

THE SAGE

The Newsletter of SAGE of South Florida

"SENIOR ACTION in a GAY ENVIRONMENT"

JULY 2009

OLDER ADULTS: CAN THEY LIVE ALONE?

~ by Jeannie Krause-Taylor, MSW, LCSW, ACSW ~

We are all familiar with the television commercial of an older woman lying on the floor of her home crying, "Help, I've fallen and I can't get up". While many of us have chuckled over this commercial, it is all too often true. It is not unusual for an older adult who lives alone to fall, resulting in a serious injury such as a broken hip or leg and unable to call for help. If no one is checking on them on a regular basis, days or even weeks could pass before they are found.

Most of us want to continue to live independently as long as possible, and many older adults choose to live alone – whether in their home of many years, a condo or apartment. But often family or friends become concerned about the safety of their loved one living alone.

With the increasing number of services for older adults and thanks to the benefits of modern technology, more and more people are able to safely remain in their home. With the ever-growing number of services and products available, the fear of a medical emergency and no one knowing what has happened, is no longer a necessary risk for choosing to live alone.

There are a variety of both fee-based and free services available. In our tri-county area, contact the Aging & Disability Resource Center for information and referrals. Their phone number is: 954-745-0770, or online: www.adrcbroward.org.

Another option is an emergency medical alert system worn by the older adult. There are several companies offering this service... and their fees are generally less than

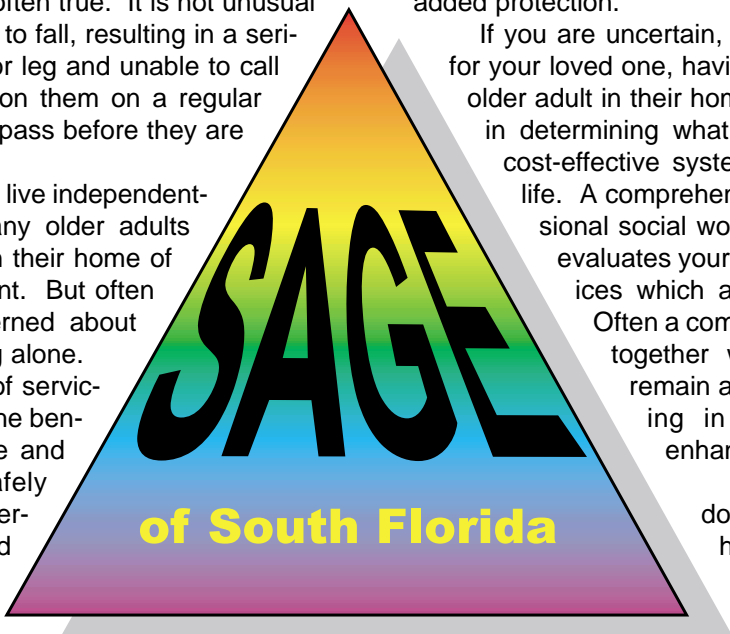
\$50/month. Some of the systems have been updated, and offer a device worn on the wrist in addition to the usual necklace. Some companies also offer check-in service as an added protection.

If you are uncertain, what may be the best system for your loved one, having a professional evaluate the older adult in their home environment can assist you in determining what is the most appropriate and cost-effective system for the older adult in your life. A comprehensive assessment by a professional social worker or geriatric care manager evaluates your loved one for a variety of services which are now available for seniors. Often a combination of services can be put together which can enable people to remain as independent as possible, living in their own homes with an enhanced quality of life.

Sometimes an older adult does need to relocate to senior housing and an in-home assessment by a qualified professional, such as a professional social worker or qualified geriatric care

manager, can guide and support caregivers and older adults in making these difficult decisions. ■

This article provided by a SAGE Referral Network Partner. Used with permission of SAGE, Metro St. Louis and the author. **The author is an Adjunct Professor at The Brown School of Social Work at Washington University in St. Louis. She can be reached at 314-361-3530 or j.krausetaylor@pathwaysforaging.com.**



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SAGE welcomes contributions to this newsletter. An author may request their entry to be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel we can not publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity, or standards of decency.

