

# THE SAGE

The Newsletter of SAGE of South Florida

OCTOBER 2013

## Living in Your ForeverHome™

*According to the US Census Bureau there are 78 million baby boomers retiring during the next 25 years.*

*Starting January 1, 2011 ten thousand people will turn 65 each day.*

*What does this translate to in the LGBT community?*

***75% of LGBT seniors live alone***

***90% have no children***

***80% age as a single person***

Most Americans say they want to “Age in Place” which means they want to stay in their own home and remain independent for as long as possible. What older adults are able to do and what their homes allow them to do is dependent on remodeling or designing a home using universal design concepts which permit seniors to live in their homes longer safely and independently. As one ages there are likely to be more medical and managed care services required. How are you going to pay for it and how does that impact your wallet?

How can you prepare your home for “aging in place?” It depends upon a person’s individual needs as well as the design and conditions of the home. Metlife’s Mature Market Institute just released a report on *Aging in Place 2.0: Rethinking Solutions to the Home Care Challenge* that details the estimated costs of remodeling a home.

- 1. Fall prevention: removing throw rugs, installing grab bars, provide good lighting, securing or removing carpets at stairs and installing soft path lighting for nighttime mobility. Cost: 1,000.00 or less.**
- 2. Entryway, easy movement, and use of home features: reducing the number of stairs and increasing the horizontal depth of steps. Installing hand rails. A clear no-step path to the bedroom and bathroom. Rearrangement of interior space for ease of movement. Cost \$4,500-\$30,000.**
- 3. Substantial remodeling and equipment: no-step shower or bath lift mechanism, a seated sink and a comfort height toilet. Seated/multi level food preparation area, sun and rain protected outdoor areas. Backup power sources for power outages. Cost \$8,000-\$75,000. These modifications will allow a senior to live independently and safely at home.**

To receive The Metlife Report and *Aging in Place Workbook* go to [www.goldenageliving.com/agingreport](http://www.goldenageliving.com/agingreport).

To locate a Certified Aging in Place Specialist go to: [www.nahb.org](http://www.nahb.org) (type CAPS directory in the search box).

***Wanda E. Gozdz, (CAPS) is a Certified Aging in Place Specialist and a Residential Interior Designer.***

***She is President of Golden Age Living, LLC., a licensed and insured company specializing in helping seniors.***

***Contact Information: Toll free: 888.607.4650 E-mail: [wegcaps@att.net](mailto:wegcaps@att.net). Website: [www.goldenageliving.com](http://www.goldenageliving.com).***

## SAGE OF SOUTH FLORIDA, INC.

2040 N. Dixie Highway  
Wilton Manors, FL 33305

### Mailing Address:

SAGE of South Florida  
PO Box 70516  
Oakland Park, FL 33307  
Message Line: 954.634.7219

All Copy Deadline: 8th of the Month  
Advertising Deadline: 1st of the Month

Email to Editor: [sagesofl@gmail.com](mailto:sagesofl@gmail.com) attn: Editor

Website: [www.sagewebsite.org](http://www.sagewebsite.org)

### OFFICERS

President	Kenneth Goodman
Vice President	Ron Catena
Secretary	Ann C. Smith
Assistant Secretary	John G. Harris
Treasurer	Inez Pasher

### BOARD MEMBERS AT LARGE

John Chandler, Nancy Drennen, Gary Kempler, Gary "Lee" Lawson  
Frank Piasecki, Bruce Williams

### COMMITTEE ASSIGNMENTS

Advertising	John G. Harris
Archivist	Hank Brooks
Book Club	Bill Greeves (F)
Computer Club	Ken Goodman (F)
Education	Bruce Williams
Funding	Gary Kempler (C)
	John G. Harris
	Ron Catena
	Inez Pasher
Lunch and Learn	John Chandler w/ Leo Glickstein
Membership	Ann Smith
	Nancy Drennen
	Ron Catena (C)
	Bill Woodward (F)
	Norm Peters (F)
Men's Drop-In	John Chandler
	John Gearity (F)
	Carl M. Galli (F)
Men's Singles	Sharron Demarest
Movie Club	Inez Pasher
	Deric Bownds, Ph.D
	Carol Youngblood
	Bruce Williams
Newsletter Editor	Ken Goodman
Associate Editor	Gary "Lee" Lawson
Contributing Columnists	Nancy Drennen
	Gary "Lee" Lawson
	Bruce Williams
Office Manager	Ron Catena
	Ann Smith (C)
	Caroline Leto (F)
	Larry McNear (F)
	Bruce Todres (F)
SAGE Women	Nancy Drennen
	Jean Johnson (Advisory)
Social Activities	Ron Catena (C)
	Inez Pasher (C)
	Sharron Demarest
	Carl M. Galli (Advisory)
	John Chandler
Support	Leo Glickstein
	Godfrey Isaacs
	Inez Pasher
Volunteer Coordinators	Frank Cavanaugh
	Ken Moore
	Les Oldenbusch
Webmaster	Richard Bunyan

*Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us to pay for printing this newsletter.*

### SAGE Editorial Policy

SAGE welcomes contributors to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity or standards of decency.

# Highlights

## SAGE Cover

### Living in your ForeverHome

Masthead	1
SAGE Mission Statement	1
SAGE Advertising Policy	1
SAGE Friendly Support	1
Reminder from the Board	2
SAGE Lunch & Learn	2
SAGE Members in Need	2
Sharing SAGE with Others	2
SAGE Meetings	3
SAGE Men's Drop-In	3
See You at the Movies	4
SAGE Spotlight	5
SAGE Meet-Up (Miniature Golf)	6
Social-Lites	7
Milestones	9

## SAGE FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact: For women — Inez Pasher @ 954.563.2814. For men — Leo Glickstein @ 954.935.5799. This is a SAGE sponsored activity.

## SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives To provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit." Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations.)

## SAGE ADVERTISING POLICY

Our monthly newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for business and organizations at a very reasonable rate. Contact the SAGE office at 954.634.7219 or email at [sagesofl@gmail.com](mailto:sagesofl@gmail.com) for more information. Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us pay for printing this newsletter. Do you have friends or family who own a business? Ask them to place an ad in THE SAGE. We appreciate our business supporters. As members, let's support them in return.

## SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE-sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any SAGE-sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25 for their first year of membership.

## SAGE MEMBERS IN NEED

Please contact the **AADRC (Aging and Disability Resource Center)** @ **954.745.9779**. It is a one-stop center for information and referral services available to seniors and their care-givers in our community.

## REMINDER FROM THE BOARD

IF YOU RESERVE A PLACE AT THE 'LUNCH & LEARN' AND YOU DO NOT ATTEND, YOU ARE STILL RESPONSIBLE TO SAGE FOR PAYMENT. WE MUST GIVE THE CATERER AS EXACT A COUNT AS POSSIBLE BASED ON YOUR RESERVATION. THE CATERER MUST BE PAID WHETHER OR NOT YOU SHOW UP.

### MONTHLY "LUNCH & LEARN"

12:30 PM, October 5, 2013

**HERB SKOLNICK**

**COMMUNITY CENTER**

800 S.W. 36th Avenue, Pompano Beach, FL

**RESERVATIONS REQUIRED!!!!!!!!!!**

Members with reservations: \$14.00

All others: \$19.00

Everyone Pays at the Door.

Doors Open at 12:00PM

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members and their guests.

Reservations must be made by 12:30PM on the Thursday preceding the Luncheon, as the caterer must have the final count. Please make reservations for the October "Lunch & Learn" with the SAGE office @ 954.634.7219.

### MENU

**Salad**

**Ricotta Tortellini in Sage Sauce**

**Cod Oreganata**

**Chicken w/ Mushrooms**

**Spinach**

**Panna Cotta**

**(w/ Berries)**

**October Speaker:**

**Will Richardson, MD**

**Skin Cancer Detection**

**Cosmetic Dermatology**

PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTIS-

## Ft. Lauderdale PIZZA & PASTA

*Serving Lunch & Dinner • Delivery after 4 pm*



2100 East Oakland Park Blvd.  
Ft. Lauderdale, FL 33306  
One Block West of US 1

**954-566-5226**

[www.fortlauderdalepizza.com](http://www.fortlauderdalepizza.com)



## PRIMAVERA Restaurant

*Fine Italian Cuisine since 1985*

**AWARD WINNING WINE LIST  
PRIVATE BANQUET ROOMS**

*Located in Primavera Plaza*

*830 East Oakland Park Blvd.*

*Fort Lauderdale, FL 33334*

**(954) 564-6363 • [www.TRUEITALIAN.COM](http://www.TRUEITALIAN.COM)**



**Peter Pan Diner**  
**Open 24/7**  
RESTAURANT • BAKERY • LOUNGE

- COCKTAILS • CATERING •
- BANQUET FACILITIES •
- BAKERY ON PREMISES •

1216 E. OAKLAND PARK BLVD., FORT LAUDERDALE, FL 33334

**954.565.7177**

**[WWW.PETERPANDINER.COM](http://WWW.PETERPANDINER.COM)**

**Tropics**  
RESTAURANT  
PIANO BAR

**2000 Wilton Drive • Wilton Manors, FL 33305  
954.537.6000 • [www.tropicsftl.com](http://www.tropicsftl.com)**



## SAGE COMPUTER CLUB

KEN GOODMAN



Come and join the fun time we are having at the SAGE Computer Club. Would you like to feel more confident when using your computer, smart phone, tablet, or any other type of internet connected device? You should come to the SAGE Computer Club. We discuss how to use your computer more efficiently and you can ask questions about issues you are having with your computer. If you have a laptop computer you can bring it to help us resolve your problem. We discuss various topics which can include Cloud Computing, the Web, E-Mail, setting up your computer, personalizing the computer, Office software, multimedia software, use of Smart Phones, operating system utilities and maintenance software, security, etc.. We discuss the windows operating systems (XP, Vista and Windows 7 & 8) and the Apple OS/X operating systems. For the Smart Phone and/or tablets, we will discuss the operating systems including Windows Phone, Google Android, Windows 8 Phone & RT and Apple iOS.

The Computer Club meets every Wednesday at 4 pm for at least an hour, sometimes two hours. Any new Computer related news is discussed, followed by the issues you wish to bring or a current topic of interest. We have recently discussed Windows 8.1, Office 365, set up a Facebook account with security and privacy, discussed Apple's latest OS/X operating system, talked tablets and how to diagnose and resolve problems. Bring your questions and problems and we will try to help.

Also, if you wish, you can join us for dinner after the meeting at a nearby reasonable gay friendly restaurant.

The October meetings of the SAGE Computer Club will be at the **Pride Center facility on Dixie Highway Building A** in the AV Room 206 on **Wednesdays** at 4PM. Call for directions if you need them at 954-634-7219 or the Pride Center's switchboard at 954-463-9005.

