

THE SAGE

The Newsletter of SAGE of South Florida

SEPTEMBER 2013

Founding Grandparents: LGBT Grandparents Group Forms in Wilton Manors



On a typically rainy, South Florida summer morning two dozen women and men (and one reporter) gathered in a condo clubhouse in Wilton Manors to talk about their grandchildren. What made these people different from other grandparents in other clubhouses is the fact that they are also lesbian, gay, bisexual or transgender. Most of them go back to pre-Stonewall days, to a time when most gay men and women stayed in their closets and entered into opposite-sex marriages. Though they eventually came out of their closets (some with a vengeance) and formed same-sex relationships, most of them maintained close ties with their children and, later, their grandchildren.

South Florida's LGBT Grandparents Group was formed to serve the needs of LGBT grandparents. The first of its

kind, the South Florida group has many parents. Gay grandad Peter Robinson is one of them: "We started the planning committee back in January. One of the members of the Therapist Collective of SunServe got in contact with several of us who are gay grandparents and wanted to know if we would be willing to form a group of LGBT grandparents - as a support group and a social group - and we said that was a great idea. So, six of us got together and we planned our first meeting."

"My partner is really one of the founders," Denise Spivak says, modestly. "I am a founder by default. My partner and the other founders had the idea. What is really phenomenal about this group along with the people that founded it is the cooperation among the agencies that put it together: Women In Network, SunServe,

PFLAG, the Pride Center and Women with Pride. It has been a cooperative effort and I am thrilled that four agencies could come together to provide something that is needed and successful."

According to Robinson, 16 grandparents attended the first meeting in March. A second meeting was held in May and a third one in July. According to co-founder Paul Smith, the reception from other grandparents has been "incredible. We have been getting groups of 20 to 25 people at each meeting, which I think is really great. There is a lot of enthusiasm and a lot of interest in this group." Word spread by word of mouth and soon other grandparents joined in. "Paul Smith came to some of the groups at the Pride Center and was very vocal about starting this group," says Allen Churchman. "So I decided to come to the first meeting and see what it was all about. I brought pictures of my grandkids. I am having issues right now with my grandchildren and I hope to get some insight from the group in terms of what direction to take to resolve those issues." "I saw it advertised," says Inez Pasher. "I think I got an e-mail. They were looking for grandparents. They had their first meeting here and we all came in and it was quite a revelation, finding out that there are so many of us. You don't feel isolated."

Unlike other LGBT groups, the Grandparents Group has virtual parity between men and women. "This is very unusual," notes Robinson. "Everybody gets along beautifully. This is one of the first gay organizations that I have been part of where an even number of men and women

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Public Affairs**SAGE on the Border/Alternatives****SAGE Women****Social Activities****Support****Volunteer Coordinators****Webmaster**

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SAGE Editorial Policy

SAGE welcomes contributors to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity or standards of decency.

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SAGE FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact:

For women — Inez Pasher @ 954.563.2814.

For men — Leo Glickstein @ 954.935.5799.

This is a SAGE sponsored activity.

SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for Senior action in a Gay Environment to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives To provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior community at large, providing referral information on community resources and promoting inter-generational communication in the GLBT community. SAGE was founded in 1994 as a Florida "not for profit."

ADVERTISING

Our monthly newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for business and organizations at a very reasonable rate. Contact the SAGE office at 954.634.7219 or email at sagesofl@gmail.com for more information. Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc. of the service being offered. We thank our advertisers for helping us pay for printing this newsletter. Do you have friends or family who own a business? Ask them to place an ad in THE SAGE. We appreciate our business supporters. As members, let's support them in return.

SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE-sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any SAGE-sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25 for their first year of membership.

SAGE MEMBERS IN NEED

Please contact the **AADRC (Aging and Disability Resource Center)** @ **954.745.9779**. It is a one-stop center for information and referral services available to seniors and their care-givers in our community.