SAGE Classifieds

SAGE ADVERTISING POLICY

Our monthly Newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for businesses and organizations at a very reasonable rate. Contact the SAGE office at 954-720-0833 or E-Mail at sageoffice@bellsouth.net for more information about business cards to full-page ads, classifieds and flyers. We appreciate our business supporters. As members, let's support them as much as possible.

AN ALERT FROM THE BOARD OF SAGE

BOARD VACANCY

~ by Ann Smith, Membership Chair ~

An unexpected resignation of one of our Board Members has left us with a vacancy. If you have been a SAGE Member in good standing for at least twelve months, you should consider serving on the Board of Directors of SAGE.

We are looking for a person with good public relations and business skills, who is comfortable networking within the GLBT community. We would expect you to work closely with our Office Manager, Newsletter Editor and the Chairpersons of various Committees. Computer skills are desirable, but not necessary.

Please submit your resume to the SAGE Office NO LATER THAN AUGUST 19th for consideration. Serving on the Board of SAGE is a challenging opportunity to get involved and to serve your community, and to make new friends. Studies prove that volunteerism and socialization are necessary for good senior health. ■

ADVERTISING

Do you have friends or family who own a business? Ask them to place an ad in The SAGE. It is a win-win situation. SAGE receives the advertising revenue, and the business receives the increase in business revenue. Advertising revenue helps defray the cost of the newsletter.

THANK YOU VOLUNTEERS

The members of SAGE wish to thank Don Brunelle, Marc Flanagan and John Gearrity for serving the food at last month's Lunch and Learn; Susan Mack and Toni Herbert for selling the 50/50 raffles; Leo Glickstein for serving at the door; Les Oldenbusch and John G. Harris for setting up the luncheons every single month, and for providing us with water and cups. Thanks to all of you for making the luncheon a huge success. ■

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MEN'S WEDNESDAY DROP-IN
 ~ by Ron Catena ~

Rested and raring to go, our facilitator Dr. Norm Peters and his partner, Raconteur Bill Woodward, are back from vacation. Welcome back; we all missed you.

So many guys enjoyed the joint singles and couples dinner at Tropics. It was a fun filled evening. Thanks to John Chandler, Singles Dinner Coordinator, for putting the event together. There were several new faces in attendance and everyone had fun.

DROP IN MEMEBERS ON THE MOVE:

- Dick Schwarz and his charming partner, Tom Massey, to New York City to catch a bunch of Broadway shows. Tom tells me that his favorite was Billy Elliot.
- Allen Sandler and Rex Coston meeting up with Allen's partner, Antonio Bardelli in Europe to tour together.
- Our witty friend, Philip Norris to his native England where he attended a luncheon at which Prince Phillip was the guest speaker.
- Ron Seidle and Fred Vega sailing the Mediterranean Sea, then back to Boston for a busy summer social season.

Get well wishes to Sam Feldman who is recovering from a broken hip. At 96 years of age, I keep urging him to give up his skateboard.

On a sad note, longtime member and drop in regular, Dan Gottlieb passed away after a short illness. Dan was a patron of the arts, a well informed conversationalist and a charming guy. He will be sorely missed by all who knew him. Our condolences to Dan's partner, John Fitzpatrick, and to all Dan's loved ones.

If you are looking to meet new people, and see old friends, what better place than at the Men's Drop In. We meet every Wednesday from 1 to 3 PM at the GLCC on Andrews Avenue.

Remember to renew your membership, recruit new members, and support SAGE by attending all of the wonderful events the club sponsors. **STAY ACTIVE!!! This is a SAGE sponsored activity.** ■

IMPORTANT NOTICE

The Herb Skolnick Community Center will be CLOSED on Saturday, July 4, 2009. Because of the holiday, there will be no Lunch and Learn in July.

