and hamentashen, roast beef and Yorkshire pudding. And don't forget the green bean casserole, Brussels sprouts and pumpkin pie, oh my. I don't know about you guys but most of my holiday celebrations are constructed around food...the food of my memories hidden in my history like old friends and new recipes waiting to be tried and tested like new friends.

October 17<sup>th</sup> found SAGE members imbibing margaritas and chowing down on fajitas as they chatted like magpies renewing old friendships and making new friends.

In honor of Veteran's Day and those members of SAGE who valiantly served in our armed forces, over 50 members attended the SAGE 1<sup>st</sup> Annual Veteran's Day dinner at Zuckerello's. The food was wonderful, the ambiance lovely, and Ellie made us all feel more than welcome.

As the holidays kick into high gear SAGE has some fabulous events planned for your delectation. Our famous "What Cruise?" sets sail on December 1<sup>st</sup> and returns on December 8<sup>th</sup>. Our intrepid sailors will be badly in need of a diet upon their return, but dieting will just have to wait until after the SAGE Holiday Party at the Westin Hotel on December 15<sup>th</sup>. (See enclosed flyer for details.) Our old friend Santa will pay us a visit, Glenn & Sissy will enter-

tain, and who knows...we may even sing some carols.

January brings us into the new year with a meet-up at Sidelines Sports Bar on Wilton Drive on Jan 18<sup>th</sup> @ 5:30PM and our Annual Milestones Birthday celebration for all our milestone birthday men and women (75, 80, 85, 90+).

Thus ends another wonderful year of events presented for your entertainment and delight by your SAGE Social Committee. From all of us to all of you... enjoy the holidays! I certainly will!

*This is a SAGE sponsored event.*

## **Save the Dates:**

**December 1-8, "What Cruise"**

**Sunday, December 15, 2PM -- Holiday Party, Westin Hotel**

**Thursday, January 18, 5:30PM, MeetUp, Sidelines Sports Bar**

**Sunday, January 26, 1PM -- Milestones Birthday Celebration, Pride Center**

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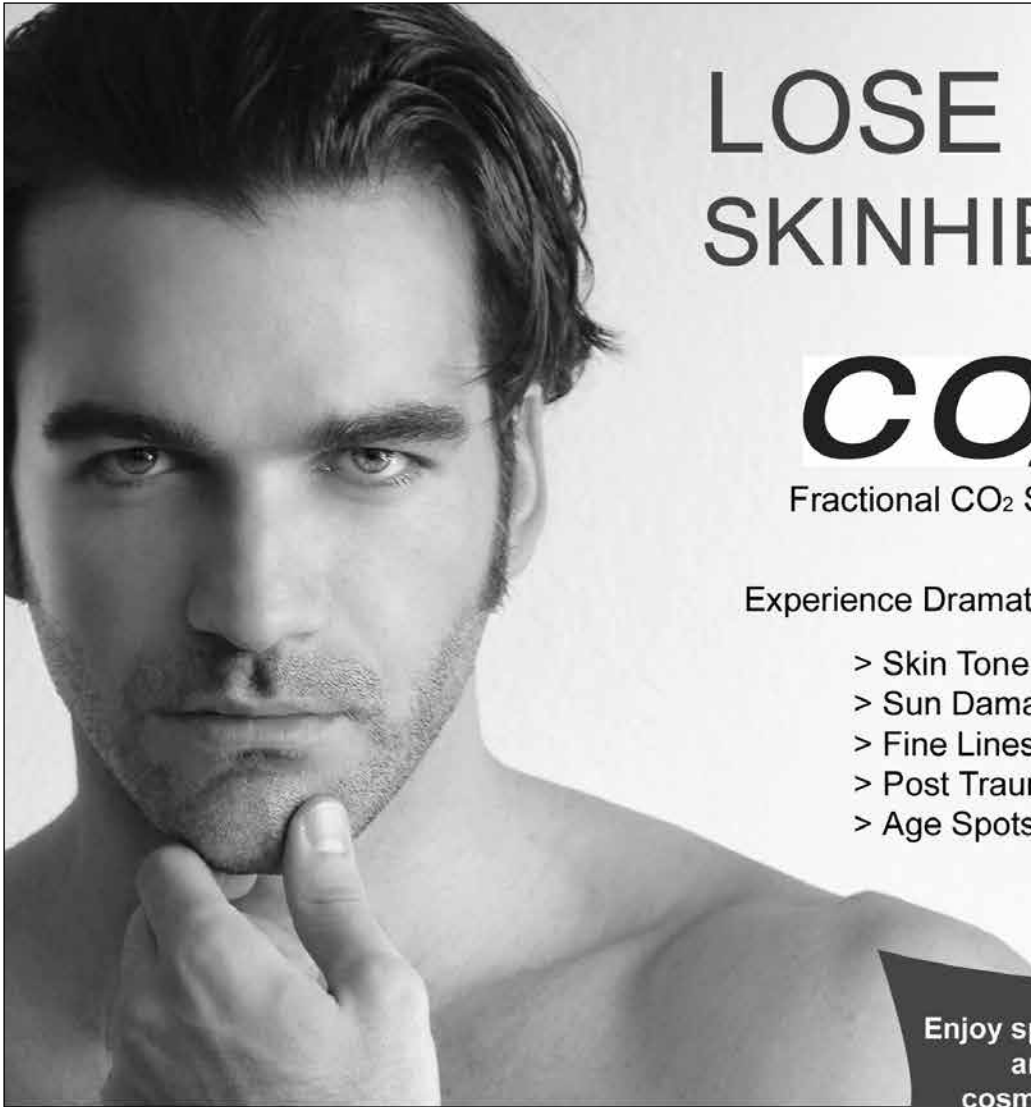
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# SAGE Spotlight: LaBamba