REMINDER FROM THE BOARD

IF YOU RESERVE A PLACE AT THE 'LUNCH & LEARN' AND YOU DO NOT ATTEND, YOU ARE STILL RESPONSIBLE TO SAGE FOR PAYMENT. WE MUST GIVE THE CATERER AS EXACT A COUNT AS POSSIBLE BASED ON YOUR RESERVATION. THE CATERER MUST BE PAID WHETHER OR NOT YOU SHOW UP.

MONTHLY "LUNCH & LEARN"

12:30 PM, September 7, 2013

HERB SKOLNICK

COMMUNITY CENTER

800 S.W. 36th Avenue, Pompano Beach, FL

RESERVATIONS REQUIRED!!!!!!!!!!

Members with reservations: \$14.00

All others: \$19.00

Everyone Pays at the Door.

Doors Open at 12:00PM

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members and their guests.

Reservations must be made by 12:30PM on the Thursday preceding the Luncheon, as the caterer must have the final count. Please make reservations for the September "Lunch & Learn" with the SAGE office @ 954.634.7219.

MENU

Salad

Rigatoni Marinara

Roast Pork Loin

(w/ Rosemary and Sundried Tomatoes)

Grilled Chicken Breasts

(w/ Roasted Potatoes & Carrots)

Napoleons

September Speaker:

Gary Kempler

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SAGE COMPUTER CLUB

KEN GOODMAN



Come and join the fun time we are having at the SAGE Computer Club. Would you like to feel more confident when using your computer, smart phone, tablet, or any other type of internet connected device? You should come to the SAGE Computer Club. We discuss how to use your computer more efficiently and you can ask questions about issues you are having with your computer. If you have a laptop computer you can bring it to help us resolve your problem. We discuss various topics which can include Cloud Computing, the Web, E-Mail, setting up your computer, personalizing the computer, Office software, multimedia software, use of Smart Phones, operating system utilities and maintenance software, security, etc.. We discuss the windows operating systems (XP, Vista and Windows 7 & 8) and the Apple OS/X operating systems. For the Smart Phone and/or tablets, we will discuss the operating systems including Windows Phone, Google Android, Windows 8 Phone & RT and Apple iOS.

The Computer Club meets every Wednesday at 4 pm for at least an hour, sometimes two hours. Any new Computer related news is discussed, followed by the issues you wish to bring or a current topic of interest. We have recently discussed Windows 8.1, Office 365, set up a Facebook account with security and privacy, discussed Apple's latest OS/X operating system, talked tablets and how to diagnose and resolve problems. Bring your questions and problems and we will try to help.

Also, if you wish, you can join us for dinner after the meeting at a nearby reasonable gay friendly restaurant.

The September meetings of the SAGE Computer Club will be at the **Pride Center facility on Dixie Highway Building A** in the AV Room 206 on **Wednesdays** at 4PM. Call for directions if you need them at 954-634-7219 or the Pride Center's switchboard at 954-463-9005.

This is a SAGE sponsored activity.

SAGE ON THE BORDER/ALTERNATIVES

CAROLINE LETO/BRUCE TODRES



Where: the Volen Center

1515 West Palmetto Rd., Boca Raton

When: Every Monday from 11AM to 1PM.

Welcome everyone, no reservation required.

This is a SAGE sponsored activity.



WEDNESDAY MEN'S DROP-IN

RON CATENA



Where: The Pride Center.

When: Every Wednesday from 1PM to 3PM.

Welcome all men, no reservation required.

This is a SAGE sponsored activity.

SAGE MEN'S SINGLES GROUP

JOHN CHANDLER



Are you a single man who enjoys the company of other single men? If you do then we have an evening for you. Every 4th Monday of every month, SAGE Board member, John Chandler, co-ordinates cocktails and dinner at Tropics restaurant in Wilton Manors. Cocktails, lively conversation and flirting begin at 5:30. At 6:30 the party moves into the dining room where we enjoy a terrific dinner followed by complementary coffee. Prices are reasonable and the food is always wonderful (as is the company). **We usually wear red shirts so that we can all recognize each other.**

Our next dinner will be held on Monday, September 23rd, 2013.