**This is a SAGE sponsored activity.**

## SAGE ON THE BORDER/ALTERNATIVES

CAROLINE LETO/BRUCE TODRES



**Where:** the Volen Center

1515 West Palmetto Rd., Boca Raton

**When:** Every Monday from 11AM to 1PM.

**Welcome everyone, no reservation required.**

**This is a SAGE sponsored activity.**



## WEDNESDAY MEN'S DROP-IN

RON CATENA



**Where:** The Pride Center.

**When:** Every Wednesday from 1PM to 3PM.

**Welcome all men, no reservation required.**

**This is a SAGE sponsored activity.**

## NOTES FROM THE MEN'S DROP-IN

Recently, I observed a group of guys with binoculars in the Pride Center parking lot looking skyward. When I asked what they were doing they told me they were looking for the snowbirds that should be arriving for the "season." Be patient dear friends...the snowbirds will be here soon. Look for their arrival by train, plane, auto, and, in one case, Greyhound bus. While attendance has been great at our weekly meetings we are all eager to hear from those who spent the summer months elsewhere.

As always, the level of discourse that takes place at the Drop-In is remarkable. In addition to discussion of current events, cultural events, coming events, and events in general, we have, on occasion, discussed non-events (yes, tongue in cheek).

If your doctor or family tells you to get out more often (socialize) we have just the place for you to spend a couple of very congenial

## SAGE MEN'S SINGLES GROUP

JOHN CHANDLER



Are you a single man who enjoys the company of other single men? If you do then we have an evening for you. Every 4th Monday of every month, SAGE Board member, John Chandler, co-ordinates cocktails and dinner at Tropics restaurant in Wilton Manors. Cocktails, lively conversation and flirting begin at 5:30. At 6:30 the party moves into the dining room where we enjoy a terrific dinner followed by complementary coffee. Prices are reasonable and the food is always wonderful (as is the company). **We usually wear red shirts so that we can all recognize each other.**

**Our next dinner will be held on Monday, October 28, 2013.**

For reservations please contact **John Chandler @ 954.933.2963** or e-mail @ [stonyman4u@aol.com](mailto:stonyman4u@aol.com) and don't forget to wear your red shirt!  
**This is a SAGE sponsored activity.**

## SAGE AT STONEWALL

BILL GREEVES



**The October Book Club selection is: *Fish* (a memoir of a youngster in a men's prison) by TJ Parcell (Ft. Lauderdale resident. He has been invited to the discussion).**

We meet once a month to discuss books of interest to the LGBT community. We invite all readers to join us in engrossing conversation every month at the Stonewall Library. We will meet on **Saturday, October 12, 2013** at

**11AM** at the Stonewall, 1350 E. Sunrise Blvd., Ft. Lauderdale. **All readers are welcome, no reservation required. Any questions, please contact me. Thank you.**

**Bill Greeves - 954.523.8656**

**This is a SAGE sponsored activity.**

## SAGE WOMEN @ GOLDEN CORRAL

NANCY DRENNEN



**IMPORTANT! OUR VENUE HAS CHANGED!**

**Where:** Golden Corral.

7401 Commercial Blvd. Tamarac

**Phone:** 954.623.6400

**When:** Noon, 2nd Thursday of every month.

**Call Nancy @ 954.741.1540 for reservations.**

**This is a SAGE sponsored activity.**

**2013 Schedule: TBA**

hours each week. We always welcome newcomers so come on by and "look us over."

--Ron

**This is a SAGE sponsored activity.**

## CONGRATULATIONS GO TO...

**DICK ROGERS & BILL MULLINS**

**...CELEBRATING 50 YEARS TOGETHER.**

## SEE YOU AT THE MOVIES



John Gearrity and Carl M. Galli

From a BBC news story about a shoe factory in Northamptonshire, England to a movie (filmed in a working shoe factory in London) to the 2013 Tony Award winning Best Musical, our October 21st movie is ***Kinky Boots***.



It's a 2005 British comedy-drama-musical written by **Geoff Deane** and **Tim Firth**, and directed by **Julian Jarrold** (best known in the U.S. for 2008's ***Bridgeshead Revisited***). Based on a true story, the film follows a traditional Northampton shoemaker, who turns to producing erotic footwear in order to save the failing family business and the jobs of his workers.

The movie stars **Joel Edgerton** (long before he became the burly-handsome leading man of ***Warrior*** and ***Zero Dark Thirty***) as Charlie Price; **Chiwetel Ejiofor** (starring in this month's release of ***Twelve Years a Slave***) in his Golden Globe nominated performance as Simon/Lola; and **Sarah-Jane Potts** as Lauren.

With a soundtrack including Nina Simone's ***Wild is the Wind*** and ***Put a Spell on You***, ***It's a Man's World*** by James Brown, and Lyn Collins' ***Mister Big Stuff***. Ejiofor stands out performing ***My Heart Belongs to Daddy***, ***Whatever Lola Wants*** and, of course, ***These Boots are Made for Walking***.

From IMDB.com: "Hard to believe for some that a film with drag



entertainers could take its inspiration from Frank Capra. But that's exactly what you have here. Charlie Price...is a 21st century George Bailey, the closest I've ever seen to one portrayed in a long time...He's letting his workers go. One of them, Linda Bassett, tells him to get up and fight. And an inspiration hits him in the form of a spiked heel...Like in the old cartoons, a light bulb goes on over his head and he realizes there's a market here untapped for feminine footwear for cross-dressers. And who better to design the stuff than the person who knows her needs best...If you've seen any of Frank Capra's populist classics from the Thirties and Forties you already know what the ending will be. Though for the life of me I cannot see James Stewart doing what Edgerton almost has to do to save the situation at the fashion show."

