The Newsletter of SAGE of South Florida

# **Everything You Need To Know About Guardianship**

Guardianship is a legal intervention that often includes crisis stabilization, advocacy, care supervision and protective financial services. It is governed by Florida Law, F.S. §744 and based on the public policy *"Parens Patriae,"* allowing the state to intervene against an abusive or negligent individual, and to protect any vulnerable individual, after being declared legally incapacitated.

If an individual lacks decisionmaking capacity, has no advance directives, and is non-compliant with the necessary assistance to provide for their well-being, then guardianship may be the only alternative to keep him or her safe. Because guardianship removes many of a person's rights, it should only be considered after other methods of protecting the most vulnerable of individuals fails.

Florida has several forms of guardianship, allowing for a very personalized intervention based on the incapacitated person's needs. Any competent adult may designate another individual as their Pre-Need Guardian in the event a guardianship is ever needed in the future. Someone who is already another individual's guardian can designate another person as a Standby Guardian in advance if the current guardian is no longer able to serve. Once a guardian is appointed, the incapacitated person is called the ward. During the court proceeding to establish a guardianship, s/he is referred to as the Alleged Incapacitated Person (AIP).

Florida has defined six "personal" rights that can be removed, but not delegated to the guardian, from the ward: the right to vote, drive, work, travel and marry<sup>\*</sup>. Another seven rights are itemized in our law that can be removed from the ward and then delegated to the guardian: the right to contract<sup>\*1\*</sup>, sue, apply for government benefits, manage property, decide where to live, what medical treatment and his/her social environment.

An involuntary guardianship is appropriate when an individual "lacks capacity," which is defined in Florida law as "the ability to manage at least some of the property or to meet at least some of the essential health and safety requirements." When this is the case, an assessment of the person's capacity is made by an examining committee and a Hearing to Determine Incapacity is held to decide what rights (if any) should be removed and to determine the scope of the guardianship. When the court determines the individual is able to retain some but not all rights,

\* Florida Law recognizes that marriage is a type of contract. Therefore, if the right to contract has been removed, but the right to marry has been retained, then any proposed marriage must be approved by the court prior to the actual marriage. a Limited Guardian is appointed. When the court determines the individual is unable to retain any rights, a Plenary Guardian is appointed.

**NOVEMBER 2013** 

However, any competent individual can request the circuit court to appoint a Voluntary Guardian. This is a guard-ianship over the individual's property *only* with no healthcare authority. Prior to the appointment of the guardian, a physician must state the person/ward is competent to make this decision.

It takes approximately sixty days to establish a guardianship in Florida. An attorney will draft several legal documents, file them with the court and a different attorney is appointed to represent the AIP during the incapacity proceeding.

Based on the examining committee's reports and sworn testimony given at the capacity hearing, a hearing officer will decide if there is a less restrictive alternative to a guardianship. Should the AIP require a guardian, then a finding as to what rights will be removed will be made as well.

Once a guardian is appointed, s/he has many ongoing responsibilities, but these will differ based on what rights the ward retains. For the purpose of this article, we will assume all 13 rights have been removed from the ward. The guardian must file two initial reports with the court within

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Senior Action in a Gay Environment

#### SAGE OF SOUTH FLORIDA, INC. 2040 N. Dixie Highway Wilton Manors, FL 33305

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#### SAGE Editorial Policy

SAGE welcomes contributors to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity or standards of decency.

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#### SAGE FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact: For women — Inez Pasher @ 954.563.2814. For men — Leo Glickstein @ 954.935.5799.

This is a SAGE sponsored activity.

#### SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives To provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit." Corporation. (Federal Tax-Exempt status of 501(c)3 allowing taxdeductible donations.)

#### SAGE ADVERTISING POLICY

Our monthly newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for business and organizations at a very reasonable rate. Contact the SAGE office at 954.634.7219 or email at sagesofl@gmail.com for more information. Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us pay for printing this newsletter. Do you have friends or family who own a business? Ask them to place an ad in THE SAGE. We appreciate our business supporters. As members, let's support them in return.

#### SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE-sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any SAGE-sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25 for their first year of membership.

#### SAGE MEMBERS IN NEED

Please contact the AADRC (Aging and Disability Resource Center) @ 954.745.9779. It is a one-stop center for information and referral services available to seniors and their care-givers in our community.