For reservations please contact **John Chandler @ 954.933.2963** or e-mail @ stonyman4u@aol.com and don't forget to wear your red shirt!
This is a SAGE sponsored activity.

SAGE AT STONEWALL

BILL GREEVES



The September Book Club selection is: *Pins* by Jim Provenzano.

We meet once a month to discuss books of interest to the LGBT community. We invite all readers to join us in engrossing conversation every month at the Stonewall Library. We will meet on **Saturday, September 14th, 2013 at 11AM** at the Stonewall, 1350 E. Sunrise Blvd., Ft. Lauderdale.

All readers are welcome, no reservation required. Any questions, please contact me. Thank you.

Bill Greeves - 954.523.8656

This is a SAGE sponsored activity.

SAGE WOMEN @ GOLDEN CORRAL

NANCY DRENNEN



IMPORTANT! OUR VENUE HAS CHANGED!

Where: Golden Corral.

7401 Commercial Blvd. Tamarac

Phone: 954.623.6400

When: Noon, 2nd Thursday of every month.

Call Nancy @ 954.741.1540 for reservations.

This is a SAGE sponsored activity.

2013 Schedule: TBA

NOTES FROM THE MEN'S DROP-IN

I like the month of September especially since I have been living fulltime in South Florida. The weather starts to cool down, the humidity diminishes and the cool tropical breezes begin to blow. But best of all, our dear snowbirds friends start returning from their perches in the north with wonderful tales of their summer escapades. When I lived up north September signaled the end of the summer, the end of days at the beach, shorts and t-shirts. It was back to my designer jeans and form-fitting sweaters. (Huh?)

Just before he left town for his summer home in Maine, Bob Kaminsky cautioned the Drop-In group "not to change a thing." As we discussed ways to make our meetings more interesting (as the members do from time to time), Bob asked, "where else can you sit for a couple of hours a week and have a cordial open discussion with your peers?" In thinking about his question, I consider it a huge compliment.

Every Wednesday a fun, intelligent group of men meet to discuss a

wide range of issues with no topic "off-limits" in a cordial, respectful environment. We enjoy a lot of laughs, pass on some interesting information, and bond with each other. The informal rules developed by the members after much discussion over the years have served us well. And the Drop-In continues to grow on a monthly basis.

REMINDER: If you are celebrating a "Milestone" birthday this year (75, 80, 85, etc.) please register with the office. We are planning to honor our milestone members in January, 2014 with our annual extravaganza. You, of course, must be a member of SAGE. Last year's event was SRO and this year we hope to have even more members in attendance.

Remember, the Men's Drop-In meets every Wednesday from 1-3PM at the Pride Center.

--Ron

This is a SAGE sponsored activity.

SEE YOU AT THE MOVIES



John Gearrity and Carl M. Galli



The SAGE movie for September is *The Children's Hour*. Show time will be September 16th at The Pride Center in Room 204 at 4:15PM. Dinner arrangements will be announced prior to the movie. Adapted from Lillian Hellman's celebrated play, *The Children's Hour* is a study of

how a child's lie can have life-shattering consequences. This daring film stars **Audrey Hepburn** and **Shirley MacLaine**, and co-stars **James Garner**, **Miriam Hopkins** and **Fay Bainter**.

This film was directed by **William Wyler** in 1961. He also directed the original version in 1936. Prior to the 1936 film, the play ran on Broadway in 1934.

Hepburn and MacLaine are the headmist-



resses of an exclusive school for girls. When they discipline a malicious little girl, the vindictive child twists an overheard comment into slander and accuses her teachers of questionable behavior. Soon the scandalous gossip engulfs the school community with repercussions that are swift, crushing, and tragic.

Hepburn and MacLaine give solid performances as does Miriam Hopkins -- who was in the original movie version. (Katherine Hepburn and Doris Day were initially selected to play the leads!!!)