Filmed mostly in London, with some brief exterior locations filmed in Milan, ***Kinky Boots*** is rated PG-13, and runs 107 minutes.

We'll be screening it at 4:15 on Monday, October 21st in Room 204 of the Pride Center. Dinner will follow.

***This is a SAGE sponsored activity.***

## Are You Having a Milestone Birthday in 2013?

SAGE would like to celebrate any member who is having a milestone birthday in 2013 with our Annual Milestones party which will include a dinner at our January 26, 2014 event. A milestone would be that you are celebrating a 75<sup>th</sup>, 80<sup>th</sup>, 85<sup>th</sup>, 90<sup>th</sup> or over 90<sup>th</sup> birthday any time in 2013.

If you will have a milestone birthday in 2013 please let us know so we may treat you.

Please call the SAGE office at 954.634.7219.

*Please let us know by December 8, 2013, so that we may plan this event.*

PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING

**The Parish of Sts. Francis and Clare**  
*A Progressive Community in the Catholic Tradition  
 Where We Welcome and Appreciate Diversity!*



Mass Times:  
 Wednesday 7:00 PM  
 Saturday 5:00 PM • Sunday 10:30 AM

101 N.E. 3rd St.  
 Ft. Lauderdale, FL 33301

**954.731.8173**

[www.stsfrancisandclare.org](http://www.stsfrancisandclare.org)

Household Pests  
 •  
 Lawn Spraying  
 •  
 Rodent Control  
 •  
 Termites  
 •  
 Bed Bugs  
 •  
 RESIDENTIAL  
 COMMERCIAL  
 •  
 Licensed & Insured

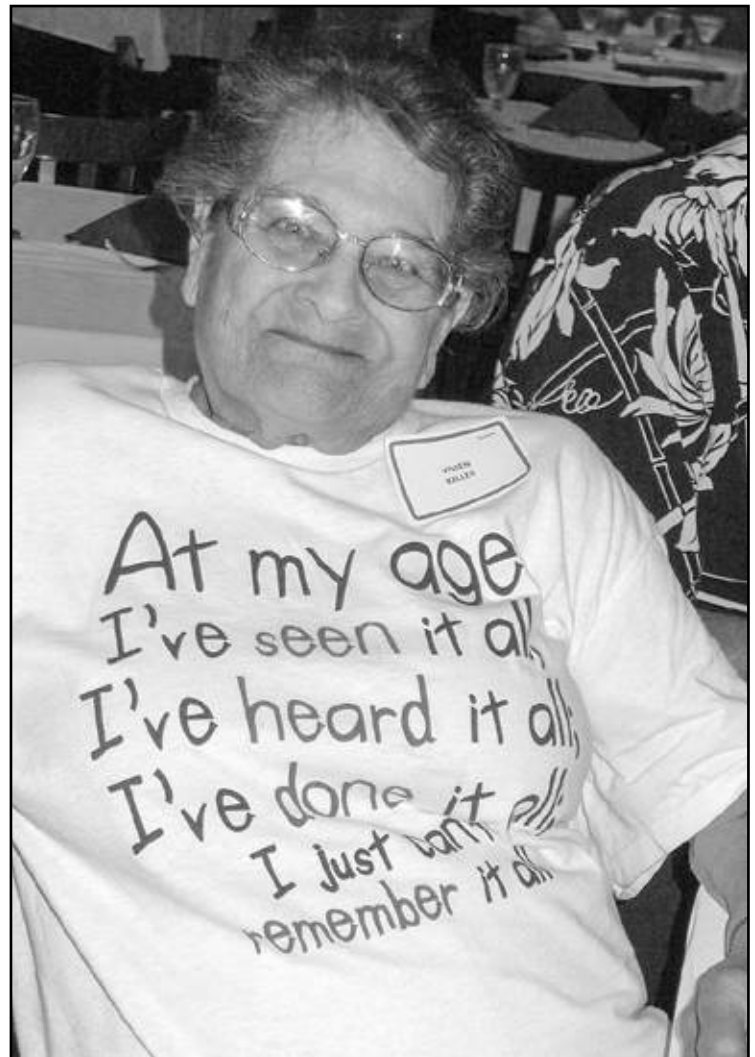
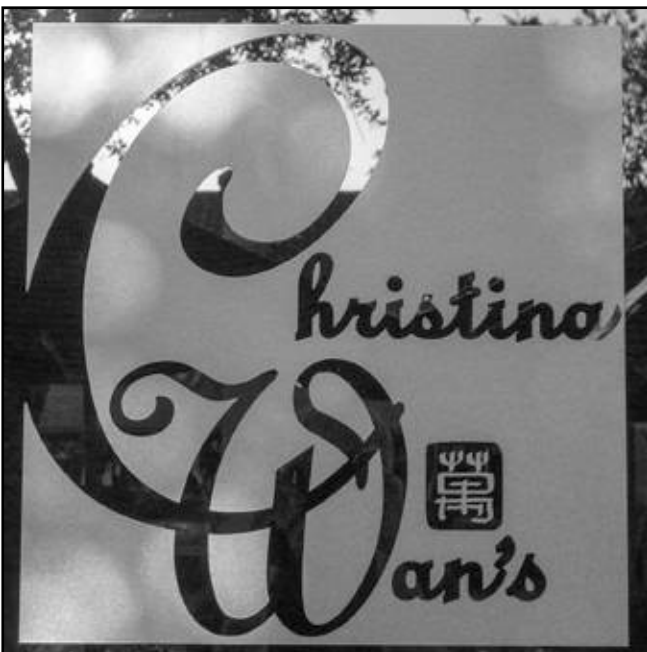
**(954) 920-BUGS (2847)**



**Aloha Bugs INC.**

"Hello Aloha... Goodbye Bugs"

# SAGE Spotlight: Christina Wan's



Photos: Sharron Demarest

**Come One -- Come All!!!**  
**2nd SAGE Meet-Up Oct. 25th @ 11am**  
**Mini-Golf @ Boomers in Boca**  
**3100 Airport Rd. (561) 347-1888**

(Off 95 @ Glades East onto Airport Road,  
Make Left into Boomers --

If you reach the Cinema Moviehouse you have gone too far).  
We will meet at the miniature golf course.