#### REMINDER FROM THE BOARD

IF YOU RESERVE A PLACE AT THE 'LUNCH & LEARN' AND YOU DO NOT ATTEND, YOU ARE STILL RESPONSIBLE TO SAGE FOR PAYMENT. WE MUST GIVE THE CATERER AS EXACT A COUNT AS POSSIBLE BASED ON YOUR RESERVATION. THE CATERER MUST BE PAID WHETHER OR NOT YOU SHOW UP.

#### **MONTHLY "LUNCH & LEARN"**

12:30 PM, November 2, 2013 HERB SKOLNICK COMMUNITY CENTER 800 S.W. 36th Avenue, Pompano Beach, FL RESERVATIONS REQUIRED!!!!!!!!! Members with reservations: \$14.00 All others: \$19.00 Everyone Pays at the Door.

Doors Open at 12:00PM If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members and their guests. Reservations <u>must</u> be made by 12:30PM on the Thursday preceding the Luncheon, as the caterer <u>must</u> have the final count. Please make reservations for the November "Lunch & Learn" with the SAGE office @ 954.634.7219.

#### MENU

Salad Lasagna (Northern Italian) Stuffed Shrimp w/ Crabmeat Filling or Grilled Chicken Broccoli Flourless Chocolate Cake

> November Speaker: Wanda E. Gozdz, CAPS Smart Tips for Living in Your ForeverHome™



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#### SAGE COMPUTER CLUB KEN GOODMAN



Come and join the fun time we are having at the SAGE Computer Club. Would you like to feel more confident when using your computer, smart phone, tablet, or any other type of internet connected device? You should come to the SAGE Computer Club. We discuss how to use your computer more efficiently and you can ask questions about issues you

are having with your computer. If you have a laptop computer you can bring it to help us resolve your problem. We discuss various topics which can include Cloud Computing, the Web, E-Mail, setting up your computer, personalizing the computer, Office software, multimedia software, use of Smart Phones, operating system utilities and maintenance software, security, etc.. We discuss the windows operating systems (XP, Vista and Windows 7 & 8) and the Apple OS/X operating systems. For the Smart Phone and/or tablets, we will discuss the operating systems including Windows Phone, Google Android, Windows 8 Phone & RT and Apple iOS. The Computer Club meets every Wednesday at 4 pm for at least an hour, sometimes two hours. Any new Computer related news is discussed, followed by the issues you wish to bring or a current topic of interest. We have recently discussed Windows 8.1, Office 365, set up a Facebook account with security and privacy, discussed Apple's latest OS/X operating system, talked tablets and how to diagnose and resolve problems. Bring your questions and problems and we will try to help. Also, if you wish, you can join us for dinner after the meeting at a nearby reasonable gay friendly restaurant.

The November meetings of the SAGE Computer Club will be at the **Pride Center** facility on Dixie Highway Building A in the AV Room 206 on Wednesdays at 4PM. Call for directions if you need them at 954-634-7219 or the Pride Center's switchboard at 954-463-9005.

This is a SAGE sponsored activity.

#### SAGE ON THE BORDER/ALTERNATIVES CAROLINE LETO/BRUCE TODRES



Where: the Volen Center 1515 West Palmetto Rd., Boca Raton When: Every Monday from 11AM to 1PM. Welcome everyone, no reservation required. This is a SAGE sponsored activity.



#### WEDNESDAY MEN'S DROP-IN

**RON CATENA** 

Where: The Pride Center. When: Every Wednesday from 1PM to 3PM. Welcome all men, no reservation required. This is a SAGE sponsored activity.

#### 1ST & 3RD THURSDAY CO-ED DISCUSSION FRANK PIASECKI

Where: The Pride Center. When: 1st & 3rd Thursday of the month. Welcome to all, no reservation required. *This is a SAGE sponsored activity.* 

#### SAGE MEN'S SINGLES GROUP JOHN CHANDLER



Are you a single man who enjoys the company of other single men? If you do then we have an evening for you. Every 4th Monday of every month, SAGE Board member, John Chandler, co-ordinates cocktails and dinner at Tropics

restaurant in Wilton Manors. Cocktails, lively conversation and flirting begin at 5:30. At 6:30 the party moves into the dining room where we enjoy a terrific dinner followed by complementary coffee. Prices are reasonable and the food is always wonderful (as is the company). We usually wear red shirts so that we can all recognize each other.

Our next dinner will be held on Monday, November 25, 2013. For reservations please contact John Chandler @ 954.933.2963 or e-mail @ stonyman4u@aol.com and don't forget to wear your red shirt! This is a SAGE sponsored activity.