SOCIAL NOTES

~ by Carl M. Galli ~

Okay, maybe we suffered heat stroke. July is a hot and sticky month - especially for one who keeps his AC at 68 degrees! But to clarify: **Lorenzo's Trattoria** is located as it says in the Flyer: **4805 Coconut Creek Pkwy., Coconut Creek, FL 33063** (in the COCONUT CREEK PLAZA - in front of Publix - **just West of WYNMOOR Condos**). Their phone is: (954) 979-4900.

We have planned a **nice Italian dinner for Sunday, July 12th**. (Remember those Sundays at mama's?) Since SAGE is taking over their entire private room, capacity is limited. And reservations are filling up quickly. So please get your reservations in as soon as possible.

NOTE: There will not be a July 4th "LUNCH & LEARN" since the Skolnick Center will be closed that day. SAGE wishes all its members and friends a wonderful, safe, and Happy Fourth of July! (The July Board Meeting will be held at the GLCC at noon, on July 11th.)

Remember, next month, **Friday, August 28th, we're expecting a big crowd for our First Co-Ed LUNCHEON at the Ark Restaurant**. This buffet is not to be missed. C'mon guys! Don't let the ladies have all the fun! See your flyer, and get your reservations in now - while it's still on your mind.

Enjoy!

SAVE the DATES:

- **Friday, August 14th, Final Payment due for the SAGE Cruise**. Please call Eric at CruiseDeals: 800-668-6414 ext:146 with your Credit Card information.
- **Friday, August 28th, Co-Ed Buffet Luncheon at the ARK RESTAURANT** (Davie).
- **Sunday, September 13th, SAGE's 15th ANNIVERSARY GALA at the MARRIOTT NORTH ANDREWS**. VIP Cocktail Reception, followed by a fabulous Dinner/Dance and Show. More info in the August Newsletter.
- **Saturday, October 31st, SAGE's 3rd ANNUAL HALLOWEEN CRUISE** leaves Port of Miami.

OCTOBER CRUISERS:

It is never too early to **start planning your Shore Excursions**. This year we have two choices: One, through the **Carnival Website: www.Carnival.com**. (You should already have your Fun Pass - so you can easily check the available excursions.) The other has been arranged by our travel guru, Eric. You may go to **www.ShoreTrips.com**, to check the **SAGE Group** offerings.

SAGE has chartered a large Motor Coach through **East Coast Limousines**. Plans are as follows (and some of this is tentative): We will **leave October 31st, at 11AM** (sharp!) from the **New GLCC** (2040 N. Dixie Hwy.) for the Port of Miami - just in time for us to lunch on board the Carnival Liberty. It will **pick us up for the return, at the Ship at 11AM (sharp!) on November 7th** - so that we may enjoy a leisurely breakfast on board, and an easy debarkation.

Cost (including all fees, taxes, fuel surcharges, driver gratuities, etc.) will be **\$30 per person**. Flyers will be in your September Newsletter.

OTHER COMMUNITY HAPPENINGS:

- **"FOURTH of JULY WEEKEND TEA CRUISE" - Sunday, JULY 5th**. Call **Peter Burke** (954) 649-1107, or E-mail at **gayteacruz@aol.com**
- **Rising Action Theatre** (Oakland Park) presents the powerful and provocative **"BENT"** by Martin Sherman. This speaks to discrimination during the Nazi's reign of terror - and the "triumph of will" of some of its forgotten victims: Those who wore the "pink triangle". **Through July 19th**. Call: (954) 561-2225, or Online: **www.risingactiontheatre.com**.
- **GableStage** (1200 Anastasia Ave., Coral Gables) presents the Florida Premiere of the riotous new comedy by Paul Rudnick: **"The NEW CENTURY"** - Starring (among others) **our own Sally Bondi**. **Through July 19th**. Call (305) 445-1119, or Online: **www.gablestage.org**. ■

GET YOUR PAPERS TOGETHER!