**Golf, Wine, Wings  
& Song!**  
(Not to Mention Beer,  
Hamburgers & Hot Dogs)

**No reservations required, just show up!**

***Coming Soon!***

**SAGE Classifieds**

A new service for  
SAGE members only.

*Buy*

*Sell*

*Exchange*

*Help Wanted*

*Employment Wanted*

*Apt. for Rent*

*House/Rent or Buy*

*Roommate Wanted*

PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING



**DEDICATED TO MUSIC, BODY, MIND & SOUL**  
*plus music from*

**DJ JIMMYP •**

**• DJ JULIAN MARSH**

**LOG ONTO [HTTP://EAGLEradio.PRO](http://EAGLEradio.PRO)**



# SAGE SOCIAL-LITES



Ron Catena

September saw the first of many planned SAGE Meet-Ups. Meet-Ups are a new SAGE program whereby the Social Committee (aided and abetted

by you the members) chooses a venue for an informal event. No reservations are required...you simply show up, order from the menu and pay for yourself. In the future there will be meet-ups for movies, lunch, dinner and many other fun events. In September we met at Lester's Diner in Tamarac where the food was good and the entertainment (Glen & Sissy) even better.

On **Sunday, September 29<sup>th</sup>**, SAGE celebrated its 19<sup>th</sup> Anniversary with a gala luncheon at the Embassy Suites in Fort Lauderdale. If you missed it you also missed seeing and hearing MaryJane Cunningham at the piano.

Broadway Series ticketholders are in for a treat when they attend the sold-out musical, *Chicago* on **October 13<sup>th</sup>**.

**Thursday, October 17<sup>th</sup>** finds SAGE members dining at La Bamba Mexican Restaurant on Federal Highway. As those of you who have had the pleasure of dining at this fine restaurant will attest, the Margaritas are fabulous and plentiful and the authentic Mexican fare always wonderful.

The **October Meet-Up** will be at **Boomers of Boca** on the **25<sup>th</sup>** for miniature golf. Those of you who do not wish to play golf can hang out in the cool of the club house (restaurant) and make fun of us "athletes" while you partake of the wine, wings, and other vittles. (*Further info is available on page 6.*)

Join us on **Sunday, November 10<sup>th</sup>**, as we salute our veterans while dining at **Zuckerello's Restaurant**. If you are a veteran and still have your service uniform (and you can still fit into it), please wear it to dinner and receive a complimentary beverage.

**December 1<sup>st</sup>** marks the departure of many SAGE members on our annual "What Cruise" to exotic locales, sunny beaches and new friendships. Chartered bus service is available to the cruise terminal from Palm Aire where you will be able to leave your vehicle for the week. You will be picked up and returned to the parking lot. Reservations for the bus can be made via the SAGE office or by sending in the reservation flyer included in this newsletter.

On **Sunday, December 15<sup>th</sup>**, our **Annual Holiday Celebration** will take place at the **Westin Hotel**. Entertainment will be provided by **Glen & Sissy** so dust off those dancing shoes and prepare to trip the light fantastic! This is a "must attend" event!

*Whew, this is definitely a packed social season!*

Fast forwarding to the new year brings us to our **Annual Milestones Birthday Celebration**. If you are celebrating a milestone birthday (70, 75, 80, 85, 90+) let us know so we can all wish you a very happy birthday at the Pride Center on **Sunday, January 26, 2014**.

*This is a SAGE sponsored event.*

PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING

Compassionate In-Home Care,  
Delivered From The

*Heart*

At Comfort Keepers® we provide an approach to care that focuses on the "whole person," by promoting  
**Mind • Body • Nutrition • Safety**  
through social engagement, mental stimulation and physical exercise.

Owned by Ft. Lauderdale natives,  
David and Cindy Mahoney.

CALL US TODAY!

**954-825-0155**



**Comfort  
Keepers.**

- SERVICES**
- Companionship
  - Cooking, Light Housekeeping
  - Personal Care
  - Errands, Shopping
  - Incidental Transportation
  - Laundry
  - Grooming, Dressing Guidance
  - Medication Reminders
  - Alzheimer's, Dementia Care
- License #299993921

**COMFORTKEEPERS.COM**

*What sounds would you miss if  
you couldn't hear them anymore?*

Come see us at **A.Bel Audiology Associates**  
for *better hearing solutions.*



**Paula Liebeskind, Au.D**

**Phone: 954-435-9779**

**1861 N.W. 123rd Ave.**

**(in Pillbox Plaza)**

**Pembroke Pines, FL 33026**



**THE PRIDE CENTER** Registration Form  
CELEBRATING 20 YEARS!

**Senior Health Expo & Informational Seminars**  
→ Sat. 10am - 2pm  
Oct. 19, 2013

2040 N. Dixie Highway,  
Wilton Manors, Florida 33305  
[www.PrideCenterFlorida.org](http://www.PrideCenterFlorida.org)



Connect with Your Community



PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING

**Helping Retirees, Seniors and their Families  
Change or Adapt their Living Environments to  
be Safe, Barrier Free, and Convenient**

