

# THE SAGE

The Newsletter of SAGE of South Florida

"SENIOR ACTION in a GAY ENVIRONMENT"

OCTOBER 2007

## VOLUNTEERING IS REWARDING

The United States Labor Department has estimated that every hour of volunteer service is worth approximately \$18.04. Our Broward County Senior citizens performed over 332,000 hours of volunteer service impacting such areas as education, health services, public safety, community and economic development, art and culture and the environment.

We all have been called upon at one time or another to help a loved one, friend, or neighbor through a difficult time. When the help required consists of concrete actions, such as running errands or making phone calls, we know what to do. But sometimes we are called simply to hold space for the person as they go through whatever they need to go through.

They may need to express anger or grief; they may need to talk or be silent. They may need us to hold their hand; they may need us to give them time alone. Whatever the case, when we hold space for someone, we offer ourselves up as a container for the overwhelming feelings they may be encountering due to their circumstances.

When we offer ourselves in this way, the more centered and grounded we are the better. Our steadiness allows our companion to lean into us for support, as our presence provides an environment in which they can be free to move. We can also help by being responsive, allowing them to dictate the flow of action from talking to not talking, from anger to grief, and back again. By being aware and open, we can help them confront their feelings

when that feels right, and back off from them when they need a break. Holding space requires humility, conscientiousness, and the ability to step out of the way, to honestly understand that this is not about us.

When we love and react in this way, we provide a space in which they can simply be able to feel what they need to feel without worrying about how they are being perceived. We can provide this offering in person or over the phone.

Volunteering not only is rewarding, it is also lots of fun. Just speak to the people who volunteer at the theater, opera house, library, schools, and hospitals and many other areas.

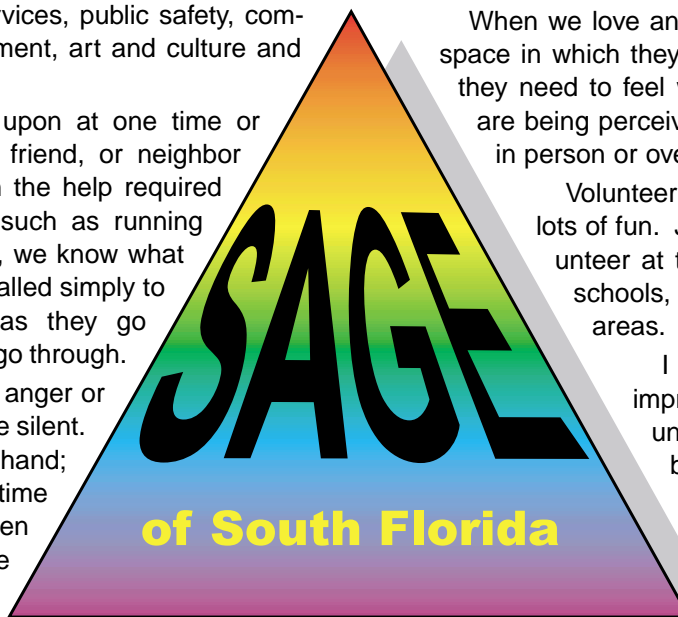
I am sure we would be very impressed if we knew how many volunteer hours our own SAGE members did each month. I would appreciate for anyone who reads this to keep a record this next month and send me a letter detailing how many hours you gave helping someone else. Address it to

our SAGE office but on the outside of the envelope put to my attention. ■

Jean Johnson, President

*"I slept and dreamt that life was joy, I woke and saw that life was service, I acted and behold! Service was joy."*

R. Tagore



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Treasurer ..... Hank Brooks  
Assistant Treasurer ..... Ken Moore

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Carl Galli, Jan Kronholm, Sal Orlando, Ann Smith.

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#### SAGE EDITORIAL POLICY

SAGE welcomes contributions to this newsletter. An author may request their entry be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel we can not publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity, or standards of decency.

## SAGE Classifieds

#### SAGE ADVERTISING POLICY

Our monthly Newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for businesses and organizations at a very reasonable rate. Contact the SAGE office at 954-720-0833 or E-Mail at [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net) for more information about business cards to full-page ads, classifieds and flyers. We appreciate our business supporters. As members, let's support them as much as possible.

## A MESSAGE FROM THE EDITOR

Hurricane Season is from June 1st - November 30th. The **Official Broward County Hurricane Preparedness Guide** is filled with useful information, maps, telephone numbers and web site addresses that helps you be ready-set-safe for hurricane season. To view 2007 Guide page-by-page, please check this site [www.broward.org/hurricane/guide1.htm](http://www.broward.org/hurricane/guide1.htm)

#### BROWARD COUNTY LAUNCHES PRESCRIPTION DRUG DISCOUNT CARD PROGRAM

Broward County has launched a discount card program to help consumers cope with the high price of prescription drugs. The County is making free prescription drug discount cards available under a program sponsored by the National Association of Counties (NACo).

The cards may be used by all County residents, regardless of age, income, or existing health coverage, and at any participating retail pharmacy. A national network of more than 57,000 participating retail pharmacies also will honor the NACo prescription discount card, including most chain pharmacies and many independents. Cards can be picked up free of charge at many Broward County government facilities, including parks, libraries, transit facilities, the downtown Governmental Center and the County's four Family Success Centers.