Photos: Inez Pasher

# November Lunch & Learn



November Lunch & Learn -- Ron Catena, Vice President, SAGE, Wanda Gozdz, President, Golden Age Living, LLC., Ken Goodman, President, SAGE

Photo: Sharron Demarest

**Dear Readers,**

*Fitting all the pictures of our many events into the newsletter is just not possible. We know each and everyone of you would like to see more pictures of SAGE activities so we have decided to start a photo gallery to showcase our events. The galleries will be posted on the SAGE website @ [www.sagewebsite.org](http://www.sagewebsite.org) and will begin with this issue of the SAGE featuring the meet-up at Lester's Diner and the SAGE Anniversary Dinner. We hope you will visit the SAGE website and enjoy the photographs. Again, our website address is [www.sagewebsite.com](http://www.sagewebsite.com).*

**Editor**

your plan to address.

First, you need to define your life management style. Ask yourself how you want your finances managed if you are not in control of them. What sort of care do you want if you are not fully able to care for yourself? Do you want to be kept alive at all costs? At what stage of life do you want to stop any life-prolonging procedures? There is a wonderful tool online to help you consider all the aspects of end-of-life care. This is a good place to start your considerations. <http://www.agingwithdignity.org/forms/5wishes.pdf>.

Next you need to consider who you want to designate as your Health Care Surrogate(s) and/or person to manage your assets. This is an important decision and should be considered very carefully. Many times the best person to be your healthcare surrogate is not the best person to manage your assets, and vice versa. If you choose more than one individual as your surrogate/trustee/etc., be sure they get along with each other. You must also ensure that each designee is comfortable using your substituted judgment as their guidestar for making decisions on your behalf. We recommend that you appoint individuals who are at least one generation younger than you. Lastly, be sure you understand all of your legal documents and your proxies do too.

Now you need to write this all down! Your written plan will

help your Health Care Surrogate and/or physician to know what your wishes are regarding any particular medical procedure or emergency and your trustee/financial designee what to pay for and how.

Once you have your plan, you need to share it with your proposed proxies. It's very important that you don't surprise them with it, but instead include them during your planning. The last thing you want to happen is to go to the trouble and expense of preparing all the documents and it turns out that one or more of your designees is unable or unwilling to serve.

Once everyone is agreement with the plan, implement as much of it as possible now. When you have the necessary documents signed, share them with the appropriate people. Your doctor(s) need your healthcare documents and your financial institutions need your financial documents. We recommend that all documents be shared with each of your designees (remember, these guys may be working together on your behalf in the future.)

But this is not the end. People change and attitudes about life management change too. An ongoing dialogue with all of your "plan members" about how your beliefs and preferences should guide all decisions made on your behalf is key to making your plan work. Good Luck!