- ◆ Aging In Place Services
- ◆ Senior Move Management Services
- ◆ Personal Information Services
- ◆ Organization Services
- ◆ Digitization Services

Ask about renowned author, Wanda Gozdz book,  
*Sensible Smart Tips for Living in Your ForeverHome™*


Licensed ~ Insured



[wegcaps@att.net](mailto:wegcaps@att.net)  
888-607-4650 ◆ [www.goldenageliving.com](http://www.goldenageliving.com)

PAID ADVERTISING - PAID ADVERTISING - PAID ADVERTISING

**Robin L. Bodiford**  
ATTORNEY AT LAW  
WILLS • TRUSTS • BANKRUPTCY



LAW OFFICES OF ROBIN L. BODIFORD, P.A.  
2550 N. FEDERAL HWY • SUITE 20  
FORT LAUDERDALE, FL 33305  
PH 954-630-2707 • CELL 954-802-1441  
email: [rbodiford@aol.com](mailto:rbodiford@aol.com) • [www.RobinBodifordLaw.com](http://www.RobinBodifordLaw.com)

AUTHOR, "Fresh Start Bankruptcy" &  
"A Simplified Guide to Creating a Personal Will" (John Wiley & Sons, 2003)



**AMERICAN TAX & INSURANCE SERVICES**

*"The safe return of your money is our top priority"*

# GUARANTEED RETURN FIXED ANNUITY 1ST YEAR BONUS INTEREST RATE



# 10.00%

**PLUS A LIFETIME INCOME RIDER GUARANTEED TO  
GROW AT 6.5% WITH INCOME FOR LIFE**

- 10% Interest bonus credited on Day 1 on total deposit
- Principal & interest guaranteed • No up-front fees or charges
- Interest grows tax deferred • Interest available monthly
- Representing 60 top rated companies

Rates effective 01/03/13 subject to change. Company rated A+ Superior by A.M. Best.

Al Cicotte & Kevin Palombo  
AMERICAN TAX & INSURANCE SERVICES  
2929 E Commercial Blvd, 8th Floor, Penthouse D  
Fort Lauderdale, FL 33308

**954.302.3228**  
[www.american-tax-and-insurance.com](http://www.american-tax-and-insurance.com)

## SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
Carlos A.	Moran	10/02	Barbara	Shea	10/21
Norman	Burnam	10/03	Joan	Thomson	10/21
Herbert K.	Reis	10/03	George C.	Castleman	10/22
Milton	Lestz	10/04	Carl	Barton	10/23
Bill	Mullins	10/07	Jerry	Levy	10/23
Wayne	Schrebe	10/07	Richard	Bunyan	10/25
Edward	Brown	10/08	Richard E.	Herman	10/25
Niel S.	Hirst, MD	10/08	Vivien	Keller	10/25
Richard	White	10/09	John	Richardson	10/26
John	Gearrity	10/10	Leo	La Montagne	10/27
Gerard	Zelin	10/10	George	Lachman	10/29
Barry	Feinstein	10/11	Donald	Mitchell	10/29
Sumner T.	White	10/14	Emilie	Renna	10/30
Richard	Langhorne	10/15			
Tom	Lepore	10/15			
Anthony	More. CPA	10/17			
Terry	Stone	10/19			
Allen	Churchman	10/20			

### 5 Year Anniversaries

First Name	Last Name	Date Joined
Ron	Klenk	09/09

### 10 Year Anniversaries

First Name	Last Name	Date Joined
Paul	Fasana	08/98
Joel	Glass	08/98
Maxine	Lemarr	08/98
Donald Hugh	Marshall	08/98

## SAGE NEEDS YOU!

**Please Join or Renew Today.**

**NAME:** \_\_\_\_\_ **Birthday: Month** \_\_\_\_\_ **/Day** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **CELL:** \_\_\_\_\_



MEMBERSHIP APPLICATION

**COMMITTEE INTEREST:** \_\_\_\_\_

**E-MAIL:**

Would you like to receive the

**Would you care to make a tax-deductible contribution to SAGE included with your dues? Yes No**

**CIRCLE ONE: RENEWAL NEW MEMBER**

Please enclose a check in the amount of \$35.00 made payable to SAGE OF SOUTH FLORIDA

**Mail To:** SAGE of South Florida, PO Box 70516, Oakland Park, FL 33307

**SENIOR ACTION IN A GAY ENVIRONMENT**



**ANDREWS DINER**  
*"A Family Restaurant"*  
 Hosts: Angelo, Gerri & Marla  
 2980 N. Andrews Avenue  
 Fort Lauderdale, FL 33311  
 954.563.3555

**Hours**  
 Monday, Tuesday & Wednesday 7 AM - 3 PM  
 Thursday & Friday 7 AM - 8 PM  
 Saturday 7 AM - 3 PM  
 Sunday 7 AM - 1:30 PM