There is no enrollment form, no membership fee and no restrictions or limits on frequency of use. Cardholders and their family members may use the card any time their prescriptions are not covered by insurance. Unlike many other card programs, there is no enrollment cost or membership fee. The cardholder pays the negotiated discount price or the pharmacy's retail price, whichever is lower. The average discount is 20 percent. Cardholders are eligible for higher discounts on a three-month supply of some medications through mail service. Cardholders also can save on pet prescriptions at participating retail pharmacies.

The program has a safety feature that alerts pharmacists when one drug may conflict with another medication the cardholder is taking, if the prescriptions were obtained with the NACo discount card.

The NACo discount card program remains a useful option now that Medicare Part D has been implemented. For example, the card can be used when a Medicare Part D plan doesn't cover a drug. The program is administered by Caremark Rx, Inc., a leading pharmaceutical services company with broad experience in managing drug discount card programs for sponsoring clients. The program is available at no cost to Broward County taxpayers.

To learn more, call toll free 1-877-321-2652, or [www.naco.advancerx.com/](http://www.naco.advancerx.com/)

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## SAGE BIRTHDAYS FOR OCTOBER

The SAGE Board would like to acknowledge the following members whose birthdays are in OCTOBER, as well as all the other members whose birthdays are this month that we don't have:

Richard Meekins . . . . .	Oct 02	Gerald H. Jarry . . . . .	Oct 14
Carlos A. Moran . . . . .	Oct 02	Victor Yorio . . . . .	Oct 14
Herbert K. Reis . . . . .	Oct 02	Richard Langhorne . . .	Oct 15
Milton Lestz . . . . .	Oct 04	Takeisha Laster . . . . .	Oct 15
Harold Rosenberg . . . . .	Oct 04	Anthony More, CPA . . .	Oct 17
Edith Lederburg . . . . .	Oct 06	Alex Hand . . . . .	Oct 18
Bill Mullins . . . . .	Oct 07	Drew Hershey . . . . .	Oct 18
Edward Brown . . . . .	Oct 08	Fred Langevin . . . . .	Oct 22
Carrie Leto . . . . .	Oct 09	Richard Bunyan . . . . .	Oct 25
Richard White . . . . .	Oct 09	Jay Loebel . . . . .	Oct 25
Vincent Burke . . . . .	Oct 10	Paul Mickey . . . . .	Oct 25
John Gearrity . . . . .	Oct 10	Doris Weber . . . . .	Oct 25
Bruce Robert Wheeler .	Oct 10	Bob Guida . . . . .	Oct 27
Gerard Zelin . . . . .	Oct 10	Margaret Roesch . . . . .	Oct 27
Barbara Patil . . . . .	Oct 11	Bradley L. Dansby . . . .	Oct 28
Judith Bowling . . . . .	Oct 12	Helen Harris . . . . .	Oct 28
Richard Crowner . . . . .	Oct 14	Jan Kronholm . . . . .	Oct 31

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at: (954) 720-0833 or e-mail us at: sageoffice@bellsouth.net

## WELCOME TO OUR NEW MEMBERS

Alfonso Cacace  
 Larry Friedman  
 Mario Hamlet  
 Paul Mickey  
 Harold Rosenberg  
 Joyce Schweitzer  
 Ramon Silva-Vera  
 Barbara Sussman  
 Allen Zack

### 5 YEAR ANNIVERSARY

Katherine Stein

## THANKS FOR JOINING SAGE

## SAGE WOMEN IN ACTION

### SHIRLEY'S GIRLS LUNCHEON

The October 10 gathering of Shirley's Girls will be held at the popular "ARK Restaurant" in Sunrise.

This will be an important meeting as we need to talk about the future of Shirley's Girls. Please call Jan at: 954-428-2998, if you plan to attend in order to arrange seating reservations.. ***This is a SAGE sponsored activity.*** ■

## DID YOU KNOW ABOUT GAY TODAY?

I think we'd all agree we live in a changing world. Every day brings news of new technology and discoveries. It is an exciting and sometimes frustrating time for most LGBT seniors. But as they used to say in the old newsreels, "time marches on."

The internet has become the "new library," a place we can go to get information with a few clicks of a mouse. SAGE itself has its own web site and I hope you refer to it when looking for information on upcoming events.

One of the most informative sites is called "GayToday." Long edited by the late activist, Jack Nichols, it has continued since his death to provide a wide variety of information to the LGBT community. It includes classified ads, entertainment information, news, film reviews, book reviews, by local activist Jesse Monteagudo, and information on LGBT resources. The web site is GAYTODAY.com

As the old Virginia Slims ads used to say "We've come a long way baby."

If you have a computer you already know that and if you don't why not give it a try. The local library has free computers for your use. Classes are held sponsored by SAGE. Just call and leave a message and we'll get back to you with details. There are also classes available in most senior community centers. So take the leap into the information age and see what's out there. ■

Bob Tomasulo

## SAGE FRIENDLY VISITOR PROGRAM



We are not just fair weather friends, but people who really care about our SAGE family. If you know of anyone that needs a friendly call, is sick, in the hospital, recently lost a loved one, or just needs cheering up or a ride to one of our SAGE sponsored functions or activities, please contact the SAGE office at 954-720-0833, so that arrangements can be made, OR, if you prefer, you may contact either Caroline Leto at 954-925-6288; Jean Arthurton at 561-381-3103; or Leo Glickstein at 954-427-6877. ***This is a SAGE sponsored activity.*** ■

## SENIOR MOMENTS

### SUNDAY MORNING SEX

On hearing that her elderly grandfather had just passed away, Susan went straight to her grandparent's house to visit her 95-year-old grandmother and comfort her.