Enjoy the film.

See you at the movies.

This is a SAGE sponsored activity.

Are You Having a Milestone Birthday in 2013?

SAGE would like to celebrate any member who is having a milestone birthday in 2013 with our Annual Milestones party which will include a dinner at our January 26, 2014 event. A milestone would be that you are celebrating a 75th, 80th, 85th, 90th, 95th or 100th birthday any time in 2013.

If you will have a milestone birthday in 2013 please let us know so we may treat you.

Please call the SAGE office at 954.634.7219.

Please let us know by August 31, 2013, so that we may plan this event.

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SAGE: Two New Groups and a Meet-Up

SAGE Co-Ed Discussion Group Begins Thursday, September 19th.

A new group for men and women together will be conducted at the Pride Center on the first and third Thursdays of each month.

Format for this group discussion will consist of specific questions posed by the meeting facilitator to which participants will be asked to orally respond (one at a time) with their opinions, thoughts, and experiences.

Questions will pertain to a variety of topics such as current events, work experiences, social issues, interpersonal relationships, news worthy stories, travel, personal experiences, and much more.

Over a period of time the collective insight and wisdom of the group should prove to be interesting, informative, and enlightening.

If you find people fascinating and would enjoy hearing what your peers think and feel and are also willing to express your own thoughts and ideas then this group could be ideal for you.

We will meet each month on the 1st and 3rd Thursdays from 1-3PM at the Pride Center.

SAGE Photography Club Begins Saturday, September 21st.

As promised the SAGE Photography Club will have its first meeting on Saturday, September 21, 2013 at 11AM at the Pride Center. This will be a planning meeting to see how many of our members and friends of the Pride Center are interested in building on their photography skills.

We will be looking for volunteers who can help steer the club to success. We will also discuss what each of you wish to get from a photography club so the leaders can develop a format that will work for the majority of members.

See you on Saturday, September 21st at the Pride Center.

SAGE Meet-Up at Lester's, Thursday, September 19th.

A Meet-Up is just what it says: a casual gathering of SAGE members (and their friends) who meet up to have a good time. The September meet-up will be at Lester's (4701 Coconut Creek Pkwy, Margate). As some of you may know, or may not know, the singing duo, Glen and Sissy, perform at Lester's on Thursday nites from 5:30-7:30PM. If you missed them at our annual meeting you're in for a treat! Be ready for another treat, there are as many as 12 entrees on Lester's early bird menu for \$9.99, and that's a complete dinner, providing you get there around 5:30ish. So we invite you to meet-up with your friends at Sage for a good meal and wonderful entertainment!!! Meanwhile your Social Committee will be planning future Meet-Ups.

In the Future...

Don't miss out!

*Look for news of upcoming events and
programs in your monthly SAGE Newsletter.*

For Immediate Release:

Statement of Carolyn W. Colvin Acting Commissioner of Social Security on Payments to Same-Sex Couples

"I am pleased to announce that Social Security is now processing some retirement spouse claims for same-sex couples and paying benefits where they are due. The recent Supreme Court decision on Section 3 of the Defense of Marriage Act, made just over a month ago, helps to ensure that all Americans are treated fairly and equally, with the dignity and respect they deserve.

We continue to work closely with the Department of Justice. In the coming weeks and months, we will develop and implement additional policy and processing instructions. We appreciate the public's patience as we work through the legal issues to ensure that our policy is legally sound and clear.

I encourage individuals who believe they may be eligible for Social Security benefits to apply now, to protect against the loss of any potential benefits. We will process claims as soon as additional instructions become finalized."

To learn more, please visit: www.socialsecurity.gov.

Coming Soon!

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nue Grill



Photos: Sharron Demarest

SAGE SOCIAL-LITES



Ron Catena

Whewww, pass the Excedrin! Your social committee has been hard at work planning events for the remainder of the year and we've come up with some doozys. Just so you know, planning a SAGE social event is a lot like planning a wedding...pick a date, pick a theme, find a venue, sample the menu, audition the entertainment, make sure the room is big enough to accommodate our growing group, put together and send out the flyers with the what, where and when details and last but not least, make sure our guests have FUN! (At prices that don't break our collective piggy banks.) If there is one thing we on the social committee have learned it's that having fun is hard work. And all we ask in return is your company.

