

# The SAGE

The Newsletter of SAGE of South Florida

January 2015

## SAGE WOMEN

*By Ann C. Smith*

The excitement in the room was palpable. Everyone wasn't there yet but the animated conversations and exchange of ideas had already begun. It was the SAGE Women's Monthly Luncheon and we were all gathering in our own private room in the restaurant. Ever since "The Ark" discontinued its wonderful buffet lunch, we women have been meeting at the "Golden Corral" in Tamarac, coordinated by Nancy Drennen. We join together as a SAGE group to "see old friends and meet new ones" said Jean Johnson, former President of SAGE of South Florida. And, some of us remembered back when Mary O'Connor, the first President of SAGE of South Florida, saw the need for the LGBT community in South Florida to have a "room of our own" and started this group we now belong to, 20 years later. We have more than survived. We have thrived and are looking forward to the next 20 years.

As Barbara and Ann said at this gathering, "it is so wonderful to have a women's group. In Virginia, we have nothing." Thank you Mary O'Connor and thanks to all the volunteers who make SAGE of South Florida possible.

At this luncheon today, we gained two new SAGE members. Welcome Gloria and Valerie. Trish Stypka, President of WIN (Women In Network), and her partner Jane told them you've joined a "nice group". Yes Valerie and Gloria, you've joined a community of interesting friendly women who have life times to share and futures to form. "It's a wonderful group" Pinky remarked. I couldn't agree more. Even Anna, our waitress said, "you make my day". She makes ours too.

Not only did I hear conversations about personal experiences, I heard talk of the state of world affairs – political and some "funnies" about those in the entertainment industry. In fact those at table 3 were almost falling off their chairs with laughter. I won't say which celebrities they were talking about. I wouldn't want to make anyone the butt of a joke. I'll leave it to your imagination. Laughter is good for the soul.

As we enjoyed our meals, some of us recalled that wonderful calendar SAGE women produced in 2004. It was called

"Shirley's Girls – 2005" (named after SAGE member Shirley Tiano). Many, many SAGE women were involved in producing and appearing in the calendar. Well, I could hardly believe that about 75% of those involved with the production of that first calendar have passed away but they created it and that is their legacy. You do remember the British film "Calendar Girls". Well our calendar was made as a result of their example. Our former Presidents Mary O'Connor and Jean Johnson posed for "their months" as did many other SAGE women. Of course we were scantily clad, but it was tastefully done. We created not only a hoot of a calendar but it turned out to be a financially successful endeavor. If you have not seen it, you must. This calendar and the two that followed are archived in the Stonewall National Museum & Archives in Fort Lauderdale.

SAGE women have been involved in a number of worthy causes over the years. Some include Jean Johnson and her partner Betty Priscak, now deceased, starting the first Health Fair and the AARP CarFit Program for LGBT people in Broward County. And many other women have participated over the years in the annual SmartRide to raise money for HIV/AIDS. Others have donated food to the Broward County Pantry and given clothing, cell phones, etc. to Women In Distress – Broward County. Pinky Luddy has helped out at our Holiday Parties coordinating our "Chinese Auction". Susan Mack and Toni Herbert have frequently volunteered to staff booths at many SAGE sponsored events.

Volunteerism continues. For example, for the past 5 years, Caroline Leto has co-coordinated a co-ed discussion group at the Volen Center in Boca Raton. This group is sponsored both by SAGE and the Volen Center and is called SOBA (SAGE on the Border/Alternatives). Those of us who meet there on Mondays just call it "Alternatives". Women continue to serve on the Board of SAGE to this day. Women have come a long way but we still have miles to go. Apologies to all those women whom I haven't named. There are many.

To join us at our next SAGE Women's Lunch, call Nancy at 954-741-1540.

## SAGE OF SOUTH FLORIDA, INC.

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Wilton Manors, FL 33305

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### SAGE Editorial Policy

SAGE welcomes contributors to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity or standards of decency.

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## FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact:

For women — Inez Pasher @ 954.563.2814.

For men — Leo Glickstein @ 954.935.5799.