~ by Sylvia Squires ~

Why is it that most folks have a long-standing resistance to doing things like writing wills, setting up Trusts, (or) assigning Powers of Attorney? I say long-standing resistance because I would bet that many reading this have not taken care of these legal necessities. This is particularly important because whether you're partnered or not, you owe it to those who care about you not to leave these things until there is a crisis. The worst time for anyone to have to make critical decisions, or get legal help, is when they are faced with the responsibility of taking care of your needs.

Most of us lament the fact that we can't marry in (our) state... because of the rights we don't have that marriage would confer. The fact is you have only to fill in the blanks, literally, to ensure that you and your partner, or any other party you choose to assign, will have the rights of Durable Power of Attorney.

My partner...and I took advantage of the offer of free legal service at the St Louis University Law School Clinic last week. Now neither one of us is planning to become critically ill or die, but we don't know that we won't. But I feel confident that if those things happen, neither of us will find ourselves in a legal Gumbo. We will have all the rights of any married couple to make decisions on behalf of the person we love and carry them through without outside interference or any legal blockages.

None of us likes to think about someone we love being in a critical medical situation or dying - but ignoring the possibilities, or pushing them to the back of your mind, is not the way to deal with reality. What it comes down to is: If you love your spouse, partner, child, family members and friends show it by doing the hard stuff - do the documents and do them soon!

It is never too early to prepare for the future! ■

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SAGE FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair weather friends, but people who really care about our SAGE family. If you know of any SAGE member who would appreciate a friendly call, is sick, in the hospital, recently lost a loved one, or just needs a note of cheer, please contact, for women, either Caroline Leto at 954/925-6288, Jean Arthurton at 561/381-3103; or for men, Leo Glickstein at 954/427-6877. ***This is a SAGE sponsored activity.*** ■

SAGE MEMBERS HELPING SAGE MEMBERS

Do you need a ride to a doctor's appointment, medical procedure, such as a colonoscopy, or just for simple food shopping? We don't know what you need for us to help unless you tell us. If you need a ride to somewhere, please call the office at 954-720-0833. We will attempt to find someone in your neighborhood who can help you. We don't promise a 100% success rate, but we will do whatever we can to get you to your destination. Don't be shy. Let's hear from you. ■

SHARING SAGE WITH OTHERS

Reconnecting with old friends and meeting new acquaintances is a great part of the SAGE tradition. We invite you to share this tradition by inviting someone new to SAGE to one of our many SAGE sponsored events. Share the camaraderie and support found among SAGE members with others.

When you invite someone new to any of our SAGE sponsored events and that friend joins SAGE, he or she will become a SAGE of South Florida member for the reduced fee of \$25.00 for their first year of membership.

Bring a friend along with you the next time you attend or participate in a SAGE sponsored event. Share the tradition. ■

SAGE COMPUTER CLUB ~ by Ken Goodman ~

The July meeting of the SAGE Computer Club will be at the GLCC on Andrews Avenue on Tuesday, July 14, 2009 at 4PM. Call for directions if you need them at [954-720-0833](tel:954-720-0833).

Come and learn how to use your computer more efficiently or to see what you have been missing. We discuss all aspects of the personal computer. We discuss Windows XP and Vista as well as Apple OS/X operating systems. We start by discussing a specific topic of interest to the group and then we allocate time to resolve any issues and answer questions you may have. ***This is a SAGE sponsored activity.*** ■

SEE
YOU
AT
THE
MOVIES

with Carl M. Galli
and
Ken Goodman

Our July 20th movie is "TRANSAMERICA", a film that created quite a stir when it was released in 2005 - going on to receive two Oscar nominations (for Felicity Huffman's performance as Bree; and for Dolly Parton's song "Travelin' Thru"); a GLAAD Media Award for Best Picture; a Golden Globe win for Ms. Huffman; and three Ft. Lauderdale International Film Festival "jury awards" for Ms. Huffman and Director/Writer Duncan Tucker. (Along with another three dozen nominations and wins in international competitions.)