#### SAGE AT STONEWALL BILL GREEVES

The November Book Club selection is: Remembrance of Things Past (a A journey going into the past via Time Machine to effect a better lifestyle for now and from new on. An adventurous comedy of science fiction on family and social change.) by Bill Smith.

We meet once a month to discuss books of interest to the LGBT community. We invite all readers to join us in

engrossing conversation every month at the Stonewall Library. We will meet on **Saturday**, **November 9**, **2013** at **11AM** at the Stonewall, 1350 E. Sunrise Blvd., Ft. Lauderdale. *All readers are welcome, no reservation required. Any questions, please contact me. Thank you. Bill Greeves - 954.523.8656 This is a SAGE sponsored activity.* 

#### SAGE WOMEN @ GOLDEN CORRAL NANCY DRENNEN



IMPORTANT! OUR VENUE HAS CHANGED! Where: Golden Corral. 7401 Commercial Blvd. Tamarac Phone: 954.623.6400 When: Noon, 2nd Thursday of every month. Call Nancy @ 954.741.1540 for reservations. This is a SAGE sponsored activity.

2013 Schedule: TBA

# In Memoriam

Jacquie Malone

October 8, 2013

You Will Be Missed.

#### NOTES FROM THE MEN'S DROP-IN

Great news! The snowbirds are returning! Fred Vega and Ron Seidle showed up along with Dr. Marty Horowitz and all brought tales of their summer adventures. They also said they were happy to be back and how much they missed us (I thought I saw Fred with his fingers crossed).

As usual, what with everything that's happening in the world, we engaged in lively discussion. Our members are always up-to-date on current events and together we attempt to solve the world's problems within our allotted two-hour time frame. (Seriously, I am always amazed at the group's collective knowledge base.)

Of course, we all enjoy each other's company and laughter permeates every meeting along with a hefty dose of good-natured ribbing. Respect is always the order of the day...our moderator, Dr. Norm Peters, will accept nothing less.

#### SAGE CO-ED DISCUSSION GROUP

The new SAGE Co-Ed Drop-In Discussion group meeting (cosponsored with The Pride Center) has now met a couple of times and we would welcome others to join us. Women and men meeting together to enjoy the responses of one another to a variety of questions asked by the facilitator reveals interesting answers and insights from participants. Because the questions are not revealed prior to being asked means participants respond quickly--if not spontaneously. (Don't worry, you can always "pass" if you wish to do so.) After all participants have responded, time is provided for followup and/or other related observations. Often it is this exchange of thought that provides a shared "collective wisdom" to life's experiences. It can be most insightful to hear of the backgrounds and Lately, we have been enjoying the company of several new members. They, of course, receive a warm welcome and orientation about SAGE and our programs. Invariably they become SAGE members...which speaks volumes about the warmth and friendliness of the Drop-In guys and the great reputation SAGE enjoys in the senior LGBT community.

Laughter and good conversation with a fine group of gentlemen always makes for a successful afternoon. Stop by any Wednesday from 1-3PM at the Pride Center and just follow the friendly vibes and the sounds of laughter to our second floor meeting room.

--Ron

#### This is a SAGE sponsored activity.

This is a SAGE sponsored activity.

opinions from others who appreciate social interaction in a forum of this kind.

Meetings are conducted at the Pride Center on the first and third Thursdays of the month at 1 pm. Dates for November are scheduled for November 7 and 21. Consider joining us as your schedule permits, as it would be good to hear from you too!

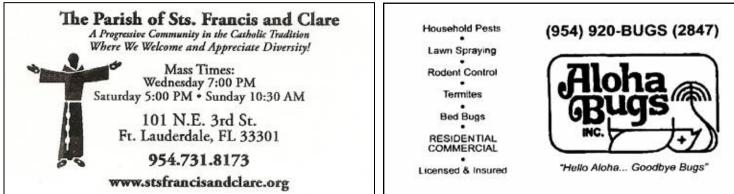
--Frank

## Are You Having a Milestone Birthday in 2013?

SAGE would like to celebrate any member who is having a milestone birthday in 2013 with our Annual Milestones party which will include a dinner at our January 26, 2014 event. A milestone would be that you are celebrating a 75<sup>th</sup>, 80<sup>th</sup>, 85<sup>th</sup>, 90<sup>th</sup> or over 90<sup>th</sup> birthday any time in 2013.
If you will have a milestone birthday in 2013 please let us know so we may treat you. Please call the SAGE office at 954.634.7219.