**CHIC OPTIQUE**

KAREN CARROLL  
 JULIE SLATER  
 ED FIORENZA

EYE EXAMS  
 & CONTACT LENS FITTINGS  
 BY INDEPENDENT DOCTOR  
 OF OPTOMETRY

2228 WILTON DRIVE  
 WILTON MANORS, FL 33305

954.567.3937  
 WWW.CHICOPTIQUE.NET

**Show Us Your SAGE card and get a 20% discount!**

**ZUCKERELLO'S**  
 3017 East Commercial Blvd.  
 Fort Lauderdale

**50% OFF ENTREE**

With purchase of another of equal or greater value  
 Valid 7 days - after 6pm  
 Must present this coupon. Discount taken from lower priced entrée.  
 Not valid with Early Bird Specials or with any other offer.  
 1 coupon per table. Expires 09.30.13

**EARLY BIRD MENU**  
 7 Days a Week 4pm-6pm  
 Complete Dinners starting at \$12

**HAPPY HOUR**  
 7 Days a Week 4pm-6pm  
 AT THE BAR ONLY

ZAGAT RATED 2011 VERY GOOD TO EXCELLENT

like us on f 954-776-4282  
 Zuckerellos.com

Call for a FREE consultation

**Have you been denied Long Term Coverage due to...**

- History of cancer
- Emphysema
- Heart disease
- Or other pre-existing conditions?

There is coverage available to you with policies being issued up to 99 years of age.

Get reasonable rates and affordable plans for every budget!



Call Gary Kempler  
 954-328-5418  
 garykempler@ffig.com

**FUTURITY FIRST**  
 INSURANCE GROUP

# MAMMOPALOOZA



**October 1-31**

**Call 954.759.7500 to schedule your mammogram,  
or visit [BrowardHealth.org/mammo](http://BrowardHealth.org/mammo)**

**Weekend and evening hours available. Most insurance accepted, or self-pay \$115 cash or credit.  
Appointment includes a mammography screening AND review by a board-certified radiologist.**



**Everyone who has a mammogram will  
receive a special Vera Bradley gift.\***

**Appointments strongly encouraged.  
Walk-ins welcome M-F 8am-3pm.  
Physician scripts are available.**



**Broward Health Medical Center  
Broward Health North  
Broward Health Imperial Point  
Broward Health Coral Springs  
Broward Health Weston**



**f Find us on  
Facebook**

**[Facebook.com/BrowardHealth](http://Facebook.com/BrowardHealth)**

\*While supplies last



# SAGE @ LABAMBA

*Mexican & Spanish Restaurant*

4245 N FEDERAL HWY., FT. LAUDERDALE

PHONE: 954.568.9668

## THURSDAY, OCTOBER 17TH 6PM

*6PM Cocktail Hour/ 7PM Dinner*

### YOUR CHOICE

#### Enchilda & Taco Combo

(Cheese Taco & Beef Enchilda with yellow rice & refried beans)

#### Palomillia

(Pounded sirloin steak topped with chopped onion & parsley  
with white rice, black beans & plantains)

#### Arroz con Pollo

(Quarter chicken cooked with yellow rice,  
served with fried plantains, lettuce & tomato)

#### Sizzling Vegetable Fajitas

(Cooked onions, fresh bell peppers, tomatoes, green peppers & spices  
served w/ cheese, guacamole, pico de gallo, lettuce, hot tortillas,  
chopped tomatoes combined & eaten like a taco)



**EAT, DRINK AND BE MERRY WITH SAGE @ LABAMBA**

**Members: \$18 Non-Members \$22**

LaBamba Mexican & Spanish Restaurant

Paid Reservations must be received no later than 1PM, Monday, October 14, 2013

Members: \$18 \_\_\_\_\_ Non-Members \$22 \_\_\_\_\_ My Phone # \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Mail with payment to:

SAGE

P.O.Box 70516

Oakland Park, FL 33307

Questions? 954.634.7219

*This is a SAGE Sponsored Event*

# ***New SAGE Co-Ed Discussion Group***

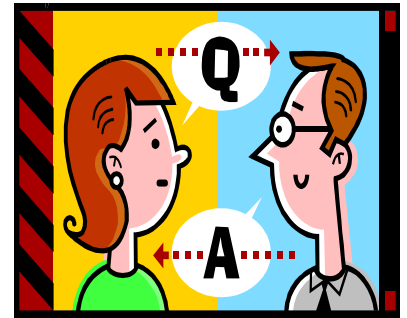
In Conjunction with the Pride Center

## ***Thursday, October 3rd & 17th***

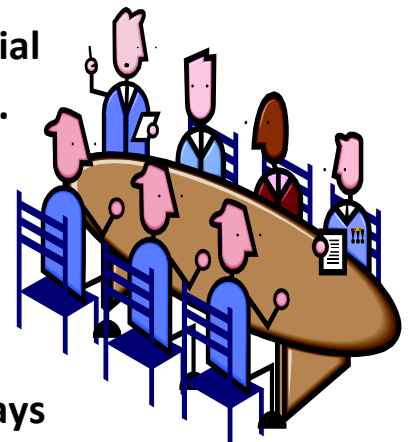
Social conversation group is to include men and women talking together.

Meeting format consists of facilitator asking general questions to the group.

Participants will be asked to orally respond (one at a time) with their opinions, thoughts, and experiences.



- Questions will pertain to a variety of topics such as current events, personal and work experiences, social issues, news worthy stories, travel, and much more.
- *This group could be ideal for you if you find people fascinating and would enjoy hearing what your peers think and feel and are also willing to express your own thoughts and ideas.*
- We will meet each month on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays from 1—3PM at the Pride Center.



## **Everybody is welcomed. Come join us!**



# PHOTOGRAPHY: A TO Z

Hey!!! We Missed You At The SAGE Camera Club on September 21st.