When she asked how her grandfather had died, her grandmother replied, he had a heart attack while we were making love on Sunday morning."

Horrified, Susan told her grandmother that two people nearly 100 years old having sex would surely be asking for trouble.

"Oh no, my dear," replied granny. "Many years ago, realizing our advanced age, we figured out the best time to do it was when the church bells would start to ring. It was just the right rhythm. Nice and slow and even. Nothing too strenuous, simply in on the Ding, and out on the Dong."

She paused, wiped away a tear and then continued, "and if that damned ice cream truck hadn't come along, he'd still be alive today!"

# MONTHLY BOARD MEETING & SATURDAY LUNCH & LEARN

12:30 PM, OCTOBER 6, 2007

HERB SKOLNICK

COMMUNITY CENTER

800 S.W. 36th Avenue, Pompano Beach, FL

## MENU

Special House Salad

Lasagna "Vegetarian"

(With sautéed vegetables in a white sauce with Italian cheeses)

Shrimp Scampi with Poached Potatoes

(Substitute – Grilled Salmon)

Dessert: Napoleon

**RESERVATIONS REQUIRED!!!!!!!!!!!!**

**Members with reservations: \$10.00**

**Members and Guests without Reservations: \$12.00**

Doors open at 12:00PM.

If you arrive early, please wait in the lobby.

*Please reserve early as our luncheons have become very popular!*

**For reservations call the SAGE Message Hotline, 954-720-0833 or reserve by E-Mail: [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net)**

This month's speaker is Alice Reiter Feld, who will speak on Elder Law and Estate Planning.

*"THANK YOU" to last month's luncheon servers*



**Women are not supposed to:  
snore, burp, sweat or pass gas.  
Therefore, we must bitch or we will blow up.**

## VARIETY SHOW 2007

Time is drawing near for this spectacular event: SAGE's biggest fundraiser of the year. Rehearsals have been ongoing since September 6th. Everyone is working hard to make the show a big success. And we can finally see the light at the end of the tunnel. Again, we owe a debt of gratitude to the Sunshine Cathedral for all their help, in not only letting us hold the performance there, but also in giving us use of one of the Church's rooms for rehearsals.

*This will be the final month for you to purchase advertisements in the show program.*

As a reminder, you may purchase a quarter-page ad and get two complimentary priority tickets. The only way to obtain this priority seating is by advertising in the program. While general admission tickets should be available through the middle of November, we expect that demand may exceed supply, and we may have to close them out before then.

For tickets, please call the SAGE office at 954-720-0833 or e-mail [sageoffice@bellsouth.net](mailto:sageoffice@bellsouth.net). For advertising call either Ron Catena @ 954-565-8728 or Ann Smith @ 561-276-2346. ■

*Thanks for all your support, Sal Orlando.*

## BOOK BUNCH NEWS:

It's hard to believe its October already! If you're like most of us we are glad the oppressive heat of South Florida summers is over and we can look forward to the great weather we all love.



The Book Bunch this month takes a look at a novel by Michael Thomas Ford, a prolific columnist, essayist, humorist, and novelist. Titled "Full Circle", one reviewer called it "the Great Gay American Novel," the book chronicles the lives of two men — best friends born a day apart in 1950 — through six decades. As such it is a history of gay life in the last half of the 20th century.

Please join us at Border's Books on Sunrise Blvd. in Ft. Lauderdale on October 13 at 2:00 PM for a lively discussion. ■

Bob Tomasulo

## MEN'S SINGLES GROUP

The mission of the monthly gathering is to introduce men who are not in a long term relationship to other men who are in the same situation. The purpose of the monthly meetings is to meet new people, promote and develop a network of friendship for support and socializing, and to provide support to those who have lost their partners because of death or the end of a relationship.

The next meeting is on Monday, October 22, 6:30 PM at Tropics. Please contact John Chandler at 954-427-5355 or e-mail at: [stonyman4u@aol.com](mailto:stonyman4u@aol.com), to make your reservation, and don't forget to wear your "red shirt". **This is a SAGE sponsored activity.** ■

**SEE  
YOU  
AT  
THE  
MOVIES**

**with Carl M. Galli  
and Ken Goodman**

"Let's do the "Time Warp" again..." Who can forget those immortal lyrics - and the movie that spawned them: "The Rocky Horror Picture Show". This little 1975 film went on to become *the most successful cult movie of all time*, and helped launch the careers of **Susan Sarandon, Barry Bostwick, Meatloaf**, and the scandalous **Tim Curry** (as the iconic, gender-bending "sweet transvestite", Dr. Frankenfurter.)

So it is with great pride, and a little trepidation, that we screen this as our October Movie, in honor of Halloween.