*Knyvett Lee, NCG  
MonarchCare Founder/CEO*

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## SEE YOU AT THE MOVIES



John Gearrity and Carl M. Galli

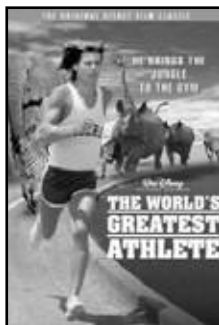


Would you believe Carl is showing something light and not-at-all artsy for the holidays? A frothy confection, brimming with a cavalcade of 1970's comedy legends (some of whom were LGBT icons), our December 16th movie was (according to Wikipedia) among the most popular films of 1973, grossing almost \$23 million in the U.S. alone.

Directed by Robert Scheerer, written by Dee Caruso and Gerald Gardner, with music by Marvin Hamlisch, *The World's Greatest Athlete* was released by Walt Disney Productions.

It features John Amos (among the few African-American leads in a Disney film), Roscoe Lee Browne, Tim Conway, Nancy Walker, Billy DeWolfe (in his final feature film performance), and Dayle Haddon; with appearances by Howard Cosell and Frank Gifford.

But of course its real star is the slim, muscular Tarzan-like Jan-Michael Vincent, at the start of an acting career which saw him achieving great ups ("The Mechanic", "Buster and Billy" ... where he was frontally nude; "Winds of War", and of course "Airwolf" ... in which he was the highest paid TV actor of the time) and downs ("Red Line" ... in which he appeared with scars while still wearing his hospital bracelet after one of several major car accidents). Wrestling a real tiger, before CGI, as the innocent "Nanu", he is the most



believable link to reality in a Disney fantasy that looks at the world of college track and field.

Brought to America from Africa, against his godfather's wishes, Vincent's character tries to make history by winning every event at the NCAA Track & Field Championship. The plot is driven by a combination of slapstick and suspense, since Nanu's pursuits annoy several powerful people who have their own agenda. And there's always the complication of first love: Listen and smile as a smitten Vincent says "Me Nanu. You Jane?" to Haddon. To which Conway reacts: "Now that doesn't sound quite right."

From IMDb.com: "...one of the funniest films of Disney's live action library. Taking another spin on the tale of Tarzan... Good jokes and tasteful humor make this a must-see.

Jon Amos and Tim Conway are great as the bumbling coaches, and Jan-Michael Vincent shows that he could act wonderfully within a comedic setting. Also, this is one of the movies that displays Vincent's prowess, and makes people wonder what could have been."

Most of the film was shot in and around Stockton, Santa Clarita, and Caswell Memorial State Park in California.

*The World's Greatest Athlete* screens on Monday, December 16th in the **Pride Center**, Room 204, at 4:15PM. It runs 93 minutes, and is rated G. Come and enjoy it along with us, and socialize at dinner afterward.

***This is a SAGE sponsored activity.***

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## OCCASIONAL THOUGHTS

Jean-Michel McDonald



So, I am a newbie here. In more ways than one.

As a recent transplant to South Florida, I often find myself overwhelmed by this sprawling Metropolis. I moved to Davie in October after fulfilling a contract at Yellowstone

National Park in Wyoming. Needless to say, it has been quite a culture shock and that doesn't even cover driving. That I-95 is quite extreme.

One of my first stops since arriving in South Florida has been The Pride Center in Wilton Manors -- specifically the Sage Group. What better way to get acquainted with the culture and customs of the area, I thought.

"Do you know what 'Sage' means?," the man asked me during my first encounter with the group.

"Wise," I responded.

He smiled and told me more about the organization.

In technical terms, Sage of South Florida, Inc. stands for "Senior Action in a Gay Environment." There are many wise guys -- and gals -- in the organization, take for example the "drop-in" group that meets every Wednesday afternoon. This was my initiation into Sage. It was, as a Southern gentleman might declare, a hoot.

At the drop-in session, reports were given, jokes were told and a good time was had by all. These weekly gatherings, I have come to find out, are quite valuable in terms of local knowledge and strong friendships. The group often shares in the ups and downs of its members' life in ways they can relate to and feel empathy for one another.

And the Swinging Richards updates are worth a visit alone.

If you attend the Wednesday afternoon Sage drop-in, be prepared to smile and say hello to Ron Catena, who asked me to write this piece about my first impressions of the men's drop-in group.

I can honestly say, without a shadow of doubt, the group is a great way to get to know our senior LGBT community. This group is upwardly mobile, involved and cherishing life's golden years. We should all be so lucky.