This is a SAGE sponsored activity.

## SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives To provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit." Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations.)

Our monthly newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for business and organizations at a very reasonable rate. Contact the SAGE office at 954.634.7219 or email at [sagesofl@gmail.com](mailto:sagesofl@gmail.com) for more information. Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us pay for printing this newsletter. Do you have friends or family who own a business? Ask them to place an ad in THE SAGE. We appreciate our business supporters. As members, let's support them in return.

## SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE-sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any SAGE-sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25 for their first year of membership.

## SAGE MEMBERS IN NEED

Please contact the AADRC (Aging and Disability Resource Center) @ 954.745.9779. It is a one-stop center for information and referral services available to seniors and their care-givers in our community.

## REMINDER FROM THE BOARD

IF YOU RESERVE A PLACE AT THE 'LUNCH & LEARN' AND YOU DO NOT ATTEND, YOU ARE STILL RESPONSIBLE TO SAGE FOR PAYMENT. WE MUST GIVE THE CATERER AS EXACT A COUNT AS POSSIBLE BASED ON YOUR RESERVATION. THE CATERER MUST BE PAID WHETHER OR NOT YOU SHOW UP.

### 12:30 PM, January 3, 2015 HERB SKOLNICK COMMUNITY CENTER

800 S.W. 36th Avenue, Pompano Beach, FL  
RESERVATIONS REQUIRED!!!!!!!!!!

Members with reservations: \$14.00 Guest:  
\$19.00

Everyone Pays at the Door.

Doors Open at 12:00PM

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other

SAGE members and their guests.

Reservations must be made by 12:30PM on the Thursday preceding the Luncheon, as the caterer must have the final count. Please make reservations for the November "Lunch & Learn" with the SAGE office @ 954.634.7219.

## MENU

### January Lunch & Learn Menu

Romaine Salad with Lemon  
Vinaigrette Dressing  
Fettuccine with Creamy Pesto Sauce  
Chicken Cordon Bleu with Turkey Ham  
Fruit Cake

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# THE DAILY SAGE

## MONDAYS

**Every Monday...11am**

*SAGE on the Border Co-ed/Alternatives  
Volen Center in Boca Raton*

**Every Third Monday...4:00pm**

*See You at the Movies (Dinner to follow)  
Pride Center*

**Every Fourth Monday...5:30pm**

*Men's Singles Dinner  
Tropics*

## TUESDAYS

**Second Tuesday...1pm**

*Camera Club Photo-Op*

## WEDNESDAYS

**Every Wednesday...1pm**

*Men's Drop-In  
Pride Center*

**Every Wednesday...4pm**

*Computer Club  
Pride Center*

## THURSDAYS

**Second Thursday... noon:**

*Women's Luncheon  
Golden Coral in Tamarac*

**Third Thursday...1pm**

*Co-Ed Discussion Group  
Pride Center, Room 208*

## SATURDAYS

**First Saturday...9:30am**

*SAGE Board Meeting  
Skolnick Center in Palm Aire*

**First Saturday...12:30pm**

*Lunch & Learn  
Skolnick Center in Palm Aire*

**Second Saturday...11am**

*Book Club  
Stonewall Library*

**Fourth Saturday...1pm**

*Camera Club  
Pride Center*

# SAGE COMPUTER CLUB

## KEN GOODMAN



Do you want to catchup to your grandkids or sons and daughters? Come and enjoy learning about technology at the SAGE Computer Club. Would you like to feel more confident when using your computer, smart phone, tablet, or any other type of internet connected device? You should come and join us at the SAGE Computer Club. Bring your questions and problems and we will try to help you solve them. No question is too basic, we want everybody to learn and become better at using their devices. If you have a laptop computer, smartphone or tablet you can bring it to help us resolve your problem. We discuss the Windows, OS/X, Android, Windows 8.1 Phone and Apple iOS operating systems.

The Computer Club meets every Wednesday at 4 pm for at least an hour. Any new Computer related news is discussed, followed by the issues you wish to bring or a current topic of interest. Bring your questions and problems and we will try to help.