For those who have seen this film, you know what to expect: **A campy, pan-sexual sendup of science fiction and rock-and-roll.** For "Rocky Horror..." virgins, you absolutely must see this with your SAGE friends. We will be showing the unedited U.K. Version - something you may never have seen before. If you liked "Hedwig..." you will love "Rocky Horror..." And, to sweeten the deal, treats will be served - but are not to be thrown.

**NOTE the CHANGE of DATE for this FILM ONLY:** "Rocky Horror..." will screen at 4PM, at the **GLCC on the 5th Monday of the Month, October 29th.** Also, **For this FILM ONLY**, if you intend to go to dinner with us, **PLEASE CALL IN YOUR DINNER RESERVATIONS to the SAGE Office: (954) 720-0833** (the same as you would for the Saturday "Lunch-and Learn"), no later than **Wednesday, October 24th**, so we can let "Tropics" know how many to expect for our Halloween Dinner, afterwards.

Running time: app. 105 minutes. **This is a SAGE sponsored activity.** ■

**SAGE ANGELS**

**Congratulations to Venora and Cary on their 68th anniversary! Thank you for the generous donation to SAGE.**

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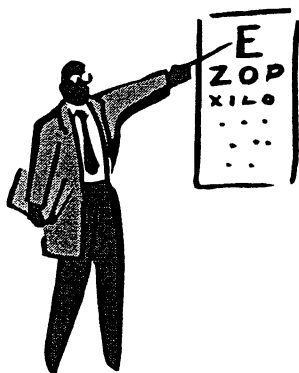
# HEALTH & WELLNESS PAGE

## Falls and Fractures

Changes in sight, hearing, muscle strength, coordination, and reflexes as we age can make falls more likely. Balance can be affected by diabetes and heart disease or by problems with your circulation, thyroid or nervous system. Some medicines can cause dizziness. And osteoporosis -- a disease that makes bones thin and likely to break -- affects many older women and men. A broken bone may not sound so terrible. After all, it will heal -- right? But as we get older a break can be the start of more serious problems. The good news is that there are simple things you can do to help prevent most falls. Follow these tips from the National Institute on Aging.

### Take The Right Steps

- ▶ Ask your doctor for a bone density test to see if medicine might be needed make your bones less likely to break.
- ▶ Exercise regularly to keep yourself strong, improve muscle tone, and to make your joints, tendons, and ligaments more flexible.

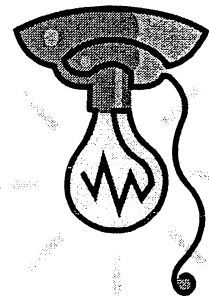


- ▶ Have your vision and hearing checked often.
- ▶ Find out whether any of the medicines you take have possible side effects that affect coordination and balance. If so, ask your doctor what you can do to lessen the chance of falling.

- ▶ Limit the amount of alcohol you drink to lessen its affect your balance and reflexes.
- ▶ Always stand up slowly after eating, lying down, or resting. Getting up quickly can cause your blood pressure to drop, and make you feel faint.
- ▶ Wear rubber-soled low heeled shoes that fully support your feet.
- ▶ Hold the handrails when you use the stairs.
- ▶ Avoid taking chances like walking on a wet floor or standing on a chair/table to reach something.

### Make Your Home Safe

**Stairways, hallways:** Make sure there is good lighting with light switches at the top and bottom of the stairs. Keep areas where you walk tidy. Check that all carpets are fixed firmly to the floor and put no-slip strips on tile and wooden floors. Have handrails on both sides of stairs — from top to bottom — and be sure they're tightly fastened.



**Bathrooms:** Mount grab bars near toilets and both inside and outside of your tub and shower. Place non-skid mats, strips, or carpet on all surfaces that may get wet. Keep night lights on.

**Bedroom:** Put night lights and light switches close to your bed. Keep your telephone near your bed.

**Other living areas:** Keep cords and wires near walls and away from walking paths. Tack down all carpets and rugs firmly to the floor. Arrange furniture and other objects so they are not in your way when you walk. Make sure sofas and chairs are a good height for you so that you can get into and out of them easily.

**Health and Wellness Page Sources:** The National Institute on Aging "Age Pages" ([www.nia.nih.gov/HealthInformation/Publications/](http://www.nia.nih.gov/HealthInformation/Publications/)).

**Your Doctor Is The Expert:** Information on the Health and Wellness Page is meant to supplement, not replace, the care of a professional health care provider. Always talk to your doctor first about health concerns.

# Humor Through The Ages...

The humor found on this page comes from sources far and wide, and often from members. The *Reader's Digest* recently printed a humor issue, with some jokes too good not to repeat. Here they are.

>>Men can read maps better than women. 'Cause only the male mind could conceive of one inch equaling a hundred miles. ROSEANNE

>>Gay people invented sports. Think about it. Boxing: two topless men—in silk shorts—fighting over a belt. ANT

>>Your marriage is in trouble if your [partner] says, "You're only interested in one thing," and you can't remember what it is. MILTON BERLE

>>The problem is that God gives men a brain and a penis, and only enough blood to run one at a time. ROBIN WILLIAMS

>>I constantly walk into a room and I don't remember why. But for some reason, I think there's going to be a clue in the fridge. CAROLINE RHEA

>>Have you ever noticed that anybody going slower than you is an idiot and anyone going faster than you is a maniac?..... GEORGE CARLIN.....