## HELPFUL HINTS FROM THE DESK OF...

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### ELDER CARE ISSUES:

*I recently worked closely with one of my elderly clients who moved into an assisted living facility. Much of the assistance he needed was provided by my office. I am always happy to recommend various professionals, and I want to share the following referrals, and let you know that these services exist. Much of this is probably new to you as well.*

### SENIOR PLACEMENT SERVICES OF SOUTH FLORIDA:

SPSSF is like a real estate service for the various assisted living facilities in South Florida, and it's free! They provide free advice and counseling to help choose the right facility. Their phone number is 954.718.0097.

### ALF ISSUES:

I have another attorney to recommend if you have any issues with wrongdoing in any kind of an assisted living facility. The attorney's name is Allen Fuller, and his phone number is 305.445.7150. Visit his website at [www.fullerlawyers.com](http://www.fullerlawyers.com)

### STAYING IN YOUR HOME?:

If you are staying in your home, but want to "retro-fit" it for your safety and comfort, I recommend Wanda Gozdz, [www.goldenageliving.com](http://www.goldenageliving.com) (888.697.4650)

### IN HOUSE TRANSFERS:

They specialize in physically moving seniors into assisted living facilities. They are experts at knowing what items need to be taken into the facility and setting everything up for the comfort of the new resident. You can visit their website at [www.inhousetransfers.com](http://www.inhousetransfers.com) or call John Moore at 561.391.2526.

### VETERANS BENEFITS:

Many veterans are able to get significant monthly cash benefit to offset the high costs of assisted living. Qualifying is based on financial need, but the system has some flexibility. Speak with Joanne Gerard at Long Term Care Consulting Service at 954.472.5556 or visit their website at [www.ltconsultinginc.com](http://www.ltconsultinginc.com). They can help you process the paperwork.

*As a Fiduciary, I have a duty of utmost care and loyalty to my clients and part of my financial planning practice is to look at everyone's overall needs and not just financial needs, and when I come across something useful, I like to pass it on.*

*For further information please email: [david@davidtreece.com](mailto:david@davidtreece.com) or visit: [www.treecefinancialgroup.com](http://www.treecefinancialgroup.com)*

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## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
Ray	Skiba	12/01	Richard	Dehn	12/20
Dennis	Cole	12/02	Gary	Payne	12/20
John P.	Connolly	12/02	Sharron C.	Demarest	12/22
Allen	Sandler	12/03	Harry	Kahrs	12/23
Tom	Sluberski	12/07	Jerry	Murphy	12/24
Barbara	Varga	12/08	Sandra	Tavlin	12/27
Rob	Labby	12/10	Richard	Plant	12/28
Jerry	Ganz	12/14	James	Burke	12/29
Donald R.	Hunsinger	12/14	Hugh	Rance	12/30
Sandy	Darrall	12/15	Caroline	Leto	12/31
Jerry P.	Ward	12/18			
Dan	Fountaine	12/19			
Ron	Catena	12/20			

### New Members

First Name	Last Name	Date Joined
Donald	Curiale	10/13
Warren	Day	10/13
Dan	Fontaine	10/13
Robert	Logan	10/13
Richard	McNany	10/13
Ray	Pelletier	10/13
Rafael	Reyes	10/13

### 10 Year Anniversaries

First Name	Last Name	Date Joined
Bob D.	Brummer	10/03
Allen	Sandler	10/03

## SAGE NEEDS YOU!

**Please Join or Renew Today.**

**NAME:** \_\_\_\_\_ **Birthday: Month** \_\_\_\_\_ **/Day** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **CELL:** \_\_\_\_\_



MEMBERSHIP APPLICATION

**COMMITTEE INTEREST:** \_\_\_\_\_

**E-MAIL:**  
Would you like to receive the

**Would you care to make a tax-deductible contribution to SAGE included with your dues? Yes No**

**CIRCLE ONE: RENEWAL NEW MEMBER**

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**Monday to Friday, 7am - 5:30pm**  
**Saturday, 8am – 11am. Walk-ins welcome.**

\$75 flat fee. Screening may be covered by insurance.

**Call 954.279.7946** to speak to the Men's Health Navigator.

Or email [MensHealth@BrowardHealth.org](mailto:MensHealth@BrowardHealth.org).

He will assist you with alternative times, insurance verification and any other questions you may have about the screening.