**Our Next Meeting Will Be On October 26th At 1pm Sharp!!!**

**Join Us At The Pride Center**

When we first announced SAGE was starting its own Camera Club many of you said you would be **VERY INTERESTED**. In fact, we had more than a dozen phone calls from SAGE members asking for the date, time and location.

**What happened to you?**

**We were there and you were not!!!**

Remember, **Camera Club** was a request many of you made when you answered the SAGE Survey.

If you're still interested and want to attend the next Camera Club meeting on October 26th, please call the SAGE office (954-634-7219) and let us know you're coming.

# SAGE @ ZUCKERELLO'S

HONORING OUR VETERANS

3017 E. COMMERCIAL BLVD., FT. LAUDERDALE

PHONE: 954.776.4282

**SUNDAY, NOVEMBER 10TH 6PM**



***6PM Cocktail Hour***  
***(Two for One Drinks @ the Bar )***  
***7PM Dinner***

## SOUP OR SALAD

House Salad w/Creamy Italian Dressing  
Minestrone Soup

## ENTREES (CHOICE OF ONE)

Chicken Parmigiana  
Meat Lasagna  
Yellowtail Snapper  
Chicken Marsala  
Eggplant Parmesan

## DESSERTS (CHOICE OF ONE)

Key Lime Pie  
Tiramisu

## BEVERAGES

Coffee  
Iced Tea  
Soda

**EAT, DRINK AND BE MERRY WITH SAGE @ ZUCKERELLO'S**

**Members: \$23   Non-Members \$27**

-----  
Zuckerello's

Paid Reservations must be received no later than 1PM, Wednesday, November 6, 2013

Members: \$23 \_\_\_\_\_ Non-Members \$27 \_\_\_\_\_ My Phone # \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Name: \_\_\_\_\_ *Entree Choice* \_\_\_\_\_

Mail with payment to:

SAGE

P.O.Box 70516

Oakland Park, FL 33307

Questions? 954.634.7219

*This is a SAGE Sponsored Event*



# SAGE 2013 Activities Calendar

## OCTOBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b>	<b>2</b> 1 PM Men's Drop In @ Pride Center 4 PM <b>COMPUTER CLUB</b> @ Pride Center	<b>3</b> 1-3PM <b>SAGE Co-Ed Discussion Group</b> @ Pride Center Rm 207	<b>4</b>	<b>5</b> 9:30AM <b>Board Meeting</b> SKOLNICK Ctr. <b>LUNCH &amp; LEARN</b> 12:30 PM Call Office @ (954) 634-7219 for reservation
<b>6</b>	<b>7</b> 11AM - 1PM <b>SAGE On the Border Co-Ed / Alternatives</b> @ Volen Center in Boca 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center	<b>8</b>	<b>9</b> 1 PM Men's Drop In @ Pride Center 4 PM <b>COMPUTER CLUB</b> @ Pride Center	<b>10</b> Noon <b>SAGE Women's Lunch</b> @ Golden Corral – Tamarac - call Nancy for more info (954) 741-1540 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center	<b>11</b>	<b>12</b> 11AM <b>SAGE at Stonewall</b> – Book Club @ Stonewall Library Call Bill Greeves 954-523-8656
<b>13</b> 1PM <b>Chicago</b> @ Broward Center- <b>SOLD OUT</b>	<b>14</b> <b>Columbus Day</b> 11AM - 1PM <b>SAGE On the Border Co-Ed / Alternatives</b> @ Volen Center in Boca 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center	<b>15</b>	<b>16</b> 1 PM Men's Drop In @ Pride Center 4 PM <b>COMPUTER CLUB</b> @ Pride Center	<b>17</b> 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center 1-3PM <b>SAGE Co-Ed Discussion Group</b> @ Pride Center Rm 207 6PM <b>Dinner @ La Bamba Ft Lauderdale</b>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> 1AM - 1PM <b>SAGE On the Border Co-Ed / Alternatives</b> @ Volen Center in Boca 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center 4:15 PM <b>SAGE Movie "Kinky Boots"</b> @ Pride Center - dinner TBD	<b>22</b>	<b>23</b> 1 PM Men's Drop In @ Pride Center 4 PM <b>COMPUTER CLUB</b> @ Pride Center	<b>24</b> 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center	<b>25</b> 11AM <b>Meet-Up @ Boomer's Boca Raton Mini-Golf</b>	<b>26</b> 1PM <b>SAGE Photography Club</b> @ Pride Center
<b>27</b>	<b>28</b> 11AM - 1PM <b>SAGE On the Border Co-Ed / Alternatives</b> @ Volen Center in Boca 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center <b>Men's Singles DINNER</b> @ TROPICS - call John C (954) 933-2963	<b>29</b>	<b>30</b> 1 PM Men's Drop In @ Pride Center 4 PM <b>COMPUTER CLUB</b> @ Pride Center	<b>31</b> <b>Halloween</b> 4-5:15PM <b>SAGEWorks Class</b> @ Pride Center		

# ***SAVE the DATES:***

**Nov 10th Sunday      SAGE celebrates Veteran's Day at Zuckerello's**

**Nov 15th – 16th Friday – Saturday**

**“SmartRide 10” Miami to Key West Bike Ride for Aids**

**Nov 26th Tuesday      “The Book of Mormon” at the Broward Center – SOLD OUT**

**Dec 1st – Dec 8<sup>th</sup>      SAGE 2013 Cruise (“What Cruise?”) on Holland American’s Eurodam**

**Dec 15 Sunday      Holiday Party Westin w/Glenn & Sissy**

**Jan 26 2014 Sunday      Milestones Birthday Noon Pride Center**