\* Accept that some days you're the pigeon, and some days you're the statue.

\* Always keep your words soft and sweet, just in case you have to eat them.

\* Drive carefully. It's not only cars that can be recalled by their maker.

\* If you can't be kind, at least have the decency to be vague.

\* If you lend someone \$20 and never see that person again, it was probably worth it.

\* Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.

\* Since it's the early worm that gets eaten by the bird, sleep late.

\* When everything's coming your way, you're in the wrong lane.

\* Birthdays are good for you. The more you have, the longer you live.

\* Some mistakes are too much fun to only make once.

\* We could learn a lot from crayons... Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.

Dear Diary,

Last year I replaced all the windows in my house with those expensive double pane energy-efficient kind. Then, this week I got a call from the contractor who installed them. He was complaining that the work had been completed a whole year ago and I still hadn't paid for them. Now just because I'm blonde doesn't mean that I am automatically stupid. So, I told him just what his fast talking Sales guy had told me last year....Namely, that in ONE YEAR these windows would pay for themselves! Hello? It's been a year!

Blondie

**Jesus and Satan** were having an on-going argument about who was better on the computer. Finally fed up, God said, "THAT'S IT! I have had enough. I am going to set up a test that will run for two hours, and from those results, I will judge who does the better job."

So Satan and Jesus sat down at the keyboards and typed away. They faxed. They e-mailed. They e-mailed with attachments. They downloaded. They did spreadsheets. They wrote reports. They created labels and cards. They created charts and graphs. They did every job known to man.

Jesus worked with heavenly efficiency and Satan was faster than hell. Then, ten minutes before their time was up, lightning suddenly flashed across the sky, thunder rolled, rain poured, and, of course, the power went off. Satan stared at his blank screen and screamed every curse word known in the underworld. Jesus just sighed.

Finally the electricity came back on, and each of them restarted their computers. Satan started searching frantically, screaming: "It's gone! It's all GONE! I lost everything when the power went out!"

Meanwhile, Jesus quietly started printing out all of his files from the past two hours of work. Satan observed this and became irate.

"Wait!" he screamed. "That's not fair! He cheated! How come he has all his work and I don't have any?"

God shrugged and said, "JESUS SAVES."

## SOCIAL NOTES by Carl M. Galli

With its slightly cooler temperatures, October is the perfect month for a Caribbean Cruise - and, guess what, the date is almost here: **Monday, October 15th**, SAGE embarks on one of our most anticipated events ever! It seems like we have been preparing for, and talking about, this for years, but it's really only been 6 months! Which seems like a long time to get everything perfect. However, when we're coordinating things for a group this large, sometimes things go awry or change - and we have to go with the flow. So cross your fingers that we don't get hit by a major storm (didn't say the "H" word), and prepare to enjoy **the SAGE event of 2007**.

One of the things that did change is the website that accesses **CBM PARKING**. If you have not made private arrangements, and you do not plan on riding in the SAGE-Chartered Bus to-and-from the Port of Miami, please check out [www.airportparkingreservations.com](http://www.airportparkingreservations.com) for all the info on where to park, and the shuttle service for the Cruise.

Cabin assignments are complete. **Eighty-six** of us will be on the **Main Deck**, scattered among **52 cabins!** **Dawn Mangan**, our **Cruises Only Travel Agent**, will be joining us. And we have planned a couple of special activities while on board.

You should be receiving your "**Carnival Fascination**" tickets by **October 6th**. Meanwhile, please go to the **Carnival** website: [www.carnival.com](http://www.carnival.com) to **Advance Register** for your **FunPass** online. Use the **Reservation Number** from your final invoice as your **Booking Number**. Be patient: This is going to take about an hour to complete, but it will save you at least that much time at Embarkation -and, when completed, you will see your Cabin Number.

Most of us will be among those we've come to know and love over the years we've been with SAGE. But **this was also an event which attracted many new members**, and we want to ask every "senior" SAGE Member to make sure "the new kids on the block" feel welcome.

As for those **New Members**, you may have joined for the **Cruise**, but remember **SAGE has an ambitious schedule of social activities and events throughout the 2007-2008 season, with something for everyone!** Why not come to the Saturday Lunch-and Learn Socials? Or the Dinners? Or the

SAGE Monthly Movie? Or the bus-rides and plays? Or the Tea Party? Or get involved with Shirley's Girls? Or the 2 Drop-Ins? Or the Book Bunch? Or the Computer Club? Some of these are strictly Social, and others primarily Educational -but they all have one thing in common: **IT TAKES MORE THAN ONE TO MAKE THEM FUN!**

As for the **rest of October**:

SAGE will be having lunch at the **Beverly Hills Cafe**, then traveling to the **Sunrise 11 Cinemas for a feature film, on Monday, October 8th**. This should be a fun way to spend **Columbus Day**. Afterwards, for those who want, we may go for coffee together, and discuss the movie(s) we've seen.