This is a movie which celebrates independence - both onscreen (A pre-operative male-to-female transsexual takes an unexpected journey after learning that she fathered a son, now a gay teenage runaway, hustling the streets of New York) and off (The first non-Miramax film to be acquired by Harvey and Bob Weinstein.)

With a wonderful supporting cast (including a beautiful Kevin Zegers as Bree's son Toby), this movie fulfills the promise of its tagline: "Life is more than the sum of its parts."

As IMDb.com says: "The journey Ms. Huffman takes in "TRANSAMERICA" is one in which many will identify... in needing to become the person you really should be. Ms. Huffman's performance as a "man into a woman" played by a woman is... a triumphant film performance... And the young, brilliant actor, Kevin Zegers, as Toby, commands the role as Bree's son... with just as painful a journey... in wanting to have a better life for himself. Toby and Bree are two soul mates waiting to discover one another, ironically as father and son, as this film leads to a wonderful conclusion... (which will) take you back in time with questions on your own life's directions."

Rated R for sexual content, nudity, language and brief drug use, and running a quick 103 minutes, "TRANSAMERICA" is one of the best independent films we have shown.

It screens **Monday, July 20th, at 4PM at the GLCC** (on Andrews Avenue). To be followed by dinner. ***This is a SAGE sponsored activity.*** ■

Please remember SAGE in
your charitable donations
and estate planning.

SAGE WOMEN ~ by Nancy Drennen ~

If you are waiting for the "right time" to have something great to celebrate, besides July 4th, come on out and join us at The Ark Restaurant located at 6255 Stirling Road, 954-584-3075. We meet the second Wednesday of each month at 12 noon. If you enjoy yourself the way we do, you can join SAGE at a discounted rate of \$25 for the year.

Not only will you meet a great group of active women, but you will enjoy the biggest and best buffet in the area. And don't forget our special exercise class, at no additional cost.

Last month we set a new attendance record of 26, so we are looking at you to set a new record in July.

Please call Nancy at 954-741-1540 to reserve your place at the table. ***This is a SAGE sponsored activity.*** ■

SAGE MEN'S SINGLES GROUP ~ by John Chandler ~

The mission of the monthly gathering is to introduce men who are not in a long term relationship with other men who are in the same situation. The purpose of the monthly meetings is to meet new people, promote and develop a network of friendships for support and socializing, and to provide support to those who have lost their partners because of death or the end of a relationship.

The next meeting is on Monday, July 27, 2009. Join us for cocktails at the bar at 5:30 PM followed by dinner at 6:30 PM at Tropics. Please contact John Chandler at (954) 427-5355 or E-Mail at: stonyman4u@aol.com to make your reservation, and don't forget to wear your "RED SHIRT." ***This is a SAGE sponsored activity.*** ■

SAGE THURSDAY CO-ED DROP IN

We meet each Thursday at GLCC from 1-3 PM for a discussion of any topic that "pops" into your head; covering local and world events and exchanging information on solar/or wind power, cheaper gasoline prices, mpg on new cars, discussing new movies, great and not so great restaurants, etc. If you are new in town, or just bored with same day routines, and want to meet a great bunch of folks, come join us. You'll feel welcome and a part of the group immediately. You'll wonder what took you so long getting here. ***This is a SAGE sponsored activity.*** ■

HIGH COST OF MAILING

The cost of mailing the SAGE Newsletter is getting more and more outrageous, especially since the content constantly increases. Did you know that you can receive your Newsletter via E Mail? By doing so, you will be cutting SAGE costs by almost \$2.00 an issue. Please help your organization in its quest to be fiscally responsible. Call the SAGE office at 954-720-0833 and express your desire to become an electronic recipient in this electronic age. ■