Please let us know by December 8, 2013, so that we may plan this event.

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## SAGE SOCIAL-LITES



Ron Catena

October found a large number of SAGE members sipping the best margaritas and dining on zesty Mexican food at LaBamba. All I can say is thank

goodness cocktail hour lasted no longer than an hour lest the restaurant run out of margarita mix. What with the food, the atmosphere, the margaritas, and the friendly attentive staff SAGE will return to LaBamba in the future!

Our second SAGE meet-up involved miniature golf, beer and sandwiches at Boomers of Boca. While there were no Ben Hogans or Babe Didriksons in the crowd and quite a few putts went awry, everyone agreed it was enormous fun. (As for those of you who sat in the clubhouse drinking beer and snickering at us duffers, remember...those who can golf and those who can't snicker.)

November 11th is Veterans Day. On Sunday, the 10th of November SAGE will honor those of our members who served in our armed forces at Zuckerellos. Cocktails begin at 6PM and dinner will be served at 7PM sharp! Join us in honoring the veterans to whom we all owe so much. Remember...as the Marines say: If you're not 15 minutes early, you're late!

On December 1<sup>st</sup> the annual "What Cruise" will depart from Port Everglades on a seven-day tour of San Juan, Half Moon Cay, and Turks & Caicos. Cruisers return refreshed and ready to greet the new year on December 8<sup>th</sup>. The SAGE Annual Holiday Party will take place December 15th at the lovely Westin Hotel where we will be entertained by the dynamic duo of Glenn & Sissy. In the spirit of the holiday season SAGE has chosen to waive the non-SAGE member surcharge. So bring your friends, family, and acquaintances you might like to introduce to our fabulous group of LGBT seniors!

Speaking of seniors...it's almost time once again for the SAGE Annual Milestones Birthday Celebration at the Pride Center on January 26th! If you celebrated a milestone birthday this year (75, 80, 85, 90+) SAGE would like to honor you with a beautiful birthday celebration. Of course, the birthday guys and gals will enjoy the sumptuous Primavera buffet at no charge! Don't forget, there will be BIRTHDAY CAKE...lots and lots of birthday cake!!! The festivities begin at 1PM and will last until 5PM.

Well, boys and girls it seems we have a lot of SAGE activities lined up for your pleasure. Don't forget to mark your calendars (which should already be filled with SAGE events). The popularity of our SAGE activities grows every year and we, the organization, owe much of that growth to you, our membership!

This is a SAGE sponsored event.

### Save the Dates:

Thursday, October 17, 6PM -- Dinner LaBamba Friday, October 25, 11AM --Miniature Golf Meet-Up, Boomers of Boca Sunday, November 10, 6PM -- Veteran's Day Celebration, Zuckerellos December 1-8, "What Cruise" Sunday, December 15, 2PM -- Holiday Party, Westin Hotel Sunday, January 26, 1PM -- Milestones Birthday Celebration, Pride Center

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Please let us know by December 8, 2013, so that we may plan this event.





Glenn & Sissy

DRESSED IN APPROPIATE HOLIDAY ATTIRE FOR THE OCCA-SION (WE HAVE ORDERED A TRUCK LOAD OF SNOW FROM UP NORTH AND IF WE ARE INSPIRED AFTER A COUPLE OF COCKTAILS THERE MAY BE A **SAGE** SNOWBALL FIGHT!!!).

IN THE SPIRIT OF THE HOLIDAY SEASON WE HAVE WAIVED THE SURCHARGE FOR NON-SAGE MEMBERS SO FEEL FREE TO INVITE FAMILY, FRIENDS, AND NEIGHBORS (THE MAIL MAN?).

As those of you who have attended through-out the years know, our Holiday Party is a "must Do." SIGN UP NOW!!! (SEE FLYER FOR DETAILS AND SIGN UP FORM).

YOUR SAGE SOCIAL COMMITTEE HAS BEEN HARD AT WORK PLANNING YOUR "BEST EVER HOLIDAY PARTY" ON DECEMBER 15<sup>TH</sup>. OUR GOAL WAS TO SELECT A LOVELY VENUE WITH TOP-SHELF ENTERTAINMENT AND A MENU THAT WILL PLEASE EVEN THE MOST DISCERNING PALATE. WITH THAT IN MIND WE HAVE CHOSEN THE FABULOUS WESTIN HOTEL. WITH GLENN & SISSY (RECENTLY PRE-VIEWED BY A HOST OF SAGE MEMBERS AT A FUN MEET-UP AT LESTER'S) PROVID-ING THE ENTERTAINMENT. THERE WILL BE DINING, DANCING AND SINGING ALONG TO THOSE HOLIDAY TUNES WE ALL KNOW AND LOVE. THE BANQUET ROOM WILL BE



Santa and his favorite elf.