In August, we went to Christina Wan's. Where, as usual, we had a big crowd, the meal was excellent, Christina took care of us personally, and a good time was had by all.

This month, we celebrate our 16th anniversary with dinner at the Embassy Suites on Sunday, September 29th. With MaryJane Cunningham at the piano, a superb menu, a beautiful room, and dancing 'til twilight, who could ask for more? Join your SAGE friends and celebrate together!

Don't forget...if you are celebrating a milestone birthday this year (75, 80, 85, etc.) let the SAGE office know as we are once again going to honor you with a fabulous birthday party at the Pride Center on Sunday, January 26th.

Save the Dates:

Thursday, September 19th, Meet-Up, Lester's (Margate)
Sunday, September 29th, Anniversary Party, Embassy Suites
Sunday, October 13th, Chicago @ the Broward Center (sold out).
Thursday, October 17th, Dinner @ LaBamba Mexican Restaurant.
In November SAGE will return to Zucarello's (date and time to be determined).

Tuesday, November 26th, The Book of Mormon @ the Broward Center (sold out).

Sunday, December 15th, SAGE Holiday Party @ the Westin Hotel.

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continued from cover

come together and we all get along." "This is the only group that I have ever been to where there is an homogeneous community of men and women," Pasher agrees. "It is almost 50/50. This is because we have a shared experience" of being grandparents.

The LGBT Grandparents Group does not have a formal structure; and the participants like it that way. It does not have corporate papers, by-laws or a board of directors. "We are a very informal group," Robinson tells me. "There is no corporation. It is just a support group. There is no reason to raise funds." Thus unstructured, the Group offers grandparents "ideas and ways to interact with their grandchildren, if they have not thought it yet. How to handle long-distance relationships. How to handle spousal relationships with their grandchildren. What happens when a grandparent has a divorce from their spouse. Does the spouse maintain a relationship with the grandchildren or should they? What happens when the grandchildren miss the spouse that is missing now. All kinds of topics."

Most of the grandparents in the Group - and their partners, if they have one - are out to their families. Kris Drumm, who co-founded the group and moderated the July meeting, has three grandchildren, and "my relationship with them is wonderful," she laughs. Other participants - Gerald Hirschtritt, Pasher, Robinson, Smith - also enjoy great relationships with their children (some of who are also gay) and their grandchildren. "I have five grandsons, ranging from the age of 9 ½ all the way down to 2," Smith says, proudly. "They know I am gay. In fact, they have two grandpas: me and my partner. My partner and I have been together for 34 years and they have only known us together as their grandfathers. They accept my partner, absolutely." At the meeting participants talked about their grandchildren, as any proud grandparent would, and discussed ways to deal with often long-distant relationships. They also talked about the rights of "non-biological grandparents," their same-sex spouses or partners. In most cases, being queer was not an issue.

Most of those present at the meeting

would agree with Churchman, who says that the Group "is a good idea because there are a lot of retired seniors here that have grandchildren and this is a good way to relate to others who may be having problems or issues with being a grandparent." "I love this group," says Drumm. "It is our favorite thing to talk about. And I think that a lot of us who live far away from our grandchildren find it is very hard to maintain a relationship. And then if there is homophobia in the family that makes it really hard. And here we have a place to talk about it." The LGBT Grandparents Group is open to both biological and non-biological grandparents. Interested parties may reach the group by sending an e-mail to co-founder Chris Maclellan, of SunServe, at cmaclellan@sunserve.org.

*--Jesse Montegaudo
This article first appeared in
South Florida Gay News (SFGN)*

Photo: Sharron Demarest

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LGBT Senior Living: Challenges and Change in Nursing Home Settings

As described in ElderBranch's initial piece on LGBT senior living, elder care facilities and other health care settings are often unwelcoming towards LGBT older adults or insensitive to their needs and circumstances.