WELCOME TO OUR NEW MEMBERS

Pavel Almaguer
Bryant A. Hudson
Sass Nielsen
Joel Quine
Tim Sadowski
George Schneider

Five Year Anniversary:
Carlos A. Moran

THANKS FOR JOINING SAGE

SAGE BIRTHDAYS FOR JULY

The SAGE Board would like to acknowledge the following members whose birthdays are in JULY, as well as all the other members whose birthdays are this month that we don't have:

Marlys A. Hector July 01	Adelaide Herbert July 16
Lyn Knieter July 02	Monique Lahsene July 18
Donald L. Hutchins . . . July 03	Paul Fasana July 20
Gerald Heineman July 04	Sybil Le Blanc July 20
James W. Laird July 04	Betty Rosse July 20
Robin Gross July 05	Norman P. Fischer . . . July 21
Fred Moore July 05	Terry Ralston July 21
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Jacquie Malone July 11	David Goldberger July 25
Kenneth Goodman July 12	George Colbert July 26
Charles Kimble July 12	Jean Arthurton July 27
Charlotte Mosley July 12	Dominic Bisignano . . . July 27
Armand Brunelle July 13	Bill Hirsch July 29
Peter Gallus July 13	Dennis Myers July 29
Richard Learned July 13	Jane Phillips July 30
Sylva Lufkin July 13	

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at: (954) 720-0833 or e-mail us at: sageoffice@bellsouth.net.

BOOK BUNCH NEWS: ~ by Wayne Draper ~

The SAGE Book Bunch will meet on Saturday, July 11th at 2 p.m. at Borders on East Sunrise Boulevard.



***Skipping Towards Gomorrah* by**

Dan Savage. Irritated by proselytizing from "virtue-crats" conservative pundits like Bill O'Reilly and Dr. Laura, Savage argues that whatever consenting adults want to do in the privacy of their own homes is their own business. Savage organizes his book into seven chapters, each devoted to one of the deadly sins: greed, lust, sloth, gluttony, envy, pride and anger. He reports that, unsurprisingly, most Americans who indulge their vices are in fact nice, normal people who believe in God. Therefore, Savage says, the government and the virtue-crats should leave.

This is a SAGE sponsored activity. ■



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SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for **Senior Action** in a **Gay Environment** to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives to provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. SAGE is also an advocate for the concerns and needs of the senior GLBT community at large, providing referral information of community resources and promoting inter-generational communication in the GLBT community.

SAGE was founded in 1994 as a Florida "not for profit" Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations). ■

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HEALTH CARE FAIRNESS SURVEY: Take the survey! Spread the word!

by Kayla Kane, Education & Public Affairs Intern, Lambda Legal

Lambda Legal (has) launched a national **Health Care Fairness Survey** and we would like your help...

As health care reform is being discussed and debated across the country, **this is a critical time to ensure that the issues of LGBT people and people living with HIV are included as part of the discussion.** This survey provides an opportunity for us to better document the unique health care experiences and needs of LGBT people and people living with HIV.

As a part of our national Health Care Fairness Campaign, we will use the information from this survey to educate politicians and other decision-makers about the specific problems health care reform must address.

We need your help to collect at least **5,000 survey responses by July 7!** In order to be most effective, we want this survey **to reflect the entire LGBT and HIV communities.** We especially need to hear from people of color, transgender people, **seniors**, youth (18 and older) and other members of our communities who are often underrepresented.

Please go online to: www.lambdalegal.org/healthsurvey for English and www.lambdalegal.org/sondeosalud for Spanish.

If you would rather complete a **paper survey, please contact Ginny Glenn** at GGLenn@LambdaLegal.org (and tell her that you were **referred by SAGE of South Florida**).