Also, if you wish, you can join us for dinner after the meeting at a nearby reasonable gay friendly restaurant.

The meetings of the SAGE Computer Club are held at the **Pride Center facility on Dixie Highway** Building A in the AV Room 206 on **Wednesdays** at 4PM. Call for directions if you need them at 954-634-7219 or the Pride Center's switchboard at 954-463-9005.

# SAGE WOMEN @ GOLDEN CORRAL

## NANCY DRENNEN



**Where:** Golden Corral.

7401 Commercial Blvd. Tamarac

**Phone:** 954.623.6400

**When:** Noon, 2nd Thursday of every month.

**Call Nancy @ 954.741.1540 for reservations.**

*This is a SAGE sponsored activity.*

# SAGE BOOK CLUB

## PHILIP COLLIER & ALAN DORFMAN

The SAGE Book Discussion Group meets on the 2nd Saturday of each month at the Stonewall Library, 1300 E. Sunrise Blvd., Ft. Lauderdale, from 11 AM to noon. Our January 10, 2015 selection – BITTER EDEN by Tatamkhulu Afrika – is an autobiographical novel set in a prisoner-of-war camp during World War II. The novel deals with three men who see themselves as straight but must negotiate the emotions that are brought to the surface by the physical closeness of survival in the male-only camps. All readers are welcome to join us – no reservation is required. For information contact Philip Collier 443-614-7135 or Alan Dorfman 561-499-2913.

# SAGE MEN'S SINGLES GROUP

## JOHN CHANDLER



Are you a single man who enjoys the company of other single men? If you do then we have an evening for you. Every 4th Monday of every month, SAGE Board member, John Chandler, co-ordinates cocktails and dinner at Tropics restaurant in Wilton Manors.

Cocktails, lively conversation and flirting begin at 5:30.

At 6:30 the party moves into the dining room where we enjoy a terrific dinner followed by complementary coffee. Prices are reasonable and the food is always wonderful (as is the company).

**We usually wear red shirts so we can all recognize each other.**

**Our next dinner will be held on Monday, January 26, 2015.**

For reservations please contact **John Chandler @ 954.933.2963** or e-mail @ [stonyman4u@aol.com](mailto:stonyman4u@aol.com) and don't forget to wear your red shirt!

*This is a SAGE sponsored activity.*

## CO-ED DISCUSSION GROUP

The Co-Ed Discussion group meets on the third (3rd) Thursday of the month at the Pride Center on the second floor. The conversations can be fascinating. So, if you like talking with others and hearing what other mature LGBT people think and feel then consider joining the SAGE Co-Ed Discussion Group. I must admit that it is

really nice to get to know new people and our meetings really have provided that opportunity. Thursday, January 21st is the date for the monthly January meeting. Join us if you can.

*Frank Piasecki*


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## NOTES FROM THE SAGE CAMERA CLUB

Though attendance is down, your SAGE Camera Club trundles on, with a Photo Op planned for Tuesday, January 13th, 2015. We will be meeting at 1:00PM at the Pride Center, and deciding on a place to "shoot". The January Monthly Meeting will be held on Saturday, January 24th, 2015, at the Pride Center. The meeting will begin at 1:00PM.

I urge any and all of you who are interested in photography to join us at these events.

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### SAGE ON THE BORDER/ALTERNATIVES

**CAROLINE LETO/FRANK PIASECKI**

**Where:** the Volen Center  
1515 West Palmetto Rd., Boca Raton  
**When:** Every Monday from 11AM to 1PM.

**Welcome everyone, no reservation required.**

**Please call the Volen Center to see if it is open as the Center closes for holidays. 561-395-8920**

**This is a SAGE sponsored activity.**

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# SAGE SOCIAL-LITES



John G. Harris

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Well, Christmas is finally over, and New Year's is right around the corner, so it's time again to present the events that your Social Committee has lined up for 2015. On Sunday, January 18th, 2015, SAGE will celebrate our MILESTONE BIRTHDAY PARTY at the Pride Center. Our honorees will include all members who have had milestone birthdays in 2014. The ages being honored are 75,80,85,90 and above. Once again this year, Chef Giacomo from Primavera Restaurant will be catering the affair, so a great meal will be offered. See the attached flyer for more information, and to make your reservation.