# **SAGE Spotlight: Anniversary Party**



Photos: John Harris & Rex Coston





Fitting all the pictures of our many events into the newsletter is just not possible. We know each and everyone of you would like to see more pictures of SAGE activities so we have decided to start a photo gallery to showcase our events. The galleries will be posted on the SAGE website @ www.sagewebsite.org and will begin with this issue of the SAGE featuring the meet-up at Lester's Diner and the SAGE Anniversary Dinner. We hope you will visit the SAGE website and enjoy the photographs. Again, our website address is www.sagewebsite.org.

Editor





#### Guardianship continued from page 1

sixty days of his/her appointment, a Plan [of Care] and a Verified Inventory [of the Assets]. The Plan is a listing of services the guardian plans to obtain for the ward. The Verified Inventory is a listing of all the ward's assets and is verified with back-up documentation such as bank statements and property appraisals.

The guardian also files annual reports. The Annual Plan includes a written evaluation from the ward's physician and whether the ward can have any rights restored. The Annual Accounting itemizes all receipts and disbursements along with supporting documentation. But these reports are only the beginning. A guardian of person regularly visits the ward, assessing the need for any change in the person's residence, medical and personal care and evaluates the need for social, recreational or rehabilitative services necessary to increase the ward's ability for selfdetermination. The guardian of property determines the best investments for the ward's assets and regularly checks any real property, as well as safeguards other personal belongings.

Guardianships end for several different reasons: a minor turns 18, the ward gets better or s/he dies.) When the guardianship ends, the guardian files a final report and turns over any remaining assets to the appropriate party. Guardianship is very costly. There are court and legal fees throughout the administration of the guardianship. The guardian is also allowed to charge fees and the ward pays all these costs. If s/he has no assets, the attorney and guardian go unpaid. Unfortunately, funding for Public Guardianship is extremely limited, while the need for guardianship services continues to escalate throughout Florida. A 2004 study of Public Guardianship by the Florida Department of Elder Affairs indicates a conservative estimate of individuals in need of guardianship in Florida ranges between 5,000 and 10,000 persons per year. Many vulnerable individuals are never adjudicated incapacitated because they have no assets. Contrary to a common fallacy, the guardian *does not* keep the assets of the guardianship when it ends!

Since guardianship is an extremely intrusive and costly procedure, any alternative used to avoid the process should always be contemplated. Advance Directives such as a Durable Power of Attorney combined with a Designation of Healthcare Surrogate will often avoid the need for guardianship.

Knyvett Lee, NCG MonarchCare Founder/CEO The December Issue of The SAGE will feature alternatives to Guardianship.

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## SEE YOU AT THE MOVIES



John Gearrity and Carl M. Galli

The SAGE movie for November will be shown on November 18 at 4:15 pm in Room 204 at The Pride Center and is in response to numerous requests to see *Sordid Lives*. *Sordid Lives* is a laugh the size of Texas when **Olivia Newton-John, Beau Bridges, Bonnie Bedelia, Delta Burke** and, of course, **Leslie Jordan** in

this twisted trash tale that puts the "fun" in dysfunctional.

The hilariously sordid details about a southern family that surfaces with a vengeance when relatives converge for the funeral of "Grandma Peggy", who died after tripping over her lover's wooden legs in a motel room!

Toss in a couple of feuding big-haired daughters, a jumpy aunt who has just stopped smoking and a crazy, cross-dressing "Brother-Boy" (Leslie Jordan) -- and you have an outrageous "train wreck" you can't help but watch and laugh at. As usual, we will be going to dinner following the movie. We'll announce the choice and ask for a show of hands of people who would like to go to dinner. Please help us by returning your chair to the chairs already stacked on

the side walls of our theater. *Thank you*.

See you at the movie.

This is a SAGE sponsored activity.

"It's A Hoot!"

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## **OCCASIONAL THOUGHTS...OLD AGE IS NOT FOR WIMPS**



Carol Youngblood

The first thing you need to know about growing old is that you will live a lot longer than you think. I was born in 1928, and I always hoped that I would make it to 2000. Well, I did, and then some.