You are also invited to join the **Health Care Fairness Campaign.** Over the years, Lambda Legal has filed many lawsuits fighting for health care fairness for lesbian, gay, bisexual and transgender (LGBT) people and those living with HIV. Now we are working together with our partners to combat the discrimination LGBT people and people living with HIV often experience as they seek health care services. Visit their site at www.lambdalegal.org/take-action/partners-for-health-care-fairness

Sign their petition to President Obama online at www.lambdalegal.org/partners for **health care fairness.** They are also collecting **additional stories of prejudice and discrimination in health care** experienced by LGBT people and those living with HIV; and providing an online resource bank and action center with...advocacy tools (including links to materials from partner organizations).

(The author may be contacted at (404) 897-1880 xt:223 or at: KKand@LamdaLegal.org)

Join SAGE for a nice Italian dinner at
LORENZO's TRATTORIA

4805 Coconut Creek Pkwy., Coconut Creek, FL 33063 (954) 979-4900
 (in COCONUT CREEK PLAZA -in front of Publix -just West of WYNMOOR Condos)

SUNDAY, JULY 12th, 2009 5:30PM



MENU

For Starters:

Choice of BOWL of SOUP du JOUR or HOUSE SALAD (choice of dressings)
 accompanied by Fresh, Baked Garlic Rolls

Main Course Choices:

Baked Ziti Sicilian (over Eggplant) with Marinara Sauce or
Chicken Francese or Marsala or Parmigiana or
Shrimp Francese

(Chicken & Shrimp with Side Pasta (Spaghettini or Ziti) or Chef's Green Vegetable)

Dessert:

From Chef's selection (includes at least one sugar-free)

Beverages: Coffee/Iced Tea/Fountain Soda

PRICING: \$17 @Members or \$22 @Non-Members

Includes: Dinner & Dessert, Non-Alcoholic Beverage (Coffee/Iced Tea/Fountain Soda), Tax and Tip
BEER & WINE AVAILABLE for CASH -not included in price

Reservations close no later than Wednesday, July 8th NO REFUNDS
If you show up at LORENZO's without a reservation there will be a \$5 p/p surcharge!

 SAGE goes to LORENZO's
 _____ MEMBERS @ \$17 & _____ NON-MEMBERS @ \$22 My Phone Number: _____

NAME: _____ Entrée: ()Ziti/Eggplant ()Shrimp Francese ()Chicken _____
 NAME: _____ Entrée: ()Ziti/Eggplant ()Shrimp Francese ()Chicken _____
 NAME: _____ Entrée: ()Ziti/Eggplant ()Shrimp Francese ()Chicken _____
 NAME: _____ Entrée: ()Ziti/Eggplant ()Shrimp Francese ()Chicken _____

Please Mail with Payment to: SAGE 8333 W. McNab Rd., Ste. 239, TAMARAC, FL 33321
 Tel: (954) 720-0833 A SAGE-Sponsored Activity



For our first co-ed Luncheon SAGE welcomes Everyone to



6255 Stirling Road, Davie FL 33314 954-584-3075
Friday, AUGUST 28th, 2009 NOON

Menu for Captain's Table: Lunch Buffet

Come and indulge (or pace yourself) with their Lunch Buffet

Soup Galley, The most unique Salad Deck in all of Broward County, Deli bar with a variety of cold salads like Tuna, Seafood, Egg, Cole Slaw and more... Carving Station with their Signature Whole Roast Turkeys, Roast Beef and Veal (the carvings change daily); Pizzas, Mac & Cheese, Meatloaf and more comfort foods: Broasted Chicken, Broiled Fish, Fresh Vegetables & Mashed Potatoes

Do not leave without a Goey Hot Garlic Roll with Colorful Mounds of Butter And, of course, their real ICE CREAM and Homemade Cakes, Pies & Puddings

PRICING: \$16 @Members or \$21 @Non-Members

Includes Buffet, Non-Alcoholic Beverage (Coffee/Iced Tea/Fountain Soda), Tax and Tip
CASH BAR AVAILABLE for COCKTAILS -not included in price

Directions:

FROM I-95: Take 1-95 to Stirling Road. Head west four (4) miles. You will pass State Road 7 (also known as 441) and you will go over the Florida Turnpike. Once you have gone over the turnpike the Ark is on the north side, which will be the right hand side of the street.. In a freestanding building.