We have a gratis classical piano concert scheduled on Sunday, February 8th, 2015. Music will be provided by our own Dr. Deric Bownds, and refreshments will be served. This is a free event, by a master pianist, so please plan to attend.

The next Sunday, February 15th, 2015, will feature our always popular Valentine's Day Party at the Primavera Restaurant. Chef Giacomo will once again go all out to provide us a great meal. See the flyer that will be in the February newsletter for more information.

On Sunday, March 22nd, 2015, we will hold our Annual Meeting for the Election of Officers, awards, etc. This year's event will once again be held at Galuppi's Restaurant in Pompano Beach.

On Saturday, April 4th, 2015, we will be attending the SAGE Broadway Series play PIPPIN, at the Broward Center. This event is SOLD OUT.

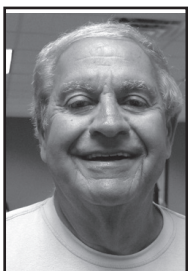
On Tuesday, April 21, 2015, SAGE will be hosting a Meet-Up at Flip Flops café in Fort Lauderdale. This is a new venue for us, but sure to be a lot of fun. Flip Flops is located next to Shooter's on the Intracoastal.

On Sunday, May 9th, 2015, SAGE will be attending the Broward Center production of ANYTHING GOES. This event is SOLD OUT.

On Tuesday, May 19th, 2015, SAGE will be having dinner at Chuck's Steak House in Fort Lauderdale. This is always a great event, so plan on attending this dinner.

On Tuesday, June 16th, 2015, SAGE will sponsor a Meet-Up in the Red Room at Rumours on Wilton Drive.

As you can see, we have lots of great times planned for the next six months. I sincerely hope that you can attend a few, if not all, of these events, designed especially for YOU!



## NOTES FROM THE MEN'S DROP-IN

Ron Catena

It seems like only yesterday that I wrote a Happy New Year column but I guess it was a year ago. I guess

the old adage "time flies when you're having fun" really is true. And we have been having lot of fun at the Men's Drop In. We are blessed that we have had a very steady attendance of regulars and a large number of new people, who quickly have become regulars. I am impressed and very pleased we have tweaked the format and refreshed the program some and it appears to be working.

Some of those in attendance have been coming to the Drop In for close to ten years, me included. The group is so diverse and the members so interesting that the "never a dull moment" atmosphere keeps us all coming back to say nothing of the warm friendships that have developed amongst the members.

At our holiday party last month we enjoyed a delicious Italian lunch catered by Primavera Restaurant. This event was a sellout and a huge success. Thanks to the many volunteers for making it all possible. I would love to name them but then run the risk of leaving somebody out

So as we start a New Year, thanks to our members for being the great people they are. Thanks to the members of the SAGE Board of Directors for all of their hard work and to all the other SAGE volunteers, we could not survive without you. Remember SAGE of South Florida is celebrating twenty years of service to our community this year, so please attend our social programs when you can

Personally I want to wish my dear Drop In guys a very Happy New Year and a big Thank You to all of you for allowing me to continue enjoying the pleasure of your company every Wednesday. I extend an open invitation to those guys who have never attended a meeting to please join us. We meet at the Pride Center at 1pm every Wednesday.