As a result, LGBT elders generally tend to delay seeking health care for fear of discrimination and mistreatment. At the same time, they are less likely to rely on family members for caregiving for a variety of reasons. Unfortunately, together, this may lead to LGBT older adults needing institutional care more frequently, or sooner in their lifetimes, as they may find that their health deteriorates more rapidly.

ElderBranch interviewed Hilary Meyer and Aaron Tax of Services & Advocacy for GLBT Elders (SAGE) to explore this issue and discuss SAGE advocacy efforts aimed at encouraging system-wide change.

Hostile Health Care Environments

In its report, *LGBT Older Adults and Inhospitable Health Care Environments*, SAGE details how health care settings are often challenging environments for LGBT elders. These seniors may face outright discrimination, or it may be that the staff in these settings is not trained to deal with this population of elders.

Though some health care environments are starting to change, the scars of previous negative experiences leave many seniors reluctant to pursue care unless absolutely necessary. In fact, the SAGE report quotes a 2006 study that found that less than half of lesbian and gay Baby Boomers were strongly confident that health care professionals would treat them with dignity and respect.

However, in delaying the pursuit of health care, LGBT older adults often find themselves in a position where their health deteriorates more suddenly and sooner than expected, and then they end up requiring institutional care – such as nursing home care.

Challenges in Nursing Home Settings

In nursing home settings, LGBT seniors often face discrimination not only from staff members, but also from other residents and residents' family members.

Hostility from a variety of angles can lead to LGBT elders keeping to themselves and limiting interaction with others.

Staff members have been known to deny same-sex partner visitations, prevent same-sex couples from sharing rooms and even refuse the participation of a same-sex partner in the medical decision-making of the resident.

When faced with harassment by other residents and their family members, nursing homes are often ill-equipped to confront these situations. Staff members sometimes react by isolating the LGBT individual – which can be devastating for that resident when he or she is already withdrawn and isolated socially.

Effecting Change – SAGE Advocacy

SAGE is very deeply engaged in advocacy efforts to support the needs of LGBT older adults. Though it is difficult to target long-term care settings more generally (assisted living, retirement communities), due to lack of one governing body or set of rules, facilities that accept Medicare or Medicaid funding – such as nursing homes – are more easily addressed.

SAGE advocates on a number of key issues pertaining to care in nursing home settings, which begin to address some of the challenges described above that arise when LGBT seniors access nursing home care.

Cultural Competency Training

It is critical that nursing home staff appreciate the specific needs of LGBT older adults, including recognizing diverse family structures and providing medically appropriate care for transgender people.

In this regard, Aaron Tax explains, "We and our LGBT-aging allies are currently working with CMS [Centers for Medicare & Medicaid Services] on an LGBT cultural competency training for employees in long-term care facilities, targeting nursing facilities certified by CMS for Medicare and/or Medicaid and state-licensed residential care facilities. We also believe there are places where LGBT curricula can and should be added to staff trainings or integrated into existing trainings for care providers."

To this end, SAGE comprehensive

cultural competency trainings through its National Resource Center on LGBT Aging, for staff at nursing homes and other aging service providers. Interested parties can request a training through the SAGE website.

Updating Forms and Broad Definitions of Family

LGBT people and their families often have difficulty ensuring access for partners and children who do not have legally recognized relationships. For example, LGBT elders should be allowed to list their partners on forms where heterosexual couples list spouses, list their non-biological and non-adoptive children as well, and be permitted visitations from their partners and non-biological/non-adoptive children.

"We and our LGBT-aging allies have recommended that CMS and AoA [Administration on Aging] review and revise existing regulations, as appropriate, to incorporate inclusive definitions of family. We and our LGBT-aging allies have also urged that CMS and AoA take actions to encourage state agencies to review and revise their own regulations and forms as needed," details Aaron.