FROM THE TURNPIKE: Take the Florida Turnpike to Griffin Road exit. Head west one mile to Davie Road (also known as 64th Avenue.) Take a left on Davie Road; you will now be heading south.

Take this about one mile to the next light, which is Stirling Road. Take a left onto Stirling Road; you will now be heading east. The ARK is one block east of Davie Road on the North side, which will be the left hand side of the street. In a freestanding building.

Reservations close no later than Wednesday, August 26th. NO REFUNDS
If you show up at the ARK without a reservation there will be a \$5 p/p surcharge!

SAGE goes to the ARK for Lunch Buffet

MEMBERS @ \$16 & NON-MEMBERS @ \$21 My Phone Number: _____

NAME: _____

NAME: _____

NAME: _____

NAME: _____

Please Mail with Payment to: SAGE 8333 W. McNab Rd., Ste. 239, TAMARAC, FL 33321
Tel: (954) 720-0833 A SAGE-Sponsored Activity

SAGE JULY 2009 Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 1 PM Men's Drop In @ GLCC	2 CO-ED Drop-In Group On Hiatus	3	4 NO LUNCH & LEARN Skolnick Ctr closed 4th of July
5	6	7	8 1 PM Men's Drop In @ GLCC SAGE Women's Lunch at ARK 12PM Nancy D. 954-741-1540	9 CO-ED Drop-In Group On Hiatus	10	11 SAGE Board Meeting @ GLCC 12 PM BOOK BUNCH - Dis- cussion @ Borders (Sunrise Blvd) - 2PM
12 Dinner @ LORENZO's TRATTORIA 5:30 PM 4805 Coconut Creek Pkwy., Coconut Creek, FL (954) 979-4900	13	14 COMPUTER CLUB @ GLCC. 4 PM Call Ken Goodman 954-720-0833	15 1 PM Men's Drop In @ GLCC	16 CO-ED Drop-In Group On Hiatus	17	18
19	20 SAGE Movie "TRANSAMERICA" - 4PM @ GLCC - fol- lowed by dinner TBD	21	22 1 PM Men's Drop In @ GLCC	23 CO-ED Drop-In Group On Hiatus	24	25
26	27 MEN's SINGLES DIN- NER @ TROPICS - 6:30 PM - call John C @ (954) 427-5355	28	29 1 PM Men's Drop In @ GLCC	30 CO-ED Drop-In Group On Hiatus	31	1 SKOLNICK Ctr. Board Meeting 9:30AM LUNCH & LEARN 12:30PM Call (954) 720-0833 for Reserv..

SAVE the DATES:

Friday August 28th **Co-Ed Buffet Luncheon at the ARK (Davie) NOON** -\$16/\$21 -see Flyer in this Newsletter

Sunday September 13th **SAGE's 15th ANNIVERSARY GALA -MARRIOTT NORTH (Andrews Ave) -5:30PM -> - Dinner/Dance & Show** -Including pre-dinner Mixer with Passed Hors D'oeuvres -a 4-course Dinner -Wine at each table -Tony & Gloria performing - Plus special guest entertainers from one of South Florida's preeminent ensembles -\$40/\$45 -watch for Flyer in August Newsletter

Saturday September 26th **Rising Action Theatre "Take Me Out"** -8PM -\$35 -or with Primavera: Dinner: \$60 - a Portion of Proceeds Benefits SAGE -watch for Flyer in August Newsletter

Saturday October 31st **SAGE CRUISE LEAVES** -SAGE has chartered a motor coach r/t new GLCC - Port of Miami: \$30 p/p -all inclusive -watch for Flyer in September Newsletter