--Ron Catena

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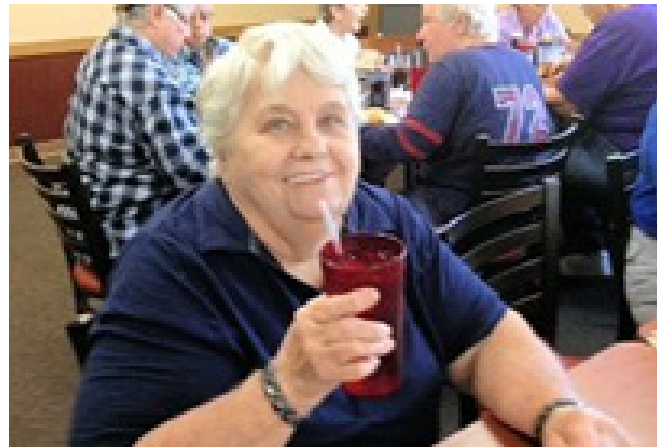
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# SAGE Spotlight: SAGE Women's Lunch



# SAGE at the World Aids Museum



# SAGE at Zuckerello's



# SAGE at Smart Ride 11





# GIVE FROM THE HEART CAMPAIGN 2015

Once again, it's the season for love and sharing and giving. This article signals the opening of the SAGE 2015 "GIVE FROM THE HEART" Campaign. For the last several years, SAGE has asked you, its members, to contribute to the organization generously, to help offset the cost of numerous events, parties, outreaches, LGBT community support, and many other SAGE-sponsored activities. This Campaign is one of our two major fundraisers, the other being the December Tax Write Off fundraiser, which will start in December 2015. Our membership fees, which have not been raised in many years, and do not even cover the cost of printing the monthly newsletter, and these two fundraisers, are the only additional money that SAGE receives. As you know, SAGE underwrites the cost of numerous events to lower the price to you. We know that many of you are on a fixed income, and could not afford to attend these events, if we charged what we had to pay to break even.

Our Archangels and Angels have always come forward in these instances, and we invite the rest of you to contribute what you can to supplement SAGE and its many activities, that are only in place to make your life a little better. Fellowship, especially for us seniors, should be an important part of our lives. I know personally that I have made great friends since joining SAGE, and I'm sure most of you have too. I think that is what SAGE is all about—the opportunity to get out of our homes and meet, friend, and have fun with women and men our own age. I urge all of you to reflect on this, and contribute what you can to the SAGE 2015 "GIVE FROM THE HEART" Campaign. Thank you.

*Kenneth Goodman*  
*President, SAGE of South Florida, Inc.*

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## HOW TO GET YOUR ANNIVERSARY PIN

If you have not gotten your 5, 10, or 15 year pin that is coming to you, please do one of the following:

- *Pick the pin up at the Annual Meeting.*
  - *If you are unable to attend this function, call the office to set up how you can get your pin.*
- 

## HELP WANTED... NEWSLETTER EDITOR

As you all know SAGE is a nonprofit organization that depends on volunteers to accomplish our mission. Our current Newsletter (The Sage) Editor has retired. If you have the skills to edit the SAGE newsletter and are willing to commit the time and effort, please send a synopsis of your qualifications and previous experience and we will get back to you as quickly as we can. Please send the information to the SAGE Office at P.O. Box 70516 Oakland Park, FL 33307 or email the information to [sagesofl@gmail.com](mailto:sagesofl@gmail.com) and [goodkenfl@gmail.com](mailto:goodkenfl@gmail.com). Thank you all for your willingness to help keep SAGE performing the functions that our community needs and deserves.

## LUNCH & LEARN SETUP AND BREAKDOWN VOLUNTEERS

Les is unable to do the lifting and setup and breakdown all by himself for the SAGE Lunch & Learn. He will need at least one or two other volunteers to help him. The job requires coming to the Lunch & Learn site early at the Skolnick Center. The volunteers will help Les unload his car and setup the room for the Lunch & Learn. After the meeting the volunteers will help Les repack the supplies and help load his car. If you would be able to help please contact the SAGE office.

Please send the information to the SAGE Office at P.O. Box 70516 Oakland Park, FL 33307 or email the information to [tosagesofl@gmail.com](mailto:tosagesofl@gmail.com) and [goodkenfl@gmail.com](mailto:goodkenfl@gmail.com). Once I receive your reply I will set up a time to meet and discuss the job with you. Thank you all for your willingness to help keep SAGE performing the functions that our community needs and deserves.