The LGBT movement's efforts in these arenas are evidently paying off. On June 28, 2013, CMS issued memorandum to State Survey Agency Directors, reiterating resident rights surrounding access and visitation.

The memo states that long-term care facilities must ensure that all visitors be given full and equal visitation privileges. Most significantly, the memo states that residents must be notified of their rights to have visitors on a 24-hour basis, who could include, but are not limited to, spouses (including same-sex spouses), domestic partners (including same-sex domestic partners), other family members, or friends.

While many challenges remain ahead – for example, LGBT older adults need to be able to feel comfortable reporting violations to their rights – these changes represent significant steps in the right direction.

--Anila S. Venkat
Elderbranch

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&
SATURDAY**
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BEEF!**

Illustration by: Bobby Neal Furest

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Must Bring This Ad!

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
Bob	Adams	09/02	Bruce	Watts	09/18
David A.	Goodwill	09/02	Wayne	Draper	09/19
John L.	Irish	09/02	Jane	Kreinberg	09/20
Jerry	Zygmunt	09/02	Racquel	White	09/20
Roger	O'Shea	09/04	Cubby A.	Cunningham	09/22
Terry	Williams	09/04	Larry	Laiken	09/22
William J.	Cronin	09/05	Larry	Snyder	09/22
Miriam	Finkelstein	09/05	Philip	Norris	09/23
Joe	Martin	09/06	Marc	Flanagan	09/24
Richard J.	Jannotti	09/08	Adam	Rick	09/24
Inez	Pasher	09/10	Richard	Frisby	09/27
Alex	Dworsky	09/11	Norma	Wingo	09/30
Carol	Youngblood	09/11			
Kenneth M.	Moore	09/15			
Antonio	Bardelli	09/16			
Joseph	Scafa	09/16			
Larry	McNear	09/17			
Clayton	Raney	09/18			

5 Year Anniversaries

First Name	Last Name	Date Joined
Greg	Hernandez	07/08

New Members

First Name	Last Name	Date Joined
Jeffery	Davis	07/13
Joan	Frimmer	07/13
Calvin	Harrison	07/13

In Memoriam

Gail Fund

August 3, 2013

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SAGE NEEDS YOU!

Please Join or Renew Today.

NAME: _____ **Birthday: Month** _____ **/Day** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

TELEPHONE: _____ **CELL:** _____



MEMBERSHIP APPLICATION

COMMITTEE INTEREST: _____

E-MAIL:

Would you like to receive the

Would you care to make a tax-deductible contribution to SAGE included with your dues? Yes No

CIRCLE ONE: RENEWAL NEW MEMBER

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QUICK FACTS

- » One in six men will be diagnosed with prostate cancer at some point in their lifetime.
- » 45 percent of men between the ages of 40 and 70 experience erectile dysfunction.
- » 12 percent of American men aged 20 or older have diabetes.
- » Heart disease is the number one killer among American men.
Half of men who die suddenly of coronary heart disease had no previous symptoms.
- » One in three Americans have high blood pressure and don't know it. Risk of high blood pressure begins to climb when men hit 45.

30 Minute Men's Health Screening

Good for the body. Good for the mind.

Screening includes:

- Blood pressure and pulse oximetry
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- Complete metabolic profile
- Lipid profile-12 hour fasting required
- Prostate-specific antigen (PSA)
- Testosterone
- Body Mass Index (BMI)
- Vitamin D
- Thyroid (FT3, T4 and TSH)
- Diabetes (A1c)

Monday to Friday, 7am - 5:30pm • Saturday, 8am - 11am. Walk-ins welcome.

\$75 flat fee. Screening may be covered by insurance.

Call 954.279.7946 to speak to the Men's Health Navigator. He will assist you with alternative times, insurance verification and any other questions you may have about the screening.