The **Ft. Lauderdale Gay Men's Chorus**, featuring **Ms. Barbara Cook** is performing at the **Broward Center Au Rene Theatre on Monday, October 22nd**. We are gratified that this was almost instantly **SOLD-OUT**. We are also sorry if you missed out. But if you could not get a ticket through SAGE, please call the **Box Office at (954)462-0222** and get a ticket for yourself -you will be helping one of South Florida's preeminent gay groups, and guaranteeing yourself a fabulous once-in-a-lifetime evening of music with Ms. Cook. Plus you can mix-and-mingle with your SAGE friends in the lobby.

Then on the **5th Monday** (everything is on a Monday this month), **October 29th**, SAGE will be showing "**The Rocky Horror Picture Show**" at the **GLCC at 4PM -followed by Halloween dinner at Tropics**. This is a **change in date from the 3rd Monday for this film only**. Also, a change in procedure for this film only: **We will be taking telephone reservations for Dinner, so that we can advise Nate of the approximate number of dinner guests**. Just call the SAGE message line at: (954) 720-0833, the same as you do for the Saturday Luncheons, and let us know if you intend to come.

**SAVE the DATE: Saturday, November 17th**, SAGE presents "**VARIETY SHOW 2007**" at the **MCC**. Tickets for the two performances are now available. There will be a Matinee at **2PM** and an **8PM** Evening production.

**Please read your Flyers, check your Calendars, and return your Reservations ASAP**, so as not to be left out of any activity you may be interested in. And remember, volunteers are always welcome. Finally, we are all volunteers, doing the best we can for you and for SAGE. If we occasionally make a mistake, we ask for your patience and your indulgence.

Hugs... ■

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NOTICE: The hiring of a lawyer is an important decision that should not be based solely on advertisements. Before you decide, ask the attorney to send you free written information about qualifications & experience.

## BOARD BIO ~ KEN MOORE

Ken was born the second of four sons in Washington, D.C. After a regular childhood, Ken attended the University of Maryland and graduated with a Bachelor's Degree in Civil Engineering. He then went to work for Boeing Aircraft at their helicopter facility in Philadelphia. After two years, he moved to McDonnell-Douglas in St. Louis, and began working on the design of the F-15 fighter jet. For a year, he was also the structural fatigue liaison for the Blue Angel and Thunderbird demonstration teams. He became bored with the monotony of the work during the time of Department of Defense cost plus contract pricing and earned a Master's Degree in Business with a double major in accounting and finance. He then moved to Miami, without a job, and arrived on July 4, 1976.

Since coming to Florida, Ken has professionally been employed in accounting management, as General Manager of BrownCor International, and currently as the Chief Financial Officer of an automobile finance company.

During these years, Ken has served as Treasurer and two years as President of the Broward Chapter of the Sunshine Athletic Association, as Treasurer of United Hearing and Deaf Services for two years, as a member of the Board of Directors of the Sunshine Cathedral for thirteen years, and as Treasurer for ten years.

Three years ago, two women from church introduced Ken and Frank to each other during card night. It has been wonderful ever since. ■

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PLEASURE TO ASSIST YOU**

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## “SENIOR ACTION IN A GAY ENVIRONMENT”

Dear Folks, Please include a stamped, self-addressed envelope, so we can send you your new MEMBERSHIP CARD. THANK YOU.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

OFFICE: \_\_\_\_\_

CELL: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

BIRTHDAY: \_\_\_\_\_

COMMITTEE INTEREST: \_\_\_\_\_

CIRCLE ONE:      RENEWAL      NEW MEMBER

**PLEASE ENCLOSE A CHECK IN THE AMOUNT OF \$35.00 MADE PAYABLE TO: SAGE OF SOUTH FLORIDA**

**MAIL TO:**  
**SAGE of South Florida, Inc.**  
8333 West McNab Road, Suite 239  
Tamarac, FL 33321

**SAGE NEEDS YOU!**  
**PLEASE JOIN OR RENEW TODAY**

**For additional information, please call the message line: 954-720-0833**

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The hiring of a lawyer is an important decision that should not only be based on advertisements. Before you decide, ask the lawyer to send you free written information about their qualifications and experience.

# Congratulations!

SAGE UPSTATE NEW YORK will be celebrating its 10 year anniversary on November 9, 2007.

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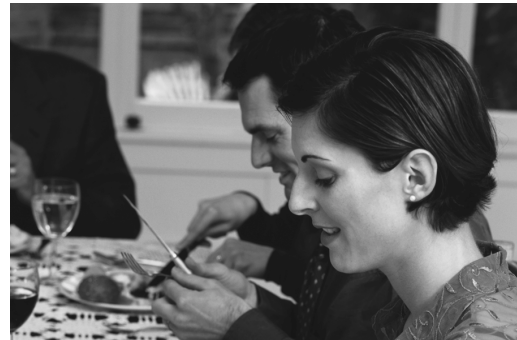
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**(954) 563-3555**

**SAGE MISSION STATEMENT**

**SAGE** of South Florida is a non-profit organization for **Senior Action** in a **Gay Environment** to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives to provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. **SAGE** is also an advocate for the concerns and needs of the senior GLBT community at large, providing referral information of community resources and promoting inter-generational communication in the GLBT community.