*Kenneth Goodman*  
*President, SAGE of South Florida, Inc.*

## Are You Having a Milestone Birthday in 2014?

SAGE would like to celebrate any member who is having a milestone birthday in 2014 with our Annual Milestones party which will include a dinner at our January 2015 event. A milestone birthday would be that you are celebrating a 75th, 80th, 85th, 90th or over birthday any time in 2014.

If you are having a milestone birthday in 2014 please let us know so we may treat you. Please call the SAGE office at 954.634.7219.

## SAGE IS NOW ON FACEBOOK! SEE OUR PAGE AT:

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# See You at the Movies

Carl M. Galli



John Gearrity



## INTERESTED IN JOINING THE SAGE BOARD?

It's that time of the year again when the SAGE Board is considering new members for the Board. If you are interested please send a short resume of your background, qualifications, and reasons for wanting to be a SAGE Board member and the Nominating Committee will get in touch and review your qualifications.

### January movie

Our movie for January will be *On the Beach* and will be shown on January 19 in Room 204 of the Pride Center building. The movie will start at 4pm and run for 133 minutes.

*On the Beach* is an apocalyptic drama directed by Stanley Kramer and is based on Nevil Shute's name and stars Gregory Peck, Ava Gardner, Fred Astaire (in his first non dancing role) and Anthony Perkins.

The story is set in a then future 1964, in the months following World War III. The conflict devastated the northern hemisphere, polluting the atmosphere with nuclear fallout and killing all life. Air currents are slowly carrying the fallout south. The only areas habitable are in the far southern hemisphere - Australia.

The story is how various people deal with the oncoming dwindling situation in his or her own way.

The US Department of Defense as well as the US Navy refused to cooperate in the production of this film, not allowing nuclear-submarines to be photographed.



*This is a SAGE sponsored activity.*

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Hi, my name is Bonnie Berg. Please join me for a tour of our amazing Country Club Community in Coconut Creek where we offer...

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**PHONE: 954-969-9248**

**CELL PHONE: 305-978-2374**

**BBERG@WYNMOORVILLAGE.COM**



## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday			
BILL	NYQUIST	Jan-03	ALAN R	SUTHERLAND	Jan-15
HANK	BROOKS	Jan-04	ELLWOOD	AUTUORI	Jan-16
THERESA	GULIZIA	Jan-04	WILLIAM	MALESKY	Jan-18
EUGENE	JONDRO	Jan-06	PAUL R	ALPERT	Jan-19
TOM	SHEAFFER	Jan-08	ANTHONY	CIANCE	Jan-20
BETTY J	HIBBARD	Jan-11	ELAINE	SILVER	Jan-23
KYLE W	MITCHELL	Jan-11	RICHARD	WERNER	Jan-23
ROBERT	SMITH	Jan-11	ALAN	LATMAN	Jan-25
BRUCE	TODRES	Jan-11	RICHARD	SCHWARZ	Jan-25
MICHAEL	WOLMETZ	Jan-11	ARTHUR	WILLIAMS	Jan-25
JOHN	ACTMAN	Jan-13	JIM	GUNTER	Jan-26
ROBERT	LOGAN	Jan-13	WILLIAM	WOODWARD	Jan-26
ALFRED	CARRADA	Jan-14	DANIEL W	WOLFE	Jan-28
			RICHARD	STERN	Jan-30

### New Members

First Name	Last Name	Date Joined
JAMES L	RIEDY	Nov-14

### 5 Year Anniversaries

First Name	Last Name	Date Joined
RICHARD T.	NOLAN	Nov-09
ROBERT C	PINGPANK	Nov-09

*If you have had an anniversary with SAGE for either 5, 10 or 15 years and you have not received your pin, please call the SAGE office (954.634.7219) to make an appointment to pick it up or they will be available at the Annual Meeting.*

**SAGE IS NOW ON FACEBOOK!**

**SEE OUR PAGE AT:**

[https://www.facebook.com/SageOfSouthFloridaInc?ref=aymt\\_homepage\\_panel](https://www.facebook.com/SageOfSouthFloridaInc?ref=aymt_homepage_panel)