I'm now 85, and unless something unexpected happens, I'm going to be around for some time. Where I live most of the people are in their 80's or 90's, although there are some younger and three who are 100. The geriatric specialists have thrown away the book because we're writing a new one.

What this means is that you have to have a plan for your old age. First, you're going to need to know where you are going to get the money to live all those years. Lots of people nowadays say that they will continue to work. That's probably fine at 67. Will it still be fine at 77 or 87? And will they still want you? If you plan on living on Social Security, be sure you have no debt because it doesn't pay very much. (I have read that it pays more if you wait till 70, an option not available when I retired.) (There is also the possibility that it won't be around for those of you in your 50's.)

Second, you'll have to decide where you're going to live, at home or in a group home. (I live in a retirement home.) Again, think about what you may like at 67 and then at 77 or 87. Remember that as you get older you pay for people to do things you used to do, such as mowing the lawn and cleaning the house. Also, you will have to stop driving eventually. If you need a home health aide, you will -have to pay because Medicare doesn't. (If you're concerned about discrimination, this is where you are apt to find it. Dishonest aides zero in on whatever they can to take your money.)

Most old people have chronic diseases like Parkinson's, COPD (Chronic Obstructive Pulmonary Disease—chronic bronchitis

and emphysema), arthritis, dementia. Many have heart and kidney problems. Walkers and scooters are common where I live. (I have COPD and arthritis, and I use a walker.) Senses also diminish. Although Medicare pays for glasses, it does not pay for hearing aids or dentures. It also does not pay for help for dementia patients. (By the way, I am describing people living in independent living. Assisted living is something different—and much more expensive.)

I have no special knowledge about legal things people may need beyond a will, a power of attorney, a living will, and a healthcare surrogate. However, I have learned that one of the most helpful things you can buy is long-term health insurance. In the time I have lived at the Horizon Club I have seen it pay for thousands upon thousands of dollars of care. This kind of insurance is expensive, but if you're in your 50's or 60's, definitely look into it.

I hope that I have scared you into paying attention. It's important. Many of the people with whom I live get financial help from their children. Most gay people don't have that luxury. I don't have children, and I don't have enough money to pay for assisted living. I didn't make a good enough plan, so I keep my fingers crossed.

There is a happier side to this depressing story. I have not talked to many men about this subject, but I have talked to lots of women. To a person, they say that they are happier living alone. Not that we didn't like our husbands or partners, life is just easier alone. Many of us, including me, are very happy. And you can look forward to that, along with a lot of aches and pains.

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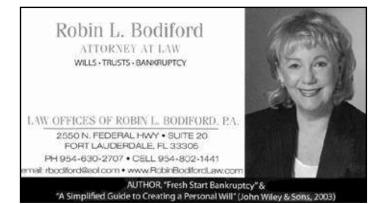
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### SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have. If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

	,			0 0	
First Name	Last Name	Birthday	First Name	Last Name	Birthday
Robert	Kaminsky	11/02	Stephen	Shaw	11/19
Ed	Luisi	11/04	Robert	Lord	11/20
Gene	Bilfulco	11/09	Rex	Vacca	11/22
Ted	Schultz	11/11	Nancy S.	Drennen	11/26
Arthur	Foley	11/14	Stephen	McCammon	11/27
Tom	Pitcock	11/14	Joy E.	Witchel	11/30
Donald Hugh	Marshall	11/17			
	New Member		5	Year Anniversa	nie
First Name	Last Name	Date Joined	First Name	Last Name	Date Joined
Charles	Goldberg	09/13	Jerry	Levy	09/08
Kip D.	Kimball	09/13	Judy	Rogers	09/08
Stephen	Shaw	09/13			

## Are You Having a Milestone Birthday in 2013?

SAGE would like to celebrate any member who is having a milestone birthday in 2013 with our Annual Milestones party which will include a dinner at our January 26, 2014 event. A milestone would be that you are celebrating a 75<sup>th</sup>, 80<sup>th</sup>, 85<sup>th</sup>, 90<sup>th</sup> or over 90<sup>th</sup> birthday any time in 2013.
If you will have a milestone birthday in 2013 please let us know so we may treat you.