**SAGE** was founded in 1994 as a Florida "not for profit" Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations). ■

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**MONDAY, OCTOBER 8, 2007      TIMES:  
1PM - 3PM LUNCH & 3:30 PM MOVIE**

**MENU:**

Choice of: Caesar Salad or Greek Salad

Choice of Entree from:

- Twin Hawaiian Chicken Breasts
- Chicken Parmigiana over Penne Pasta
- Chicken Salad Pocket
- Grilled Salmon Filet
- Cheddar-Cheese Burger

Choice of Dessert from:

- Key Lime Pie
- Lemon Pound Cake/Strawberry Sauce

Beverages: Coffee, Iced Tea, Fountain Soda

(Cocktails, Beer & Wine on a Cash Bar Basis)



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Phone: (954) 722-8211

**PRICING: \$17 @ MEMBERS or \$20 @ NON-MEMBERS**  
**(Does NOT Include Movie Ticket)**

**RESERVATIONS CLOSE: WEDNESDAY, OCTOBER 3rd**

This week at **4321 NW 88 Ave. (Pine Island Rd) SW corner**  
**at NW 44 St. Sunrise**  
**Sunrise Cinemas**  
**Sunrise 11**  
**Telephone: 954-748-0333**

**WE'LL DECIDE  
ON THE MOVIE  
DURING LUNCH!!  
THIS WILL BE AT  
YOUR USUAL  
MOVIE PRICE**

**SAGE Columbus Day outing to the BEVERLY HILLS CAFE & SUNRISE 11 CINEMAS**

\_\_\_\_\_ MEMBERS @ \$17.00 & \_\_\_\_\_ Non-MEMBERS @ \$20.00 MY PHONE NUMBER: \_\_\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken: Breast\_\_\_Parm\_\_\_Salad\_\_\_Salmon\_\_\_Burger\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken: Breast\_\_\_Parm\_\_\_Salad\_\_\_Salmon\_\_\_Burger\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken: Breast\_\_\_Parm\_\_\_Salad\_\_\_Salmon\_\_\_Burger\_\_\_

**Mail to SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321**

**Questions: Call the SAGE office at (954) 720-0833**

**A SAGE-SPONSORED ACTIVITY**

SAGE goes to After-Thanksgiving Dinner at

**Julian's Restaurant at the Beach**

3351 NE 32 St., Ft. Lauderdale, FL Tel: (954) 561-0808  
(One Block North of Oakland Park Blvd. On A1A and 32nd Street)

**Thursday, November 29, 2007**

**Seating: 6PM**

**DINNER SERVED: 6:30PM**

**First Course:**

**House Salad** (Romaine, tomato, onions, black olives) with house dressing

**Entree: Choice of one:**

**\*CHICKEN MARSALA** over Angel Hair Pasta (with Marsala Wine & Mushrooms)

**\*STUFFED CABBAGE** with Beef/Pork/Rice Stuffing with Side of POLENTA

**\*2 PORK CHOPS** served with Rice and Vegetable Mix

Fresh Hot Rolls and Butter

**Dessert:**

**2 Homemade CREPES**, filled with Cottage Cheese and Sour Creme  
with **Choice of Strawberry or Blueberry Compote**

**Beverages:**

**Iced Tea/Soft Drinks/Lemonade/Regular or Decaf Coffee or Hot Tea**

Beer and Wine, Espresso/Cappuccino, Bottled Sparkling Water  
are available on a CASH-BAR Basis and ARE NOT INCLUDED in PRICE

**Pricing: \$18.00 for MEMBERS & \$20.00 for NON-MEMBERS**

**Reservations close no later than Wednesday, November 28, 2007**

**SAGE Dinner at JULIAN'S RESTAURANT**

\_\_\_\_\_ MEMBERS @ \$18.00 & \_\_\_\_\_ Non-MEMBERS @ \$20.00 MY PHONE NUMBER: \_\_\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken Marsala \_\_\_\_\_ Stuff. Cabbage \_\_\_\_\_ Pork Chops \_\_\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken Marsala \_\_\_\_\_ Stuff. Cabbage \_\_\_\_\_ Pork Chops \_\_\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken Marsala \_\_\_\_\_ Stuff. Cabbage \_\_\_\_\_ Pork Chops \_\_\_\_\_

Name: \_\_\_\_\_ Choose One: Chicken Marsala \_\_\_\_\_ Stuff. Cabbage \_\_\_\_\_ Pork Chops \_\_\_\_\_