## SAGE WANTS YOU!!!

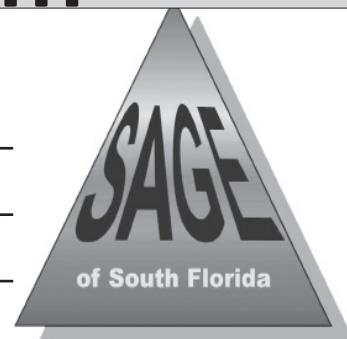
**Please Join or Renew Today.**

NAME: \_\_\_\_\_ Birthday: Month \_\_\_\_\_ /Day \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ CELL: \_\_\_\_\_



MEMBERSHIP APPLICATION

E-MAIL: \_\_\_\_\_ Would you like to receive the SAGE newsletter by email? circle one: Yes No

COMMITTEE INTEREST: \_\_\_\_\_

Would you care to make a tax-deductible contribution to SAGE included with your dues? Yes

**CIRCLE ONE: RENEWAL NEW MEMBER**

Please enclose a check in the amount of \$35.00 made payable to SAGE OF SOUTH FLORIDA

Mail To: SAGE of South Florida, PO Box 70516, Oakland Park, FL 33307

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## 30 Minute Men's Health Screening

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Screening includes:

- Blood pressure and pulse oximetry
- Complete blood count
- Complete metabolic profile
- Lipid profile
- Prostate-specific antigen (PSA)
- Testosterone
- Body Mass Index (BMI)
- Vitamin D
- Thyroid (TT3, T4 and TSH)
- Diabetes (A1c)

**Monday to Friday, 7am - 5:30pm**  
**Saturday, 8am - 11am. Walk-ins welcome.**

\$75 flat fee. Screening may be covered by insurance.

**Call 954.279.7946** to speak to the Men's Health Navigator.

Or email **MensHealth@BrowardHealth.org**.

He will assist you with alternative times, insurance verification and any other questions you may have about the screening.

**Fast, convenient, mobile health  
screenings on the new Man Van.**



**BROWARD HEALTH**  
**IMPERIAL POINT**

6401 N Federal Highway,  
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**Visit [BrowardHealth.org/BHIPmen](http://BrowardHealth.org/BHIPmen)** to see a  
list of upcoming events and catch the  
Man Van out in the community.





**SAGE OF SOUTH FLORIDA PRESENTS  
DR. DERIC BOWNS IN A FEBRUARY PIANO RECITAL  
SUNDAY FEBRUARY 8, 2015 AT 2:00PM  
PRIDE CENTER MAIN HALL  
2040 N Dixie Hwy Wilton Manors FL 33305**

**Program  
E. Grieg  
Lyric Suites  
Op. 65 No. 4 Salon  
Op. 43 No. 5 Spring  
Op. 54 No. 3 March of the Dwarfs**

**C. Debussy  
Nocturn  
Danse**



**F. Doulenc  
Improvisations No. 7, 13  
Nocturn No. 1**

**S. Prokofiev  
Romeo and Juliet, Op. 75  
No. 4 Juliet as a young girl  
No. 6 Montagues and Capulets  
No. 7 Friar Laurence  
No. 10 Romeo and Juliet before Parting**

**FREE EVENT OPEN TO ALL WHO WISH TO ATTEND**



COME CELEBRATE WITH SAGE AS WE HONOR THE MILESTONE BIRTHDAYS  
OF OUR MOST SENIOR MEMBERS!

**75 80 85 90 & ABOVE**

CARL BARTON RON CATENA WILLIAM CORDES REX COSTON LEO GLICKSTEIN  
EMMA L. HINMAN ROBERT KAMINSKY CAROLINE LETO ANTHONY MORE  
PHILIP NORRIS LES OLDENBUSCH SUMNER T WHITE

**SUNDAY January 18, 2015 Doors open at 12:30PM**  
**Main Hall of the Pride Center at Equality Park**  
**2040 N. Dixie Highway, Wilton Manors, FL. 33305**