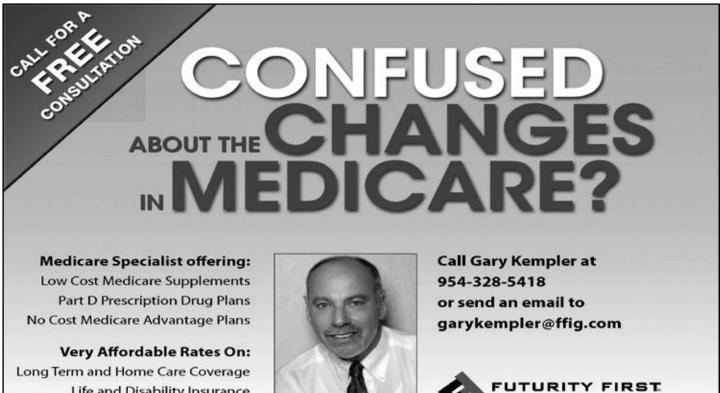
Please call the SAGE office at 954.634.7219.

Please let us know by December 8, 2013, so that we may plan this event.

# SAGE NEEDS YOU!

	Please Joi	n or Renew Today.	
NAME:	Birthday	r: Month /Day	- CARE
ADDRESS:			
CITY:	STATE:	ZIP:	of South Florida
TELEPHONE:	CELL:		
			MEMBERSHIP APPLICATION
<b>COMMITTEE INTERES</b>	ST:		E-MAIL: Would you like to receive the
Would you care to n	nake a tax-deductible c	ontribution to SAGE included wit	h your dues? Yes No
<b>CIRCLE ONE:</b> RENE Please enclose a chec		made payable to SAGE OF SOUTH	FLORIDA
Mail To: SAGE of So	outh Florida, PO Box 7051	6, Oakland Park, FL 33307	
SE	NIOR ACTION	IN A GAY ENVIRON	MENT





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# Men's Health Screening Good for the body. Good for the mind.



30-minute screening. Results within a week. No prescription or appointment necessary.

Screening includes:

- Blood pressure and pulse oximetry
- Complete blood count
- Complete metabolic profile
- Lipid profile
- Prostate-specific antigen (PSA)
- Testosterone
- Body Mass Index (BMI)
- Vitamin D
- Thyroid (FT3, T4 and TSH)
- Diabetes (A1C)

Monday to Friday, 7am - 5:30pm Saturday, 8am – 11am Walk-ins welcome. Alternative times may be available.

Call 954.279.7946 to schedule your appointment.

\$75 flat fee. Screening may be covered by insurance. Call to verify.



6401 N Federal Highway, Fort Lauderdale, FL 33308 BrowardHealth.org/BHIPmen

SAGE Message Line - 954.634.7219 - www.sagewebsite.org

November 2013



**@ THE WESTIN HOTEL** 

400 CORPORATE DRIVE, FT. LAUDERDALE

PHONE: 954.660.6702

# SUNDAY, DECEMBER 15TH, 1-5PM

(1-2PM Enjoy Cocktails on the Patio (Cash Bar) plus Westin Energizing Smoothies)

#### SALAD

FRESH GARDEN GREENS WITH VINE RIPE TOMATOES, CUCUMBERS, JULIENNE CARROTS CHOICE OF HOUSE VINAIGRETTE OR **CREAMY RANCH DRESSING** 

#### **ENTREES (CHOOSE ONE)**

1. CHICKEN BREAST DI FLORENCIA (BREAST OF CHICKEN STUFFED WITH FRESH SPINACH, RED PEPPER, PINE NUTS AND FETA CHEESE) 2. ANCHO-MARINATED FLANK STEAK 3. POTATO CRUSTED TILAPIA (DRAPED WITH LEMON BEURRE BLANC) 4. PASTA PRIMAVERA MARINARA (VEGETARIAN) (ENTREES ACCOMPANIED BY TWICE BAKED POTATO & FRESH VEGETABLES & FRESHLY BAKED ROLLS)

#### DESSERT

APPLE PIE ALA MODE OR SUGAR FREE DESSERT

#### **BEVERAGES**

FRESHLY BREWED STARBUCKS COFFEE, DECAF COFFEE, SELECT TEAS, ICED TEA ...WITH A VISIT FROM SANTA AND HIS **FAVORITE ELF!!!** 

ENTERTAINMENT BY GLENN & SISSY ...