BrowardHealth.org/BHIPmen



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EAT, DRINK AND CELEBRATE WITH SAGE

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Embassy Suites - Anniversary Celebration

Paid Reservations must be received no later than 1PM, Thursday, September 26, 2013

Members: \$40_____ Non-Members \$44_____ My Phone # _____

Name: _____ *Entree Choice* _____

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7TH ANNUAL SAGE CRUISE 12/1/13-12/8/13

SAGE has chartered a Bus to comfortably ferry all our cruisers to and from Port Everglades.

Bus will leave from FAIRVIEW POINTE,
591 Palm Aire Drive, Pompano Beach, FL,
Sunday, December 1st @ 10AM SHARP!

*Please arrive at departure site no later
than 9:30AM. The bus returning us to Fairview
Pointe will leave Port Everglades Sunday,
December 8th @ 10AM.*

*SAGE asks that you try to car-pool since there is
limited parking at Fairview Pointe!*

*We MUST give the bus operator the exact number of
passengers no later than Wednesday, October 30th.*

*Bus operator rules limit luggage to no more than
two (2) pieces per person. (You may bring a carryon.)*

Please note: *You are under no obligation to use this service.
You may make other arrangements.*

If you wish to take the bus to the
port, please send one (1) check
that includes everyone in
your party. On the reservation
form below list everyone. \$30 per
person includes roundtrip trans-
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charges, fuel surcharges, driver
gratuities, and baggage handling
by bus driver.

***Your reservation will be
confirmed by phone.***

SAGE Cruise Transportation

We cannot accept reservations after the close-out date: Wednesday, October 30th.

My Name: _____ Phone #: _____
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in my party: ____ @ \$30 per person

Name: _____ Name: _____

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Year/Make/Model of Vehicle: _____

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SAGE 2013 Activities Calendar

SEPTEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day	3	4 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	5 Rosh Hashanah	6 Rosh Hashanah	7 9:30AM Board Meeting SKOLNICK Ctr. LUNCH & LEARN 12:30 PM Call Office @ (954) 634-7219 for reservation
8	9 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4-5:15PM SAGEWorks Class @ Pride Center	10	11 Patriot Day 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	12 Noon SAGE Women's Lunch @ Golden Corral – Tamarac - call Nancy for more info (954) 741-1540 4-5:15PM SAGEWorks Class @ Pride Center	13	14 Yom Kippur 11AM SAGE at Stonewall – Book Club @ Stonewall Library Call Bill Greeves 954-523-8656
15	16 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4:15 PM SAGE Movie "Side Effects" @ Pride Center - dinner TBD 4-5:15PM SAGEWorks Class @ Pride Center	17	18 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	19 4-5:15PM SAGEWorks Class @ Pride Center 5:30 -7PM Meet-Up @ Lester's Dinner Margate w/Glenn & Sissy	20	21
22	23 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca Men's Singles DINNER @ TROPICS - call John C (954) 933-2963 4-5:15PM SAGEWorks Class @ Pride Center	24	25 1 PM Men's Drop In @ Pride Center 4 PM COMPUTER CLUB @ Pride Center	26 4-5:15PM SAGEWorks Class @ Pride Center	27	28
29 2-5PM SAGE's 19th Anniversary Party @ Embassy Suites w/Mary Jane Cunningham	30 11AM - 1PM SAGE On the Border Co-Ed / Alternatives @ Volen Center in Boca 4-5:15PM SAGEWorks Class @ Pride Center					

SAVE the DATES:

Oct 13th Sunday “Chicago” at the Broward Center – SOLD OUT

Oct 17th Thursday Dinner at LaBamba Mexican Restaurant Ft. Lauderdale

Nov 15th – 16th Friday – Saturday

“SmartRide 10” Miami to Key West Bike Ride for Aids

Nov 26th Tuesday “The Book of Mormon” at the Broward Center – SOLD OUT

Dec 1st – Dec 8th SAGE 2013 Cruise (“What Cruise?”) on Holland American’s Eurodam

Dec 15 Sunday Holiday Party Westin w/Glenn & Sissy

Jan 26 2014 Milestones Birthday Noon Pride Center