Luncheon Catered by Chef Giacomo Dresseno of



Mixed Green Salad with Crumbled Cheese Vinaigrette Dressing  
Spinach Tortellini in a Cream Sauce  
Chicken Francaise  
Vegetable Ratatouille  
Warm Rolls and Butter, Birthday Cake & Soft Drinks & Coffee

**Entertainment!**  
**Special Guests will entertain us during the party**

Pricing: \$18 Members and Non-Members  
(Except for the Above-Named Birthday Honorees Who Will be Guests of SAGE)

***Reservations Must be Received No Later Than 1 PM Wednesday, January 14, 2015***

You will receive your Tickets at the door. No refunds. \$5 Surcharge if not reserved by above date.

\*\*\*\*\*

**SAGE Celebration of Milestone Birthdays**

\_\_\_\_ Tickets @ \$18.00 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

\_\_\_\_ Tickets @ \$18.00 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

\_\_\_\_ Tickets @ \$18.00 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

\_\_\_\_ Tickets @ \$18.00 Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please include all Names in YOUR PARTY on the reverse-side ----->

**Mail with Payment to: SAGE at PO BOX 70516, OAKLAND PARK, FL 33307**

Questions: Call the SAGE office at (954) 634-7219

A SAGE-SPONSORED ACTIVITY

# SAGE Activities Calendar

January 2015						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> New Year's Day	<b>2</b>	<b>3</b> 12:30 PM LUNCH & LEARN Call Office @ (954) 634-7219 for reservation 9:30AM Board Meeting Pride Center
<b>4</b>	<b>5</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca	<b>6</b>	<b>7</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>8</b> 12PM SAGE Women's Lunch @ Golden Corral - Tamarac - call Nancy for info (954) 741-15407	<b>9</b>	<b>10</b> 11AM SAGE at Stonewall - Book Club @ Stonewall Library Call Alan Dorfman 561- 499-2913 or Philip Collier 443-614-7135
<b>11</b>	<b>12</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca	<b>13</b> 1PM Camera Club Photo-Op Meet at Pride Center no later than 1PM	<b>14</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>15</b> 1-3PM SAGE Co-Ed Discussion Group @ Pride Center Rm 207	<b>16</b>	<b>17</b>
<b>18</b> 1PM Milestone Birthday Party - Pride Center Main Hall	<b>19</b> MLK Jr. Day 1AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4 PM SAGE Movie "On the Beach" @ Pride Center - dinner TBD	<b>20</b>	<b>21</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	<b>22</b>	<b>23</b>	<b>24</b> 1PM Camera Club @ Pride Center
<b>25</b>	<b>26</b> 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca Men's Singles DINNER @ TROPICS - call John C (954) 933-2963	<b>27</b>	<b>28</b> 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB	<b>29</b>	<b>30</b>	<b>31</b>



# ***SAVE the DATES:***

Jan 8, 2015, Thursday	Lion King at the Broward Center SOLD OUT
Jan 18, 2015, Sunday	Milestone Birthday's for 2014 Celebration at the Pride Center
Feb 8, 2015, Sunday	Dr. Deric Bownds Free Classical Piano Concert
Feb 15, 2015, Sunday	Valentines Dinner & Dance
March 22, 2015, Sunday	Annual Meeting at Galuppi's
April 4, 2015, Saturday	Pippin at the Broward Center
April 21, 2015, Tuesday	Meet-Up at Flip Flops
May 9, 2015, Saturday	Anything Goes at the Broward Center SOLD OUT

## ***Community Events:***

- **Ballet and Opera Group** meets at Pride Center at 12:30 PM in room 204 on every other Sunday, in January on Jan. 4<sup>th</sup> and 18<sup>th</sup>
- **High Tea & Trivia** – a monthly lecture series for seniors that is part trivia and part physician lecture. Next lecture is Tuesday, January 20<sup>th</sup>.
- **Senior Life Safety Workshops** – a new, free monthly class presented by a professional Life Safety Educator that aims to teach and empower our senior citizens to better protect themselves in their day-to-day lives. Next class is on Thursday, January 22<sup>nd</sup>