#### EAT, DRINK AND BE MERRY WITH SAGE @ OUR ANNUAL HOLIDAY PARTY One Price for All: S40.00

Holiday Party

Paid Reservations must be received no later than 1PM, Wednesday, December 11, 2013

Guests: \$40.00	My Phone #	
Name:	Entree Choice	

Mail with payment to: SAGE P.O.Box 70516 Oakland Park, FL 33307

Questions? 954.634.7219

This is a SAGE Sponsored Event

# Photography: A to Z Hey!!! Join Us at the SAGE Camera Club on November 23rd.



# Our Next Meeting Will Be On November 23rd at 1pm Sharp!!! Join Us at the Pride Center

Come and share with your SAGE friends how you use your camera, what kind of pictures you take, any techniques you've learned, etc.

THIS IS A SAGE SPONSORED ACTIVITY

QUESTIONS: 954.634.7219

# SAGE @ ZUCKERELLO'S

#### **HONORING OUR VETERANS**

3017 E. COMMERCIAL BLVD., FT. LAUDERDALE

PHONE: 954.776.4282

# SUNDAY, NOVEMBER 10TH 6PM



6PM Cocktail Hour (Two for One Drinks @ the Bar ) 7PM Dinner

# SOUP OR SALAD

House Salad w/Creamy Italian Dressing Minestrone Soup

## ENTREES (CHOICE OF ONE)

Chicken Parmigiana Meat Lasagna Yellowtail Snapper Chicken Marsala Eggplant Parmesan

## DESSERTS (CHOICE OF ONE)

Key Lime Pie Tiramisu

## BEVERAGES

Coffee Iced Tea Soda

### EAT, DRINK AND BE MERRY WITH SAGE @ ZUCKERELLO'S

#### Members: \$23 Non-Members \$27

\_\_\_\_\_

Zuckerello's

Paid Reservations must be received no later than 1PM, Wednesday, November 6, 2013

Membe	rs: \$23Non-Members \$27My Phone #
Name: _	Entree Choice

Mail with payment to: SAGE P.O.Box 70516 Oakland Park, FL 33307

Questions? 954.634.7219

This is a SAGE Sponsored Event

# SAGE 2013 Activities Calendar

		N	OVEMBER 20	13		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	<b>2</b> 9:30AM Board Meeting SKOLNICK Ctr. LUNCH & LEARN 12:30 PM Call Office @ (954) 634-7219 for reservation
<b>3</b> Daylight Savings Time Ends	4 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4-5:15PM SAGEWorks Class @ Pride Center	5 Election Day	<b>6</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	7 1–3PM SAGE Co-Ed Discussion Group @ Pride Center Rm 207 4-5:15PM SAGEWorks Class @ Pride Center	8	<b>9</b> 11AM SAGE at Stonewall – Book Club @ Stonewall Library Call Bill Greeves 954-523- 8656
<b>10</b> 6PM Veterans Day Celebration @ Zuckerello's	11 Veterans Day 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4-5:15PM SAGEWorks Class @ Pride Center	12	<b>13</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	14 12PM SAGE Women's Lunch @ Golden Corral - Tamarac - call Nancy for info (954) 741-1540 4-5:15PM SAGEWorks <u>NO CLASS</u>	15 SMART RIDE	16 SMART RIDE
17	<b>18</b> 1AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4-5:15PM SAGEWorks <u>NO CLASS</u> 4:15 PM SAGE Movie "Sordid Lives" @ Pride Center - dinner TBD	19	20 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>21</b> Pride Thursday 4-5:15PM SAGEWorks Class @ Pride Center <u>LAST CLASS</u> 1–3PM SAGE Co-Ed Discussion Group @ Pride Center Rm 207	22	<b>23</b> 1PM SAGE Photography Club @ Pride Center – Rm 207
24	<b>25</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca Men's Singles DINNER @ TROPICS - call John C (954) 933-2963 4-6PM SAGEWorks Orientation @ Pride Center	26 8PMBook of Mormon @ Broward Center- SOLD OUT	27 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	28 Thanksgiving Chanukah	29	30

SAGE of South Florida, Inc. PO Box 70516 Oakland Park, FL 33307 Tel: (954) 634-7219 sagesofl@gmail.com

# **SAVE the DATES**:

Dec 1st – Dec 8 <sup>th</sup> Dec 15th, Sunday	SAGE 2013 Cruise ("What Cruise?") on Holland American's Eurodam Holiday Party Dinner/Dance at the Westin 1-5PM w/Glenn & Sissy
Jan 26th 2014, Sunday	Milestones Birthday 1PM at the Pride Center
Feb 16th 2014, Sunday	SAGE Valentine's Dinner at Primavera