**Mail to SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321**

Questions: Call the SAGE office at (954) 720-0833

A SAGE-SPONSORED ACTIVITY

**SAGE 3 MONTH CALENDAR OF EVENTS AND ACTIVITES  
OCTOBER THRU DECEMBER 2007**

<b>OCTOBER</b>	<b>ACTIVITY / EVENT</b>
<b>SATURDAY 10/06</b>	<b>BOARD MEETING: 9:30 AM</b>
	<b>LUNCH &amp; LEARN: 12:30PM</b>
	HERB SKOLNICK COMMUNITY CENTER-PALM AIRE
	800 SW 36TH AVE, POMPANO BEACH
<b>SUNDAY</b>	<b>BEREAVEMENT GROUP 2PM GLCC (EVERY SUNDAY)</b>
<b>TUESDAYS 2ND &amp; 4TH</b>	<b>COMPUTER CLUB</b>
	CONTACT KEN GOODMAN FOR DETAILS AT: (954)720-0833
<b>WEDNESDAY</b>	<b>MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)</b>
<b>THURSDAY</b>	<b>CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)</b>
<b>MONDAY 10/08</b>	<b>Luncheon: Beverly Hills Café, 1-3PM, followed by movie at SUNRISE 11 Theater-TBD</b>
	Reservations close: October 3.
<b>WEDNESDAY 10/10</b>	<b>SHIRLEY'S GIRLS LUNCH:12 NOON, The "ARK" Restaurant, Sunrise</b>
<b>WEDNESDAY 10/10</b>	<b>Last date to book your SAGE transport to and from Port of Miami for October Cruise</b>
<b>SATURDAY 10/13</b>	<b>SAGE BOOK BUNCH: 2PM BORDERS SUNRISE</b>
<b>MONDAY 10/15 FRIDAY 10/19</b>	<b>CARNIVAL "FASCINATION" CRUISE</b>
	<b>REMINDER: DON'T FORGET YOUR PASSPORTS!!!</b>
<b>MONDAY 10/22</b>	<b>SAGE MEN'S SINGLES: 6:30PM TROPICS</b>
<b>MONDAY 10/22</b>	<b>GAY MEN'S CHORUS with Barbara Cook-Au Rene Theater-8PM</b>
	<b>SOLD OUT</b>
<b>MONDAY 10/29</b>	<b>SAGE MOVIE: "ROCKY HORROR PICTURE SHOW" 4PM GLCC</b>
	Followed by Halloween Dinner: Tropics
	Phone reservations required and close Wednesday October 24
<b>NOVEMBER</b>	<b>ACTIVITY / EVENT</b>
<b>SATURDAY 11/03</b>	<b>BOARD MEETING: 9:30 AM</b>
	<b>LUNCH &amp; LEARN: 12:30PM</b>
	HERB SKOLNICK COMMUNITY CENTER-PALM AIRE
	800 SW 36TH AVE, POMPANO BEACH
<b>SUNDAY</b>	<b>BEREAVEMENT GROUP 2PM GLCC (EVERY SUNDAY)</b>
<b>TUESDAYS 2ND &amp; 4TH</b>	<b>COMPUTER CLUB</b>
	CONTACT KEN GOODMAN FOR DETAILS AT: (954)720-0833
<b>WEDNESDAY</b>	<b>MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)</b>
<b>THURSDAY</b>	<b>CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)</b>
<b>SATURDAY 11/10</b>	<b>SAGE BOOK BUNCH: 2PM BORDERS SUNRISE</b>
<b>WEDNESDAY 11/14</b>	<b>SHIRLEY'S GIRLS LUNCH:12 NOON (TBD)</b>
<b>FRIDAY 11/16</b>	<b>VARIETY SHOW DRESS REHEARSAL</b>
	(continued on other side)

<b>NOVEMBER</b>		Continued
<b>SATURDAY 11/17</b>	<b>"VARIETY SHOW 2007" 2PM AND 8PM @MCC-Advance ticket sales close Wednesday 11/14</b>	
<b>MONDAY 11/19</b>	<b>SAGE MOVIE: "Quinceañera" 4PM @GLCC - followed by dinner -TBD</b>	
<b>MONDAY 11/26</b>	<b>SAGE MEN'S SINGLES: 6:30PM TROPICS</b>	
<b>THURSDAY 11/29</b>	<b>SAGE Dinner at "JULIANS" at the Beach - Reservations close Wednesday 11/28</b>	
<b>DECEMBER</b>	<b>ACTIVITY / EVENT</b>	
<b>SATURDAY 12/01</b>	<b>BOARD MEETING: 9:30 AM</b>	
	<b>LUNCH &amp; LEARN: 12:30PM</b>	
	HERB SKOLNICK COMMUNITY CENTER-PALM AIRE	
	800 SW 36TH AVE, POMPANO BEACH	
<b>SUNDAY</b>	<b>BEREAVEMENT GROUP 2PM GLCC (EVERY SUNDAY)</b>	
<b>TUESDAYS</b>	<b>COMPUTER CLUB</b>	
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<b>WEDNESDAY</b>	<b>MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)</b>	
<b>THURSDAY</b>	<b>CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)</b>	
<b>SATURDAY 12/08</b>	<b>SAGE BOOK BUNCH: 2PM BORDERS SUNRISE</b>	
<b>WEDNESDAY 12/12</b>	<b>SHIRLEY'S GIRLS LUNCH:12 NOON (TBD)</b>	
<b>SUNDAY 12/16</b>	<b>SAGE HOLIDAY PARTY - MARRIOTT NORTH ANDREWS AVE - 1PM-4PM</b>	
	<b>RESERVATIONS CLOSE WEDNESDAY, 12/12</b>	
<b>MONDAY 12/17</b>	<b>SAGE MOVIE: "KISS, KISS/BANG, BANG" 4PM @GLCC - followed by dinner -TBD</b>	
<b>WEDNESDAY 12/19</b>	<b>GAY MENS CHORUS - HOLIDAY SHOW - BROWARD CENTER AMATURO THEATER 8PM</b>	
	<b>LIMITIED SEATING RESERVATIONS CLOSE NO LATER THAN WEDNESDAY 12/12</b>	