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**Visit [BrowardHealth.org/BHIPmen](http://BrowardHealth.org/BHIPmen)** to see a  
list of upcoming events and catch the  
Man Van out in the community.

# Happy Holidays!

## Annual SAGE Holiday Party!

@ THE WESTIN HOTEL

400 CORPORATE DRIVE, FT. LAUDERDALE

PHONE: 954.660.6702

**SUNDAY, DECEMBER 15TH, 1-5PM**

*(1-2PM Enjoy Cocktails on the Patio (Cash Bar) plus Westin Energizing Smoothies)*

### SALAD

FRESH GARDEN GREENS WITH VINE RIPE TOMATOES, CUCUMBERS, JULIENNE CARROTS  
CHOICE OF HOUSE VINAIGRETTE OR CREAMY RANCH DRESSING

### ENTREES (CHOOSE ONE)

1. CHICKEN BREAST DI FLORENCIA  
(BREAST OF CHICKEN STUFFED WITH FRESH SPINACH, RED PEPPER, PINE NUTS AND FETA CHEESE)
2. ANCHO-MARINATED FLANK STEAK
3. POTATO CRUSTED TILAPIA  
(DRAPED WITH LEMON BEURRE BLANC)
4. PASTA PRIMAVERA MARINARA (VEGETARIAN)  
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### DESSERT

APPLE PIE ALA MODE OR SUGAR FREE DESSERT

### BEVERAGES

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# Photography: A to Z

Hey!!! Join Us at the SAGE Camera Club on December 28th.



**Our Next Meeting Will Be On December 28th at 1pm Sharp!!!**  
**Join Us at the Pride Center**

Come and share with your SAGE friends how you use your camera, what kind of pictures you take, any techniques you've learned, etc.

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**QUESTIONS: 954.634.7219**



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Thursday, December 12, 2013

Thursday, December 19, 2013

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Bruce Williams, Senior Services Coordinator – [Bwilliams@PrideCenterFlorida.org](mailto:Bwilliams@PrideCenterFlorida.org) or 954.463.9005 ext. 109



This program generously supported by the WALMART FOUNDATION

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Connect  
with Your  
Community



# SAGE 2013 Activities Calendar

## DECEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> SAGE Cruise - Begins	<b>2</b> SAGE Cruise 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca	<b>3</b> SAGE Cruise	<b>4</b> SAGE Cruise 1 PM Men's Drop In @ Pride Center	<b>5</b> SAGE Cruise 1-3PM SAGE Co-Ed Discussion Group @ Pride Center Rm 207	<b>6</b> SAGE Cruise	<b>7</b> SAGE Cruise LUNCH & LEARN 12:30 PM Call Office @ (954) 634-7219 for reservation
<b>8</b> SAGE Cruise - Returns	<b>9</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca	<b>10</b>	<b>11</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>12</b> 12PM SAGE Women's Lunch @ Golden Corral - Tamarac - call Nancy for info (954) 741-1540 4-6PM SAGEWorks Orientation @ Pride Center	<b>13</b>	<b>14</b> 1:00PM Board Meeting Pride Ctr 11AM SAGE at Stonewall - Book Club @ Stonewall Library Call Bill Greeves 954-523- 8656
<b>15</b> 1-5PM Holiday Party Dinner/Dance @ The Westin Hotel	<b>16</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4:15 PM SAGE Movie "The World's Greatest Athlete" @ Pride Center - dinner TBD	<b>17</b>	<b>18</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>19</b> Pride Thursday 1-3PM SAGE Co-Ed Discussion Group @ Pride Center Rm 207 4-6PM SAGEWorks Orientation @ Pride Center	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b> 1AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca Men's Singles DINNER @ TROPICS - call John C (954) 933-2963	<b>24</b> Christmas Eve	<b>25</b> Christmas	<b>26</b>	<b>27</b>	<b>28</b> 1PM SAGE Photography Club @ Pride Center - Rm 207 REVISED DATE
<b>29</b>	<b>30</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca	<b>31</b> New Year's Eve				

# **SAVE the DATES:**

**Jan 16th 2014, Thursday**

**Meet-Up 5:30PM Sidelines Sports Bar**

**Jan 26th 2014, Sunday**

**Milestones Birthday 1PM at the Pride Center**

**Feb 16th 2014, Sunday**

**SAGE Valentine's Dinner at Primavera**